



For immediate release:
October 6, 2023

Mad Kidney Fest combines healthy food, local charity and dialysis clinics

Indulge in a week of nourishing, local and kidney-friendly dining, October 9-15, 2023!

Throughout the Madison area, local restaurants have curated special menus in collaboration with a knowledgeable kidney dietitian. These delectable options cater to individuals undergoing dialysis, those with kidney disease, as well as people managing high blood pressure and diabetes.

The celebratory week aims to: improve access to restaurant food for folks receiving dialysis care, support local businesses, promote education about kidney health and disease, and enjoy food, music and movement together. Proceeds from participating restaurants and community donations will support the St. Vincent de Paul Food Pantry, specifically their program providing renal-diet friendly foods to patients on dialysis.

“For patients on dialysis, getting quality, kidney-friendly food is often difficult,” Chris Kane, St. Vincent de Paul — Madison Director of Client Services, said. “Patients are often fatigued from 12+ hours-long treatments, may not have reliable transportation or have physical mobility difficulties. Through our food pantry, we have established relationships with two local kidney clinics to deliver food like canned chicken, canned tuna, peanut butter and fresh produce to patients each month. The food is chosen intentionally to adhere to patients’ specific diets and treatment constraints.”

In creating Mad Kidney Fest, organizers chose the St. Vincent de Paul Food Pantry as donation recipients due to their work in providing food to low-income families and helping patients on dialysis.

To view the participating restaurants for Mad Kidney Fest October 9-15, 2023, visit:
<https://www.mad-kidney-fest.com/>.

The festivities will reach their peak on Sunday, October 15, with a grand celebration at Cafe Coda from 1-5 pm. The party will include classical guitar with Leonardo Arturo Quintero, a dance class with Francis Medrano, a rejuvenating Qi Gong and Taiji session led by Dr. Zhou, Latin music with Rebulú and blissful chair massages offered by skilled students from the East-West Healing Arts Institute.

Contact:

Helping Our Neighbors In Need



Katherine Higgins, Communications Manager
Society of St. Vincent de Paul — Madison
khiggins@svdpmadison.org
(608) 442-7200 x37

Valerie Carroll
Mad Kidney Fest
madkidneyfest@gmail.com
(608) 509-7401

###