

ANNUAL REPORT

FY2023



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FISCAL YEAR 2023

The mission of NAMI Maryland is to improve the quality of life for individuals and their families coping with mental illness. We are dedicated to providing education, support, and advocacy for persons with mental illnesses, their families, and the wider community.

It is our core principle that empowering family members and individuals is a critical factor in recovery, and a potent force in providing community education and bringing about systematic change. NAMI Maryland is a unifying voice and a skilled provider of knowledge and skills at the grassroots level. We promise to work to build better lives.

NAMI Maryland's 2023 Fiscal Year ran from
April 1st, 2022 to March 31st, 2023

DEAR NAMI MEMBERS,

As the world has slowly come back into the light after the COVID-19 pandemic, we have started to scratch the surface of the issues plaguing our community. Though mental health is at the front of the global conversation, access to timely and effective care, culturally competent services, and a rising youth mental health crisis has meant there is still much to do. During COVID, NAMI Maryland was a leader in ensuring free support and resources were made available, and since then, the scale of NAMI Maryland - and its impact - has been huge and is growing rapidly. This is most evident if we take a look at NAMI's three pillars: education, support, and advocacy.

Education-wise, NAMI Maryland has grown as a leader in providing the best evidence-based education and resources possible. Throughout FY2023, NAMI Maryland hosted an impressive 56 webinars and trainings - completely free-of-charge - that attracted more than 2,500 registrants. Additionally, NAMI Maryland's Annual Conference continued to grow in its virtual space, reaching not only national but international audiences and hosting content experts from across the country to deliver groundbreaking research and information to attendees.

In terms of support, NAMI Maryland revamped and re-launched their Self-Care for Caregivers series, dedicated to providing a system of support for families that helped them learn additional self-care skills. They also succeeded in creating and providing signature NAMI Programming to rural areas, by hosting statewide, virtual classes.

NAMI advocates also shined this past year. In FY2023, NAMI Maryland worked with their partners at Compass Government Relations to launch a Take Action webpage, allowing advocates to send passionate messages based on adapted samples to their representatives on critical policy decisions. We've also increased our influence in the state government: legislators not only know our issues, but are partners and supporters in improving our mental health system.

Our visibility as a trusted and reliable resource on mental illness has increased to a network of nearly 59,000 families, individuals, community-based organizations, and service providers. We have advanced as a trusted partner on more than 85 state task forces, coalitions, and other consensus-building opportunities that ensure we are able to positively influence policy decisions and improve the systems that affect our stakeholders.

Though our impact is significant, mental health services and the work NAMI does in the community is severely underfunded. As NAMI Maryland works with our affiliates and partners to meet the rising need for our services, we will continue to innovate and find creative ways to accomplish our goal of Mental Health for All. It is only thanks to the dedication and support from people like you that we are able to continue the incredibly vital work we do.

We sincerely thank you, all our affiliates, and our volunteers for your efforts to improve the lives of Marylanders affected by mental health conditions.

Be well,



Denise Evans

President of the Board, May 2023



"Thanks to this course, I now have the **courage** and **comfort** to be an advisor and advocate for my loved one."

- NAMI Family-to-Family Graduate

NAMI MARYLAND and NAMI AFFILIATES

NAMI, the National Alliance on Mental Illness, is a national movement. It is made up of a national headquarters, state organizations, and local affiliates that work together to build better lives for the millions of Americans affected by a mental illness. There are two types of NAMI affiliates in Maryland: Model A and Model B.

Model A

Our “Model A” affiliates are legally and financially independent, incorporated organizations that are committed to NAMI National’s Standards of Excellence. **Most of our Model A affiliates operate at a high capacity with paid staff and active boards.**

Our Model A affiliates are:

- NAMI Anne Arundel County
- NAMI Howard County
- NAMI Metropolitan Baltimore
- NAMI Montgomery County
- NAMI Prince George's County

Model B

Affiliates that prefer to focus on programs and outreach but do not have staff to run their daily operations can become a “Model B” affiliate. All Model B affiliates are integrated into the NAMI Maryland structure, so their finances and governance are the responsibility of the state organization. **This allows volunteer leaders to focus on what they love most: helping those affected by mental illness.**

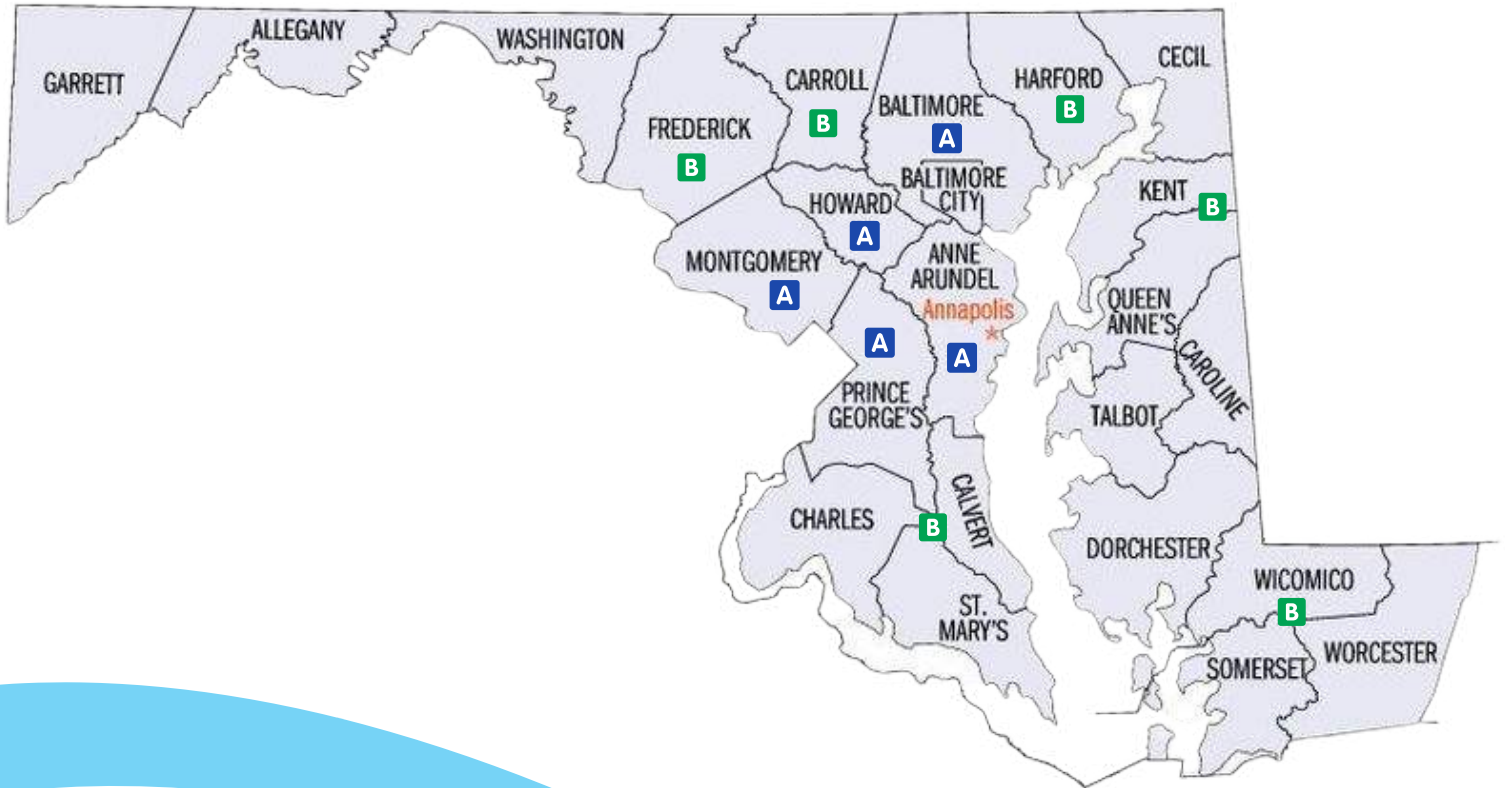
Our Model B affiliates are:

- NAMI Carroll County
- NAMI Frederick County
- NAMI Harford County
- NAMI Kent & Queen Anne's County
- NAMI Lower Shore (Wicomico, Somerset, and Worcester Counties)
- NAMI Southern Maryland (Charles, St. Mary's, and Calvert Counties)



Though there is no current active NAMI affiliate, NAMI Maryland is building capacity and hosting supportive programming in Cecil County, Mid Shore (Talbot, Caroline, and Dorchester), and Western Maryland (Washington, Allegany, and Garrett counties).

NAMI MARYLAND and NAMI AFFILIATES



With training and support from NAMI Maryland, local affiliates:

- Offer educational programs
- Hold NAMI peer-led support groups
- Attend local outreach events
- Advocate for local and statewide public mental health systems



NAMI MARYLAND and NAMI AFFILIATES

NAMI Maryland is a leader, and is now considered a **model affiliate** that is called upon by our NAMI National organization for an array of different opportunities including highlighting program leader stories, affiliate engagement, policy and advocacy efforts, and more.



"This year, **we completely remade our Helpline Training**, creating new toolkits and resource materials to meet the rising need of our community and the drastic increase in calls that have been made to our NAMI Maryland office. This new training not only makes our staff and volunteers more comfortable when addressing the needs of the individuals who call us, but it also **ensures that individuals who are in desperate need of services and support get the care and attention they need.**"

- **NHI NGUYEN,**
HELPLINE COORDINATOR

NAMI PROGRAMS

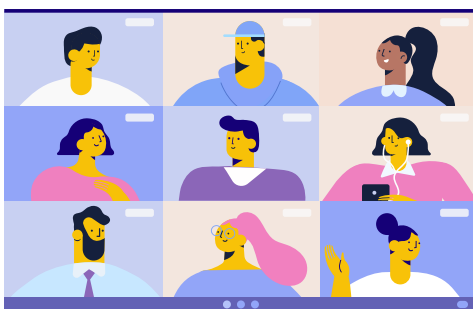
NAMI provides intensive trainings for individuals and their loved ones to deliver free peer education, support, advocacy, and outreach. NAMI accepts peer-to-peer programming as a best practice model and considers those with lived experience as the experts when it comes to their mental health needs.

3,639

Individuals attended a virtual NAMI Peer-Led Support Group

304

Individuals attended a NAMI Peer-led Class



123

New Peer-Led Program Leaders Trained

NAMI MARYLAND SUPPORTS OUR AFFILIATES

NAMI Maryland provides the trainings for family members and individuals living well with mental illness to become effective support group facilitators, education course teachers, and advocacy and outreach speakers. After being trained by NAMI Maryland, these individuals deliver signature NAMI programs in their local communities at the affiliate level or directly through NAMI Maryland. We utilize the train-the-trainer model, recruiting individuals with lived experience to pass on their knowledge and expertise to individuals and family members who truly need it.

NAMI Maryland supports our local affiliates and volunteers in delivering signature programs across the state. We assist our affiliates with program planning, recruitment, community outreach, and problem-solving when needed. NAMI Maryland coordinates statewide outreach and offers virtual programs for under-served areas of the state.



NAMI PROGRAMS

Though mental health and mental illness continue to be at the front of the global conversation, access to needed support remains a challenge for Marylanders. In a concerted effort to bring NAMI programming to the 1.1 million Marylanders who live in rural areas, **NAMI Maryland began to host statewide, virtual classes in FY2023.**

These classes were held over Zoom and were offered to individuals in NAMI Affiliate Model B areas: NAMI Carroll County, NAMI Frederick County, NAMI Harford County, NAMI Kent & Queen Anne's County, NAMI Lower Shore (Wicomico, Somerset, and Worcester Counties), and NAMI Southern Maryland (Charles, St. Mary's, and Calvert Counties). They were also offered in counties where there is no NAMI affiliate, which include: Garrett County, Allegany County, Washington County, Cecil County, Talbot County, Caroline County, and Dorchester County.



Not only were these classes incredibly successful, but for many participants, this was their first interaction with any NAMI, not just NAMI Maryland or a local affiliate. Teachers of all four classes commented on the impact the materials had on participants and how relieved participants were to realize there was free support and resources available for them and their loved ones. Participants in these classes were from diverse backgrounds and ethnicities and we were successful in reaching underserved populations from across the state.

"It just 'hit' me what was going on with my family **thanks to this deeply educational course** and the deep care of the two peer teachers."

NAMI FAMILY-TO-FAMILY VIRTUAL ATTENDEE

WE WERE ONLY ABLE TO REACH THESE RURAL AREAS AND DIVERSE COMMUNITIES BECAUSE THE CLASSES WERE VIRTUAL. NAMI MARYLAND PLANS TO CONTINUE HOSTING VIRTUAL PROGRAMS TO MEET THE NEEDS OF OUR COMMUNITY.

ENGAGING the COMMUNITY

NAMI Maryland engages in a vigorous and active outreach campaign, targeted not only on supporting our local affiliates, but also reaching specific audiences like faith, veterans, BIPOC (Black, Indigenous, and People of Color) communities, and providers who interact with individuals with mental illness and their families. During FY2023, NAMI Maryland engaged in more than **41 virtual outreach events, providing panelists and presentations, and offering resources to more than 10,000 attendees.** We also expanded our partnership with organizations like Radio One, the nation's largest urban radio network, and Johns Hopkins Centro Sol, which provides resources and advice to allow any Latinx to have access to healthcare and equal opportunities.

In addition to attending events, NAMI Maryland continued to provide our free education webinars on topics relating to mental illness. Thanks to generous support from Motorola Solutions, we were able to once more offer NAMI Frontline Wellness, a series of webinars targeted to first responders like police, fire department, and EMS professionals with relevant information on building resiliency and self-care. In total, **NAMI Maryland held more than 23 educational webinars attracting nearly 2,500 registrants in FY2023.**



WEBINAR TOPICS INCLUDED:

- Crisis Intervention and Support
- Cultural Impacts on Youth
- Substance Use and Related Disorders
- Stress Management
- The Effects of Trauma on Mental Health
- Faith and Mental Illness
- Support for First Responders and Frontline Workers
- Military and Veterans
- Suicide Prevention

ENGAGING the COMMUNITY



"When we first reached out to NAMI, we knew very little, were not sure about what to do next, and had no idea what resources were available. **We have come such a long way in this journey since then.** Support from NAMI was invaluable throughout and continues to be in this lifelong journey."

NAMI MARYLAND WEBINAR ATTENDEE

ENGAGING the COMMUNITY

Our outreach activities are varied and vigorous, targeting every part of the state. NAMI Maryland works with a network of **nearly 59,000** individuals and organizations from every socioeconomic, racial, ethnic, professional, and community audience who share our interest and mission.

35,600

Email Subscribers

58,990

Contacts and Connections

7,700

Social Media Followers

SPECIAL PRESENTATIONS

NAMI In Our Own Voice: A presentation about living with mental illness is presented by intensively trained individuals who use their personal experience in a structured workshop for the community, providers, and others living with mental illness.

NAMI Maryland Ambassadors:

Graduates of NAMI programs for family members that are trained to deliver scripted workshops like:

- Basics About Mental Illness
- Effective Family Engagement
- Caring for Every Child's Mental Health
- Working with Families in Crisis
- Improving Patient and Family Experiences in the Emergency Department

Other Workshops Include:

- **What is Recovery?** A workshop delivered by trained individuals living well with mental illness and family members
- **Raising Mental Health Awareness:** For college campuses
- **Sharing Hope:** For faith communities
- **Ending the Silence:** For K-12 students and school communities
- **Hearing Voices:** A transformative and experimental workshop
- **The Uncertain Journey:** For families of individuals with mental illness
- **Effective Police Response to Mental Illness**

SPECIAL PROJECTS

In addition to our extensive outreach activities, NAMI Maryland was proud to hold special projects this year, including:



CovidCONNECT

A project through the Maryland Department of Health where we deliver the CovidCONNECT Webinar Series and facilitate free, peer-led support groups for COVID survivors.



NAMI Frontline Wellness

A program to support frontline healthcare and public safety workers facing the adverse mental health effects of the COVID-19 pandemic.



Mental Health in the Workplace

NAMI Maryland was pleased to update and deliver Mental Health in the Workplace, a NAMI Maryland workshop that addresses how to create a stigma free, mental health friendly workplace.



Self-Care for Caregivers

A series of small, virtual groups dedicated to providing a system of natural support for families that helped them learn self-care and resiliency skills.

2,488

Individuals registered for a NAMI Maryland
Educational Webinar in FY2022

CELEBRATING 20 YEARS OF NAMIWALKS MARYLAND

In 2022, NAMI Maryland was thrilled to celebrate its 20th Anniversary with NAMIWalks! Over the past 20 years, NAMIWalks has grown exponentially, and your involvement - whether it's donating, fundraising, and/or sharing your story with others - has helped break down the walls of stigma and build community so no one has to face a mental health condition alone.

NAMIWalks is the nation's largest, most successful mental health awareness and fundraising campaign, dedicated to increasing awareness of mental health by reaching millions of people through personal networks and serving as a positive platform for discussion around eliminating stigma, openly talking about mental health conditions, and helping to improve lives.



All funds raised through NAMIWalks support our mission of recovery-focused support, education, and advocacy for individuals and families affected by mental health condition.

\$237,578.56

Dollars Raised

761

Participants



Our 2022 campaign brought together thousands of advocates and walkers across the state to virtually stand together in support of Mental Health for All. In order to ensure everyone's safety, rather than hosting one large in-person event, **NAMI Walks Your Way Maryland** hosted smaller, **safer local pop-up events**, allowing local NAMI affiliates to have in-person gatherings supported by NAMI Maryland.

2022 ANNUAL CONFERENCE



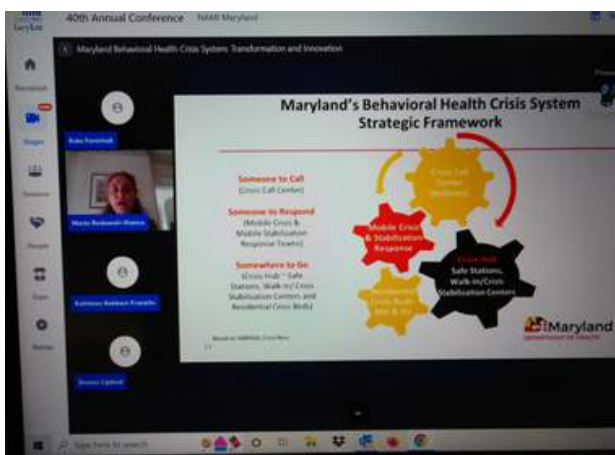
Nearly 300 attendees tuned in online for NAMI Maryland's third ever virtual Annual Conference, held October 14th and 15th, 2022. We were thrilled to streamline our 2-day conference format and used a new conference platform that allowed us to hold **40 workshops, 5 plenary presentations, and facilitate speed-date style networking for the conference.** The virtual aspect of this conference allowed us to reach national and international audiences and host nationally recognized content experts like Dr. John Palmieri from SAMHSA; Dr. Lisa Burgess, Acting Deputy Secretary of Behavioral Health for Maryland; and Dr. Ken Duckworth from NAMI.

PRESENTATIONS INCLUDED:

- Building a Mental Health Network of Support: Informed Services for Uninsured Latinos
- Working with Families in Crisis
- Mental Health Crisis Management and De-Escalation Techniques
- Culture, Context, and Early Psychosis Identification and Intervention for Underserved Youth and Families
- Introduction to LGBTQIA+ Mental Health Disparities, and the Need to Provide Culturally and Affirming Care
- The Congregational Depression Awareness Program

"Best conference with the most practical info I have ever received. It had the most down-to-earth and approachable presenters I have had in any conference. **I got more practical information than I ever had at any class, conference, or symposium.** Wow, how honored I am to have taken part in such a valuable experience."

**40TH ANNUAL
CONFERENCE ATTENDEE**



POLICY and ADVOCACY

The after effects of COVID have created issues for individuals and policy makers alike. Hundreds of thousands across the nation experienced many hardships including death of loved ones, employment issues, housing instability, and disruptions in somatic and behavioral health treatment. Although the Pandemic exacerbated many health systems, one of the silver linings from the public COVID-19 response is the groundswell of support for evaluating and improving upon Maryland's Public Behavioral Health System.

Formed from the NAMI National and NAMI Maryland Policy Platforms, NAMI Maryland maintained its Public Policy Priorities from 2022 to guide its advocacy. Though NAMI's annual Annapolis Advocacy Day may be more visible, **NAMI Maryland engages with legislators and participates in more than 80 different taskforces, partnerships, and policy committees throughout the year.**

We meet to discuss policy and programmatic objectives with legislators, decision makers, and leaders in the Maryland Department of Health, the Maryland Behavioral Health Administration, the Maryland Department of Human Resources, the Maryland Department of Disabilities, the Maryland Insurance Administration, and the Maryland Department of Public Safety and Correctional Services.

Early Intervention

By age 24, 75% of all mental illnesses are diagnosed or present. Early intervention can get people on the path to recovery, but there are typically long delays before starting treatment. Accelerating research and making mental health care more accessible are key strategies to ensuring early intervention.



Improve Care

Marylanders are 10 times more likely to be forced out-of-network for mental health care than for primary care. Getting the best possible care includes expanding access to health insurance, requiring parity coverage of mental health care, and ensuring that the right services are available at the right time.

Address Racial Health Disparities

Health inequities based on race, ethnicity, disability, and place of residence persist throughout the state. In underserved areas, people with chronic conditions have worse health outcomes and are less likely to get the treatment they need. The effects of COVID have further exposed these health inequities and highlighted the need to address them and otherwise improve health outcomes in our state.



Divert from Justice Involvement

In Maryland, 2 in 5 adults in jail or prison have a history of mental illness. NAMI fights for policies to get people help, not handcuffs. This includes expanding access to crisis services, promoting best practices in de-escalation, and diversion of people experiencing psychiatric crises to treatment.

CHANGE FOR MARYLAND: NEW FACES, NEW LEADERSHIP, and NEW FOCUS

January 2023 brought the beginning of the 90-day Legislative session, the inauguration of Governor Wes Moore, new state agency leadership, 50 new legislators to the Maryland General Assembly, and new leadership within the General Assembly. Governor Moore and the General Assembly prioritized improving upon Maryland's public health & behavioral health system through state budget allocations and the introduction of over 100 legislative proposals relating to behavioral health.

NAMI Maryland and its policy leaders facilitated weekly NAMI Local Affiliate Advocacy meetings where we updated local NAMI leaders on the status of priority legislation. Additionally, we hosted our Annual Virtual Advocacy Day, where over 150 NAMI volunteers met with over 80 legislators. During those meetings, NAMI members shared their personal experience and made genuine connections with State legislators-- many of whom, we've learned, have their own stories to share, too.

NAMI Maryland bolstered grassroots advocacy efforts through a new Action Alert system targeting some of our priority bills. **The result: roughly 3,000 individual messages were sent to Maryland General Assembly Members** urging support of critical legislation that would impact mental health in the state. **More than 680 NAMI affiliated advocates took action** to contact their legislators and a majority of the proposals referenced in those alerts were adopted by the Maryland Legislature.

There were many bills that passed this session, including The Maryland Senate's Legislative Behavioral Health Package, that were true victories for NAMI Maryland's grassroots members and families. Overall, NAMI tracked more than 100 bills and offered testimony, support, and work group support on more than 30 pieces of legislation.



3

Major priorities
were discussed



Priorities were
discussed with

83

legislators and staff



41

Bills passed



More than

2,500

contacts to legislators

PRIORITY LEGISLATION

988 Funding—SB3/HB271 (PASSED)

SB3 was the first bill to pass out of the Senate this session. SB3/HB271 secures an additional \$7 million in funding for the 988 Trust Fund for the 2025 fiscal year – for a total of \$12 million. Funds may be used for Crisis call centers, Mobile crisis team services, Crisis stabilization centers, and other acute behavioral health care services.



Youth Wrap Around Services - SB255/HB322 (PASSED)

SB255/HB322 requires the Maryland Department of Health to expand access to and provide reimbursement services for certain wraparound, intensive in-home, and case management services. It also requires that beginning in fiscal year 2024, the Behavioral Health Administration fund 100 slots in the mental health case management program for children or youth at risk of out-of-home placement who are not already eligible for program services.

Treatment Plans Revisions - SB8/HB121 (PASSED)

This legislation requires that treatment plans for individuals with mental disorders admitted to a facility include a discharge goal, an estimate of probable length of in-patient stay, faculty review of treatment plan, and family member participation.

Step Therapy/ Fail First Revisions —SB515/HB785 (PASSED)

As amended, this bill establishes a standardized process for providers to request exemptions from Step Therapy or “fail-first” treatment insurance protocols.

AOT—SB480/HB823 (PASSED HOUSE, NOT SENATE)

HB 823 as amended, would have enabled Counties in coordination with their Local Behavioral Health Authorities (LBHAs) and Circuit Courts to establish Assisted Outpatient Treatment (AOT) programs for residents in their jurisdictions. Partial passage of the bill sets the stage for enactment during the 2024 General Assembly Session.



Did you miss NAMI Maryland at the Senate Press Conference held on February 17th, 2023? The President of NAMI Maryland's Board of Directors, Denise Evans, shared from the heart about how important mental health is for Marylanders and the critical work you, as mental health advocates, do for the community.

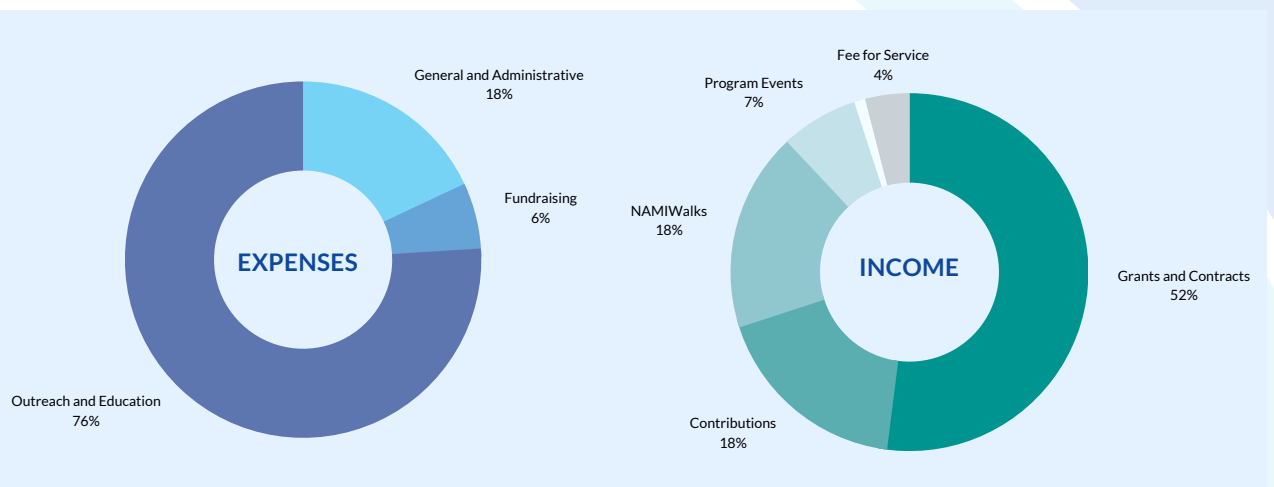
Behavioral Health Treatment and Access Model - SB582/HB1148 (PASSED)

SB582/HB1148 establishes the Commission on Behavioral Health Care Treatment and Access to make recommendations to provide appropriate, accessible, and comprehensive behavioral health services in the State. A representative of NAMI MD is included as a member of this commission.

STATEMENT OF ACTIVITIES (UNAUDITED)

FOR THE YEAR ENDED MARCH 31, 2023

	FY23 Actuals	FY 2023 Budget	Dollar Variance
REVENUES			
Grants & Contracts	\$ 468,160	\$ 477,740	\$ (9,580)
Contributions	163,796	198,000	(34,204)
NAMIWalks, net	158,922	130,000	28,922
Membership Dues	7,144	10,000	(2,856)
Fees for Service	37,800	110,000	(72,200)
Program Events & Development	60,780	80,000	(19,220)
Community Supporter Program	12,500	10,000	2,500
Investment Income (Includes unrealized gains/losses)	(19,102)	-	(19,102)
Miscellaneous Income	341	1,500	(1,160)
Total Revenues	897,097	1,027,240	(130,143)
Expenses			
Salaries and Benefits	618,484	690,927	(72,443)
Contracted Services	294,975	297,236	(2,261)
Program Training	26,388	65,000	(38,612)
Program Events and Development	53,171	49,000	4,171
Education Materials	2,168	5,500	(3,332)
Furniture/Equipment and Related Expenses	21,978	22,500	(522)
Office Supplies and Postage	7,498	6,500	998
Travel	1,847	2,000	(153)
Printing (external)	0	4,500	(4,500)
Online Software/Services, Dues and Subscriptions	25,077	23,000	2,077
General and Administrative	11,284	9,500	1,784
Communications	8,622	10,000	(1,378)
Insurance	6,065	6,000	65
Occupancy (Rent, Utilities, Repairs & Maintenance)	83,050	90,000	(6,950)
Depreciation	8,877	0	8,877
Total Expenses	1,169,483	1,281,663	(112,180)
Net Income (Loss)	\$ (272,386)	\$ (254,423)	\$ (17,963)



GRANTS, CONTRACTS, and MAJOR DONORS

NAMI Maryland's fiscal year 2023 runs from April 1, 2022 to March 31st, 2023. Every effort has been made to include the names of all donors who have given more than \$250 to NAMI Maryland in FY2023. Anonymous donors have been omitted. This list does not include donations to the NAMIWalks Maryland as those donations are split with affiliates. We apologize for any names that have been inadvertently omitted.

THANK YOU TO ALL OUR GENEROUS DONORS FOR HELPING NAMI MARYLAND ACHIEVE ITS MISSION.

The Alliger Family Charitable Fund Monica Anderson Rashida Anderson (Riley) Jill & Andrew Bartley	Med-IQ Paul Melendez Vicki Moyer NAMI National
The Anne R. Eckfeldt Fund (InFaith Community Foundation) John Beckley Donald & Janet Boardman Catherine Brennan Alexis Brown Dana Buchman	NAMI Prince George's County National Council on Alcoholism and Drug Dependence, Maryland Chapter Neurocrine Biosciences Constance Noll Paul Pak
William & Jennifer Burgy (The Progress Family Foundation) Mary Capocy Cameron Carr Joseph Chuisano Blanche Coady	Alexandria (Alexi) Panehal Linda Pardoe Camille Parker Wendy Paul PBMares Delphine Peck Mike Perez Daniel Pine Eric Poole
The Community Foundation of Frederick County Julie Ann Cook Covalent Sports, LLC James Crosson John Curley Sue Davis Libby Dohm Elizabeth Duvall Emma Earnest Sara Eliason Denise Evans	The Presbyterian Church of Chestertown Charles Privitera Donald Reed Kasey Robinson Janet Elizabeth Rohr Dr. Brad Sachs Jane Sanders Timothy Santoni Melanie Shanty Dr. Steven Sharfstein April Singer
Donald & Barbara Fairfield Kate Farinholt Frank Fillmore Andrew & Joanne Finely	Ralph & Betsy Stephens John Stewart & Sharon Stolaroff Nancy Stivers Maria Stone Markus Strauss Lainie & Ralph Surette
The Gail Cooper and Carl Stahle Charitable Fund Antonius (Ton) Gardeniers Gavelli Generational Gift Fund The Geen Family Foundation Geico Philanthropic Foundation Rene & Marilyn Grace Rosalyn Gross Dr. W. Daniel Hale Brian Hepburn Henry Holden Leslie Holt	The Tapestry Foundation Mr. & Mrs. Gavin Taylor Stuart TenHoor Lt. Steven Thomas Garth Thompson Henry & Ann Trentman Karen Triplett Jessica Tyson Dr. Stuart Varon Matthew Wagner Sara Wagschal Robert Waldron Linda Weinberg Weiss Family Trust
Jim & Linda Humphrey Benno & Elayne Hurwitz The J. Werner Legacy Fund Juliette Jenkins Bernard Kansoroom, Jr.	Wells Fargo Community Care Grants Program Doug West Cecil & Margo Woodard William Wrench Young Democrats
The Louis B. & Josephine Kohn Foundation Constantine Lanzi William Lawson	
Legal & General Retirement America Judith Leiman Rachel Licata Diana Liebno Manganiello Family Fund Maryland Department of Health	

WORKPLACE CHARITY NUMBERS

4186: The United Way of Central Maryland

80114: CFC of the Chesapeake Bay Area and
National Capital Area

521295484: Maryland Charity Campaign

DONATIONS OF STOCK

For transfer directly to our Broker:

Bank/Brokerage Firm Name: T. Rowe Price

DTC Number: 0443

For Credit to Account #: 30Q90137-0

For Credit to Account of: NAMI Maryland, Inc.

Address: 10632 Little Patuxent Parkway, Suite 454
Columbia, MD 21044

Tax ID #: 52-1295484

ESTATE PLANNING

Including NAMI Maryland in your will or estate plan is **one of the most impactful ways to support our critical work** to improve the lives of individuals and families coping with a mental health condition.

If you wish to name NAMI Maryland in your will or estate plan, please list us as the following:

NAMI Maryland, Inc.

10632 Little Patuxent Parkway, Suite 454, Columbia, MD 21044

Tax ID: 52-1295484

Date of Incorporation: Feb. 7th, 1983

All unrestricted bequests will be used strategically to support our mission throughout the state.

We thank you for your continued support of our mission.

BOARD OF DIRECTORS

Denise Evans, President
 Ton Gardeniers, 1st Vice President
 Stuart TenHoor, 2nd Vice President
 Frank Fillmore, Treasurer
 Gia Grier-McGinnis, Secretary

Marcus Alston
 Dr. Alexander Chan
 Shareese Strong
 Linda Weinberg

Charita Brown
 LaTanya Eggleston
 Constance Noll
 Lt. Steven Thomas

This list consists of all members who served on the Board of Directors during this period.

MEET OUR STAFF

Kate Farinholt, J.D., Executive Director
 Alyson Reed, M.A., Interim Chief Operations Officer
 Deneice Valentine, B.S., Programs and Special Projects Director
 Gertie Wilson, Special Projects Coordinator
 Danielle Fletcher, B.A., Communications and Outreach Coordinator
 Marquis Fourth, B.S., Community and Outreach Events Coordinator
 Rebecca Assefa, B.S., Administrative Assistant
 Summer Valentine, M.S., M(ASCP)CM, CPRS, RPS, Program Support
 Sarah Crimmins, B.A., Programs Associate
 Camille Jarin, B.S., Outreach Associate
 Jeff Pollard, M.S., Operations Specialist
 Nhi Nguyen, B.S., Helpline Coordinator

This list consists of all current NAMI Maryland staff as of April 1st, 2023.

THANK YOU TO OUR FY2023 INTERNS

Syeda Ali, Aashika Arora, Sebrina Kebede, John Nguyen, Brian Xu

MORE THAN *enough*

Mental Health Awareness Month 2023

NAMI AFFILIATES IN MARYLAND

NAMI Anne Arundel County

NAMI Carroll County

NAMI Frederick County

NAMI Harford County

NAMI Howard County

NAMI Kent & Queen Anne's County

NAMI Lower Shore

(Wicomico, Somerset, & Dorchester Counties)

NAMI Metropolitan Baltimore

NAMI Montgomery County

NAMI Prince George's County

NAMI Southern Maryland

(Charles, Calvert, & St. Mary's Counties)

Thank You to Our
Community Partners:



10632 Little Patuxent Parkway, Suite 454
Columbia, MD 21044
| 410-884-8691 | info@namimd.org | www.namimd.org |



Stuart R. Varon,
M.D., LLC