# Lights Out for Migrating Birds

More than 1 billion birds from 200 different species migrate along the Pacific Flyway each spring and fall. Artificial light at night can disorient birds and lead them off course. Bird collisions with buildings and human structures are often fatal. Let's turn out and dim the lights across San Diego County to allow these amazing creatures a safe passage between nesting and wintering grounds.

*San Diego County*

✓ *Help birds*
✓ *Save money*

*It makes ethical, ecological, and economic sense!*

During Spring and Fall migration season:

- Turn off decorative and non-essential lighting from 10:00 p.m. – 6:00 a.m.
- Use shielded light fixtures to keep light out of trees and bushes
- Aim motion-lights down at the ground, not outward or into the sky
- Use soft-white, amber color light, not daylight white (blue light)
- Minimize brightness with less lumens, use the least amount needed
- Close blinds and window shades to keep indoor light inside
- Use timers and motion sensors to limit use of light and save energy

## Dark Sky Friendly Home Certification (it's Bird Friendly, too!)

Be kind to neighbors, wildlife, and the night sky! Perform a home lighting evaluation. A few simple changes can lead to beautiful and functional lighting, and reduced light pollution. Help preserve stars in the night sky while saving energy and money. Download and proudly display your free Dark Sky Friendly Home certificate. The birds will thank you!







*I can sleep in peace!*

*Thank you for dimming those bright lights.*

https://idsw.darksky.org/activities/dark-sky-friendly-home

Nesting habits of birds can be disrupted by bright backyard lights!



**DarkSky.org**

**Learn about Light Pollution solutions:**

- **San Diego County Dark Sky Chapter**
  sd-darksky.org
- **Julian Dark Sky Network**
  juliandarkskynetwork.com
- **Borrego Dark Sky Coalition**
  borregodarkskies.org
- **Fallbrook Dark-Sky Alliance**
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