



2022 ANNUAL REPORT

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FY 2022

The mission of NAMI Maryland is to improve the quality of life for individuals and their families coping with mental illness. We are dedicated to providing education, support, and advocacy for persons with mental illnesses, their families, and the wider community.

It is our core principle that empowering family members and individuals is a critical factor in recovery, and a potent force in providing community education and bringing about systematic change. NAMI Maryland is a unifying voice and a skilled provider of knowledge and skills at the grassroots level. **We promise to work to build better lives.**



NAMI Maryland's 2022 Fiscal Year ran from April 1st, 2021 to March 31st, 2022



Dear NAMI Members,

This has been an exceptionally challenging year. The COVID-19 pandemic has caused major ramifications for global health and the economy, with growing concerns about economic implications for mental health. There is significant evidence that the economic impact of COVID-19 has negative implications for mental health and that the isolation, stress, and trauma from COVID-19 is exacerbating existing symptoms.

As NAMI and its partners continue to work towards eliminating the stigma around mental illness, the need for NAMI, its outreach, programs, and advocacy have grown exponentially. In response, NAMI Maryland and our local affiliates have tripled our efforts to continue to provide free support, education, and advocacy for the hundreds of thousands of Marylanders who have been affected, and we have worked to ensure that our community remains safe, cared for, and connected.

The support from our community has allowed us to transition our free education courses and support groups to an online platform and has allowed us to address current mental health issues that have arisen over the past year. Thanks to your efforts, we have expanded our free resources through digital webinars and infographics, supported special populations like first responders and Black, Indigenous, and People of Color (BIPOC) communities, and resourced the State of Maryland's CovidCONNECT website to support individuals who are dealing with stress, anxiety, and other concerns and effects of the global pandemic.

Our visibility as a trusted and reliable resource on mental illness has increased to a network of more than 58,000 families, individuals, community-based organizations and service providers. We have advanced as a trusted partner on more than 70 state task forces, coalitions, and other consensus-building opportunities that ensure we are able to positively influence policy decisions and improve the systems that affect our stakeholders. It is thanks to the dedication and support from people like you that we are able to continue the incredibly vital work we do. We sincerely thank you and all our affiliates and volunteers for your efforts and dedication during this incredibly difficult time and for helping to improve the lives of Marylanders affected by mental health conditions.

Stay safe and be well,

Joe Ashworth
President of the Board

"From the moment I was introduced to NAMI, I could feel their impact.

Events like this remind me why outreach and organizations like NAMI Maryland are necessary & impactful to true healing & change. THANK YOU!" – Webinar Attendee



MENTAL HEALTH CONDITIONS IN MARYLAND

781,000 adults in Maryland have a diagnosed mental health condition.

Marylanders struggle to get the help they need.

Of the 252,000 adults in Maryland who did not receive needed mental health care:

33%

33.7% did not seek care because of cost



5.9% of people in the state are uninsured



Marylanders are 10x more likely to be forced out-of-network for mental health care

1.1 million

1.1 million people in Maryland live in a community that does not have enough mental health professionals

Mental health conditions affect everyone.



45.5% of Marylanders age 12-17 who have a mental illness did not receive any care in the last year



1 in 4 people with a serious mental illness has been arrested by the police at some point in their life



7 in 10 youth in the juvenile justice system have a mental health condition



6,360 people in Maryland are homeless and 1 in 4 live with a serious mental illness

An inadequate mental health system affects individuals, families, and communities.

NAMI MARYLAND AND NAMI AFFILIATES

NAMI, the National Alliance on Mental Illness, is a national movement. It is made up of a national headquarters, state organizations, and local affiliate that work together to build better lives for the millions of Americans affected by a mental illness. There are two types of NAMI affiliates in Maryland: Model A and Model B.

MODEL A

Our “Model A” affiliates are legally and financially independent, incorporated organizations that are committed to NAMI National’s Standards of Excellence. **Most of our Model A affiliates operate at a high capacity with paid staff and active boards.** Our Model A affiliates are: NAMI Anne Arundel County, NAMI Howard County, NAMI Metropolitan Baltimore, NAMI Montgomery County, and NAMI Prince George’s County.

MODEL B

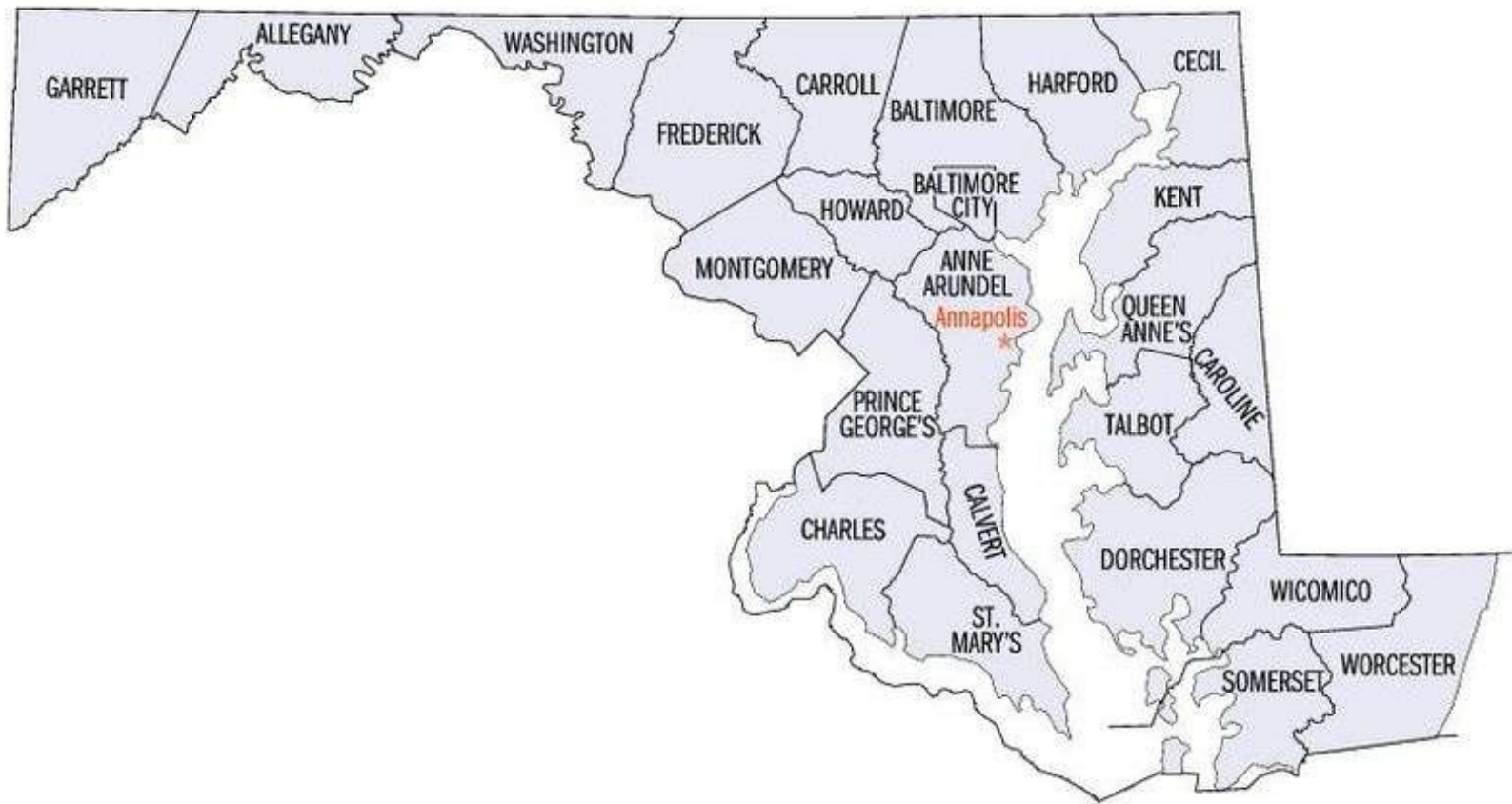
Affiliates that prefer to focus on programs and outreach but do not have staff to run their daily operations can become a “Model B” affiliate. All Model B affiliates are integrated into the NAMI Maryland structure, so their finances and governance are the responsibility of the state organization. **This allows volunteer leaders to focus on what they love most: helping those affected by mental illness.** Model B affiliates in Maryland are: NAMI Carroll County, NAMI Frederick County, NAMI Harford County, NAMI Kent & Queen Anne’s County, NAMI Lower Shore (Wicomico, Somerset, and Worcester Counties), and NAMI Southern Maryland (Charles, St. Mary’s, and Calvert Counties).

Though there is no current active NAMI affiliate, NAMI Maryland is building capacity and hosting supportive programming in Cecil County, Mid Shore (Talbot, Caroline, and Dorchester), and Western Maryland (Washington, Allegany, and Garrett counties).



“This has been very difficult, but I continue to find people like you who allow me to feel like **I am not alone in this fight.** Thank you so very much!”
– NAMI Maryland Helpline Caller

NAMI MARYLAND AND NAMI AFFILIATES



AFFILIATE SUPPORT

With training and support from
NAMI Maryland, local affiliates:

- Offer educational programs
- Hold NAMI peer-support groups
- Attend local outreach events
- Advocate for local and statewide public mental health systems

 **1000+**

NAMI MARYLAND
ANSWERED MORE
THAN 1000 HELPLINE
CALLS IN FY2022

ENGAGING THE COMMUNITY




NAMI Maryland engages in a vigorous and active outreach campaign, targeted not only on supporting our local affiliates, but also reaching specific audiences like faith, veterans, BIPOC (Black, Indigenous, and People of Color) communities, and providers who interact with individuals with mental illness and their families. During FY2022, **NAMI Maryland engaged in more than 72 virtual outreach events**, providing panelists, presentations, and offering resources to thousands of attendees. We also expanded our partnership with organizations like Radio One, the nation's largest urban radio network, co-sponsoring a series of Minority Mental Health Forums with our partners at Sheppard Pratt.

In addition to attending events, NAMI Maryland continued to provide our free education webinars on topics relating to mental illness. We were able to create and offer a series of six webinars targeted to first responders like police, fire departments, and EMS professionals, but also relevant to and attended by a variety of frontline workers and healthcare employees. In total, **NAMI Maryland held more than 57 educational webinars or speaker events in FY2022.**

EDUCATIONAL WEBINAR SERIES

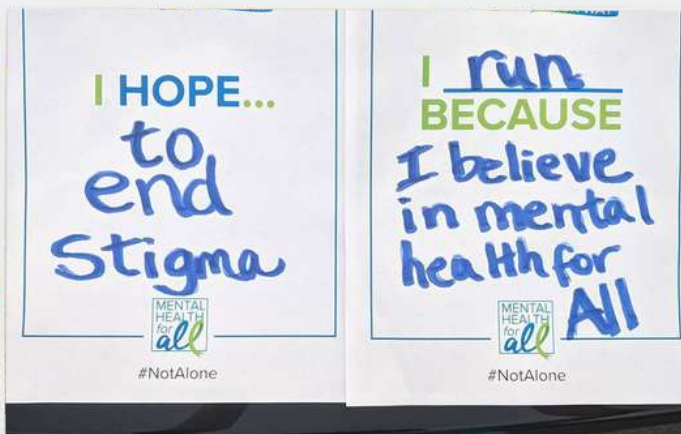
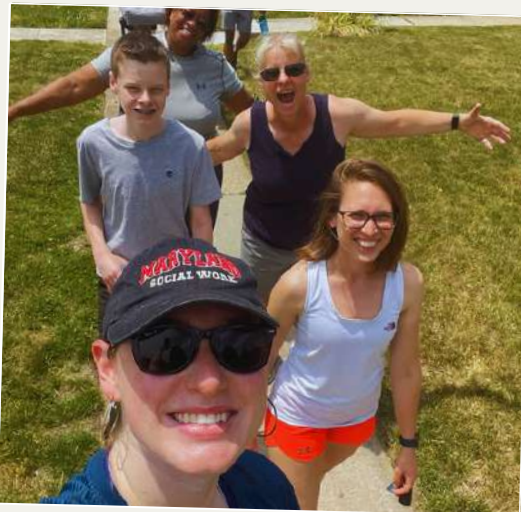
- Movement Disorders
- Self-Care
- Advocacy Issues
- Financial Issues and Planning
- Support for First Responders and Frontline Workers
- Stress Awareness
- Faith and Mental Illness
- Substance Use and Related Disorders
- Loss and Bereavement
- Specific Disorders
- Teens and Adolescents
- Military and Veterans
- Suicide Prevention



All NAMI Maryland Educational Webinars have an accompanying fact sheet that distills the most important information from each presentation. All webinar recordings their associated fact sheets can be found for free on our website at namimd.org/coronavirus_resources 

NAMI Maryland

Build Better Lives





Our outreach activities are varied and vigorous, targeting every part of the state. NAMI Maryland works with a network of nearly **59,000** individuals and organization from every socioeconomic, racial, ethnic, professional, and community audience who share our interest and mission.

SPECIAL PRESENTATIONS

NAMI In Our Own Voice: A presentation about living with mental illness is presented by intensively trained individuals who use their personal experience in a structured workshop for the community, providers, and others living with mental illness.

NAMI Maryland Ambassadors: Graduates of NAMI programs for family members that are trained to deliver scripted workshops like:

- Basics About Mental Illness
- Effective Family Engagement
- Caring for Every Child's Mental Health
- Working with Families in Crisis
- Improving Patient and Family Experience in the Emergency Department

Other Workshops Include:

- **What is Recovery?** A workshop delivered by trained individuals living well with mental illness and family members
- **Raising Mental Health Awareness:** For college campuses
- **Sharing Hope:** For faith communities
- **Ending the Silence:** For K-12 students and school communities
- **Hearing Voices:** A transformative and experimental workshop
- **The Uncertain Journey:** For families of individuals with mental illness
- **Effective Police Response to Mental Illness**

ENGAGING THE COMMUNITY

SPECIAL PROJECTS

In addition to our extensive outreach activities, NAMI Maryland was proud to hold several special projects this year, including:



CovidCONNECT

A project through the Maryland Department of Health where we deliver the CovidCONNECT Webinar Series and facilitate free, peer-led support groups for COVID survivors.

NAMI Frontline Wellness

A program to support frontline healthcare and public safety workers facing the adverse mental health effects of the COVID-19 pandemic.

Mental Health in the Workplace

NAMI Maryland was pleased to update and deliver **Mental Health in the Workplace**, a NAMI Maryland workshop that addresses how to create a stigma free, mental health friendly workplace. We brought this workshop to several organizations, including the Maryland Municipal League, New Wave Telecom and Technologies, Baltimore Gas and Electric, and the Maryland Chamber of Commerce.

Self-Care for Caregivers

A series of small, virtual groups dedicated to providing a system of natural support for families that helped them learn self-care and resiliency skills.

Effective Family Engagement

A special training for clinical and professional staff who interact with children, parents, and families affected by mental health conditions.

5,317

INDIVIDUALS
REGISTERED FOR A
NAMI MARYLAND
EDUCATIONAL
WEBINAR IN FY2022





2021 NAMIWALKS YOUR WAY

The 2021 NAMIWalks Your Way Maryland campaign was a resounding success! NAMIWalks is the nation's largest, most successful mental health awareness and fundraising campaign, dedicated to increasing awareness of mental health by reaching millions of people through personal networks and serving as a positive platform for discussion around eliminating stigma, openly talking about mental health conditions, and helping to improve lives. All funds raised through NAMIWalks support our mission of recovery-focused support, education, and advocacy for individuals and families affected by mental health condition.

Our 2021 campaign brought together thousands of advocates and walkers across the state to virtually stand together in support of Mental Health for All. Thanks to strong partnerships like Baltimore Gas & Electric and our supporters across the state, the 2021 NAMIWalks Your Way Maryland campaign raised an astounding **\$291,481 – the most the NAMIWalks campaign in Maryland has ever raised!** Thank you to everyone who took part and helped us raise awareness for mental health. We couldn't have reached this incredible milestone without you!

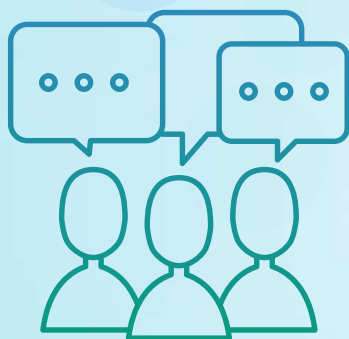
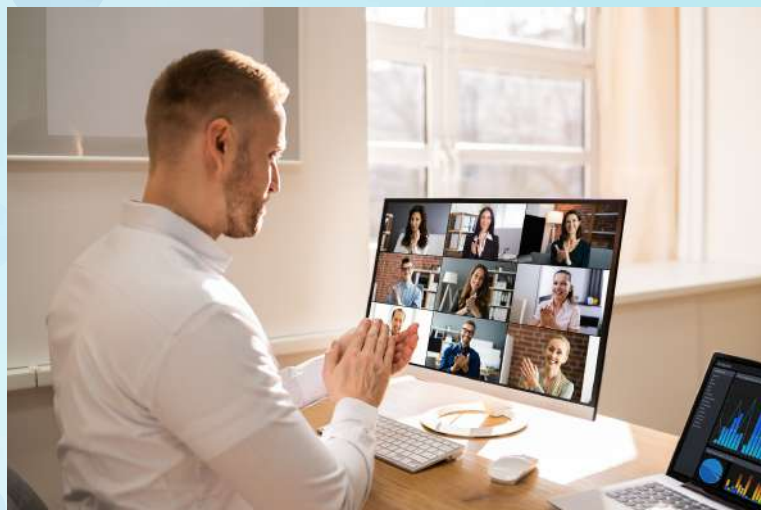
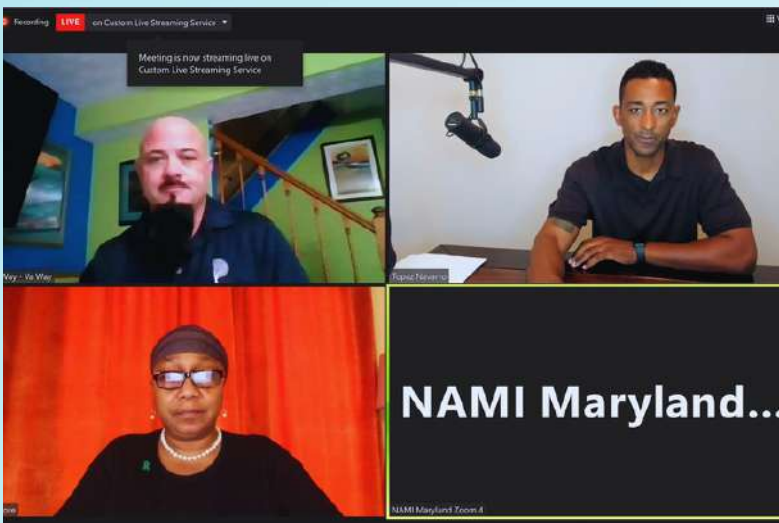


"This was our organization's first time participating and it was a great experience. **I am so glad NAMI is raising awareness of mental health issues!**" –

2021 NAMIWalks
Participant



ENGAGING THE COMMUNITY



2021 ANNUAL CONFERENCE

More than 250 attendees tuned in online for NAMI Maryland's second ever virtual Annual Conference, held October 15th and 16th, 2021. We were thrilled to bring **back our fully robust, 2-day conference and used a new virtual platform that allowed us to hold up to 5 concurrent workshops for the conference.** We were able to offer more than 30 workshops to our attendees, including:

- #DoTheImpossible: Resilience
- The Relationship Between Adverse Childhood Experiences (ACEs) and Adult Quality of Life Outcomes: How Maryland is Working to Address ACEs
- The Future of Behavioral Health Crisis Services in Maryland
- Identity-Based Trauma and How it Impacts Marginalized Communities
- College Success for Students with Mental Illness
- Strengthening Relationships

“This was a great conference! Thank you NAMI Maryland and committee for putting it all together! **You have done so much work this past year creating all these new programs and initiatives!!** I hope many of the slides and videos recordings are released to be rewatched because a lot of this information was A++” – 2021 Conference Attendee

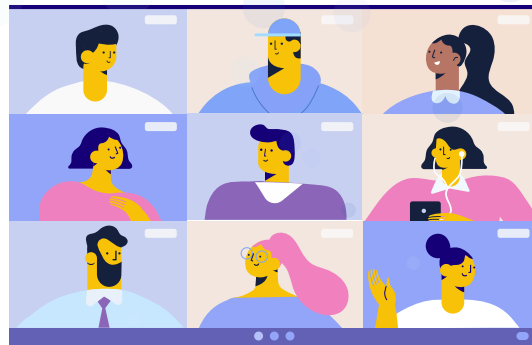
NAMI PROGRAMS

NAMI provides effective trainings for individuals and families to deliver free peer education, support, advocacy, and outreach. NAMI accepts peer-to-peer programming as a best practice model, where families and individuals with mental illness are the experts and that the power of their lived experience is powerful.



404

Individuals attended a
NAMI Peer-led Class



5,602

Individuals attended a
virtual NAMI Peer-Led
Support Group

NAMI MARYLAND SUPPORTS OUR AFFILIATES

NAMI Maryland provides the trainings for family members and individuals living well with mental illness to become effective NAMI support group facilitators, NAMI education course teacher, and NAMI advocacy and outreach speakers. After being trained by NAMI Maryland, these individuals deliver NAMI programs in their local communities at the affiliate level or directly through NAMI Maryland. We utilize the train-the-trainer model, recruiting individuals with lived experience to pass on their knowledge and expertise to individuals and family members who truly need it.



NAMI Maryland supports our local affiliates and volunteers in delivering signature programs across the state. We assist our affiliates with program planning, recruitment, community outreach, and problem-solving when needed. NAMI Maryland also coordinates statewide outreach and offers programs in underserved parts of the state where no NAMI affiliate currently exists.

NAMI PROGRAMS



"I have to say, I have so much HOPE today and I have the group to thank for that."

NAMI Support Group Attendee

Public policy impacts people with mental illness and their loved ones in many ways – from health care to housing to criminalization. NAMI Maryland advocates for high quality, comprehensive mental health treatment, increased access to crisis services, prevention, and recovery services.

The priorities listed below, along with the NAMI and NAMI Maryland Policy Platform, guide our advocacy activities all year long. Though Advocacy Day may be more visible, NAMI Maryland engages with legislators year-round and we participate in more than 85 different taskforces, partnerships, and committees.

NAMI Maryland meets to discuss policy and programmatic objectives with legislators, decision makers, and leader in the Maryland Department of Health, the Maryland Behavioral Health Administration, the Maryland Department of Human resources, the Maryland Department of Disabilities, the Maryland Insurance Administration, and the Maryland Department of Public Safety and Correctional Services.

Early Intervention

50% of all mental illness begins by age 14, and 75% by age 24. We will work to ensure greater awareness and interventions to prevent mental health conditions in our youth.

Access to Treatment

252,000 adults in Maryland did not receive needed mental health care in the last year. NAMI Maryland will work to ensure mental health professionals are accessible and widespread throughout our state.

Reducing Racial and Health Disparities

Individuals with mental illness experience disparities in access to effective physical health treatment. They die 10-15 years earlier than the general population from physical health conditions. Individuals in underserved communities, including minority, low income, and rural, are often left without needed care, leading to worse health outcomes. NAMI Maryland fights against discriminatory policies and advocates for improved access to effective treatment and community supports that help people focus on their health.

Strengthening our Crisis Response

Police response is not the solution for those in a mental health crisis. With your help, we will work to ensure that individuals in crisis receive help, not handcuffs, and that we divert justice involved individuals to a health care setting.

A HYBRID LEGISLATIVE SESSION

20

Bills passed

2,500+

contacts to legislators were generated in support for 9-8-8, HB 129/SB 12, and the Consumer Health Action Program

Three major priorities were discussed with

83

legislators and staff

Maryland's 90-day legislative session began with a lot of uncertainty due to the continuation of the Covid-19 pandemic. Our presiding officers, Senate President Bill Ferguson and House Speaker Adrienne Jones worked all interim on health and safety protocols, incredible technology upgrades and some significant tweaks to the legislative process. This session saw historic changes and a divergent approach – the session started virtually and eventually the Senate of Maryland moved to in-person meetings and bill hearings. For the House of Delegates, members of the public were required to zoom in to testify in bill hearings, attend work sessions, and meet with legislators for all 90 days.

With 3,114 bills introduced over the course of the session, it was a busy final year before election season. Governor Larry Hogan is term limited and cannot run again, but tough primary fights are shaping up for both the Democratic and Republican contenders. The Maryland General Assembly is up for election too, and between retirements and redistricting, we anticipate some significant turnover in both chambers.

SB 12 (Sen. Augustine)/HB 129 (Del. Charkoudian) Behavioral Health Crisis Response Services and Public Safety Answering Points. This bill does two important things:

1. Requires that local government mobile crisis teams that **minimize the role of law enforcement in crisis interactions** and response, strengthening the existing Behavioral Health Crisis Response Grant Program to ensure Maryland is investing in programs and services that address mental health emergencies FIRST.
2. This legislation helps **pave the way toward 988 implementation** (which started in July 2022) by requiring public safety answering points (the call center where emergency 911 calls are routed) by asking the PSAPs to create a written protocol for mental health crisis calls that come in. The protocol is required to include the resources that are available for dispatch (CIT/mobile crisis units/other mental health and/or law enforcement resources).

HB 293 (Del. Lewis Young)/SB 241 (Sen. Augustine) – Behavioral Health Crisis Response Services 9-8-8 Trust Fund

HB 293 **designates 988 to be the phone number for Maryland's suicide prevention and behavioral health crisis hotline** and establishes a sustainable funding source to support existing behavioral health crisis call centers in Maryland.

This legislation was supported by a broad coalition of stakeholders. It passed and received supporting appropriations of \$10 million to help launch the program. Sustainable funding will be the next hurdle to ensuring the success of 9-8-8 in future years.

SB 460 (Sen. Augustine)/ HB 517 (Del. R. Lewis) The Consumer Health Access Program

The Consumer Health Access Program **would have been a community-based and equity-focused independent program to help mental health consumers understand their insurance converge**. The program would have helped all consumers, regardless of their insurance type, and will have the capacity to help in a variety of languages.

NAMI Maryland led the effort to secure an appropriation of \$1 million to support the program. The Lt. Governor and Governor Hogan provided \$250,000 following our initial request. The bill passed the Senate and was killed by the insurance industry opposition in the House in the last few days of session.

OUR VISION

NAMI Maryland envisions a world where all people affected by mental illness live healthy, fulfilling lives supported by a community that cares.

OUR MISSION

The mission of NAMI Maryland is to **improve the quality of life for individuals living with mental illness and their families**. We are dedicated to providing education, support and advocacy for individuals with mental health conditions, their families and the wider community.

OUR VALUES

- **Hope:** We believe in the possibility of recovery, wellness and the potential in all of us.
- **Inclusion:** We embrace diverse backgrounds, cultures and perspectives.
- **Empowerment:** We promote confidence, self-efficacy and service to our mission.
- **Compassion:** We practice respect, kindness and empathy.
- **Fairness:** We fight for equity and justice.

In late 2020, NAMI Maryland began development of our latest Strategic Plan, finding ways to positively impact the lives of people with mental illness and their families. This new plan is a bridge between our rich history and future opportunities, building on the progress we have achieved over the last four decades and focusing that momentum on intentional goals to accelerate the mental health movement and maximize our impact across the state.

2022-2025 STRATEGIC PLAN

External Stakeholder Perspective

GOAL: Advocate for comprehensive, equitable policies, mental health services and support

OBJECTIVES

1.1: Increase capacity to conduct grassroots advocacy and policy activities statewide.

1.2: Engage and partner with underserved and minority communities in advocacy and policy activities statewide.

GOAL: Extend, expand and enhance NAMI's impact

OBJECTIVES

2.1: Support the planning and operational needs of current and emerging affiliates.

2.2: Increase strategic partnerships in targeted and diverse sectors.

Operational Perspective (People & Financial)

GOAL: Strengthen organizational capacity

OBJECTIVES

3.1: Increase the number and capability of staff, volunteers, and board members that are representative of NAMI Maryland's primary and secondary stakeholders.

3.2: Increase revenue sources and streams.

Programmatic Perspective

GOAL: Grow programs and expand outreach statewide

OBJECTIVES

4.1: Grow new and existing outreach projects that effectively reach diverse stakeholders and underserved communities.

4.2: Increase and enhance onsite and virtual programs.

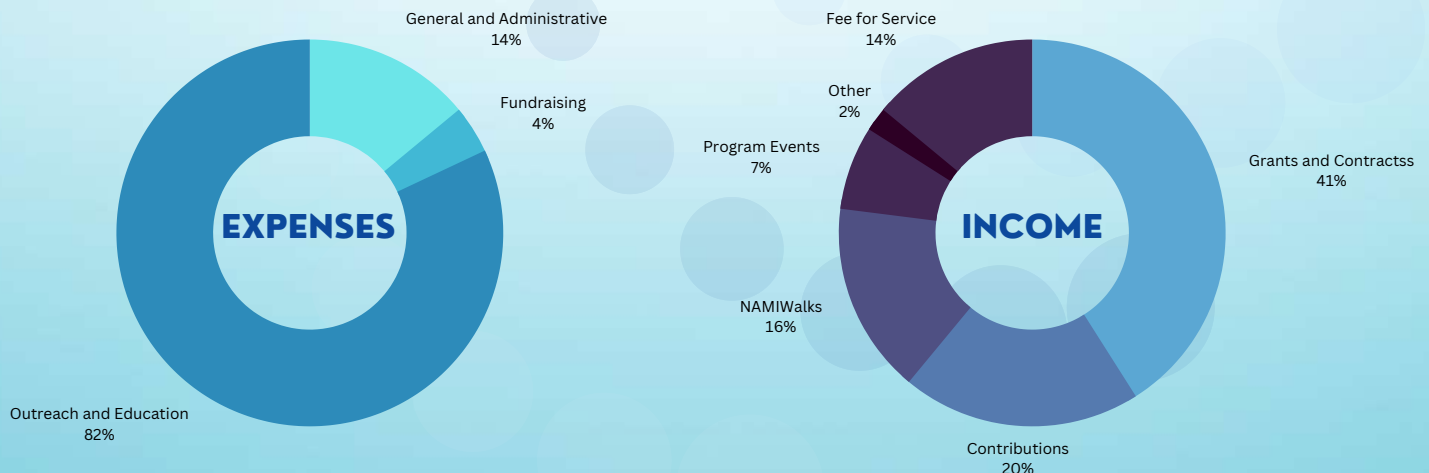
4.3: Sustain and increase programs and outreach led by peers who are representative of the communities being served.

This Plan was constructed from many stakeholders – field leaders, volunteers, staff, funders, and NAMI National leadership- to capture the great work and impact NAMI Maryland has and factor in views about ongoing and future work. Thousands of people affiliated with NAMI Maryland gave us thoughtful and meaningful ideas about who we are, what we do, and how we can have a greater impact. We hope you will continue to join us and support our organization as we move forward to continue to provide support, education, and advocacy to everyone in Maryland who is impacted by a mental health condition.

STATEMENT OF ACTIVITIES (UNAUDITED)

FOR THE YEAR ENDED MARCH 31, 2022

	FY2022 Actuals	FY2022 Budget	Dollar Variance CY Actuals to Budget
REVENUES			
Grants and Contracts	\$ 457,334	\$ 472,700	\$ (15,366)
Contributions	216,733	177,000	39,733
Combined Charity Campaigns	9,638	16,000	(6,362)
Membership Dues	8,122	10,000	(1,878)
NAMIWalks, net of expenses	175,960	130,000	45,960
Fees for Service	159,276	12,000	147,276
Program Events and Development	76,065	75,000	1,065
Community Supporter Program	-	10,000	(10,000)
Investment Income (includes unrealized gains/(losses))	2,868	-	2,868
Miscellaneous Income	119	1,500	(1,381)
Total Revenues	1,106,115	904,200	201,915
EXPENSES			
Salaries and Benefits	501,954	483,400	18,554
Contracted Services	262,417	383,620	(121,203)
Program Training Expenses	14,136	50,000	(35,864)
Program Events and Development	44,542	47,500	(2,958)
Education Materials	1,964	6,500	(4,536)
Furniture/Equipment and Related Expenses	22,281	21,500	781
Office Supplies and Postage	8,272	6,500	1,772
Travel	734	2,000	(1,266)
Printing (external)	1,328	2,500	(1,172)
Online Software/Services, Dues and Subscriptions	20,506	17,750	2,756
General and Administrative	6,355	9,500	(3,145)
Communications	5,906	7,200	(1,294)
Insurance	5,637	5,100	537
Occupancy (Rent, Utilities, Repairs and Maintenance)	82,545	82,110	435
Depreciations Expense	4,866	-	4,866
Total Expenses	983,444	1,125,180	(141,736)
Net Income/(Loss)	\$ 122,671	\$ (220,980)	\$ 343,651



GRANTS, CONTRACTS, AND MAJOR DONORS

NAMI Maryland's fiscal year 2022 runs from April 1, 2021 to March 31st, 2022. Every effort has been made to include the names of all donors who have given more than \$250 to NAMI Maryland in FY2022. Anonymous donors have been omitted. This list does not include donations to the NAMI Walks Maryland as these donations are split with affiliates. We apologize for any names that have been inadvertently omitted.

THANK YOU TO ALL OUR GENEROUS DONORS FOR HELPING NAMI MARYLAND ACHIEVE ITS MISSION.

The Alliger Family Charitable Fund
The Anne R. Eckfeldt Fund (*InFaith Community Foundation*)
Christopher Arthur
Joe Ashworth
Fanta Aw
Euegnia Barnett
Kristina Black
Melissa Benda
Alvan Beall III
John and Mary Ann Beckley
Behavioral Health Systems Baltimore (*Maryland Behavioral Health Administration funding*)
The Jacob and Hilda Blaustein Foundation
Donald and Janet Boardman
Dana Buchman-Farber
William and Jennifer Burgy (*The Progress Family Foundation*)
Julia Bufano
Carroll County Health Department
Gail Cassidy
Susan Conley
Joanne Connors
The Crane Family Foundation
Judiann Chartier
Community Foundation of Frederick County
The Corinthian Lodge Charitable Foundation
Rick and Debbie Cross
James Crosson
Katrina Davis
Sue Davis
The Demsky Family
Elizabeth Duvall
Denise Evans
Kate Farinholt
Frank Fillmore
Jaap Fox
Ton Gardeniers
Christopher Gasink
Jonathon and Robyn Glass
Alan and Helene Goldberg
Rene and Marilyn Grace
Roselyn Gross
Dr. W. Daniel Hale
Eileen Hastings
Leslie Holt
Charity Hughes (*Through the Bank of America Charitable Foundation*)
Jim and Linda Humphrey
Crystal Hunt
Devin P. Hussey Memorial Fund
Juliette Jenkins
John Kendrick
John Kessler
Linda Koban
The Louis B. II and Josephine L. Kohn Family Foundation
Constantine Lanzi
Joseph and Patricia Lanzi

Lavender Family Fund
Jonathan Lowenthal
Judith Leiman
Judy Leyshon
Rachel Licata
Nicole Luecke
Stephanie Lyon
Maryland Behavioral Health Administration
Maryland Center of Excellence on Problem Gambling
Motorola Solutions Foundation
National Alliance on Mental Illness, National Office
National Alliance on Mental Illness, NAMI Prince George's County
Robert and Kathy Nicodemus
Paul Pak
Alexandria Panehal
Linda Pardoe
Delphine Peck
The People's Commission to Decriminalize Maryland
Mike Perez
The Presbyterian Church of Chestertown
The Qlarant Foundation
Jackie Ratliff
Ravens Roost #73
Donald Reed
Kasey Robinson
Norma Ruiz
Dr. Brad Sachs
Mark Sachs
Scott Sanders
Pamela Scott-Johnson
Brian and Dian Searles
Gary Serrao
Dr. Steven Sharfstein
Rochelle Sherman
Don and Tina Slater
Markus Strauss
Lainie Surette
T. Rowe Price Foundation
The Taylor Family Foundation
Stuart TenHoor
Garth Thompson
Henry and Ann Trentman
Jessica Tyson
Dr. Stuart Varon
Marlene Vosburg
Sara Wagschal
Robert Waldron
Joseph Weidner
Richard and Debbie Werner
Harry and Jeanette Weinberg Foundation
Lisa Wiegmann
The William Perper Foundation
Cynthia Williams
William Wrench
Gertie Wilson

4186: The United Way of Central Maryland
80114: CFC of the Chesapeake Bay Area and
National Capital Area
521295484: Maryland Charity Campaign
Contact us for more information!

A gift of appreciated stock, bonds, or mutual funds can be a tax-efficient way to support NAMI Maryland! Gifts of stock can even provide a greater tax benefit to you than gifts of cash. These gifts can save you taxes in two ways: you receive a charitable deduction and you avoid the capital gains tax on the gift.

If your securities have depreciated, you can sell them and give the proceeds to NAMI Maryland. This may allow you to claim the loss when you file your taxes next April and take the charitable deduction for the amount of your gift.

For transfer directly to our Broker:

Bank/Brokerage Firm Name: T. Rowe Price

DTC Number: 0443

For Credit to Account #: 30Q90137-0

For Credit to Account of: NAMI Maryland, Inc.

Address: 10632 Little Patuxent Parkway, Suite 454
Columbia, MD 21044

Tax ID #: 52-1295484

NAMI Maryland Community Partners:



Stuart R. Varon,
M.D., LLC

BOARD OF DIRECTORS

Joe Ashworth, President
Denise Evans, 1st Vice President
Stuart TenHoor, 2nd Vice President
Ton Gardeniers, Treasurer
Gertrude Wilson, Secretary

Adeola Adebamowo
Charita Cole Brown
Frank Fillmore
Gia Greer-McGinnis
Shareese Strong
Sarah Weissmann

Marcus Alston
LaTanya Eggleston
Rebecca German
Mike Perez
Linda Weinberg

This list consists of all members who served on the Board of Directors during this period.

MEET OUR STAFF

Kate Farinholt, J.D., *Executive Director*
Jon Weiss, C.P.A., *Finance and Accounting*
Natalia Cardenas, C.P.A., *Finance and Accounting*
Alexis Brown, M.S., *Deputy Director*
Brian Trees, M.S., M.B.A., *Chief Operations Officer*
Deneice Valentine, B.S., *Programs and Special Projects Director*
Danielle Fletcher, B.A., *Communications and Outreach Coordinator*
Marquis Fourth, B.S., *Community and Outreach Events Coordinator*
Mattie Evans, A.A., *Administrative Coordinator*
Rebecca Assefa, B.S., *Administrative Assistant*
Deborah Handy, A.A., *Programs and Training Coordinator*
Summer Valentine, M.S., M(ASCP)CM, CPRS, RPS, *Program Support*
Sarah Crimmins, B.A., *Programs Associate*
Camille Jarin, B.S., *Outreach Associate*
Jeff Pollard, M.S., *Advocacy and Special Projects Support*
Nhi Nguyen, B.S., *Helpine Coordinator*

THANK YOU TO OUR FY2022 INTERNS

Kaitlyn Black, Samuel Blumenthal, Sarah Buschling, Alan Kristall,
Amber Lu, Hannah Menasria, Brianna Smith, Erin Topaltzas

BOARD AND STAFF

NAMI Maryland's 2022 Fiscal Year ran from
April 1st, 2021 to March 31st, 2022

TOGETHER for Mental Health

NAMI AFFILIATES IN MARYLAND

NAMI Anne Arundel County

NAMI Carroll County

NAMI Frederick County

NAMI Harford County

NAMI Howard County

NAMI Kent & Queen Anne's County

NAMI Lower Shore
(Wicomico, Somerset, & Dorchester Counties)

NAMI Metropolitan Baltimore

NAMI Montgomery County

NAMI Prince George's County

NAMI Southern Maryland
(Charles, Calvert, & St. Mary's Counties)



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