

Department of Medicine

New Physician Arrivals

Allergy and Inflammation

Kari Nadeau, MD — BIDMC

Cardiology

Serge Korjian, MD, Interventional Cardiology — BIDMC, Plymouth

Eduardo Saad, MD, PhD, Electrophysiology — BIDMC, appointments 617-667-8800

Gastroenterology

Alexander Goldowsky, MD — BIDMC

Hong Gi Shim, MD — BIDMC

Chethan Ramprasad, MD — BIDMC

General Medicine — Hospital Medicine

Sara Cahill, MD — Boston, Milton, Needham, Plymouth

Alexander Levin, MD — BIDMC, Milton, Needham, Plymouth

Vishwanath Anekonda, MD — BIDMC, Milton, Needham, Plymouth

John Barber, MD — BIDMC, Needham

Alana Ganz, MD — BIDMC Milton, Needham, Plymouth

Mustafa Habib, MD, Oncology Hospitalist — BIDMC

Benjamin Lin, MD — BIDMC Milton, Needham, Plymouth

Department of Medicine

New Physician Arrivals

General Medicine — HCA

Laura DesRochers, MD — BIDMC

Nicole Kwan, MD — BIDMC

Gerontology

Brooke Lubinski, MD — BIDMC

Hematologic Malignancies

James Yoon, MD — BIDMC

Jonathan Berry, MD — BIDMC

Malgorzata McMasters, MD — BIDMC

Medical Oncology

Emily Stern Gatof, MD — BIDMC

Nephrology

Shimontini Mitra, MD — BIDMC

Rheumatology

Afroditi Boulougoura, MD — BIDMC

Hannah Gendelman, MD — BIDMC

Department of Medicine

Promotions since 7/11

Promotions

Kenneth J. Mukamal, MD, MPH, Associate Section Chief for Research in the **Division of General Medicine**, has been promoted to **Professor of Medicine at Harvard Medical School**. His primary research interests are investigating the role of dietary and lifestyle factors – with an additional focus on alcohol consumption – on the incidence and prognosis of neurocognitive and cardiovascular disorders and their risk factors. As a general internist and clinical investigator, his research has incorporated large-scale epidemiological studies, hospital-based clinical data, and focused interventional studies. Dr. Mukamal holds multiple current NIH grants and has published more than 500 peer-reviewed research publications.

Department of Medicine

Awards & Honors since 7/11

Awards & Honors

David Avigan, MD, Director of the BIDMC Cancer Center and Senior Vice President of Cancer Services at BILH, **has been named The Theodore W. and Evelyn G. Berenson Chair of Medicine at Harvard Medical School**. Since 2018, he has served as the Chief of the **Division of Hematology & Hematologic Malignancies** for the Department of Medicine. Dr. Avigan has established and grown the Division as a nationally recognized group that provides leading-edge therapies and patient-centered care, and he directs a large laboratory working on personalized cancer vaccines and CAR T-cell therapies.

Martha Pavlakis, MD, FAST, FASN, Medical Director of Kidney and Pancreas Transplantation within the **Division of Endocrinology, Diabetes and Metabolism**, an Associate Professor of Medicine at HMS, and the Co-Director of the BIDMC Kidney Transplant Fellowship, has been named as a recipient of the **2023 Equity Social Justice and Advocacy Award from the Office of Diversity, Inclusion, and Community Partnership (DICP)** at Harvard Medical School. Dr. Pavlakis has been a passionate champion for health equity in kidney transplantation, advocating for changes in the use of race in the eGFR formulas used for listing patients for transplants. The guidelines were successfully changed this winter and have resulted in greater access and equity for all.

Department of Medicine

Awards & Honors since 7/11

Awards & Honors

Newsweek has released their annual list of [World's Best Specialized Hospitals for 2024](#). Each of the five eligible specialties/Divisions within the Department of Medicine have been recognized in the rankings of their areas, including: **Division of Endocrinology, Diabetes and Metabolism** recognized as **11th best Endocrinology program** in the world; **Division of Gastroenterology, Hepatology and Nutrition** ranked as **26th best Gastroenterology program** in the world; **Division of Pulmonary, Critical Care and Sleep Medicine** selected as the **46th best Pulmonary program** in the world; **Divisions of Medical Oncology and Hematology and Hematologic Malignancies** named as **52nd best Hematology/Oncology program** in the world; and **Division of Cardiovascular Medicine** chosen as **63nd best Cardiology program** in the world.

Drew Weissman, MD, PhD, a graduate of our Internal Medicine Residency Program, and **Katalin Karikó, PhD**, were jointly awarded the **2023 Nobel Prize in Physiology or Medicine** for their **discoveries concerning nucleoside base modifications that enabled the development of effective mRNA vaccines against COVID-19**. The discoveries by the two Nobel Laureates were critical for developing effective mRNA vaccines against COVID-19 during the pandemic that began in early 2020. In fall of 2021, we featured Dr. Weissman and his work in our Alumni Newsletter in a piece entitled, "*BIDMC Alumni: Leaders in Vaccine Development.*" [Click here to read the official announcement from the Nobel Prize website](#), and [here to read the Alumni News feature](#), which also showcases the work of Drs. Lindsay Baden and Dan Barouch.

Department of Medicine

Awards & Honors since 7/11

Awards & Honors

Evan D. Rosen, MD, PhD, Chief of the **Division of Endocrinology, Diabetes and Metabolism**, a Professor of Medicine at Harvard Medical School, and an Institute Member of the Broad Institute, has been selected for the prestigious **Roy O. Greep Award for Outstanding Research**, a **2024 Laureate Award** from **The Endocrine Society**. Each year the Society recognizes the significant achievements of endocrine researchers and clinicians worldwide and Dr. Rosen has been selected for his meritorious contributions to research in endocrinology. His lab's goal is to define novel targets that can be manipulated to improve outcomes in metabolic disease, and they research the transcriptional pathways that underlie metabolic diseases like obesity and type 2 diabetes.

Jennifer Potter, MD, Professor of Medicine at BIDMC/HMS and Co-Chair of The Fenway Institute, has been named as the recipient of the **2023 Association of American Medical Colleges (AAMC) Group on Women in Medicine and Science Leadership Award for an Individual**. The Group on Women in Medicine and Science Leadership Awards recognize outstanding individual and organizational contributions to advancing women leaders in academic medicine and science. Dr. Potter's scholarly work is focused on advancing excellence in medical education and care for women and sexual and gender minority (SGM) communities. Dr. Potter has co-edited three seminal textbooks on SGM health and spearheaded the development of inaugural UME competencies in SGM health and trauma-informed care (TIC).

Department of Medicine

Awards & Honors since 7/11

Awards & Honors

Jeffrey William, MD, an attending physician in the **Division of Nephrology** and an Assistant Professor of Medicine at HMS, is the recipient of this year's **S. Robert Stone Award for Excellence in Teaching** from the **The Carl J. Shapiro Institute**. A devoted educator, he serves as Associate Program Director of the Nephrology Fellowship Training Program at BIDMC and as a Firm Chief of the Tullis Firm within BIDMC's Internal Medicine Residency program. Dr. William's clinical interests span electrolyte disorders to chronic kidney disease and hypertension management to complex dialysis patients and home dialysis, and his educational research interests include curriculum design and innovation.

Joseph Li, MD, leader of the **Hospital Medicine** program within the **Division of General Medicine**, is the recipient of the **Massachusetts American College of Physicians Chapter 2023 Laureate Award**. A Laureate Award is the highest honor bestowed by an ACP Chapter and with this award, ACP recognizes Dr. Li's national ACP service as a former ACP Regent, as well as his many previous and ongoing contributions to MA ACP and its committees. In addition to serving as a previous member of the American College of Physicians (ACP) Board of Regents, Dr. Li was Chair of the International Council and is the current Treasurer of the MA ACP Chapter, and has held numerous additional leadership positions in national societies and on editorial boards.

Department of Medicine

Awards & Honors since 7/11

Division of Cardiovascular Medicine Nationally Recognized for High-Quality Patient Care

BIDMC was one of several BILH Hospitals recognized for the **American Heart Association's Get With The Guidelines quality achievement award** for their commitment to ensuring stroke and cardiovascular patients receive the most appropriate treatment, according to nationally recognized, research-based guidelines. As a participant in the Get With The Guidelines program, BIDMC qualified for the award by demonstrating how their organization has committed to improving quality care.

BIDMC was recognized for the following achievement awards: Get With The Guidelines – Stroke Gold Plus; American Heart Association's Target: Stroke Honor Roll Advanced Therapy awards; Get With The Guidelines – Heart Failure Gold Plus; Heart Failure Award; and the Type 2 Diabetes Award. [Click here to read the BIDMC press release](#) to learn more about the awards. Please join us in congratulating our colleagues in the **Division of Cardiovascular Medicine** for all they do to provide exemplary stroke and cardiovascular care!

Department of Medicine

Service Line Updates

Outpatient Parenteral Antimicrobial Therapy (OPAT) Program

The Outpatient Parenteral Antimicrobial Therapy (OPAT) Program provides a critical service to oversee the transition from inpatient to outpatient for patients receiving either intravenous or “high risk” oral antibiotics which allows patients to be discharged while still receiving safe and effective antimicrobial therapy. Most patients start on these antibiotics while in the hospital and the OPAT service allows them to continue to receive treatment at home or in a skilled nursing facility. This helps to allow patients to live their lives with as minimal disruption as possible and begin the next stage of their healing journeys out of the medical center.

All patients enrolled in OPAT will be seen as outpatients by physicians across the [Division of Infectious Diseases](#). The dedicated, multidisciplinary OPAT team at BIDMC includes:

- **Jeffrey Lanard, MD**, Director of the OPAT Program and Attending Physician in the Division of Infectious Diseases
- Nursing team comprised of **Kaitlin Morse, RN**, **Barbara Turk, RN**, and **Margaret Nelson, RN**
- **Karla Franklin**, who serves as the OPAT Service Coordinator
- Advanced Practice Providers **Kyleen Swords, DNP, FNP-BC**, and **Joe McNamara, FNP**
- **Monica Mahoney, PharmD, BCPS, BCIDP, FCCP, FIDSA, FIDP**, Clinical Pharmacy Specialist in Infectious Diseases

Department of Medicine

Service Line Updates

Our OPAT service oversees between 70-90 patients on any given day. The team collaborates closely with our colleagues in Hospital Medicine, Cardiology, and the Department of Surgery, including Orthopedic, Cardiac, Plastic, Colorectal, and Neurosurgical patients. By ensuring patients continue to receive high-quality care at home, OPAT ensures our inpatient care services in the hospital can continue to thrive.

Inpatients are assessed for OPAT needs prior to discharge and providers can request a consultation from the Infectious Diseases service by placing a request in POE. If you have an outpatient with OPAT service needs, you can contact the Infectious Diseases clinic by placing an order in OMR. With urgent needs or questions, please contact Dr. Lanard via email at jclarnar@bidmc.harvard.edu.

Department of Medicine

Service Line Updates

BILH Heart Transplant Program

We are delighted to announce the **official launch of the [BILH Heart Transplant Program](#)**, the first new program of its kind launched in New England in decades. Based at BIDMC, the program is led by a team of advanced heart failure physicians in our **Division of Cardiovascular Medicine** working together with experienced surgeons, cardiac anesthesiologists, nurses, pharmacists, social workers, and support staff from across the BILH system with tremendous expertise in all aspects of heart transplantation. The program is led by **A. Reshad Garan, MD**, Director of Advanced Heart Failure and Transplantation, and Masashi Kai, MD, Surgical Director of the Heart Transplant Program.

To date, the team has completed several heart transplants and all are recovering well from surgery. Our team offers a comprehensive evaluation to determine the best plan of care. Patients work with a transplant coordinator to schedule tests and specialist visits as a part of this process. To request a heart transplant evaluation, please call **617-632-8628**.

[Click here to view a video on the heart transplant program](#) and [here to visit their website to learn more](#).

Department of Medicine

Service Line Updates

Complex Hypertension Clinic

The [Complex Hypertension Clinic](#) is designed to comprehensively evaluate and treat patients with elevated blood pressure despite the use of multiple medications.

Services

- Manage resistant hypertension
- Titrate medications
- Assess secondary causes of hypertension
- Evaluate and manage renal artery stenosis
- Provide 24-hour ambulatory blood pressure monitoring (ABPM)



The Complex Hypertension Clinic also offers access to clinical trials for appropriate patients. The multidisciplinary team includes physicians from Cardiology, Endocrinology, Diabetes & Metabolism, General Medicine, Interventional Cardiology, and Nephrology.

Questions & Referrals: complexHTN@bidmc.harvard.edu

Appointments: [617-667-8800](tel:617-667-8800)

WebOMR Consults Order
Hypertension Clinic (Complex at CVI)

Department of Medicine

Publications Since 7/11

Patient-Facing Newsletters

Our **Celiac Center** shared the latest edition of their quarterly newsletter for patients and providers featuring news, upcoming events, research, recipes, and more! [Click here to read the latest edition.](#)

Press Released Department of Medicine Research

Chelsea N. Wong, MD, first author and an Advanced Geriatric Medicine Fellow in the **Division of Gerontology**, and her co-authors published an article entitled, “*Frailty Among Sexual and Gender Minority Older Adults: The All of Us Database*” in the *Journal of Gerontology*. [Click here to read the BIDMC press release](#) to learn more about their study.

Subhash Kulkarni, PhD, research faculty in the **Division of Gastroenterology, Hepatology and Nutrition**, and his team published a study entitled, “*Age-associated changes in lineage composition of the enteric nervous system regulate gut health and disease*” in *eLife*. [Click here to learn more about their findings.](#)

Department of Medicine

Publications Since 7/11

Dhruv S. Kazi, MD, MSc, MS, of the **Division of Cardiovascular Medicine**, co-senior author, Associate Director of the Smith Center, and Director of the Cardiac Critical Care Unit at BIDMC, **Robert W. Yeh, MD, MSc**, co-senior author and Director of the Smith Center for Outcomes Research at BIDMC, Andrew S Oseran, MD, MBA, lead author and a Research Fellow at the Smith Center now at Massachusetts General Hospital, and their co-authors published “*Long term risk of death and readmission after hospital admission with covid-19 among older adults: retrospective cohort study*” in the [BMJ](#). [Click here to read the BIDMC press release](#). Their work also received coverage in [News Medical Life Sciences](#) and [Mirage News](#), and BIDMC co-authors included **Yang Song, MSc**, **Jiaman Xu, MPH**, **Issa J. Dahabreh, MD, MS, ScD**, **Rishi K. Wadhera, MD, MPP, MPhil**, and **Tianyu Sun, PhD**.