

Hometown Health Award Recipients: 2017 Program Year



By Gwendolyn Mahabir, Florida League of Cities

The Florida Municipal Insurance Trust's annual Hometown Health award recognizes members with group health coverage that meet the nine best practice standards for employee health promotion. For the 2017 program year, there were four recipients of the Hometown Health award:

- City of Cooper City
- City of Greenacres
- City of North Lauderdale
- Emerald Coast Utilities Authority

The nine best practices they met are:

- Developing policies and procedures
- Gaining management support
- Creating a wellness committee
- Weaving your wellness network
- Assessing program needs
- Building an infrastructure of health
- Forming an operating plan
- Planning activities and interventions
- Evaluating progress and outcomes

Applications for this award are accepted once a year from eligible local governments that actively engage in the FMIT Hometown Health wellness program. Additionally, these members have implemented a variety of wellness activities and programs. A few examples include quarterly wellness seminars and challenges, onsite flu shot clinics, biometric screenings and health fairs.

These local governments have not only shown a strong commitment to supporting employee health and well-being but have laid strong foundations for a workplace culture of health. They and their wellness champions are to be commended for their collaboration and dedication.

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