

# First United Methodist Church of Hampton

110 E Queen St Hampton VA 23669

(757) 723-6577

**January 26, 2020    10:00 a.m.**

*3rd Sunday after the Epiphany*



**In the name of Christ WELCOME!**

**Although you may be a stranger to us, you are no stranger to God,  
who knows you and loves you, and whose heart is glad at your presence here.**

**We sincerely hope this time of worship will bless your life.**

**As you are able, please stand for acts of worship indicated by an asterisk (\*).**

**UMH indicates The United Methodist Hymnal (red book in pew rack)**

**TFWS indicates The Faith We Sing (thin black book in pew rack)**

**Our Mission: To Know and Share Jesus Christ**

**Help us sustain God's creation by placing used worship bulletins  
in the basket on the credenza in the back of the sanctuary for recycling.**

## LIGHTING OF THE CANDLES

## GREETING AND ANNOUNCEMENTS

## PRELUDE

\*INTROIT

*Praise Ye the Lord*

Chancel Choir

\*CALL TO WORSHIP (Responsively)

*Jesus began his ministry by calling disciples to follow him and be in mission with him.*

**Jesus is still calling disciples to follow him and carry out his mission in the world.**

*Our mission is an all-inclusive mission to share Jesus with the world.*

**We have good news to tell! We pray that we will miss no one as we share Jesus' message of love and acceptance with the world.**

\*HYMN

*We Are Called*

TFWS 2172

\*OPENING PRAYER

**We thank you, O God, for calling us into your church to be your people. We have gathered, God of grace and wisdom, because we have heard your call. You have reached out to us in Jesus Christ, you have touched us with your Spirit; and we have turned toward you, seeking to love as we have been loved. We call upon your holy name: empower us to worship and serve you, walking gently upon this earth, through the grace of Jesus Christ. Amen.**

GOSPEL LESSON

Matthew 4:12-23 (CEB)

### Move to Galilee

<sup>12</sup> Now when Jesus heard that John was arrested, he went to Galilee. <sup>13</sup> He left Nazareth and settled in Capernaum, which lies alongside the sea in the area of Zebulun and Naphtali. <sup>14</sup> This fulfilled what Isaiah the prophet said:

<sup>15</sup> *Land of Zebulun and land of Naphtali,  
alongside the sea, across the Jordan, Galilee of the Gentiles,*  
<sup>16</sup> *the people who lived in the dark have seen a great light, and  
light has come upon those who lived in the region and in  
shadow of death.*

**17** From that time Jesus began to announce, “Change your hearts and lives! Here comes the kingdom of heaven!”

### **Calling of the first disciples**

**18** As Jesus walked alongside the Galilee Sea, he saw two brothers, Simon, who is called Peter, and Andrew, throwing fishing nets into the sea, because they were fishermen. **19** “Come, follow me,” he said, “and I’ll show you how to fish for people.” **20** Right away, they left their nets and followed him. **21** Continuing on, he saw another set of brothers, James the son of Zebedee and his brother John. They were in a boat with Zebedee their father repairing their nets. Jesus called them and **22** immediately they left the boat and their father and followed him.

### **Ministry to the crowds**

**23** Jesus traveled throughout Galilee, teaching in their synagogues. He announced the good news of the kingdom and healed every disease and sickness among the people.

*The Word of God for the people of God.*

**Thanks be to God.**

## **GIVING OF OUR TITHES AND OFFERINGS**

### **OFFERTORY PRAYER (responsively)**

*Touch us with your Spirit, O God;*

**Touch us as we give that our giving may reflect our faithful discipleship.**

*Touch us as our gifts go to work, O God;*

**Touch us in the ways of Jesus, that the struggling ones may find freedom in you.**

*Touch us with the will to bring change,*

**That despairing ones may find hope and the lonely may find community.**

*Come Holy Spirit and bless our gifts.*

**Amen.**

### **OFFERTORY**

## \*PRESENTATION OF GIFTS

UMH 94

Praise God from whom all blessings flow;  
Praise God, all creatures here below: Alleluia! Alleluia!  
Praise God, the source of all our gifts!  
Praise Jesus Christ, whose power uplifts!  
Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

## \*HYMN

*I Want to Walk as a Child of the Light*

UMH 206

## PRAYERS OF THE PEOPLE

### PASTORAL PRAYER

Rev. Candee Martin

### The Lord's Prayer

SUNG in Unison

Our Father, which art in heaven, hallowed be Thy name.  
Thy kingdom come, Thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our debts, as we forgive our debtors.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, forever. Amen.

## ANTHEM

Psalm of Quietness

Chancel Choir

## MESSAGE

Follow Me...

Rev. Candee Martin

## \*HYMN

The Summons

TFWS 2130

## \*COMMISSIONING AND BLESSING (Responsively)

Jesus, call us to discipleship.

**As your disciples, we will follow you for you are the hope of our calling.**

Jesus, call us to discipleship.

**As your disciples, we will take the Way of Jesus seriously and commit our lives to follow in your ways.**

Jesus, call us to discipleship.

**As your disciples, we will speak of our faith with sensitivity.**

Jesus, call us to discipleship.

**As your disciples, we will search out the needs of others that surround us.**

Jesus, call us to discipleship.

**As your disciples, we will promote for all the just and generous sharing of basic human needs.**

Leaving their nets, they followed Jesus.

**May the light of Christ shine upon us as it did for those first disciples that our devotion would be as true and our hope fulfilled in Christ coming among us. Amen.**

## **\*POSTLUDE**

A special **THANK YOU** to **Rick Allison and Nancy Basford** for giving of yourselves to fill in with our Music Ministries in Dean Shinn's absence.

*We continue to hold Dean in our prayers as he recovers.*

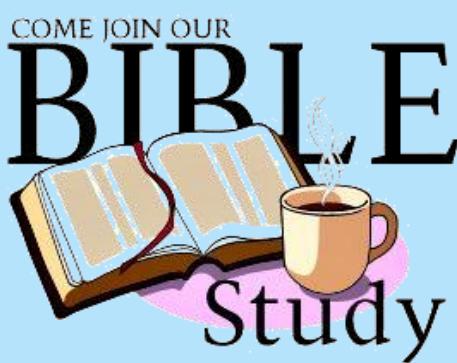
**Saturday, FEBRUARY 1<sup>st</sup> at 2:00 p.m.**

*Please join in the Fellowship Hall to celebrate*

**Calvin “Winnie” Barnes’ 96<sup>th</sup> Birthday**

*(Food and cake will be provided.)*

**Please RSVP to Audrey Thurston at (757) 867-8065**



Study Information for:

***Making Sense Of The Bible***

DATES: Tuesdays, Jan 21, 28 Feb 4, 11  
TIME: 1:00pm  
PLACE: Crouse Parlor  
Hosted By: Brenda Wright

*Sign-up sheet located on wall across from the office.*

## **SAVE THE DATES FOR THESE EVENTS...**

### **A Night's Welcome Begins Saturday, February 15<sup>th</sup>**

Our church will once again host the “A Night’s Welcome (ANW)” program beginning Saturday, February 15<sup>th</sup> and going through the morning of February 22<sup>nd</sup>. ANW gives us an opportunity to minister to the needs of our homeless brothers and sisters by providing a safe, warm place for them to sleep and two hot meals (breakfast and dinner) daily.

Nightly volunteer opportunities include coordinating showers, preparing and serving meals, staying overnight, or washing bath towels and wash cloths. Sign-up sheets are located on the wall behind the Sanctuary.

In addition, I will need a few volunteers on Saturday, February 15<sup>th</sup> to help me prepare for the event. We have a little furniture to move, towels and wash cloths to bring over to the shower area, arrange the ladies sleeping areas by putting down carpet and their mats, as well as, bringing in all the mats and clean sheets and blankets to get them warmed up to room temperature. If we have families in the shelter, we will need to arrange sleeping areas for them as well.

If you have any questions, or would like more information, contact Carol Gardner in the evenings after 4:00 p.m. at 262-6075.

Saturday, **FEBRUARY 29** from 9:00am – 5:00pm

### **CONFLICT TRANSFORMATION SKILLS FOR CHURCHES**

Grace UMC, 1209 Country Club Rd, Newport News

This class is especially relevant during today’s turbulent times!

Registration deadline is **Monday, February 24, 2020**

See flyer in foyer or click link below for more details.

<https://www.yorkriverdistrict.org/news/district-events/trainingevents/conflict->

First Church has a job  
opening for a paid

**NURSERY**  
**WORKER**

Do you know someone who is great with kids, reliable, and looking for a part-time job every Sunday morning? Please ask that person to contact the church office at 757-723-6577 or [office@firstumchamption.org](mailto:office@firstumchamption.org) for information on how to apply.

***Position available immediately!***

# Reminders, Announcements, and Other News



## SUNDAY, JANUARY 26

8:30 am Fellowship (FH)  
9:00 am Sunday School  
10:00 am Worship (S)

## MONDAY, JANUARY 27

*No Activities Scheduled*

## TUESDAY, JANUARY 28

10:00 am Nifty Crafters (CFR)  
1:00 pm Bible Study:  
                  Making Sense Of The Bible (CP)  
6:00 pm Fitness Yoga (FH)

## WEDNESDAY, JANUARY 29

*No Activities Scheduled*

## THURSDAY, JANUARY 30

10:00 am Gentle Yoga (FH)  
5:00 pm Sine Nomine (CR)  
6:15 pm Glory Ringers (CR)  
7:15 pm Chancel Choir (S)

## FRIDAY, JANUARY 31

*No Activities Scheduled*

## SATURDAY, FEBRUARY 1

2:00 pm Calvin "Winnie" Barnes Birthday Party

## SUNDAY, FEBRUARY 2

8:30 am Fellowship (FH)  
9:00 am Sunday School  
10:00 am Worship (S)  
11:30 am Missions Committee Meeting (FH)



**1/28**

Melinda Myrom  
Amanda Panchyshyn

**1/29**

Mitchell Woods

**1/31**

Bea Ashley

**2/1**

Myiah Britt

**Feb 2**

Rick Allison  
Winnie Barnes  
Rusty Evans  
Hal Prentiss  
Shani Shlyk  
Gerald Walberg

**The Pastor and staff  
wish everyone a happy  
birthday and pray God's  
blessings upon you.**

*If your birthday is not listed or listed  
incorrectly, please accept our apologies  
and let us know in the office so we can  
correct our records. Thank you.*

FH-Fellowship Hall  
CR-Choir Room

HP-Happy People's Class  
S-Sanctuary

CFR-Craft Room  
CP-Crouse Parlor

K-Kitchen

## WORSHIP ASSISTANTS TODAY, SUNDAY, JANUARY 26

LITURGIST: Richard Slye  
FINANCE: Bill Diggs  
COUNTERS: Donna Robinson  
Vince Mundie

## WORSHIP ASSISTANTS NEXT SUNDAY, FEBRUARY 2

LITURGIST: Jay Smith  
FINANCE: Vesta Wallio  
COUNTERS: Vesta Wallio  
Ann Gordon Evans

## Altar Flowers

The flowers on the altar this morning given by

***The Worship Committee  
In honor of all of our Military and First Responders***

Next Week: Christine Woods

## Attendance Last week

Worship: **63** Sunday School: **45**

**THANK YOU** to all who have so generously donated so that we have had flowers on the chancel in 2019. The 2020 Flower chart is up in the hallway across from the choir room. If you would like to help adorn the chancel with fresh flowers, please reserve a Sunday on the chart or call the church office. The price is still \$50.00 for two arrangements. We have a lot of dates including the following that are available for donation/dedication:

**May 3, 10, 24 and 31**

If you would like to help adorn the chancel with fresh flowers, please reserve a Sunday on the chart or contact the church office.



HEAR MY  
PRAYER.  
O LORD

Please remember in prayer those from our congregation:

Dean Shinn  
Doris Diggs  
Kathy Minkoff  
Greg Wilson  
Ann Gordon Evans  
Winnie & Gale Barnes  
Jackie Taylor  
Adam Shlyk  
Allen Langford  
Lil' Bit Brown  
Nell Writtenberry  
Barbara Cubbage  
Candee Martin and family  
Lenny Yarrington  
Robin Welch  
Marianne Prentiss  
Ray and Tricia Waldon

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Members will be listed for four weeks unless church office is notified.

Is there someone for whom you would like us to pray?  
Please contact the church office.

Our friends and family members in need of prayer:

The family of Tiffany Temple  
The family of Donna Deans  
Kay Outland (Bob Allsbrook's sister)  
Michelle Allsbrook  
Chastain Cannon (Pastor Candee's cousin)  
Scarlett Lutz Kasperbauer



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Persons will be listed for four weeks unless church office is notified.

*Thank you for your loving care and concern for me during my hip replacement surgery and recovery. I have felt your many prayers and, thankfully, am doing well. I hope to be back at church soon.*

*With much love,  
Ann Gordon Evans*



Third Sunday after the Epiphany

## Five 5 disciplines of teams that thrive

A study of more than 2,500 church leadership teams over two years revealed several distinctive features of thriving leadership teams.

**Focus on purpose, the invisible leader of your team.** Great teams pursue a shared purpose that prioritizes making decisions together rather than advising one member who then makes key decisions. Mediocre teams spend most of their time advising the lead pastor, sharing information, and coordinating operations, but they rarely go beyond that point. Exceptional leadership teams work together to do the most important strategic work in the church — making critical decisions regularly and continually.

**Leverage differences in team membership.** Great teams pursue diversity in personality, background and perspective rather than democracy or uniformity. Mediocre teams have too many people with the same gifts, styles, and backgrounds, or seek to include too many persons. Exceptional leadership teams are small, diverse, and consist of persons with complementary skills who concentrate their work on the leadership team.

**Rely on inspiration more than control to lead.** Outstanding teams prioritize leadership through relationship-based inspiration rather than role-based giving of directives. Leaders of mediocre teams prioritize control and directive leadership and neglect the development of positive working relationships. Leaders of exceptional teams focus on transformational leadership and the building of trust that together inspire and free the leadership team to perform with excellence while maintaining solid relationships.

**Intentionally structure your decision-making process.** While mediocre leadership teams make decisions in an unstructured, haphazard manner, exceptional leadership teams utilized a careful step-by-step process while seeking God's perspective and leading when making decisions.

**Build a culture of continuous collaboration.** Exceptional teams meet with intentionality, utilize collaboratively developed agendas, and work together continuously to make the most of meetings. In contrast mediocre teams tend to limit their collaboration to scheduled team meetings and, even when they meet, fail to recognize the benefits of effective meetings.

We identified significant positive relationships between higher team performance and the following four variables: The time a team spent making critical decisions; the degree to which a team sought God's perspective; a team's utilization of careful decision-making processes; the percentage of time that team members adopted a church-wide perspective (rather than a positional-based perspective) during meetings.

In addition, we discovered a strong negative relationship between team performance and team members' stress concerning a fifth variable — the team's dysfunctional communication process. ~ **Lewis Center for Church Leadership**

## Fresh Expressions grant available

Are you considering a fresh expression of church? A fresh expression is a form of church for our changing culture established primarily for the benefit of people who are not yet part of any church. The Church Development Team is pleased to announce the availability of \$500 micro grants for new Fresh Expressions of church. To apply, please visit [www.vaumc.org/FreshX](http://www.vaumc.org/FreshX) and click on the link under Fresh Expression Grant Request.

## Celebrate Heart Havens Month

Heart Havens empowers adults with developmental disabilities to live and thrive in their community. Heart Havens depends on the support of church friends during **February** to sustain their mission as they do not receive any funding from conference apportionments. Please contact them to learn about participating in Heart Havens month. Additional electronic resources will be available [on their website](#) in January. Contact Sara Becker at 804-237-6097 or [sara.becker@hearthavens.org](mailto:sara.becker@hearthavens.org) for more information.

## Laity invited to event with Bishop Lewis

Bishop Sharma D. Lewis invites laity to a time of connection on **Feb. 8, 2020** from 10 a.m. to 12:30 p.m. at Woodlake UMC in Chesterfield and at five satellite locations. "It is my deep desire to reconnect with you in a personal and special way having been away from you for six months on medical leave," Lewis said. "Let us come together both in person and through satellite locations to have a time of worship, fellowship, anointing, sharing our hearts, and reconnecting. I want to hear from you and to share my journey with you." Satellite locations are: Pender UMC, Arlington District; Bridgewater UMC, Harrisonburg District; New Creation UMC, Elizabeth River District; Thrasher Memorial UMC, Roanoke District; Adams-Bloxom Mission Cooperative Parish, Eastern Shore District. Learn more at [www.vaumc.org](http://www.vaumc.org).

## Learn about Calling 21 internships

These nine-week internships are for college-aged young people discerning a call into ministry. Interns will acquire knowledge on the ins and outs of the church life from the perspective of the staff and lead volunteers. This may include leading in worship, meeting with small groups, hospital visits, working with youth in mission, or many other ways the church is actively involved in the community and world. Calling 21 is also seeking host churches for the Calling 21 summer internship. Interns spend eight weeks with the host church, learning what it means to work in the church environment. For more information visit <https://vaumc.org/Calling21> or email The Rev. Meghan Roth Clayton, Chair of the Calling 21 Team, at [meghanclayton@vaumc.org](mailto:meghanclayton@vaumc.org).

Published weekly, the electronic Sunday Advocate summarizes news events affecting Virginia United Methodists and serves as a link to the in-depth reporting of the Virginia United Methodist Advocate, the official magazine of the Virginia Conference. To subscribe to the monthly Virginia Advocate magazine, call (804) 521-1110 or 1-800-768-6040, ext. 110; or e-mail [Advocate@vaumc.org](mailto:Advocate@vaumc.org). Unless indicated, all news compiled courtesy of the Virginia Advocate, the weekly e-Advocate or United Methodist News Service.

# Visitor Center

**TO REACH THE REST ROOMS OR THE NURSERY:** Enter through the canopied entrance on the side of the building. Rest rooms are down the hall to the left. The Nursery is up the steps and down the hall to the right. Greeters and ushers are available to guide you.

**REGISTRATION PADS** are in each pew near the center aisle. Please use these to record your presence, and to pass along information for the pastor or the church office.

**PRAYER REQUEST CARDS** are available in the pews and in the foyer atop the Prayer Box. Deposit them in the box or drop them in the offering plates.

**WE PRACTICE “OPEN” COMMUNION.** We celebrate Holy Communion on the first Sunday of each month, and at other special times. All are welcome at the table of the Lord, regardless of church membership, age, or feelings of worthiness. If you wish to come into relationship with Christ, deepen or renew that relationship, there is a place for you here.

**FOR INFORMATION ABOUT BECOMING A MEMBER OF FIRST UMC,** please indicate so on the registration pad, or contact the pastor.

## OUR SUNDAY MORNING SCHEDULE:

FELLOWSHIP 8:30 AM  
SUNDAY SCHOOL: 9:00 AM  
WORSHIP: 10:00 AM

There is a place for you and your family on Sunday mornings here at First UMC Hampton!

Website: <http://firstumchampton.org/>

# How to Reach Us

**Church Office**  
office@firstumchampton.org  
**757.723.6577**

**Pastor**  
Rev. Candee Martin  
candeemartin@vaumc.org

**Minister of Discipleship and Community Engagement**

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klgreenhill@gmail.com

**Director of Music Ministries**

Dean Shinn  
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Bill Boyer  
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