WELLNESS WORKS

Beth Israel Lahey Health
Beth Israel Deaconess Medical Center

Life Lines: Poetry & Parkinson's





POETRY CAN OFFER COMFORT, CONNECTION, AND MEANING ALONG THE PARKINSON'S JOURNEY.



TUESDAY
AUGUST 18TH, 2026
2-3PM

THIS FREE EVENT WILL BE HOSTED VIRTUALLY VIA ZOOM.

REGISTER HERE!

In this reflective and interactive event, Fred Marchant, a long-time care partner and widely-published poet, will share how reading and writing poetry became a source of strength while supporting his wife through Parkinson's disease.

Through conversation and selected poems, participants will explore the ways poetry can help us process challenges and build community.

Attendees are also invited to bring a meaningful poem of their own (whether written by themselves or someone else) to share and discuss.

People with Parkinson's, care partners, family members, and anyone interested are warmly welcome to join this thoughtful conversation about creativity, caregiving, **and finding life lines through poetry**.