

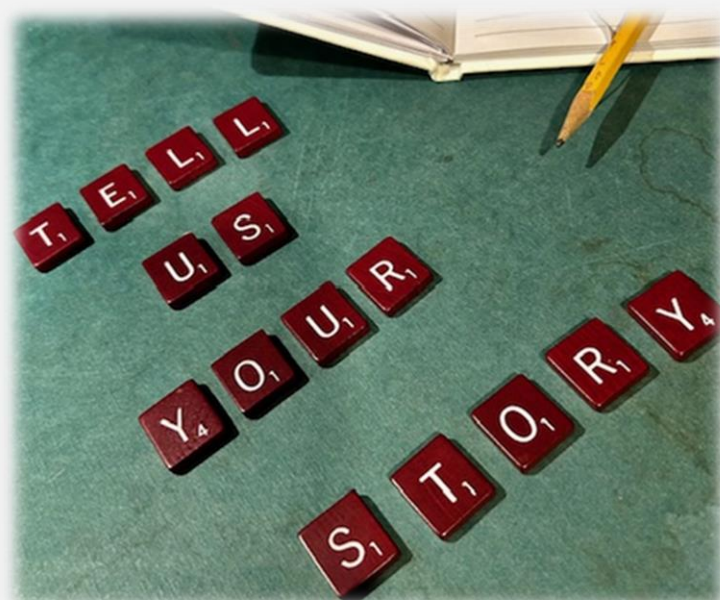
In Our Own Words: Creating Connections Through Narrative Medicine

NEW GRANT FOR PEOPLE WITH PARKINSON'S

What is Narrative Medicine?

An approach in healthcare that emphasizes the importance of understanding and engaging with each patient's unique story.

Narrative medicine studies show better health outcomes when providers know the story behind the patient.



About the Program

"In Our Own Words" will bring people with Parkinson's together in Zoom workshops to develop 55-word stories that highlight their values and describe what matters most in their illness journey. Stories will be recorded and can be shared with providers to enhance patient-provider relationships. Workshops will be led by Dr. Sneha Mantri, a movement disorders neurologist from Duke University with advanced training in narrative medicine, and Lissa Kapust, LICSW, WellnessWorks Coordinator.

Interested in Participating?

The first series of workshops will occur September 9, 16, 23, and 30th from 1-2pm. For questions or more information, contact **Luna Luo** at zluo1@bidmc.harvard.edu.

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