

# Coastal Women's Shelter

## Wish List

### URGENT NEEDS

- Sanitizing wipes
- Toothbrush holders and covers
- Soap holders and covers
- Shower shoes and flip flops

### PANTRY

- Apple sauce
- Baking powder
- Baking soda
- Beef, chicken, vegetable broth
- Bottled water
- Boxed dinner kits
- Bread mixes (pancake, regular, corn, muffin, etc.)
- Canned beans
- Canned soups
- Canned or jarred fruit
- Carrots
- Cereal/cereal bars
- Children's canned meals (Spaghetti Os, Chicken and Stars, etc.)
- Coffee
- Corn
- Crackers
- Flour
- Jelly
- Juices
- Mac and cheese
- Noodles/Pasta
- Pasta sauce
- Peas
- Salt
- Sugar
- Taco kits

### CLEANING SUPPLIES

- Air freshener
- Antibacterial spray/ointment
- Batteries (all sizes)
- Bleach
- Fabric softener and dryer sheets
- Laundry detergent
- Light bulbs (all sizes)
- Plastic cups, plates, and utensils
- Plastic wrap and tin foil
- Dishwasher detergent
- Storage bags (all sizes)
- Trash bags (all sizes)

### PAPER PRODUCTS

- Facial tissue
- Napkins
- Paper towels
- Toilet paper

### PERSONAL CARE

- Body sprays
- Combs and brushes
- Deodorant
- Ethnic hair products
- Hair care products
- Hand and body soap
- Mens and women's shaving cream and razors
- Rubbing alcohol, band aids, and first-aid items/kits
- Shampoos and conditioners
- Tampons and sanitary pads
- Toothbrushes and toothpaste
- Women's new unused makeup
- Women's new undergarments

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### CHILDREN'S ITEMS

- Baby food
- Baby wash and lotion
- Baby wipes
- Children's new undergarments
- Children's cough, cold, flu medicine
- Size 5 diapers
- Other diapers (various sizes)
- Pull-ups

### MISC

- Generic Birthday cards and gift wrap
- Generic Birthday party decor
- Office Supplies

The Women's Shelter is no longer able to accept clothing at their main office, but you may call Helping Hands Boutique (252.633.6305) to schedule a drop off.

FPC Youth will **NOT** be collecting clothing items.