








Learn more about One Less Stress programs aimed to help navigate work and life demands.



Category	Company		Benefit Provided
Kids Home Education & Fun		KiwiCo provides monthly shipments of activities, games and projects meant to stimulate, teach and entertain children ages 0-14.	Three-month subscription that will provide (1) KiwiCo crate per month for up to (2) children per month.
		Bookroo provides a monthly shipment of picture books, chapter books or board books to your home.	Three-month subscription that will provide (1) Bookroo crate per month for up to (2) children per month.
Meal Delivery		Unwind, relax and enjoy the dinnertime you deserve. High-quality chef-prepared entrees and sides, prepared locally and hand-delivered to your home.	Subscription covers your choice of: <ul style="list-style-type: none"> • 4 entrees and 6 sides per delivery (2 servings each). • 2 entrees and 4 sides per delivery (2 servicing each). • 4 entrees and 6 sides per delivery (1 serving each).
Restaurant Delivery		Uber Eats provides restaurant takeout/delivery to your home in an easy convenient and safe manner.	A monthly credit to your Uber Eats account to use on food delivery for the duration of the program.
Car Detail Servicing		Car Care provides full car washing/detailing services including hand washing, window cleaning, waxing, interior/exterior detailing, and more.	Credit that covers one full car detailing service.
Health & Wellness		Monthly care package deliveries consisting of fresh soup, snacks, blankets, creams, and other gifts for the family.	A monthly delivery of a care package for the duration of the program (3 months).
Flower Delivery		Seasonal, sustainable sourced bouquets sent straight to your door or the ability to choose to send flowers to someone else.	A monthly delivery of a flower arrangement for yourself or someone you choose to share with for the duration of the program (3 months).