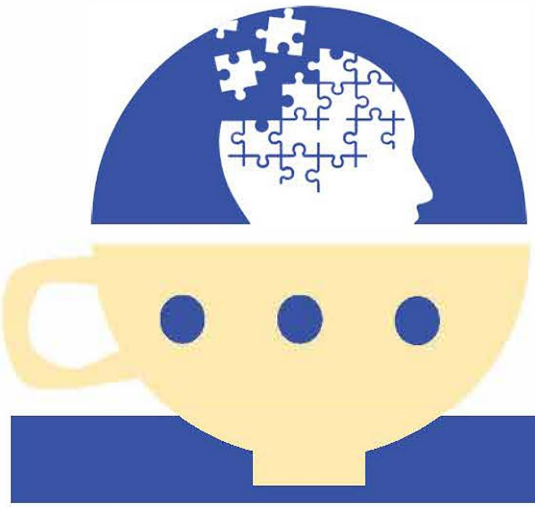

OAK PARK TOWNSHIP | RIVER FOREST TOWNSHIP

Caregiver Support Presentation
Are you a family caregiver?

Do you...

- Take a relative, spouse, neighbor, or significant other to medical appointments or shopping?
- Prepare their meals for them?
- Clean after them?
- Make sure they take their medication or use medical devices?
- Supervise them because they cannot be left alone?
- Pick up medications, food, or other necessities for them?

If so, you are a family caregiver!

Senior Services provides information, resources, support, and respite for family caregivers who live in the area to support them in taking care of their loved ones without getting burned out!

Join Us for one of our FREE presentations to learn more!

Tuesday, September 2, 2025

1:00PM

River Forest Public Library
735 Lathrop Avenue
River Forest, IL 60305

Wednesday, September 10, 2025

4:00PM

Oak Park Public Library - Main Branch
834 Lake Street
Oak Park, IL 60301

RSVP to: Devin Andrews at (708) 725-9116, or dandrews@oakparktownship.org

Non-Discrimination: Oak Park Township Senior Services does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, Section 504 of the Rehabilitation Act; The Americans with Disabilities Act; The Illinois and U.S. Constitutions. If you feel that you have been discriminated against, you have the right to file a complaint. Senior Services programs are made payable by funding, in whole or in part, from AgeOptions, the Older Americans Act, Illinois Department on Aging, private donations, and monies from Oak Park and River Forest Townships.

For more information, call (708) 383-8060 or email seniors@oakparktownship.org

Oak Park Township Senior Services ~ 130 S. Oak Park Ave, Oak Park, IL 60302