WELLNESS WORKS

Refer a Friend Program

Share WellnessWorks Exercise Classes, Get Discounts, and Spread the Joy Movement!

GET A FREE FULL MEMBERSHIP

IF YOUR FRIEND REGISTERS



Our team knows that social connection and community are just as important as physical activity to support wellness for people with Parkinson's!

That's why we are rewarding any member who refers a friend* to WellnessWorks with a FREE full membership in the next session if their friend joins our Exercise Classes!

Your friend can learn more or get started today by emailing us at wellnessworks@bidmc.harvard.edu. Make sure they mention your name!

***: Someone who has not participated in WW for at least a year**