



*Reminder:
Kindness is the
heart of the season.*

**Behavioral Health & Recovery Services (BHRS) recognizes:
Seasonal Affective Disorder Awareness Month: All of December**

Seasonal Affective Disorder, or SAD, is a condition in which some people experience a significant mood change when the seasons change. SAD is not considered a separate disorder but is a type of depression.

BHRS encourages everyone to check in with themselves—and with others—especially as the days grow shorter and the holidays approach. Small steps like getting sunlight, staying physically active, and connecting with loved ones can make a big difference.

You are not alone—support is available.

24/7 Crisis Line: 1-855-838-0404

**Warm Line for Non-Crisis Emotional Support: (707) 472-2311
or Toll-Free: 1-833-955-2510**



Safe & Healthy Community

December 2025



Substance Use Disorder Treatment (SUDT)

SUDT and Prevention have NARCAN, Fentanyl test strips, and Xylazine test strips in our lobby for easy access to the populations in treatment. There are also NARCAN, Fentanyl test strips, and Xylazine test strips in our main lobby for access to the public.



SUDT is actively seeking new grant opportunities to stabilize its current budget. The RCORP grant is nearing closure, and the COSSUP grant will soon be fully expended and closed.

The Public Defender's Office has increased referrals for Prop 36 eligible individuals. Additionally, staff continue to receive numerous referrals for screening and assessments in the jail.

Behavioral Health & Recovery Services (BHRS) recognizes: National Drunk and Drugged Driving Prevention: All of December

BHRS is raising awareness about the importance of planning ahead, celebrating responsibly, and driving sober.

Driving under the influence of alcohol, marijuana or other substances puts everyone on the road at risk - yourself, other drivers, passengers, and pedestrians alike.

Let's all make it home safe this holiday season.

SUDT Services: 1-855-765-9703 | TTY: 1-800-2929 or 711
Warm Line for Non-Crisis Emotional Support: (707) 472-2311
or Toll-Free: 1-833-955-2510



An Effective County Government Organization

December 2025



Mental Health



BHRS is preparing for the transition from Mental Health Services Act to Behavioral Health Services Act which will be effective July 1, 2026. Proposition 1, which passed in March of 2024, initiated changes in regulations for the Behavioral Health Services Act adjusting the expenditure components from five categories: Community Services and Supports, Prevention and Early Intervention, Innovation, Workforce Education & Training, and Capital Facilities and Technological Needs to three categories: Full Service Partnership, Housing, and Behavioral Health Services and Supports.

Requests for funding proposals (RFPs) for each of the three categories were open through December 2, 2025. The new components will require funded providers to participate in associated state determined Evidence Based Practices associated with the relevant categories. County BHSA staff will partner with selected vendor/providers to work with designated Centers of Excellence to implement Evidence Based Practices to Fidelity. Prioritization of funding surround six state selected priorities for improvement: Access to Behavioral Health Care, Homelessness, Institutionalization, Justice Involvement Removal of Children from their Homes, and addressing Untreated Behavioral Health Conditions.

Additionally, the state has asked Counties to choose a stakeholder selected priority from one of the following: Care Experience, Engagement in School, Engagement in Work, Overdose, Prevention and Treatment of Co-Occurring Health Conditions, Quality of Life, Social Connection, or Suicide reduction. BHSA staff are holding additional stakeholder engagement sessions between November and March to collect input on the stakeholder selected priority and other feedback on Behavioral Health Services Act implementation.

To participate in stakeholder feedback, community members can respond to the survey by **Scanning the QR code**, go to an MHSA/BHSA forum, or attend a BHSA Transition workshop for stakeholder feedback. These are announced through public service announcement, and once locations are finalized will be posted to the MHSA/BHSA website.



Other/Additional Information

December 2025



Public Conservator Office

The number of LPS conserved individuals in September 2025 was consistent with the previous months. The Public Conservator office and the placement team is always reviewing individuals in higher level of placements to work towards achieving their goals to be eligible for lower level of placements including independent housing. In September 2025, there were more clients placed out of county than in county due to needing higher level of care.

Number of Clients Placed In and Out of County			
FY 25/26	Out of County	In County	Total Number of Clients
Sep 2025	49	20	69

LPS Conservatorship (Mental Health) Placement Costs FY 25/26			
FY 25/26	Total Costs	General Funds	Realignment Funds
Sep 2025	\$383,992.02	\$0	\$383,992.02
Total (YTD)	\$1,166,494.74	\$0	\$1,166,494.74

LPS Conservatorship

A conservatorship established under the Lanterman-Petris-Short (LPS) Act to provide for individualized treatment, supervision, and placement of individuals who are gravely disabled as a result of a mental health disorder or impairment by chronic alcoholism (Welfare and Institutions Code Section 5350).

Grave Disability:

A condition in which a person, as a result of a mental health disorder, or impairment by chronic alcoholism, is unable to provide for his or her basic personal needs for food, clothing, or shelter. WIC Section 5008(h) (1) (A) and (2). This term also applies when an individual has been charged with a crime, has been found mentally incompetent under Section 1370 of the Penal Code, and meets the other criteria set forth in WIC Section 5008(h)(1).(B).

BHRS has collected all donations for the **4th Annual Hat, Sock, and Glove Drive** in celebration of the holiday season and are now assembling packages to deliver to conserved clients for the holidays.

