



INSAR

International Society for Autism Research

Taking Care of Each Other: Creating Systems of Care

This event is open for those interested in autism research including: Autistic people, clinicians, educators, and all professionals who work with Autistic people and their families and supporters.

[Click Here To RSVP For The Event](#)

INSAR Annual Meeting will be hosted
April 30 - May 4, 2025 in Seattle, WA

Join us for a pre-conference event



APRIL 30TH, 2025

12:00 PM - 4:30 PM



**SEATTLE CONVENTION
CENTER (ARCH BUILDING -
4TH FLOOR)**

705 Pike Street Seattle, WA 98101



QUESTIONS?

2025.seattle.insar@gmail.com

WELCOME

12:00 - 12:30 Open Doors
12:30 Welcome, Acknowledgements, and Community Values

SESSION 1

Systems of Mental and Behavioral Health Care for All Autistic Individuals

More than 75% of autistic children, youth, and adults will experience a co-occurring mental health condition. Differences in diagnostic practices, clinician and cultural biases, and structural barriers, make it difficult to access both diagnostic and treatment practices, with further disparities for those with higher support needs.

12:40 Introduction
12:45 Speaker 1: Burnout and Mental Health
1:00 Speaker 2: Crisis Services
1:15 Speaker 3: Suicidality
1:30 Moderator: Model Care and the Remaining Care Gaps
1:45 Panel & Q&A: Building Systems for all autistic individuals- A call for action.

BREAK

2:00 - 2:30 Food & Drinks

SESSION 2

Supporting the Autistic Workforce in Identifying and Removing Barriers in Human Services

With the significant need of the autistic community for mental and behavioral care support, moving evidence based practices from research to the clinic and community is critical. Training a workforce that is informed, sensitive, and engaged with the autistic community, including addressing barriers to practice and learning from autistic providers, may increase accessibility and reduce systemic biases.

2:30 Introduction
2:40 Keynote Speaker
2:50 Provider Panel: Identifying and Removing Barriers in Human Services
4:00 Moderator Facilitated Q&A
4:15 Wrap-Up
4:30 End

The community conference was co-designed by Hala Annabi PhD (UW iSchool), Grant Blasko (UW Student), Katrina Davis (Family Advocate, Seattle Children's Autism Center), Arzu Forough (Family Advocate, Washington Autism Alliance), Reza Forough PhD (Family Advocate, Bellevue College), Katy Granath MSW (WA Department of Health Public Health Coordinator), Jim Mancini SLP (Washington INCLUDE), Jill Locke PhD (University of Washington), Zack Siddeek MSW (ARC-King County), Gary Stobbe MD (Alyssa Burnett Adult Life Center), Sara Jane Webb PhD (Seattle Children's Research Institute).