

# October is Domestic Violence Awareness Month

# HOPE



**Behavioral Health & Recovery Services (BHRS) recognizes:  
Domestic Violence Awareness Month: All of October**

BHRS is raising awareness and sharing ways to support victims and survivors. Domestic violence can take many forms, including intimate partner violence, child abuse, elder abuse, and other types of harm between people in close relationships.

**24/7 Crisis Line:** *1-855-838-0404*

**Warm Line for Non-Crisis Emotional Support:** *(707) 472-2311 or  
Toll-Free: 1-833-955-2510*

**National Domestic Violence Hotline:** *1-800-799-SAFE (7233), text  
"START" to 88788, or chat online at [www.thehotline.org](http://www.thehotline.org)*



# Safe & Health Community

October 2025



## Mental Health

### October 10 is World Mental Health Day

BHRS recognized October 10 as World Mental Health Day — a time to raise awareness, reduce stigma, and encourage open conversations about mental health. It's also an opportunity to share resources, support, and treatment options for those experiencing mental health conditions.



*Awareness. Support. Hope.*

## Substance Use Disorder Treatment (SUDT)

SUDT and Prevention have NARCAN, Fentanyl test strips, and Xylazine test strips in our lobby for easy access to the populations in treatment. There are also NARCAN, Fentanyl test strips, and Xylazine test strips in our main lobby for access to the public.

## Bullying Prevention Month

BHRS recognizes **October as Bullying Prevention Month** to raise awareness about the serious harm bullying can cause and to promote **kindness, empathy, and inclusion**. Bullying can affect people of all ages—both children and adults.

### *What is Bullying?*

Bullying is defined as **unwanted, aggressive behavior** that involves a real or perceived power imbalance. The behavior is repeated, or is highly likely to be repeated, over time.

### **Warm Line for Non-Crisis Emotional Support:**

*(707) 472-2311 or Toll-Free: 1-833-955-2510*

**Stop Bullying Hotline:** *1-800-273-8255 or Text*

*"CONNECT" to 741741.*



# An Effective County Government Organization

## October 2025



### Mental Health

BHRS holds Mental Health Services Act and Quality Improvement Committee Joint Forums every other month. There was a Forum on Thursday, October 2, 2025, from 2:00pm - 4:00pm at Yuki Trails, 23000 Henderson Road, Covelo. The Joint Forum was an opportunity to update community stakeholders on the transformation to Behavioral Health Services Act, upcoming Request for Proposal opportunities for the new Behavioral Health Services Act Three Year Plan, and ongoing information about behavioral health services utilization, resources, and other information.

#### **BHRS will host the following stakeholder communication meeting:**

- Mental Health Services Act and Quality Improvement Committee at Behavioral Health Regional Training Center, 8207 East Road, Redwood Valley and via Teams Link  
*Wednesday, December 3, 2025 | 2:00 pm to 4:00 pm*

For more information, contact Rena Ford in the MHSA Unit at 707-472-2724 or Robin Harris in the QIC unit at 707-472-2630.

### Substance Use Disorder Treatment (SUDT)

SUDT continues researching additional grants to enhance and expand prevention and treatment services.

SUDT will be wrapping up both the RCORP and COSSUP grants in the coming months.

#### **BHRS and Public Health teams participated in several events throughout the month including:**

- School Health Fair in Point Arena (October 8)
- Ukiah Country Pumpkinfest (October 18-19)

The Public Defender's office has made several referrals for eligible Prop 36 individuals. Staff continue to screen and assess referrals. At this time, no funding has been identified to help cover the associated cost.



# Other/Additional Information

## October 2025



### Public Conservator Office

The number of LPS conserved individuals in July 2025 were consistent with the previous months. The Public Conservator office and the placement team is always reviewing individuals in higher level of placements to work towards achieving their goals to be eligible for lower level of placements including independent housing. In July 2025, there were more clients placed out of county than in county due to needing higher level of care.

Number of Clients Placed In and Out of County			
FY 25/26	Out of County	In County	Total Number of Clients
Jul 2025	27	19	66

LPS Conservatorship (Mental Health) Placement Costs FY 25/26			
FY 25/26	Total Costs	General Funds	Realignment Funds
Jul 2025	\$403,103.62	\$0	\$403,103.62
<b>Total (YTD)</b>	\$403,103.62	\$0	\$403,103.62

### LPS Conservatorship

A conservatorship established under the Lanterman-Petris-Short (LPS) Act to provide for individualized treatment, supervision, and placement of individuals who are gravely disabled as a result of a mental health disorder or impairment by chronic alcoholism (Welfare and Institutions Code Section 5350).

### Grave Disability:

A condition in which a person, as a result of a mental health disorder, or impairment by chronic alcoholism, is unable to provide for his or her basic personal needs for food, clothing, or shelter. WIC Section 5008(h)(1) (A) and (2). This term also applies when an individual has been charged with a crime, has been found mentally incompetent under Section 1370 of the Penal Code, and meets the other criteria set forth in WIC Section 5008(h)(1).(B).

# Other/Additional Information

## October 2025



**Behavioral Health & Recovery Services (BHRS) recognizes:**  
**National Depression Screening Day: October 7**  
**Depression and Mental Health Screening Month: All of October**

BHRS is raising awareness about the importance of regular mental health and depression screenings—this month and throughout the year. Screenings can help identify concerns early, reduce stigma, and connect individuals with support and resources.

### ***Who should get screened?***

Anyone experiencing symptoms such as:

- Persistent sad, anxious, or “empty” mood
- Trouble sleeping (too little, waking early, or oversleeping)
- Changes in appetite or weight
- Loss of interest or pleasure in activities once enjoyed
- Restlessness or irritability
- Difficulty concentrating, remembering, or making decisions
- Fatigue or loss of energy
- Thoughts of death or suicide
- Unexplained physical symptoms (aches, pains, headaches, digestive issues)



**Take a free, anonymous, and confidential mental health screening today:**

👉 <https://screening.mhanational.org/screening-tools/>