



PTSD Awareness Month

Behavioral Health & Recovery Services (BHRS) recognizes: Post-Traumatic Stress Disorder (PTSD) Awareness Month: All of June

Behavioral Health and Recovery Services (BHRS) recognizes this month to raise awareness, reduce stigma, promote education, and offer support for individuals and families impacted by Post-Traumatic Stress Disorder (PTSD). PTSD can affect people of all ages and backgrounds following traumatic experiences such as violence, abuse, accidents, natural disasters, military service, or other life-threatening events.

This month serves as a reminder of the importance of early intervention, peer support, and access to behavioral health services. BHRS continues to collaborate with community partners, healthcare providers, schools, and local organizations to ensure individuals experiencing trauma-related symptoms have access to support and treatment services.

This month, BHRS encourages open conversations around mental health, strengthening resilience, and reminds that recovery is possible with care and support. BHRS remains committed to supporting mental wellness through outreach, prevention, treatment, and recovery-focused services.

You are not alone. Help is here. Recovery is real.

24/7 Crisis Line: 1-855-838-0404

Warm Line for Non-Crisis Emotional Support: (707) 472-2311 or Toll-Free: 1-833-955-2510

988 Suicide & Crisis Lifeline: Call, Text, or Chat online at chat.988lifeline.org

For Veterans 24/7, Confidential Crisis Support: Call 988 then PRESS 1, Text 838255, or Chat online at www.veteranscrisisline.net/get-help-now/chat/

Safe & Healthy Community

June 2026



Substance Use Disorder Treatment (SUDT)

SUDT and Prevention have NARCAN, Fentanyl test strips, and Xylazine test strips in our lobby for easy access to the populations in treatment. There are also NARCAN, Fentanyl test strips, and Xylazine test strips in our main lobby for access to the public.

For access to SUDT services within Mendocino County: 1-855-765-9703
or TTY: 1-800-735-2929 or 711.

Mental Health



MAY IS MENTAL HEALTH AWARENESS MONTH



DATE	TIME	EVENTS
Thursday May 7, 2026	3:00pm – 5:30pm	Willits Farmers Market Willits City Park, Humboldt & State St. Willits, 95490
Saturday May 16, 2026	9:00am – 12:00pm	Ukiah Farmers Market Alex Thomas Plaza School & Clay Street, Ukiah 95482
Tuesday May 19, 2026	2:00pm – 5:00pm	Laytonville Farmers Market Harwood Hall, 44400 Willis Avenue Laytonville, 95454
Wednesday May 27, 2026	2:30pm – 5:30pm	Fort Bragg Farmers Market Downtown Laurel & Franklin, Fort Bragg, 95437

FOR MORE INFORMATION, PLEASE VISIT:
<https://mendocinocounty.org/departments/behavioral-health-and-recovery-services/mental-health-services>



For more information, please
contact Rena Ford MHSA
fordre@mendocinocounty.gov
 707 472 2724

Behavioral Health and Recovery Services (BHRS) staff will be on site to provide information and answer any regarding Mental Health and Substance Use Disorder Treatment (SUDT) services. Educational and promotional items will be available.

In May, Behavioral Health and Recovery Services (BHRS) recognized Mental Health Awareness Month by participating in several Farmers' Market's throughout the County, including in Willits, Ukiah, Laytonville, and Fort Bragg. BHRS staff provided mental health service information and resource materials to the community to help raise awareness about available services and strengthen connections to behavioral health support throughout the communities.

Post-traumatic stress disorder
can interfere with daily life
but recovery is possible
with treatment.



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988 Suicide & Crisis Lifeline: Call, Text, or Chat online

An Effective County Government Organization

June 2026



Substance Use Disorder Treatment (SUDT)

SUDT continues actively seeking new grant opportunities. SUDT is additionally actively seeking Prop 36 funding to assist in funding staff that have been completing screenings and assessments for individuals incarcerated or recently released from incarceration and are Prop 36 referred individuals from the Public Defender's office and or courts.

Mental Health

Behavioral Health and Recovery Services facilitates the joint Behavioral Health Services Act and Quality Improvement Committee meetings every other month to provide stakeholders with updates on behavioral health services and opportunities to share feedback and input regarding their experiences with behavioral health services.

The most recent meeting was held Wednesday June 3, 2026, from 1:30pm to 3:30pm in Fort Bragg at the Mendocino Coast Hospitality Center, 101 North Franklin Street and virtually via Microsoft Teams.

Additional information regarding previous meetings is available on the County website at www.mendocinocounty.gov/departments/behavioral-health-and-recovery-services/mental-health-services/mental-health-services-act.



As part of the Community Program and Planning (CPP) Process, Mendocino County holds a series of stakeholder meetings for consumers, their families, County staff, service providers, and the community to provide the County MHSA/QIC team with input for program needs and challenges.

Dates and Times:	Location and Via Virtual Meeting Link:
Wednesday, August 27, 2025 12:00 pm - 2:00 pm	Point Arena, The Center 200 Main Street 95468 Via Teams: Link
Thursday October 2, 2025 2:00 pm - 4:00 pm	Covelo, Yuki Trails 23000 Henderson Road 95428 Via Teams: Link
Wednesday December 3, 2025 2:00 pm - 4:00 pm	Redwood Valley, Behavioral Health Regional Training Center 8207 East Road 95470 Via Teams: Link
Thursday February 5, 2026 3:00 pm - 5:00 pm	Ukiah, Public Health 1120 South Dora Street 95482 Via Teams: Link
Thursday April 2, 2026 4:00 pm - 6:00 pm	Nuestra Alianza de Willits, 291 School Way, 95490 Via Teams: Link
Wednesday June 3, 2026 1:30 pm - 3:30 pm	Fort Bragg, Hospitality Center 101 N Franklin Street 95437 Via Teams: Link

People of all ages and backgrounds experience **post-traumatic stress disorder** after trauma.



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If you have any questions please contact
Rena Ford (MHSA)
fordre@mendocinocounty.gov 707-472-2724
Robin Harris (QIC)
qaqi@mendocinocounty.gov 707-472-2360



WELLNESS • RECOVERY • RESILIENCE

Other/Additional Information

June 2026



Public Conservator Office

The number of LPS conserved individuals in May 2026 was consistent with the previous months. The Public Conservator office and the placement team is always reviewing individuals in higher level of placements to work towards achieving their goals to be eligible for lower level of placements including independent housing. In May 2026, there were more clients placed out of county than in county due to needing higher level of care.

Number of Clients Placed In and Out of County			
FY 25/26	Out of County	In County	Total Number of Clients
May 2026	47	22	69

LPS Conservatorship (Mental Health) Placement Costs FY 25/26			
FY 25/26	Total Costs	General Funds	Realignment Funds
May 2026	\$429,594.27	\$0	\$429,594.27
Total (YTD)	\$2,962,841.19	\$0	\$2,962,841.19

LPS Conservatorship

A conservatorship established under the Lanterman-Petris-Short (LPS) Act to provide for individualized treatment, supervision, and placement of individuals who are gravely disabled as a result of a mental health disorder or impairment by chronic alcoholism (Welfare and Institutions Code Section 5350).

Grave Disability:

An individual may meet criteria for LPS conservatorship when, due to a serious mental health disorder, a severe substance use disorder, or a combination of both, they are unable to provide for their basic needs, including food, clothing, shelter, personal safety, or necessary medical care.

Nearly **1 in 5 U.S. adults** live with a mental illness.
You are not alone.



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