

# Adopting and Implementing Protocols on Team Based Care Around Hypertension Control

Tuesday, February 21, 2023 | 12-1pm CST | \$0/Free

The CDC's Division for Heart Disease and Stroke Prevention<sup>1</sup> promotes the implementation of Team Based Care (TBC) at the health systems level, as a means to improve blood pressure control and reduce the burden of cardiovascular disease. This entails having a multidisciplinary team working in collaboration to identify at-risk patients and their risk factors for developing cardiovascular disease, and prescribing and modifying treatments as part of a collaborative effort to ensure best patient outcomes. TBC around hypertension control also provides an opportunity for conducting joint patient education between the various care providers that make up the TBC team and maintaining ongoing dialog with patients about their health and care needs. This webinar will include a brief lecture format (15min.) on the core principles of Team-Based Care followed by a panel discussion (25min.) about the experiences and lessons learned on developing and participating in team-based care related to hypertension control. The webinar will also include time (15min.) for attendees to share their experiences and lessons learned when adopting and implementing team based care at their clinics. The webinar will be recorded for future viewing availability of the session. However, on the date attendance is required for CME credits eligibility.

## OBJECTIVES

By the end of the training participants will be able to:

1. Define the core principles of team based care.
2. Identify the best methods of communication between TBC team members.
3. Define procedures that enable engagement of TBC team members that work outside health systems such as local pharmacists, community health workers and more.
4. Describe skills needed to include and engage patients with their care team.

## PANEL



### William Doucette, PhD

Veale Professor of Health Policy, University of Iowa



### Stacy Ferris, RN, BSN

Health Coach, Siouxland Community Health Of Nebraska



### Lanett Kane, RN BSN

Clinical Director, Peoples Community Health Clinic



### Enrico Martin, MD

Cardiologist, Iowa Heart Center (MercyOne)



### Cristina Winter, CHW

Community Health Worker, Siouxland Community Health of Nebraska

## PANEL & MODERATOR



### Kathy Kunath, RN

Clinical Project Manager and Clinical Health Coach®, Iowa Chronic Care Consortium

## TARGET AUDIENCE

The target audiences for this webinar include health care professionals, clinicians and healthcare administrative staff, as well as students of all programs allied with health.

## CONTINUING EDUCATION CREDIT INFORMATION

This series has been approved for *AMA PRA Category 1 Credit™*, American Osteopathic Credit, and continuing education contact hours. No ineligible company provided financial support for this continuing education activity. All planning committee members and speakers will disclose if they have a financial relationship with an ineligible company. If you have questions, please contact Des Moines University Continuing Medical Education at [cme@dmu.edu](mailto:cme@dmu.edu). Des Moines University (DMU) is the continuing education provider. Certificates will be available for download within six (6) weeks of the activity start date. An email will be sent from DMU when your certificate is available.



## QUESTIONS

For CE questions, email [cme@dmu.edu](mailto:cme@dmu.edu).

## CANCELLATION POLICY

There is no fee for this webinar, so there is no reimbursement for cancellation. Email [denise.attard-sacco@idph.iowa.gov](mailto:denise.attard-sacco@idph.iowa.gov) if you are not able to attend. Register: [https://us02web.zoom.us/webinar/register/WN\\_t1v5RDY8TDuZmy1F1AWrEQ](https://us02web.zoom.us/webinar/register/WN_t1v5RDY8TDuZmy1F1AWrEQ).

**REGISTER NOW**

STATE OF IOWA DEPARTMENT OF  
**Health and Human  
Services**

References: Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention (2020). Promoting Team-Based Care to Improve High Blood Pressure Control. Retrieved from <https://www.cdc.gov/dhdsp/pubs/guidesbest-practices/team-based-care.htm>