



# JANUARY TENAFLY

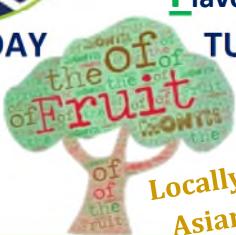
2020

Maugham Elementary



POMPTONIAN  
FOOD SERVICE

MONDAY



TUESDAY

Flavorful Reinvented Entrées made Simple and Healthy

WEDNESDAY



THURSDAY

1

- Organic Chicken & Cheese Quesadilla
- French Toast Sticks w/ Turkey Sausage & Tater Tots

2

- Pizza Nova Cheese Pizza
- Pizza Nova Pepperoni Pizza

FRIDAY

3

- Pizza Nova Cheese Pizza
- Pizza Nova Pepperoni Pizza

6	• Meatball Parmesan Hero • Grilled Barbecue Chicken Breast on a Roll w/ Seasoned Fries	7	• Turkey Tacos served w/ Salsa & Corn • French Toast Sticks w/Applesauce	8	• Chicken Burrito • Beef Sliders on Buns w/ Waffle Fries	9	• Organic Baked Ziti Parmesan w/ Garlic Bread • Sweet & Sour Chicken w/ Rice, Broccoli & a Fortune Cookie	10	• Pizza Nova Cheese Pizza • Pizza Nova Pepperoni Pizza
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Professional Half Day

No Lunch Service

13

- Chicken Noodle Bowl: Grilled Chicken & Fresh Veggies over Lo Mein Noodles w/ Teriyaki Sauce & a Fortune Cookie
- Very Berry Yogurt Parfait Meal w/ Granola

14

- Pasta w/ a Side of Meat Sauce
- Popcorn Chicken w/ Curly Fries & Dipping Sauce

15

- Organic Beef Nachos
- Mini Pancakes w/Applesauce

16

- Pizza Nova Cheese Pizza
- Pizza Nova Pepperoni Pizza

17

No School



20

- Breaded All-White Meat Chicken Fillet w/ Barbecue Sauce & American Cheese on a Bun
- Chicken & Broccoli Penne w/ a Side of Garlic Sauce & a Dinner Roll

21

- Mandarin Chicken w/ Broccoli, Rice & a Fortune Cookie
- Beef Burrito

22

- Organic Barbecue Chicken Wings w/ Sweet Potato Fries
- Bento Box: Build-A-Pizza w/ a Bagel, Marinara Sauce, Shredded Mozzarella Cheese & Pepperoni

23

- Pizza Nova Cheese Pizza
- Pizza Nova Pepperoni Pizza

24

- Cheese Ravioli w/ a Side of Tomato Basil Sauce & a Whole Wheat Dinner Roll
- Peach Mango Yogurt Parfait Meal w/ Granola

27

- Chicken Parmesan on a Roll w/ Seasoned Vegetables
- Cheesesteak Hero w/ Steak Fries

28

- Whole Grain French Toast w/ Applesauce
- Ricotta & Mozzarella Cheese Stuffed Shells w/ Garlic Bread

29

- Organic Grilled Cheese Sandwich w/ Tomato Soup
- Mozzarella Sticks w/ Marinara Sauce & Tater Tots

30

- Pizza Nova Cheese Pizza
- Pizza Nova Pepperoni Pizza

31

Go to <https://tenafly.pomptonianmenus.com/order> to place an order by credit card.

Place your order until 8:00 a.m. the same day

Questions? Please call the Food Service Director, Cathy Mascarelli, at 201-816-4958

A Complete Meal Includes:  
Entrée w/ Protein/Grain  
Fresh Seasonal Fruits & Vegetables



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

Locally Grown  
Purple Potatoes

## Available Daily

- Cage-Free Chicken Tenders w/ a Dinner Roll
- Bagel Lunch: Bagel w/ Cream Cheese or Butter, Yogurt, Granola & a Cheese Stick
  - Chef's Salad Lunch w/ a Roll
- Caesar Salad Lunch or Grilled Chicken Caesar Salad Lunch w/ a Roll
  - American Cheese on a Roll
  - Sunbutter & Jelly Sandwich
  - Boar's Head Turkey on a Kaiser Roll
  - Boar's Head Ham & Cheese Sandwich
  - Boar's Head Italian Hero