

# 7-Night **RESORT CME** at *the Kahala Hotel & Resort*

## **May 5-12, 2018**

Honolulu, Hawaii



**SAVE \$100**  
**EARLY BIRD TUITION**  
**ENDS AUGUST 31, 2017**

**Companion  
stays  
FREE!**

**CME  
away™**  
by Sea Courses

**RESORT**

CME Topics: Internal Medicine & Medical-Legal Updates  
Featuring: Dr. Jeff Habert, Ms. Tracey Tremayne-Lloyd,  
Dr. Sanjay Pandeya & Dr. Eileen Rakovitch



**THE KAHALA**

HOTEL & RESORT

Honolulu, Hawaii

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On a CME AWAY™ by Sea Courses, freed from the hectic pace of everyday life, conference attendees embrace learning with renewed enthusiasm.

The Sea Courses team specialize in creating the ideal CME experience that combines quality education with an experiential journey. We are constantly adding cruises to all parts of the world and now also offer trips to many of the world's finest resorts and other land destinations to satisfy your personal vacation desires. There is a reason why our conferences are always highly rated... and it's because we've made it our business to anticipate needs and desires of our guests. Small touches abound and little luxuries delight your senses from the moment you select your CME AWAY™. You will quickly realize the incredible value of combining continuing education with a trip abroad.

Our surveys continue to validate that destination CME offers three key advantages over traditional CME events.

(1) Participants have extended opportunities to interact formally and informally with faculty and peers. (2) Sessions are spread over the entire duration of the trip allowing time for reflection as well as follow-up for questions and discussion. (3) Attendees not only come from several disciplines and health professions, but also from many provinces, states, and countries – all which adds to the group interactive discussion.

Whether your primary goal is to be educated, or escape the office, or simply experiences that perfect vacation, you will return home from this CME conference accomplishing much more. That's the unique advantage of the Sea Courses CME AWAY™ environment.

On behalf of your entire Sea Courses team, we wish you a wonderful trip.



Dr. John Axler, MD CCFP FCFP  
Co-Director of CME



Dr. Martin Gerretsen MD  
Founder & Advisor of CME



Dr. Sol Stern B.Sc. M.Sc. MD MCFP  
Co-Director of CME

### Explore

- Currently adding new destinations for 2018 & 2019
- Topics beyond traditional CME
- Exclusive Destination Discovery Tours

### Learn

- Accredited for FP's and specialists
- Practical CME filled with PEARLS

### Connect

- Networking
- Chat Room to meet peers
- Time to be with family & friends



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## Topics

### Dr. Jeff Habert

- Type II Diabetes
- Current Concepts in Depression
- AF and Stroke Prevention
- Fracture Prevention
- VTE Management
- Lipid Management

### Dr. Sanjay Pandeya

- Update in Hypertension
- Nephrolithiasis
- Proteinuria and Hematuria
- Common Metabolic Abnormalities
- Chronic Kidney Disease

### Dr. Eileen Rakovitch

- Controversies in Breast Cancer Screening
- Management of DCIS
- Update on the Treatment of Invasive Breast Cancer

### Ms. Tracey Tremayne-Lloyd

- Health Law 101 – Legal Framework for the Practice of Medicine in Canada
- Laws of Informed Consent – Live or Let Live
- Ending the Physician-Patient Relationship
- Physician Accountability to the Nurses Union
- Physician Assisted Death – Rules and Regulations

## Faculty

### Dr. Jeff Habert

- Dr. Habert has been a Family Physician in Thornhill for the last 26 years. He is an Assistant Professor in the Dept. of Family and Community Medicine at the University of Toronto. Dr. Habert is also Peer Assessor for the College of Physicians and Surgeons of Ontario and an Investigating Coroner for the City of Toronto. He is also a Peer Leader at OntarioMD. Dr. Habert is very involved in the continuing education of Family Physicians in the areas of Thrombosis/Stroke, Osteoporosis, Diabetes and Depression. He has an interest in the use of clinical practice guidelines, and has participated on committees to establish guidelines in the area of Depression, Stroke and Thrombosis. He is currently on the Committee for the 2016 Canadian Stroke Prevention Guidelines. Dr. Habert is published in the areas of Thrombosis and Stroke Prevention, Depression, ADHD and EMR use in Family Practice.

### Dr. Sanjay Pandeya

- Dr. Sanjay Pandeya is a Nephrologist at Halton Healthcare and has been with us for over 15 years. He completed his medical degree at the University of Ottawa and Internal Medicine and Nephrology training at the University of Western Ontario. He is involved in teaching medical students and residents as an Assistant Clinical Professor at McMaster University. He has also served on the Executive and Board of the Canadian Society of Nephrology. He is actively involved in clinical research and has collaborated on several peer-reviewed research projects with his academic colleagues and is the Medical Director of the Kidney Care Clinic and Independent Dialysis.

### Dr. Eileen Rakovitch

- Eileen Rakovitch MD MSc FRCPC is a radiation oncologist, and an Associate Professor and Scientist at the Sunnybrook Research Institute. She is an Adjunct Scientist at the Institute for Clinical Evaluative Sciences and is the LC Campbell Research Chair in Breast Cancer Research. She has an active clinical practice and leads a research program that aims to improve the care of women with Ductal Carcinoma in Situ and to identify women with DCIS who are at greatest risk of developing invasive breast cancer.

### Ms. Tracey Tremayne-Lloyd

- Tracey Tremayne-Lloyd (TTL), a Certified Specialist in Health Law, has practised health law for more than two decades. She is currently the Principal at TTL Health Law, a health law and consulting practice dedicated to the discipline of health Law and all of its complexities, including regular health policy in governmental restrictions. Tracey is widely recognized for her expertise in representing health professionals and providers across Canada and in the United States. A respected and sought-after speaker, she frequently delivers lectures and seminars in educational forums on topics related to medical ethics and jurisprudence. Tracey has chaired numerous events for both medical and legal associations including the Medical Legal Society Insight seminars and the Canadian Bar Association health Law programs.

*Conference sessions are scheduled to avoid conflict with tours and excursions as much as possible.*

**In order to provide unbiased education, this CME conference has not received any pharmaceutical industry sponsorship.**



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## **Service**

Subtle, discreet, observant. Our service is legendary, no request is too big or small. Many of our staff have been working with us for over 20 years and recognize and address returning guests by name.

**Companion  
stays  
FREE!**



## **Spa**

The Kahala boasts nine private spa treatment suites, each with personal relaxation area, changing area, shower and bath. Qualified therapists are on hand to carry out dozens of superlative treatments.



## **Fit For You**

Our fitness centre features all of the amenities you would expect from a luxury resort like The Kahala. In addition to the high-tech equipment and extensive exercise classes, the stunning ocean views offer an extra motivation to work out. The center is accessible 24 hours a day with a guest key, but classes need to be reserved.



The Kahala is one of Hawaii's finest resorts. Your trip includes daily breakfast, free internet access, a free shuttle to Waikiki, and your taxes, gratuities and service charges.

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## **Activities**

Meet the dolphins in our private lagoon, relax by the white sand beach, learn to surf or scuba, and take an exercise class overlooking the ocean. There's even The Keiki Club for the little ones.



## **Little Adventures**

"Keiki" is the Hawaiian word for child and forms the name of a very special club at The Kahala. Endless fun and play await at the Keiki Club for kids between the ages of 5 to 12 years as they discover more about our beautiful islands, make friends and enjoy the sunshine all while Mom and Dad relax and enjoy being at The Kahala.



## **Dining**

Choose Hoku's for contemporary island cuisine, Plumeria Beach House for a la carte and buffet menus, The Veranda for afternoon tea and nightly entertainment, Seaside Grill for outdoor dining and ocean views, or Arancino for quality Italian fare.



## **Sunshine Glamour**

Hawaii's tropical setting is best enjoyed by the water and at The Kahala Hotel & Resort, you're spoiled for choice. Enjoy the best of island life by lounging by the pristine white sandy beach or taking a dip in the resort's stunning beach-front swimming pool.

## **Designer Dreams**

The Kahala Hotel & Resort features its own shopping arcade that offers a carefully curated selection of authentic souvenirs, tropical apparel, handmade chocolate, signature gifts and so much more. Enjoy more island shopping at the nearby Kahala Mall, Waikiki, or Ala Moana Shopping Center a complimentary shuttle ride away. Parking validated for up to 4 hours with purchase.







## Complimentary Services

**(NO RESORT FEE)**

- 7 Breakfasts
- Aloha Lei greeting
- Internet access in guest rooms and public areas (Lobby, Veranda, Pool). Increased bandwidth will be available at a nominal charge
- Daily newspaper
- 24 hour use of CHI Health & Fitness Center's work out facilities, Jacuzzi, steam room and sauna
- Resort Shopping Shuttle to Ala Moana Shopping Center, Waikiki and Kahala Mall
- Business Center computer work stations with Free Internet access (30 minutes)
- Twice daily maid service
- Complimentary bottles of water in room daily at turndown
- Bottled water for runners and a jogging map
- Introductory Surfing lessons and Stand up paddleboard clinics (Wednesday to Friday)
- 45-Minute Beach Portrait Session from Pacific Dreams Photography (*images require purchase*)
- Free Locksafe system in the room
- In-room tea and coffee making amenities, as well as complimentary morning coffee or tea in Lower Lobby between 5:30am to 8:30am
- Mini refrigerator
- Free Beach Towel Rental
- Beach Furniture Rental (except cabana)
- Free Bicycle rental (rental arranged by concierge)
- 40-inch flat screen LCD television with remote control
- iHome docking station with alarm clock/radio
- Concierge services



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## 7-Night **RESORT CME** at *the Kahala Hotel & Resort*

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**Described by one luxury magazine as “immediately embracing” The Kahala’s rooms offer cossetting comfort, fine finishes, luxurious bathrooms and a choice of scenic, dolphin lagoon and full ocean views.**

### Time to Reflect

With stunning views of the Majestic Ko’alau Mountains by day and by night, the lights from Honolulu's exclusive residences or partial ocean views overlooking the palm court from a Juliet balcony **The Kahala’s Scenic Rooms** take luxury to new heights with tropical décor and premium facilities.

### Special Features

These spacious rooms are elegantly appointed with five-star touches including an over-sized bathroom with a deep-soaking tub, luxury toiletries and dual dressing areas.

### Location

The Kahala’s Scenic View rooms are ideally located in The Kahala Tower and Dolphin Lagoon wings.

### Into the Deep

When only the best will do, **The Kahala’s Ocean View Rooms** are a worthy choice. Enjoy the finest luxury amenities and toast to an unforgettable stay with views of the Pacific Ocean from your own private Juliet balcony.

### Special Features

The spacious Ocean View rooms feature premium amenities, including custom goose-down duvets and over-sized bathrooms with luxury toiletries, complemented by exceptional Kahala Chic décor.

### Location

With views of the mesmerizing Pacific Ocean, rooms are located in the Kahala Tower wing overlooking the Palm Court or Dolphin Lagoon wing overlooking the Kokohead Lawn.

### Deep Blue Luxury

The setting is everything. Immerse yourself in unforgettable luxury in **The Kahala’s Ocean Front Rooms**, with views of the Koko Head Crater, Diamond Head and the rolling waves of the Pacific Ocean.

### Special Features

Decorated in the iconic Kahala Chic style with light island colors, these spacious rooms stand out for their luxurious bedding, Juliet balconies and generous bathrooms with a deep-soaking tub.

### Location

Ocean Front Rooms are located in The Kahala Tower wing with views of the Koko Head Crater on the left and Diamond Head on the right from the Juliet Balcony.





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## Schedule

\*subject to change\*

DATE	TIME	EVENT
Saturday, May 5	Arrival	Check-In
Sunday, May 6	6:00 pm—7:00 pm	Sea Courses Private Welcome
Monday, May 7	8:00 am—8:30 am	Breakfast
	8:30 am—9:00 am	Registration
	9:00 am—12:00 pm	CME
Tuesday, May 8	7:30 am—8:00 am	Breakfast
	8:00 am—12:00 pm	CME
Wednesday, May 9	8:30 am—9:00 am	Breakfast
	9:00 am—12:00 pm	CME
Thursday, May 10	7:30 am—8:00 am	Breakfast
	8:00 am—12:00 pm	CME
Friday, May 11	Free day!	
Saturday, May 12	Departure	Check-Out





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Rates as of July 1, 2017	Guest 1	Guest 2
Upgraded room types are limited and are subject to availability at time of request.		
Scenic Room (No Lanai)	\$5,148	FREE
Ocean View Room (No Lanai)	\$5,548	FREE
Ocean Front Room (No Lanai)	\$5,748	FREE
Scenic Room (With Lanai)	\$5,848	FREE
Ocean View Room (With Lanai) <b>ON REQUEST</b>	\$6,248	FREE
Ocean Front Room (With Lanai) <b>ON REQUEST</b>	\$6,648	FREE
3rd or 4th Adult Using Existing Bed	\$1,749	N/A
Child 0-17 Years Old Using Existing Bed	\$379	N/A
Rollaway Bed If Required	\$749	N/A

**Prices are LAND ONLY. Please contact your Sea Courses representative to book airfare.**

Conference Tuition	Before Aug 31, 2018	After Aug 31, 2018
FP	\$995	\$1095
Specialist	\$995	\$1095
Resident, Retired, RN, NP, PA, Other	\$795	\$895

**Conference Registration**

- ◆ Only paid registrants receive a certificate
- ◆ Tuition is non refundable after February 21, 2018.
- ◆ Tuition is charged in Canadian dollars

**Travel Insurance**

Travel Insurance is strongly recommended to protect from:  
Trip and conference cancellation penalties

- ◆ Trip and conference cancellation penalties
- ◆ Emergency medical expenses

*Frequent Traveller Additional Tuition **Discount of \$50** if you've travelled with Sea Courses in the last 5 years!*

- All prices shown are in CAD.
- Prices valid at time of printing and subject to change without notice. Prices become guaranteed with payment.
- Non-refundable deposit of \$300 per person due at booking. Final payment is due February 21, 2018.
- Second non-refundable deposit of \$1,000 per person due October 25, 2017.
- Cancellations after February 21, 2018 are subject to applicable charges by The Kahala Hotel & Resort.
- Companion pays \$429 for breakfasts, taxes and gratuities.
- Trip and conference must both be booked through Sea Courses.

**[Click this link to access the registration form](#)**

**Air Desk**

Let us know if you will be making your own flight arrangements or if you would like us to provide quotes for flights! Access our easy to use Sea Courses air desk form [Here](#).

