

# 7-Night Mayan Riviera Resort CME

February 4-11, 2018

**Unico Riviera Maya**

Internal Medicine & Breast Cancer Updates



*All-Inclusive Redefined  
Adults Only*

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**CME**  
**away**<sup>TM</sup>  
by Sea Courses

**RESORT**

7-Night Mayan Riviera Resort CME  
 February 4-11, 2018  
**Unico Riviera Maya**

DATE	TIME	EVENT/CME
<b>SUN 4-FEB</b>		Private Check-in & Welcome Reception
<b>MON 5-FEB</b>	8:30-12:00pm 6:00-7:00pm	CME Private Cocktail Reception
<b>TUES 6-FEB</b>	8:15-12:00pm	CME
<b>WED 7-FEB</b>		
<b>THURS 8-FEB</b>	1:00-4:45pm	CME
<b>FRI 9 FEB</b>	8:15-11:30am	CME
<b>SAT 10-FEB</b>	6:00-9:00pm	Private Cocktail Reception & Farewell Dinner
<b>SUN 11-FEB</b>		Checkout & Departure

**UNICO 20°N 87°W**

Hotel Riviera Maya  
*Experience a new category of all-inclusive.*

Set on the stunning white beaches of Riviera Maya, UNICO 20°87° immerses guests in the culture of the region, from the locally-inflected cocktails and cuisines, to the art in the rooms. Three unique pools and a holistic spa and wellness center drive home a sense of relaxed luxury, while exciting pop-up events insert a touch of spontaneity into the experience.



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## **OUR STORY**

*Redefining all-inclusive means creating an entirely new kind of immersive experience, one that offers an unfiltered view of modern Mexico and a deep connection to the region.*  
*UNICO 20°87°: a one-of-a-kind adults only, all-inclusive vacation.*



## **All Inclusive Amenities**

All inclusive means not having to worry about the details. Here's a list of everything that will be included in your stay.

- 5-star adults-only accommodations
- In-room minibar stocked according to preference
- Custom-scented amenities
- Four unique restaurants, including Cueva Siete under celebrity chef Christian Bravo
- Complimentary high-speed Wi-Fi
- Free calls to the Continental US & Canada
- 24-hr room service
- Three bars with a devoted mixology program and a lounge featuring live entertainment
- Poolside and beachside service including snacks and beverages
- Land and water sports
- Fitness Center with a visiting instructor program
- Daily and nightly events



20° N 87° W

# UNICO

Riviera Maya

## ACCOMODATIONS

The design of UNICO 20°87° is directly inspired by the rich character of Riviera Maya, and incorporates many natural and handmade materials sourced within the area. The rooms and suites mix modern luxury with familiar rustic moments inspired by the region's history. All of the hotel accommodations feature an Anfitrío, a personalized local host, available 24-hours a day to provide an added level of personalized service.

### Alcoba Ocean View

Incorporating clean lines and natural materials, the spacious Alcoba Ocean View offers unobstructed views of the ocean, an outdoor spa tub and exterior lounging area where you can relax and enjoy the stunning panorama. Touches of sisal rope and hand-crafted local pieces are prominent design elements, helping to give the space a modern sense.

*One king bed, Ocean View.*



### Alcoba Swim-up Pool

Warm and elegant, with hand-crafted touches, the Alcoba Swim-Up Pool offers an ideal setting of relaxed luxury with a exterior swim-up pool and elevated lounge chairs. Art features by local artists and accent pieces fabricated from local materials help curate a contemporary impression of the region.

*One king bed, Pool or Tropical View.*



### Alcoba Ocean Front

Perfectly situated to offer panoramic views of the ocean, the spacious and bright Alcoba Ocean Front boasts an outdoor spa tub and exterior lounging area that offers a relaxing nook to take in the landscape.

The elegantly designed interiors incorporate warm woods and sisal rope for a clean, modern take on classic Mexican materiality.

*One king bed, Ocean Front View.*



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## *The Sea Courses Commitment*

**Sea Courses is committed to providing the best CME AWAY™ experience. You will quickly realize the value of combining your continuing medical education with a cruise, land tour or resort based trip.**

**TRAVEL WITH EXPERIENCE.** Sea Courses has provided over 300 CME conferences since our inception in 1995.

**DREAMS COME TRUE.** Memories are created. Our hallmark of distinction is to provide an experience where freed from the pace of everyday living, physicians are able to embrace learning with renewed enthusiasm. We do this by bringing together a team of very knowledgeable travel consultants, while selecting world-renowned faculty who share innovative and cutting edge CME. We only partner with cruise lines, tour providers and resort brands that are committed to offering excellent service and value and that take you to fantastic destinations, allowing you to discover the world.

**PHARMA FREE CME.** Sea Courses is proud to provide continuing medical education free from pharmaceutical industry sponsorship. Our CME team feels strongly about the benefit of developing bias-free educational events where faculty can share their knowledge and expertise without any potential conflict of interest.

**SOCIALLY CONSCIOUS CME.** Humanitarian aid has always been a focus at Sea Courses. As health care providers, we witness the immense need for healing and medical services throughout the world. Also we recognize the opportunity to bring financial and medical aid to those in need. On select sailings and tours, we also arrange visits and support of international medical projects such as Haiti Village Health, Bali Kids, Battamarang Vision clinic, and the Angkor Children's Hospital.

**Thank you for your interest in this conference. Our team is committed to making your CME AWAY™ experience one you'll want to repeat again and again.**



Dr. John Axler, MD CCFP FCFP  
Co-Director of CME



Dr. Martin Gerretsen MD  
Founder & Advisor of CME



Dr. Sol Stern B.Sc. M.Sc. MD MCFP  
Co-Director of CME

### **Explore**

- Currently adding new destinations for 2018 & 2019
- Topics beyond traditional CME
- Exclusive Destination Discovery Tours

### **Learn**

- Accredited for FP's and specialists
- Practical CME filled with PEARLS

### **Connect**

- Networking
- Chat Room to meet peers
- Time to be with family & friends



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by Sea Courses

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## **Topics**

Dr. Habert

- Update on the Management of VTE
- Current Management of Type II Diabetes
- Fracture Prevention in Osteoporosis
- Depression Management for the Family Physician
- Management of DCIS

Dr. Rakovitch

- Controversies in Breast Cancer Screening
- Update on the Treatment of Invasive Breast Cancer

Dr. Tobe

- Management of Patients With Diabetes and Hypertension
- Hypertension and Stroke Prevention in Patients
- Management of Elderly Patients with Multiple Comorbidities
- Cardiovascular Management of Patients With Chronic Kidney Disease
- Sodium, Lifestyle & Hypertension
- Heart & Hypertension
- Managing Patients With Hypertension & Diabetes
- Diagnosis and Follow-Up of Hypertension

## **Faculty**

**Dr. Jeff Habert** MD, CCFP, FCFP

Toronto, ON

- Dr. Habert is a Family Physician in Thornhill for the last 26 yrs
- He is an assistant professor in the Dept. of Family and Community Medicine at the University of Toronto
- Dr. Habert is also Peer Assessor for the College of Physicians and Surgeons of Ontario and an Investigating Coroner for the City of Toronto
- He is also a Peer Leader at OntarioMD

**Dr. Eileen Rakovitch** MD, MSc, FRCPC

Toronto, ON

- Radiation Oncologist & Associate Professor & Scientist at the Sunnybrook Research Institute
- Adjunct Scientist at the Institute for Clinical Evaluative Sciences and is the LC Campbell Research Chair in Breast Cancer Research
- Active clinical practice and leads a research program that aims to improve the care of women with Ductal Carcinoma in Situ and to identify women with DCIS who are at risk.

**Dr. Sheldon Tobe**

- Sheldon Tobe MScCH (HPTE), FRCPC, FACP, FASH is a hypertension specialist and nephrologist with a research background in clinical outcomes trials, and knowledge translation and implementation of clinical practice guidelines.
- He is currently Professor in Medicine at the University of Toronto where he is a staff physician in the Division of Nephrology and also Professor and Heart and Stroke Foundation Chair in Aboriginal and Rural Health Research at the Northern Ontario School of Medicine.
- Dr. Tobe is active in guidelines development and is a co-chair of the Canadian Cardiovascular Harmonized National Guidelines Endeavor (C-CHANGE) guidelines as well as the Hypertension Canada clinical practice guidelines and Diabetes Canada clinical practice guidelines.

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[\*\*Click this link to access the registration form\*\*](#)

#### **ROOM CATEGORY**

*Rates as of March 21, 2017*

ROOM CATEGORY	Guest 1	Guest 2	Guest 3
Alcoba Ocean view (King Bed)	\$ 6,498	FREE	\$2,649
Alcoba Ocean view (2 Beds)	\$ 6,498	FREE	\$2,649
Alcoba Swim-Up	\$ 6,898	FREE	\$2,849
Alcoba Ocean front	\$ 7,398	FREE	\$3,099

Prices are **LAND ONLY**. Exclusive round-trip airfare on Air Canada is available between Toronto and Cancun **if reserved at time of booking** through Sea Courses for \$400 per person, including taxes. Special add-on fares are available from various Canadian Cities.

1. Limited number of seats available in Premium Rouge. Subject to availability—\$450 per person round trip.
2. This package is sold in CAD, inclusive of taxes, gratuities & service charges.
3. Prices valid at time of printing and subject to change without notice. Prices become guaranteed with full payment.
4. Non-refundable deposit of \$ 250 per person due at booking. Final payment is due Nov 29, 2017
5. Cancellations after Nov 29, 2017 are subject to applicable charges by UNICO Resorts and Air Canada Vacations.
6. Upgraded room types are limited and are subject to availability at time of request.
7. Trip and conference must both be booked through Sea Courses.

**Air Desk**  
Let us know if you will be making your own flight arrangements or if you would like us to provide quotes for flights! Access our easy to use Sea Courses air desk form [Here](#)

**Trip & Conference**  
**must be booked with Sea Courses**

#### **Conference Registration**

- ◆ Only paid registrants receive a certificate
- ◆ Tuition is non refundable after Nov 29, 2017
- ◆ Tuition is charged in Canadian dollars
- ◆ Trip & Conference must both be booked through

#### **Conference Tuition**

FP	\$ 1095
Specialist	\$ 1095
Resident or Retired (no CME credits) RN, NP, PA, Other	\$ 895

Sea Courses

#### **Travel Insurance**

Travel Insurance is strongly recommended to protect from:

- ◆ Trip and conference *cancellation penalties*
- ◆ *Emergency medical expenses*

*Frequent Traveller Additional Tuition **Discount of \$50** if you've travelled with Sea Courses in the last 5 years!*

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