CMHA-CEI Non-Residential COVID-19 Emergency Plan

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Staff and Consumer Screening
Executive Order 2020-37 effective through May 3rd, 2020 at 11:59pm
- This agency will perform a health screening of all individuals. The purpose of screening is to evaluate symptoms of a respiratory infection, such as fever, cough, shortness of breath, or sore throat; and contact in the last 14 days with someone with a confirmed diagnosis of Covid-19. Entry will be denied to those individuals who do not meet the evaluation criteria.

Identifying Signs of Illness
The main symptoms of COVID-19 are fever, cough and shortness of breath.
If the consumer develops emergency warning signs for COVID-19, medical attention will be obtained immediately. Emergency warning signs include*:
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face
*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.
**Modified Services Provision**
Effective until April 30, 2020, all in-person work that is not necessary to sustain or protect life is prohibited. Any service that is deemed non-essential using the aforementioned definition will be placed on hold until guidance from the State suggests that we may resume.

**Effective Sanitization & PPEs**
While pandemic restrictions are in place, our agency will ensure the proper staffing ratios to maintain safety and necessary service to all consumers.

- All staff and clients shall adhere to the CDC recommendation about hand washing (with soap for at least 20 seconds)
- All constantly used surfaces will be cleaned using sanitizer at least twice every 3 hours
- The CDC recommends the use of alcohol-based hand sanitizers with greater than 60% ethanol or 70% isopropanol
- All vehicles (company and personal) will be sanitized on both driver and passenger sides of the vehicle prior to and after transporting clients
- When staff are caring for a consumer with symptoms of acute respiratory illness, the staff member should put on gloves and a surgical mask if one is available.
- When staff are done caring for a consumer with symptoms of acute respiratory illness, the surgical mask should be carefully removed, folded so that the outside of the mask is touching itself and covering itself, then placed in a paper bag to be reused ONLY by the same staff member.
- When that staff member must next care for a consumer with respiratory symptoms they should carefully remove the mask from the bag and re-wear it.
- Immediately upon putting on or removing any mask, staff members should wash their hands or use alcohol-based hand rub.
- If during the course of use of a mask, the mask becomes visibly soiled or difficult to breathe through, the mask should be replaced
- Staff who are caring for consumers who are not *symptomatic* of respiratory illness do not have to wear a mask. (This recommendation is based on current (04/01/20) CDC guidelines and could change)
Returning to Work
After recovering from Covid-19, staff returning to work should:

- Wear a facemask at all times while in the facility until all symptoms completely resolve or until 14 days after illness onset, whichever is longer.
- Be restricted from contact with severely immunocompromised patients until 14 days after illness onset.
- Adhere to hand hygiene, respiratory hygiene and cough etiquette in CDC’s interim infection control guidance, including covering nose and mouth when coughing or sneezing, disposing of tissues in waste receptacles, etc.
- Self-monitor for symptoms and seek re-evaluation from occupational health or primary health care provider if respiratory symptoms recur or worsen.

Freedom of Movement
Executive Order 2020-42 effective through April 30th, 2020 at 11:59pm

- In-person activities that are not necessary to sustain or protect life (i.e., medical appointment) must be suspended until normal operations resume. However, outings to some open air locations where there are no large crowds present (i.e., to a park or a walk in the neighborhood) are allowed. When out in public (and not experiencing symptoms), the CDC recommends wearing a cloth mask due to a shortage in medical grade masks.

YOU CAN:

- Go to the grocery store or pick up take-out food.
- Go to the pharmacy to pick up a needed prescription.
- Engage in outdoor activities like walking, hiking, running, biking.
- Go to the hospital or secure any care necessary to address a medical emergency or to preserve your health or the health of a loved one.
- Fill your car with gas.
- Return to Michigan to a home or place of residence from outside the State.
- Leave the State for a home or residence elsewhere.
- Walk your pets and take them to the veterinarian for needed medical care.

YOU MAY NOT:

- Leave the home to work unless your employer designates you as a critical infrastructure worker.
- Participate in any public gatherings.
- Visit someone in the hospital, nursing home, or other residential care facilities (with limited exceptions).
- Go to the mall or to restaurants.
Self-Reporting:
- Clients and staff should be instructed to report symptoms as soon as possible.
- After return to work, staff should self-monitor for symptoms and seek re-evaluation from occupational health or primary health care provider if respiratory symptoms recur or worsen.

Staff and Consumer Education
As recommended by the National Council for Behavioral Health we will post educational information from trusted health sources throughout our facility, and make this information also available to the consumers we serve. This may include signage on how to properly wash your hands, signs and symptoms of early detection and outdoor signage to halt visitors or inform health care workers of access restrictions. Tools can be found on the CDC Website.

Staff Shortage Due to Illness
Our agency will –
- Have a designated back-up caregiver if the main caregiver becomes sick.
- Will contact CMHA-CEI immediately to inform them of staff shortages.
- Work closely with the case managers.

The contents of this plan are subject to change based upon further guidance from Local, State, or Federal Government.