

Department of Obstetrics and Gynecology

Service Line Updates

Complex Contraception Clinic

The Complex Contraception Clinic at BIDMC provides consultation and care for patients with medical conditions that may complicate options for birth control. Our physician team, led by **Caryn Dutton**, MD, and **Sara Neill**, MD, MPH, provides personalized care to meet patients' unique needs by telehealth appointment.

Patients who may benefit from these services include those who:

- Are taking medication(s) that interact with hormonal birth control options
- Live with complex medical conditions such as:
- Autoimmune disorders
- Bleeding disorders or history of blood clots
- Cancer (current or history of)
- Cystic Fibrosis
- Cardiovascular disease
- Liver disease
- Seizure disorders
- Transplant recipients

Appointments for the Complex Contraception Clinic are available through our secure and convenient telehealth video conferencing system. In-person clinic visits can also be arranged as needed. To refer your patient, please call 617-667-4600.