

USABILITY Project

Usability of Social-emotional and Behavioral Interventions: Links to Implementation and Translation in Youth Outcomes (USABILITY)

University of Washington School Mental Health Assessment, Research, & Training Center

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You are invited...

To take part in a project being conducted by the University of Washington's School Mental Health Assessment, Research, & Training (SMART) Center



The purpose of this study is to evaluate and identify problems and user-issues of 10 leading **evidence-based Tier 1 social-emotional learning (SEL) programs** in elementary and middle schools. With the intent to support **ALL** elementary school educators, this study will look across a wide variety of teachers and their experiences delivering SEL programs to help better understand the usability of programs across different groups of users. We need **elementary school teachers' voices** to ensure that SEL practices and programs are created and adapted for the use of their primary user, YOU!

Overall Benefits of Participation

- CONTRIBUTE TO LARGER BODY OF KNOWLEDGE RELATED TO THE FIELD OF SOCIAL-EMOTIONAL LEARNING PROGRAM IMPLEMENTATION
- ENHANCE OVERALL UNDERSTANDING ON HOW TO SUCCESSFULLY IMPLEMENT EVIDENCE-BASED PRACTICES
- IMPROVE ACADEMIC AND EMOTIONAL OUTCOMES FOR ALL STUDENTS

Participation in USABILITY Study:

- **Who?** Elementary school general education teachers (K – 6th) who have little to no experience with school-based SEL programs.
- **When?** Virtual testing session(s) inside or outside of school hours as indicated by needs/policies with the option to complete 1 two-hour session or 2 one-hour sessions.
- **What will I have to do?**
 - Review: Two weeks prior to the session, review SEL program materials (approx. 30 minutes).
 - Testing: Share your thoughts as you review and engage with a series of scenarios about 2 SEL programs (approx. 2 hours).
 - Surveys: Complete brief surveys to provide additional input (approx. 10 minutes).
- **Incentive?** \$250 gift card for testing 2 programs as a thank you for your participation (half if sessions are split and only one is attended).

If interested, please complete an [interest survey](#) to be contacted by the UW team.

Contact Aislyn Gordon at usability@uw.edu with any questions about your participation in the USABILITY project.



bit.ly/usabilityteacher