



nami
National Alliance on Mental Illness

Maryland



FISCAL YEAR 2018 ANNUAL REPORT

April 1, 2017—March 31, 2018

About NAMI Maryland

The National Institute of Mental Health estimates that 18.3% of people in the United States have a mental illness in any year. The World Health Organization estimates that one in five adults are affected by mental illness.

Mental illness is an issue for all Marylanders. Individuals and families must cope with stigma, a confusing and often inadequate service delivery structure, ignorance about local resources, and quite simply, trauma. Mental illness can lead to lost productivity, poverty, homelessness, incarceration and broken family relationships. Mental illness affects the individuals, the family and the community. But with support and education, adequate and accessible services and a caring community, individuals and their families can live full, satisfying lives.

NAMI Maryland meets this challenge directly by conducting extensive outreach, support and education — in-person and through various media; a helpline; grassroots advocacy; and many other activities. We meet this challenge by working with and strengthening local affiliates to help them function effectively to offer education and support programs and advocate at the local level, and by collaborating with, and leveraging, the many networks and organizations with which we could.

The values that inform all NAMI Maryland actions include:

*NAMI Maryland strives to improve
the quality of life for
individuals with mental illnesses
and their families.*

We are the official state organization of NAMI (National Alliance on Mental Illness) in Maryland. We encompass a strong and expanding statewide network of over 47,000 families, individuals, community-based organizations and providers who, in turn, connect us to their own networks and affiliations.

- **Families and individuals with mental illness** are the *experts*. We can use our personal experience to improve systems and to provide community outreach and education.
- **Effective peer-based, recovery-oriented programming and services.** Proven NAMI programs are led by intensively trained family members and individuals with mental illness for their peers.
- **Volunteers and community partners.** We leverage the power and networks of volunteers and community partners to spread NAMI's message of hope and effective advocacy.
- **NAMI values confronting the profound injustices associated with mental illness.** NAMI fights hard against these injustices and organizes itself to be most effective in creating positive change.
- **NAMI also values diversity, inclusion and cultural competence.** Our strength is the rich variety among us. We celebrate both our commonalities and our differences as we pursue our shared goals.

Our core activities include:

- **Internet and Toll-Free Statewide Helpline:** We field many requests for information and support through an internet and phone “warm line”, providing hope and useful information and linkage to support and resources.
- **Peer Education and Support:** We offer effective, FREE peer education and support programs, delivered at the local level directly and in collaboration with local NAMI affiliates.
- **Community Outreach and Education:** We provide effective community education and outreach directly and in collaboration with local affiliates, community partners and networks.
- **Policy & Advocacy for Systems Improvement:** We identify and work on critical issues of importance to our stakeholders, in collaboration with our national organization, local NAMI affiliates and many advocacy partners.
- **Affiliate Development and Assistance:** We provide services and consultation to 11 local affiliates and several emerging NAMI groups across the state, furthering our common mission.
- **Improving Organizational Governance and Operations:** We work toward sustainability and effectiveness.

NAMI Maryland and its affiliates move the NAMI mission forward through
the extraordinary work of volunteers and leaders across the state.
Individual members and community partners leverage their networks to expand our reach!

**More work needs to be done. Join with us to improve the
quality of life for individuals with mental illness and their
families.**

April 1, 2017—March 31, 2018

NAMI Peer Education & Support Programs

NAMI Peer Education and Support Programs are best practice education courses and support groups provided **for and by peer**. NAMI accepts peer support as the best practice model, where families and individuals with mental illness are the experts.

NAMI Maryland provides the trainings for family members and individuals living well with mental illness to become support group facilitators, signature program teachers, and presenters. After being trained by NAMI Maryland, these individuals deliver NAMI programs in their local communities at the affiliate level.

NAMI Maryland supports local affiliates in delivering signature programs across the state. We assist local affiliates with program planning, recruitment, community outreach and problem-solving when needed.

NAMI Maryland coordinates statewide outreach and offers programs in underserved parts of the state. We coordinated multiple 2 Homefront courses and 2 Peer-to-Peer courses in Harford County and Baltimore through the Veterans Administration..

**"I am more willing to share [my] experiences."
Peer to Peer Participant**

In FY 2018, 138 individuals with mental illness and family members from across Maryland were trained to facilitate NAMI support groups and teach NAMI education courses.

We also resourced *many* additional teachers and facilitators who were initially trained in prior years.

Over 46 trained teachers and mentors led more than 25 peer education courses, enrolling 554 individuals.

Six Peer-to-Peer courses were held, with an enrollment of 60 individuals.

Nine Family-to-Family courses were held, enrolling 183 family members..

Seven NAMI Basics courses were held, enrolling 58 individuals.

NAMI Family-to-Family is a free 12-session education and skills course for families taught by intensively trained relatives who have taken the course.

NAMI Peer-to-Peer is an 8-session education program for people with mental health conditions. The course is taught by intensively trained individuals who have "been there" and who have taken the course.

NAMI Basics is a 6-session education and skills course for caregivers of children with behavioral health issues, taught by intensively trained peers.

NAMI Connection Recovery Support Group is a structured problem-solving support group for individuals with mental illness, facilitated by intensively trained peers.

NAMI Family Support Group is a structured problem-solving support group for family and close friends, facilitated by intensively trained family members who have "been there."

NAMI Homefront is a free 6-session education course for family members, friends and caregivers of service members and veterans living with mental illness, covering topics like post-deployment and post-discharge transitions.

Thank you to the many dedicated teachers, mentors, facilitators, presenters and trainers who make all of these programs possible!

NAMI Maryland Outreach and Community Education

Internet and toll-free statewide helpline: NAMI Maryland handles requests for information and support through an internet and phone “warm line”. We provide useful information and link people to support and resources. *Our calls and internet requests have greatly increased* as our community outreach and visibility continues to make an impact. The helpline is often the first contact people have with NAMI. We work very hard to make sure they get a helpful and caring response.

“The course exceeded my expectations.”
Family-to-Family Participant

“Learn[ed] to be more patient and understanding during difficult times with my loved one.”
Family-to-Family Participant

We will continue to focus attention on this important area of service.

To meet the increased need this year we have continued to:

- Recruit new volunteers to help answer phone and online requests for support and information.
- Develop updated resource materials to meet common requests for information.
- Provide helpline training workshops for staff, as well as incoming interns and volunteers. In these classes, trainees focus on listening skills and learn how to answer common questions.

Plans for the future: We are developing an array of resources and responses that can easily be used for our many helpline requests.

NAMI Workshops by Core Stakeholders: Training Program Graduates to Deliver Workshops

NAMI Maryland offers trainings for individuals and family member graduates of our local peer programs to deliver effective scripted workshops using their personal experience for a variety of audiences including:

- the general public
- emergency responders
- criminal justice personnel
- faith congregations and leaders
- school personnel
- health providers
- social service providers
- behavioral health providers

Over 254 In Our Own Voice presentations were held, reaching 3,307 individuals.

NAMI In Our Own Voice—a presentation about living with mental illness, is facilitated by intensively trained individuals who use their personal experience in a structured workshop for the community, providers and others living with mental illness.

Ambassadors—Graduates of NAMI programs for family members are intensively trained to deliver multiple workshops, including:

- Basics About Mental Illness
- Engaging and Working Effectively with Families
- Caring for Every Child’s Mental Health
- Working with Families in Crisis (for police and emergency staff)
- Improving Patient and Family Experience in the Emergency Department

Also available:

- **What is Recovery?** A new workshop delivered by trained individuals with mental illness and family members
- **Raising Mental Health Awareness:** College campuses
- **Sharing Hope:** Faith communities
- **Ending the Silence:** K-12 school communities

*Thank you to the dedicated presenters, trainers,
and numerous outreach volunteers and partners
who make our expanding
community education and outreach possible!*

April 1, 2017—March 31, 2018

NAMI Maryland Community Outreach

NAMI Maryland provides effective community education and outreach directly, and in collaboration with local affiliates, community partners and networks.

This year we continued to develop new and existing partnerships, including *Alpha Kappa Alpha Sorority* and *National Institute on Mental Health*.

Our outreach activities are *varied and vigorous*, targeting every part of the state. In addition to 11 community based affiliates, several groups working toward affiliate status, and NAMI on Campus groups, we work with a network of more than 47,000 individuals and organizations from every socioeconomic, racial, ethnic, professional and community audience who share our interests and mission.

In addition to NAMI outreach programs presented by trained family members and individuals with mental illness, we offer:

- **Annual Two Day Multi-Track Conference**
- **Annual NAMIWalks Maryland**
- **An increasing online presence** through social media, e-news, action alerts and an expanding website.
- **Newsletter** —We mailed quarterly newsletters to paid members, posted them online, and distributed through our partners and networks.
- **Print Resource Materials** provide useful and practical information distributed through the helpline and outreach.
- **Media**—We consulted regularly with media this year, including the Washington Post, NPR Radio, WBAL-TV, and many other media outlets.
- **Free Teleconferences and Webinars** on topics of interest.
- **Surveys and Reports**—Learning from our stakeholders.
- **Participation in Events**—NAMI Maryland staff and volunteers attended and provided displays and resource materials at more than fifty community events across Maryland.
- **Viral Grassroots Marketing & Outreach** -- Our stakeholders, many supporters and partners help us by leveraging their networks to get the word out!

Workshops and Trainings:

This year, we provided more than 38 special presentations and supplemental resources to different audiences throughout the state including local government agencies, community organizations, civic organizations, professional organizations, faith leaders and congregations, emergency room staff, corrections officers, universities, education staff, parents, students, behavioral health service providers, social service agencies, and multicultural forums.

- ◇ **Some of the topics included:**
Hearing Voices:
Understanding the Strength and Resilience of those with Mental Illness
- ◇ Identifying and Effectively Engaging Families
- ◇ What is Recovery?
- ◇ The Uncertain Journey: Families and Mental Illness
- ◇ Effective Police Response to Mental Illness

Advocacy for Policy and Systems Change

NAMI Maryland's Policy Platform states our long-term values, policy positions and objectives that are fundamental to creating a comprehensive mental health system that is built on solid scientific evidence and recovery-focused. The Policy Platform is used to develop our annual Advocacy Priorities, which provide focus for our grassroots advocacy efforts; including current opportunities to improve state and federal mental health laws, broaden public awareness about mental illness, and increase NAMI Maryland's visibility and impact. The following priorities outline key objectives for improving access to timely and effective treatment for individuals with mental illness and their families:

- ◆ Protect and expand access to timely and effective mental health treatment and services in the FY 2019 Maryland State Budget
- ◆ Ensure insurance marketplace reforms include mental health and substance use disorder coverage at the same level (parity) as other health conditions in every health plan.
- ◆ Reduce legal and other barriers that prevent access to timely and effective services for individuals with mental illness and their family member and/or caregivers
- ◆ Improve the criminal justice system's response to individuals with mental illness and increase diversion efforts from criminal justice to community services.

"A constituent's untenable experience with HIPPA provisions inspired me to spearhead a bill to remove restrictive barriers on releasing health information. With the support of NAMI Maryland, the bill unanimously passed the General Assembly. Families will now be able to determine that a loved one has been admitted to a facility or is receiving care in an emergency setting without having to file a missing person's report."

- Delegate Geraldine Valentino-Smith (District 23A)

2018 Advocacy Day



On February 22, 2018 NAMI Maryland held its annual Advocacy Day in Annapolis. Over ninety NAMI Maryland members and supporters from around the state traveled to Annapolis to meet with their elected officials. Coordination between NAMI Maryland and local NAMI affiliates significantly contributed to the day's success. Every member of the General Assembly was hand-delivered a packet of information outlining NAMI Maryland's 2018 Advocacy Priorities. Once our legislative visits were complete, NAMI Maryland members and supporters joined 350+ advocates at a rally to stand up for the more than 1 million Marylanders who live with a mental illness or substance use disorder.

NAMI Maryland Advocacy

TASK FORCES AND WORK GROUPS ON WHICH NAMI MARYLAND SERVES

Maryland Behavioral
Health Advisory
Council

Mental Health
Criminal Justice
Partnership

Maryland Behavioral
Health Coalition

The Johns Hopkins
University, Center for
Mental Health
Services in Pediatric
Primary Care

Pediatric Integrated
Care Collaborative

Task Force to Study
Maternal Mental
Health

Task Force on Family
Caregiving and Long-
Term Supports

Civil Rights Coalition
of Maryland

We Work for Health
Maryland

Consumer Health First

Maryland Education
Behavioral Health
Community Practice
(CoP)

2018 General Assembly: Wins and Successes

NAMI Maryland achieved several significant wins during the 2018 General Assembly session that advanced our goal of ensuring that individuals with mental illness and their families can access comprehensive behavioral health care in Maryland.

- **SB539 (Senator Lee)/HB786 (Delegate Lewis):** HB786/SB539 would prohibit the placement of certain vulnerable inmate populations for placement in restrictive housing (solitary confinement). The definition of “vulnerable inmate” includes individuals with a serious mental illness. HB786 was amended and passed the House. The amendments specify that to the extent reasonably possible, DPSCS shall adhere to the standards of the American Corrections Association for Restrictive Housing, in state correctional facilities. ACA standards provide stronger protections, but for fewer populations, but they include individuals with SMI.
- **SB703 (Klausmeier)/HB1092 (Rosenberg):** These bills would establish a state Behavioral Health Crisis Response Grant Program to provide funds to local jurisdictions, in order to establish and expand community behavioral health crisis response systems. SB703 was amended to include additional co-sponsors and was passed by the Senate. HB1092 was amended and passed the House. As amended, HB1092 requires the Governor to provide funding in the State operating budget for the program: (1) \$3.0 million for fiscal 2020; (2) \$4.0 million for fiscal 2021; (3) \$5.0 million for fiscal 2022; (4) \$8.0 million for fiscal 2023.
- **SB765 (Senator Mathias)/HB772 (Delegate Hayes):** SB765/HB772 would authorize Medicaid, beginning January 1, 2020, subject to the limitations of the State budget, to provide clinical services provided by certified peer support recovery specialists to individuals with substance use or mental health disorders. These bills were amended and passed by their respective chambers. The bills, as amended, require the Secretary of Health to convene a stakeholder workgroup to study and make recommendations on the reimbursement of certified peer support recovery specialists.
- **HB33 (Delegate Lam):** This bill would allow a disabled person, under guardianship to apply for voluntary admission to a facility for the treatment of a mental disorder. Currently, Maryland law prohibits individuals, as well as their guardians, from gaining voluntary admissions, even when the individual agrees to that admission. NAMI Maryland supported this bill with an amendment that would require the guardian be notified that the individual was voluntarily admitted. While the bill ensured notice upon discharge, NAMI Maryland successfully argued that it is extremely important that notification is provided to the guardian upon admission. It is vital that guardians, who are often family members, are part of treatment discussions, whenever possible and appropriate. The bill, which included the amendment offered by NAMI Maryland, passed the House.

2017 NAMI Maryland Annual Conference

Over 120 people gathered on October 27-28 for our annual conference. The conference offered two days' of practical and skill-building workshops for individuals with mental illness, family members, mental health service providers, community leaders, individuals working in criminal justice, and local NAMI leaders.

Plenary speakers on both days updated us about mental health programming and corrections, as well as suicide prevention programs, and health care reforms. Plenary speakers included:

- **Dr. Mark Komrad, M.D.**, Psychiatrist and Faculty Member at Sheppard Pratt and the University of Maryland
- **Stuart Yael Gordon, Director of Policy and Communications**, National Association of State Mental Health Program Directors
- **Belinda Frankel, Forensic Mental Health Program Manager**, Mid-Shore Behavioral Health

There were more than 25 workshops presented which covered a wide variety of topics. Workshops included suicide prevention, housing options and resources, children and adolescent issues, best treatments for various disorders, crisis response services, and more. The Royal Riddick Lifetime Achievement Award was awarded to Ron Honberg for his selfless dedication to improving the lives of people with mental illness and their families. Samantha Bushee was awarded "NAMI Connection Support Group Leadership Award".

Attendees also had the opportunity to receive information and resources from 22 exhibitors.



What guests had to say...

"This conference was extremely helpful and informative. Can't wait until next year!"

**2 days
120 people
25 workshops
22 exhibitors**

"The content of the breakout sessions and plenary session were very wonderful in my knowledge base..."

2017 NAMIWalks Maryland

On May 20, 2017 over 1,500 people showed up to participate in the 15th Annual NAMIWalks Maryland at West Shore Park in the Inner Harbor.

NAMI Maryland is part of the largest education and fundraising effort for mental health in the United States. Local NAMI affiliates in Maryland partner with us to energize individuals and organizations across the state, and the funds raised help us and our affiliates continue to

offer our free support and education programs.

Saran Baker from our partner Alpha Kappa Alpha (AKA) sorority spoke about

the combined efforts of AKA and NAMI to raise mental health awareness in the African-American community. Michael Teitelbaum from NAMI Metropolitan Baltimore read the proclamation from Mayor Stephanie Rawlings-Blake, while Secretary Carol Beatty of the Department of Disabilities read the Proclamation from the Governor. Miss Eastern Shore, Emily Gallagher, spoke about her platform, Severe Adolescent Depression and her struggle with it. Renee Cohen brought greetings from our Walk's Honorary Chairpeople, Senator and Mrs. Ben Cardin. Participants stayed around after the walk to hear music from DJ Sprang Int'l and to visit our many exhibit booths.

Thanks to those who walked and raised money by reaching out to their network of friends and family. We raised almost \$200,000. You helped raise awareness about the vital work that NAMI does and helped to begin the public conversation about mental illness. We could not have done it without you!



April 1, 2017—March 31, 2018

The 2018 Walk was a GREAT SUCCESS! It will be highlighted in the 2019 Annual Report.

2017 Sponsors

Annual Conference Sponsors

Gold—\$5,000

Sheppard Pratt Health System

Titanium—\$2,500

Behavioral Health System Baltimore

Kaiser Permanente

Otsuka Pharmaceuticals

Silver—\$1,000

Community Behavioral Health Association of Maryland

Bronze—\$500

Baltimore Crisis Response, Inc.

Family Services Inc.

Hudson Health Services, Inc.

Maryland Center of Excellence on Problem Gambling

Maryland Coalition of Families

Partnership Development Group

Sharon Christie Law

Sunovion

NAMIWalks Maryland Sponsors

Gold—\$5,000

Alkermes

CIGNA

The Whiting-Turner Contracting Company

Silver—\$2,500

Sheppard Pratt Health System

Behavioral Health System
Baltimore

Howard County General Hospital

University of Maryland

Emergency Medicine Network

Novartis Pharmaceutical

Corporation

Otsuka Pharmaceuticals

Start/Finish Line—\$1,500

Magellan Health Inc.

Takeda Pharmaceuticals U.S.A.,
Inc. & Lundbeck

University of Maryland Medical
System

Bronze—\$1,000

Bo's Effort

Help In the Home, LLC

Janssen Pharmaceuticals, Inc.

Supporter—\$500

Center for Child & Family

Traumatic Stress at Kennedy

Krieger Institute

CooperRiis Healing Community

Dr. Brad Sachs

Ellin & Tucker

Elville and Associates, P.C.

Humphrey Management

Improve Your I.T.

Johns Hopkins Medicine

Maryland School of Psychologists'
Association (MSPA)

Powers Pyles Sutter & Verville

Suburban Hospital

Sunovion

University of Maryland Psychiatry

Wawa

Kilometer—\$250

Maryland Foundation for
Psychiatry

Weyrich, Cronin & Sorra

Empowered Walking Enterprise

ezStorage

Holiday Inn Solomons

Kennedy Krieger Institute

Maryland Health Connection

The Brick Companies Foundation

The Fillmore Group

In Kind Donations

Mental Health Administration

Wegmans

CVS

Frederick Keys

Liberty Mountain Resort

AMC Theatres

Applebee's

Baltimore Orioles

Improving Governance and Operations

NAMI Maryland must continue to increase our capacity to support the *growing demand* for our programs, outreach and advocacy. In addition, our state organization has a new, more extensive role in helping our local affiliates meet the *NAMI Standards of Excellence* and completing the new *re-affiliation process*. NAMI Maryland continues to work to improve our operations and governance within the constraints of time and resources.

Operations Highlights:

- **Staff** During FY2018, we had 6 full-time staff and 2 hourly workers. Our 13 dedicated office volunteers are essential to keeping our office operating smoothly.
- **Interns** We continue to develop close relations with area colleges and have built a robust internship program. 15 interns representing 9 different schools were represented throughout FY 2018. Interns work on the NAMIWalk and conference, program trainings, affiliate development, website and helpline support and many special projects.
- **Helpline** Staff, interns and office volunteers answer the increasing number of internet and phone helpline calls received by our office every day. We are strengthening our helpline training programs to improve the level of service we provide to the people who reach out to us.
- **Space and Equipment** With the support of donors, we continue to upgrade our IT systems, equipment and work space to develop more efficient ways of working.
- **Constituent Relations System (CRS)** There are over 47,000 records in our CRS where we can track helpline contacts and issues, program and event attendance, volunteer efforts, advocacy interests, membership, donations, and the many individuals, organizations and networks that help us do our work.
- **Internal Controls, Processes and “Toolkits”** We continue to develop and implement operational processes and tools and templates to improve the efficiency and consistent quality of our operations.

GOVERNANCE

The basic goals and direction of NAMI Maryland’s previous strategic plan were enhanced, clarified and finalized October 22, 2017. The plan is being operationalized with consideration to priorities, timing and increasing capacity to achieve the plan. The plan and operationalized companion documents are reviewed regularly by the staff and board to stay focused on pursuit and accomplishment of those goals and objectives.

A key goal of NAMI Maryland’s strategic plan is: “NAMI Maryland will strengthen organizational governance by developing an effective, diverse and engaged board with well-defined roles and functioning committees.” We pursue that goal and its stated objectives by employing best-practice governance structures and processes.

As NAMI absorbs 6 “Model B” local affiliates into the operations of the state organization, we will be exploring ways to include this fact into our governance.

Governance Structure

- | | |
|--|------------------------------|
| • Board of Directors | • Executive Committee |
| • Policy & Advocacy Committee | • Bylaws Committee |
| • Finance and Audit Committee | • Affiliation Committee |
| • Board Development and Nominating Committee | • Development Plan Workgroup |

NAMI Maryland, NAMI Affiliates and Re-affiliation

NAMI, the National Alliance on Mental Illness, is a national movement. It is made up of a national headquarters, state organizations in every state, and DC, and local affiliates that work together to build better lives for the millions of Americans affected by mental illness.

What Local NAMI Affiliates Do

The 11 local affiliates in Maryland offer educational programs, support and outreach. Affiliates, with the help of NAMI Maryland, advocate for local and statewide mental health systems.

What is Re-affiliation?

Re-affiliation is a process created by NAMI in order to ensure that all local affiliates are meeting the Standards of Excellence as outlined by the organization. Affiliates have the option of pursuing two different models when going through this process. Our Model A affiliates are independent, incorporated organizations that are able to meet the NAMI Standards without the assistance of NAMI Maryland. Aspiring Model A affiliates undergo a thorough document review to assess legal compliance and organizational standards. Upon passing a document review, Model A affiliates must display a strong commitment to meeting the NAMI Standards of Excellence. Most of our Model A affiliates operate at a high capacity with paid staff and active boards.

The Model A affiliates include:

- NAMI Anne Arundel County
- NAMI Howard County*
- NAMI Metropolitan Baltimore*
- NAMI Montgomery County
- NAMI Prince George's County

Affiliates that prefer to focus on programs and outreach, but do not have staff to run the daily operations, can become a Model B affiliate. All Model B affiliates are integrated into the NAMI Maryland structure, so their finances and governance are the responsibility of the state organization. This allows volunteer leaders to focus on what they love most: helping those affected by mental illness. The Model B affiliates include:

- NAMI Carroll County*
- NAMI Frederick County
- NAMI Harford County
- NAMI Kent & Queen Anne's County*
- NAMI Lower Shore
- NAMI Southern Maryland

* Affiliates who have achieved re-affiliation

The state organization must grow its capacity to:

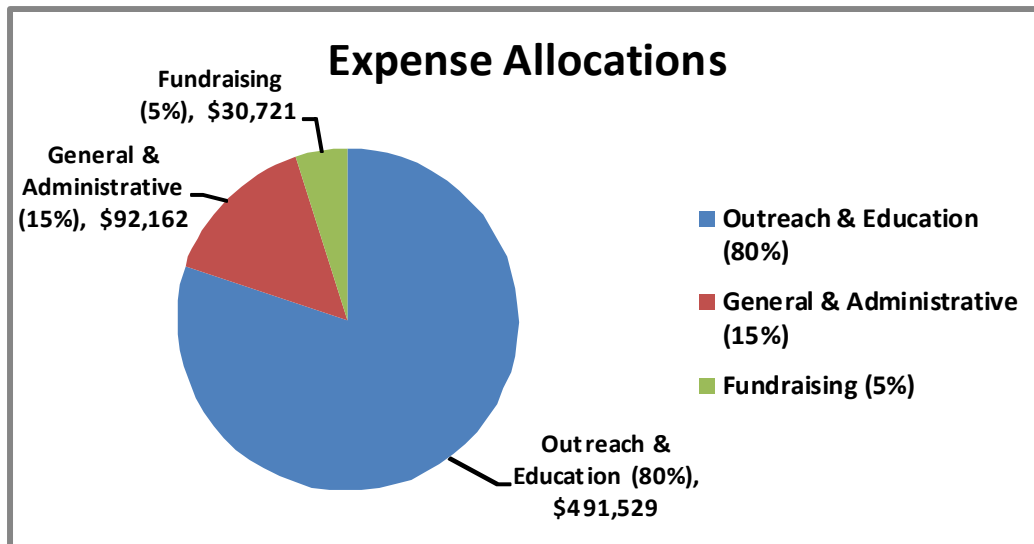
- Assess each NAMI affiliate's current organizational status, as well as growth and development capacity
- Ensure each affiliate is operating in an up-to-date manner with appropriate programs and training
- Confirm affiliates are actively engaged in their community and programs and services are effective
- Assist with meeting the NAMI Standards of Excellence
- Provide assistance, training, and resources
- Endorse each NAMI affiliate for re-affiliation with NAMI, with conditions as necessary

Fiscal Year 2018 Financials

NAMI Maryland Statement of Activities
For the twelve months ending March 31, 2018 (Preliminary and Unaudited)

	FY 2018 Actuals (unaudited)	FY 2018 Budget	Dollar Variance CY Actuals to Budget
REVENUES:			
Grants & Contracts	\$355,224	\$321,000	\$34,224
Contributions	107,188	79,000	28,188
Combined Charity Campaigns	16,663	20,000	(3,337)
Membership Dues	9,663	7,000	2,663
NAMIWalks, net (Income \$193,698 net of expenses \$108,154*)	85,544	96,000	(10,456)
Fees for Service	4,800	35,000	(30,200)
Program Events & Development	64,140	101,000	(36,860)
Sales	225	200	25
Investment Income (includes unrealized gains/losses)	24,341	2,000	22,341
Miscellaneous Income	1,190	0	1,190
Temporarily Restricted Net Assets Released from Restriction	4,535	0	4,535
Total Revenues	\$673,513	\$661,200	\$12,313
EXPENSES:			
Salaries & Benefits	\$378,528	\$409,095	(\$30,567)
Contracted Services	79,821	98,170	(18,349)
Program Training Expenses	20,060	23,200	(3,140)
Program Events & Development	33,666	34,000	(334)
Educational Materials	5,220	10,000	(4,780)
Furniture/Equipment & Related Expenses	16,601	18,800	(2,199)
Office Supplies & Postage	5,067	5,050	17
Travel	2,911	10,000	(7,089)
Printing (external)	1,564	2,000	(436)
Dues & Subscriptions	8,320	10,710	(2,390)
General & Administrative	7,169	6,600	569
Merchandise for Resale	363	2,500	(2,137)
Communications	7,226	9,000	(1,774)
Insurance	3,119	4,200	(1,081)
Occupancy (Rent, Utilities, Repairs & Maintenance)	38,091	37,885	206
Depreciation Expense	6,685	0	6,685
Total Expenses	\$614,411	\$681,210	(\$66,799)
Net Income/(Loss)	\$59,102	(\$20,010)	\$79,112

* Expenses include affiliate payments of \$75,634 and NAMI's Walk fees of \$17,870. Expenses do not include expenses such as salary and contractual costs that are included in other expense lines.



FY 2018 Major Donors and Funders

\$250 and above

BHS Baltimore	\$234,648	Gail Cooper and Carl		Carole & Greg Spurrier	\$500
The Harry and Jeanette		Stahle Charitable Fund	\$1,000	Sharon Stoliaroff and	
Weinberg Foundation Inc.	\$30,000	Don Slater	\$1,050	John Stewart, Jr.	\$500
The Jacob and Hilda		Catherine Brennan	\$1,000	Lainie & Ralph Surette	\$500
Blaustein Foundation	\$15,000	Frank Fillmore	\$1,000	Magellan Cares Foundation	\$425
The Charles Crane		James Fullerton	\$1,000	AmazonSmile Foundation	\$356.01
Foundation	\$10,000	Ton Gardeniers	\$1,000	Bernard Raiche	\$315
Jim and Linda Humphrey		Rene & Marilyn Grace	\$1,000	Ellen Barton	\$300
Foundation	\$10,000	William & Margaret Greer	\$1,000	Kate Farinholt & Michael Ward	\$300
Louis B., II and Josephine		Penelope Pestle	\$1,000	David Kelling	\$300
L. Kohn Family Foundation	\$10,000	Debbie Photiadis	\$1,000	David Knight	\$300
PhRMA	\$10,000	Donald Reed	\$1,000	Joseph McNerney	\$300
Motorola Solutions		SMECO Electric Coop	\$969	Glenn Snyder	\$300
Foundation	\$7,500	The Anne R. Eckfeldt Fund		Michael & Elizabeth Bloom	\$252
Gordon Family CRUT	\$7,368.76	(InFaith Community		Donald & Janet Boardman	
National Institute of		Foundation)	\$944.88	Family Fund	\$250
Mental Health	\$6,250	Susan Rector	\$663.75	Donald & Barbara Fairfield	\$250
Office on Mental Health		Dorothy Eppard	\$590	Jonathon & Robyn Glass	\$250
of Harford County	\$5,000	Alexis Brown	\$550	Steve Gray	\$250
The Progress Family		Garth Thompson	\$540	W. Daniel Hale	\$250
Foundation	\$5,000	Alvin Blank	\$500	Norma Killebrew	\$250
William Wrench	\$5,000	Bob Blankfeld	\$500	Andrew G. Levy, Esq.	\$250
Carroll County Health		Dana Buchman	\$500	Heather Martinko	\$250
Department	\$3,700	Estate of Elizabeth D.		Power Solutions, LLC	\$250
Cecil County Health Dept.	\$3,000	McLeod	\$500	Timothy Santoni	\$250
Jason Nichols	\$2,501.25	Denise Evans	\$500	Carol Schaengold	\$250
NAMI	\$2,000	The Henry & Ann Trent			
Carolyn Knight	\$1,920	Foundation	\$500		
Douglas McDaniel	\$1,500	Bernard Kanstoroom	\$500		
Jane Sanders	\$1,500	Kate Spade & Company			
Warren Cross Charitable		Foundation	\$500		
Foundation	\$1,500	Cindy Kelly	\$500		
Northrop Grumman		C.H. and Carol Lanzi	\$500		
Corporation Charity Trust		Charles Myers	\$500		
(directed by John Kessler)	\$1,300	Linda Pardoe	\$500		
Eugenia Barnett	\$1,254.02	Courtney Reiter	\$500		
Susan Conley	\$1,200	Susan Scholl	\$500		

This list includes only donations made directly to NAMI Maryland. It does not include donations to the NAMIWalks, as those donations are split with affiliates and wouldn't give an accurate or fair representation of money received by NAMI Maryland.

Every effort has been made to include the names of all major donors to NAMI Maryland for FY 2018. We have not included anonymous donors. We apologize for any names that have been inadvertently omitted.

NAMI Maryland

Board Members who served during FY2018

Joe Ashworth, President
Don Slater, 1st Vice President
Roz Dove, 2nd Vice President
Ton Gardeniers, Treasurer
Steve Gray, Secretary
Matt Myers, Secretary

Alexis Brown
Bob Blankfeld
Denise Evans
Carolyn Knight
Mike Perez
Frank Fillmore

Dell Palmer
Jean "JB" Moore
Bernard Raiche
Debbie Photiadis
Julia Tillery

Operations

Kate Farinholt, JD, *Executive Director*
Mary Barnard, CPA, *Finance and Accounting*
Danielle Fletcher, *Administrative Assistant*
Ilisa Oman, *Communications and Outreach Events Coordinator*
Keiristin Wilbert, MBA, *Program and Training Coordinator*

Elizabeth Bloom, MBA, *Deputy Director*
Chloe Swanson, *Program and Training Coordinator*
Deneice Valentine, *Program Associate*
Tracy Kamen, *Organizational Development Coordinator*

Interns

Irene Darko, *UMBC*
Larissa Meda, *UMBC*
Meghan Flynn, *Virginia Tech*
Nailah Turner, *UMBC*
Natasha Seam, *UMBC*
Nicholas Frye, *Maryland University of Integrated Health*
Caitlin Fogelsong, *University of New England*
Jenny Chen, *UMBC*

Victoria Dimoff, *Towson University*
Ronen Aniti, *University of Texas at Austin*
Semhal Selamawi, *Towson University*
Stephanie Iroanya, *Towson University*
Stephanie Meyers, *Chicago School of Psychology*
Tony Chen, *UMBC*
Yamarie Jack, *UMBC*
Caroline Dwyer, *University of Maryland*

And thank you to our many volunteers! NAMI volunteers are actively working with NAMI Maryland in every part of our state.

Jo Ann Hill, Jen Thompson, Arna Clark, Yolanda Garland, Ann Wilmer, Gertie Wilson

NAMI Maryland's Mission

Our Mission

The mission of NAMI Maryland is to improve the quality of life for individuals and their families coping with mental illness.

We are dedicated to providing education, support and advocacy for persons with mental illnesses, their families and the wider community.

Our Passion and Promise

It is our core principle that empowering family members and individuals is a critical factor in recovery, and a potent force in providing community education and bringing about systemic change.

NAMI Maryland is a unifying voice and a skilled provider of knowledge and skills at the grassroots level.

NAMI Maryland promises to work to build better lives.

NAMI Maryland's workplace charity numbers

4186- The United Way of Central Maryland

80114- CFC of the Chesapeake Bay Area and National Capital Area

5697- Combined Charity Campaign for Baltimore City

521295484- Maryland Charity Campaign

Let us know if your workplace has a grant or matching gift program.

NAMI Affiliates in Maryland

NAMI Anne Arundel County
NAMI Carroll County
NAMI Frederick County
NAMI Harford County
NAMI Howard County
NAMI Kent and Queen Anne's
NAMI Lower Shore
NAMI Metro Baltimore
NAMI Montgomery County
NAMI Prince George County
NAMI Southern Maryland



National Alliance on Mental Illness

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