

# First United Methodist Church of Hampton

110 E Queen St Hampton VA 23669

(757) 723-6577

February 21, 2021 10:00 a.m.

*First Sunday in Lent*



**In the name of Christ WELCOME!**

Although you may be a stranger to us, you are no stranger to God,  
who knows you and loves you, and whose heart is glad at your presence here.  
We sincerely hope this time of worship will bless your life.

As you are able, please stand for acts of worship indicated by an asterisk (\*).

**Our Mission: To Know and Share Jesus Christ**

## Moments for Preparing Our Hearts

CCS WorshipCast License #12794; CCLI License #11363160

Dean Shinn

## Welcome and Announcements

Rev. Kerry Greenhill

## Prelude

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Dean Shinn

## Centering Words

Rev. Kerry Greenhill

*I offer my life to you, God,  
for I know that you love me dearly and faithfully.  
I offer my life to you, God.  
Teach me your paths.*

## Call to Worship (responsive)

Rev. Candee Martin

*Welcome to the time of covenant renewal.  
The God of our salvation greets us here.*  
**We are reminded of God's promises to us;  
We remember the promises we have made.**

*Sense the Spirit descending on us now.  
Hear God's welcoming voice.*  
**Surely God is with us.  
We can hear God calling our names.**

*See the rainbow in the sky.  
Wonder at God's steadfast love.*  
**All creation proclaims the wonders of God.  
We come together to learn what God has to teach us.**

## Hymn

### ***Lift Every Voice and Sing***

Dean Shinn

UMH No. 519

WORDS: James Weldon Johnson, 1921; MUSIC: J. Rosamond Johnson, 1921; © 1921 Edward B. Marks Music Co.; Renewed;  
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- 1. Lift every voice and sing, till earth and heaven ring,  
ring with the harmonies of liberty;  
let our rejoicing rise high as the listening skies,  
let it resound loud as the rolling sea.  
Sing a song full of the faith that the dark past has taught us;  
sing a song full of hope that the present has brought us;  
facing the rising sun of our new day begun,  
let us march on till victory is won.**
- 2. Stony the road we trod, bitter the chastening rod,  
felt in the days when hope unborn had died;  
yet with a steady beat, have not our weary feet  
come to the place for which our fathers sighed?**

**We have come over a way that with tears has been watered;  
we have come, treading our path thru the blood of the slaughtered,  
out from the gloomy past, till now we stand at last  
where the white gleam of our bright star is cast.**

**3. God of our weary years, God of our silent tears,  
thou who hast brought us thus far on the way;  
thou who hast by thy might led us into the light,  
keep us forever in the path, we pray.**

**Lest our feet stray from the places, our God, where we met thee;  
lest our hearts drunk with the wine of the world, we forget thee;  
shadowed beneath thy hand, may we forever stand,  
true to our God, true to our native land.**

### **Lenten Journey from Light to Darkness**

Rev. Candee Martin

*There are many temptations we face in our lives together. We face the temptation of putting our wants above another's needs. We face the temptation of ignoring problems such as hunger, poverty, war, and disease, with the false hope that they will go away without our intervention. We face the temptations of wealth and consumerism. We face many temptations to stray from the path of our faith. As a symbol of our hope in Jesus Christ, teach us again how to love, how to break down walls and to build bridges.*

**Prayer: Lord, help us to keep our feet moving, our hands outstretched, and our hearts open to you. As we journey towards the cross this Lenten season, keep us from temptation and help us to do your work in our world. Amen.**

*[Extinguish first candle]*

Sung Response of the Congregation

**Jesus, remember me when you come into your kingdom. (sing twice)**

### **Gospel Lesson**

**Mark 1:9-15 (CEB)**

Rev. Kerry Greenhill

#### **Jesus is baptized and tempted**

<sup>9</sup> About that time, Jesus came from Nazareth of Galilee, and John baptized him in the Jordan River. <sup>10</sup> While he was coming up out of the water, Jesus saw heaven splitting open and the Spirit, like a dove, coming down on him. <sup>11</sup> And there was a voice from heaven: "You are my Son, whom I dearly love; in you I find happiness."

<sup>12</sup> At once the Spirit forced Jesus out into the wilderness. <sup>13</sup> He was in the wilderness for forty days, tempted by Satan. He was among the wild animals, and the angels took care of him.

#### **Jesus' message**

<sup>14</sup> After John was arrested, Jesus came into Galilee announcing God's good news, <sup>15</sup> saying, "Now is the time! Here comes God's kingdom! Change your hearts and lives, and trust this good news!"



*The Word of God for the people of God.*  
**Thanks be to God.**

## Children's Message

Rev. Kerry Greenhill

## Pastoral Prayer

Rev. Kerry Greenhill

## The Lord's Prayer (spoken in unison)

Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come,  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
Lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory forever. Amen.

## Hymn

### ***Jesus Walked This Lonesome Valley***

Dean Shinn

TFWS No. 2112

WORDS/ MUSIC: American folk hymn; © Public Domain; CCLI License #11363160

1. Jesus walked this lonesome valley;  
he had to walk it by himself.  
Oh, nobody else could walk it for him;  
he had to walk it by himself.
2. We must walk this lonesome valley;  
we have to walk it by ourselves.  
oh, nobody else can walk it for us;  
we have to walk it by ourselves.
3. You must go and stand your trial;  
you have to stand it by yourself.  
Oh, nobody else can stand it for you;  
you have to stand it by yourself.

## Sermon

### ***In Wilderness Times***

Rev. Candee Martin

## Music for Meditation

Dean Shinn

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## Prayer of Confession (unison)

Rev. Candee Martin

God of faithful love and powerful purpose,  
there are times when we are open to your leading--  
times when we walk the path of Jesus  
with courage and hope,  
even when doing so is fearful.

At other times, we close ourselves off,  
hoping that you won't tear open the skies  
and disrupt our lives completely.

Following Jesus can be pretty risky.

Your compassion and faithful love claims us forever,  
as they claimed Jesus when he entered the Jordan  
and made a bold decision to follow you  
on a new and uncertain path. Amen.

## Words of Assurance

Rev. Candee Martin

*Yes, God's compassion and love are forever!  
What God said of Jesus at his baptism,  
God says to us today:  
You are my dearly loved children,  
whom I love deeply.  
God forgives us and loves us dearly,  
now and forevermore.*

## Hymn

### ***Wade in the Water***

Dean Shinn

TFWS No. 2107

WORDS: African American spiritual; SCRIPT: JOHN 5:2-9; MUSIC: African American spiritual; Arr. © 1992 Carl Haywood;  
Words/Music: © Public Domain; CCLI License #11363160

### **Refrain**

**Wade in the water, wade in the water, children,  
wade in the water, God's a'gonna trouble the water.**

- 1. See that host all dressed in white,  
God's a'gonna trouble the water.  
The leader looks like the Israelite,  
God's a'gonna trouble the water.**

### **[Refrain]**

- 2. See that band all dressed in red,  
God's a'gonna trouble the water.  
Looks like the band that Moses led,  
God's a'gonna trouble the water.**

### **[Refrain]**

3. Look over yonder, what do I see?  
God's a'gonna trouble the water.  
The Holy Ghost a'coming on me,  
God's a'gonna trouble the water.

*[Refrain]*

4. If you don't believe I've been redeemed,  
God's a'gonna trouble the water.  
Just follow me down to Jordan's stream,  
God's a'gonna trouble the water.

*[Refrain]*

### Benediction

Rev. Candee Martin

*God continues to tear open the heavens of our world  
and our lives, calling out with a voice of love:*

**“You are my beloved children,  
whom I love deeply.”**

*God continues to tear open the heavens of our world  
and our lives, sending us onto new paths and missions.*

**God changes our hearts and lives,  
and the Spirit pushes us in new directions.**

*“Now is the time! Here comes God’s kingdom!”*

**We are Jesus people.  
We are kingdom people.  
Now is the time! Amen.**

### Postlude

Dean Shinn

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- Centering Words, Prayer of Confession, Words of Assurance, Benediction -- Rebecca J. Kruger Gaudino, *The Abingdon Worship Annual 2021 (2020, Abingdon Press)*
- Call to Worship, *Lead By Love, Worship Resources for Year B* -- Lavon Balyer (United Church Press, Cleveland, Ohio, 1996)
- Lenten Journey from Light to Darkness [adapted] By [Reverend Mindi Welton-Mitchell](#). Reprinted with permission.
- Bulletin cover page photo obtained from <https://www.pinterest.com/pin/749427194224540768/>

## Online Attendance Last week

Online Worship Views: **23**



Feb 21 – Marsha Rew  
Feb 23 – Richard Mundie  
Feb 25 – Beverly Sawyer  
Feb 26 – Carl Roberts  
Feb 26 – Alaina Williams

The Pastor and staff wish everyone a happy birthday and pray God's blessings upon you.

*If your birthday is not listed or listed incorrectly, please accept our apologies and let us know in the office so we can correct our records. Thank you.*



The FUMC Healthy Church Team has continued to monitor the local data regarding COVID-19 and has decided that given the rising numbers of COVID-19 cases in Hampton, **all in-person gatherings are suspended at this time** - small groups, circle meetings, etc. - in addition to worship. The only exception will be for committee meetings required by the Book of Discipline, when meeting virtually is not feasible.

### February 2021 Calendar Events

- Feb 21 – Online Worship 10:00 a.m.
- Feb 23 – SPRC Meeting (FH) 7:00 p.m.
- Feb 24 – Lenten Study: A Disciple's Path (via Zoom) 7:00 p.m.
- Feb 28 – Online Worship 10:00 a.m.
- Feb 28 – Practice of Prayer (via Zoom) 3:00 p.m.

### March 2021 Calendar Events

- Mar 03 – Lenten Study: A Disciple's Path (via Zoom) 7:00 p.m.
- Mar 07 – Online Worship 10:00 a.m.
- Mar 10 – Lenten Study: A Disciple's Path (via Zoom) 7:00 p.m.
- Mar 14 – Online Worship 10:00 a.m.
- Mar 14 – Practice of Prayer (via Zoom) 3:00 p.m.
- Mar 17 – Lenten Study: A Disciple's Path (via Zoom) 7:00 p.m.
- Mar 21 – Online Worship 10:00 a.m.
- Mar 24 – Lenten Study: A Disciple's Path (via Zoom) 7:00 p.m.
- Mar 28 – Online Worship 10:00 a.m.
- Mar 28 – Practice of Prayer (via Zoom) 3:00 p.m.
- Mar 31 – Lenten Study: A Disciple's Path (via Zoom) 7:00 p.m.

## Spiritual Practices

You should have received your letter from Pastor Candee and the Worship Committee that includes some resources for you to engage in daily prayer and Bible reading, including a **Lenten devotional booklet**. If you are used to the idea that Lent means fasting or giving up some kind of food, it may help you to know that while that is one kind of spiritual practice, there are also other options to help focus your attention on God during this season.

- You could **give up something other than food**, something that takes your time, energy, or attention but is not truly necessary. Some people fast from television, social media, shopping, gossip, staying up late, or worrying.
- You could **take on a daily or weekly practice**, such as reading the Bible, praying (or if you pray every day already, it could be a different form of prayer or praying for longer than usual), volunteering, calling people who might be lonely, sending cards to military servicemembers or people in prison, writing letters to elected officials about your values, giving money or needed goods to charitable organizations (such as food for a food pantry, socks for people who are homeless, or school supplies for low-income families - for greatest impact, contact the organization first to find out what they need most).
- You could find a way to **focus your attention and connect with God's presence in something you already do**, from washing dishes to walking the dog, gardening to caring for children to reading the newspaper. Any repeated action can become a spiritual practice with the intention of doing it as prayer and paying attention to how God might be speaking to you.

And if you are in a place where adding one more thing - or giving something up - feels like too much right now, rest assured, **God loves and accepts you**, is present with you, and understands the demands on your life. We are all living with more stress than usual because of the circumstances of the COVID-19 pandemic. **These practices are for our benefit**, not to satisfy a God who demands more than we can give.

## Lenten Study: A Disciple's Path

Pastor Candee and I invite you to take part in this year's Lenten study, using the materials in ***A Disciple's Path*, by James Harnish and Justin LaRosa**. In this study based on Scripture and the Wesleyan theological tradition, we will explore what it means to be a disciple of Jesus Christ, broken out by the commitments included in the United Methodist Church's membership vows: Prayers (and Scripture study), Presence in Worship and Small Groups, Gifts, Service, and Witness.

We will meet **Wednesday evenings at 7:00 p.m., from February 24 to March 31**. The official session will begin at 7:00, but the Zoom meeting will open at 6:30 pm for those who want some time for fellowship before we dive into the material.

This study includes **daily readings and reflection exercises in a workbook, five days each week**. This level of commitment may seem high, but the rewards are great: the study will help you develop spiritual practices, discover your unique gifts, and engage in ministry that brings transformation to your own life and to the lives of others and the world.



**Please click the link below to sign up** so we can make sure to have enough materials for everyone who wants to take part!

[https://docs.google.com/forms/d/e/1FAIpQLSf5FC2FRBn8CBb08DyqDp1mZ1r08\\_Q4GfQYfkGRqfvg7Wy8xA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSf5FC2FRBn8CBb08DyqDp1mZ1r08_Q4GfQYfkGRqfvg7Wy8xA/viewform)

**Time: Wednesdays starting Feb 24, 2021 at 7:00 PM Eastern Time** (6:30 PM for fellowship)

Please download and [this iCalendar \(.ics\) file](#) to add the weekly appointment to your calendar system.

**Join Zoom Meeting:**

<https://us02web.zoom.us/j/86198393447?pwd=aXErZjZvMjhleHcvdXpoVk13SDZCZz09>

**Meeting ID: 861 9839 3447**

**Passcode: 159049**

Call in for audio (mobile or landline):

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

## **Practice of Prayer: 2nd and 4th Sundays at 3pm**

The Practice of Prayer group continues to meet on the 2nd and 4th Sundays of each month at 3pm. This group is open to any and all who are interested in trying out different ways of praying, and who want to take part in a small group committed to praying for each other, for our church, and for the world. Zoom link below.

**Time: Feb 14, 2021 03:00 PM Eastern Time (2nd and 4th Sundays)**

**Join Zoom Meeting**

<https://us02web.zoom.us/j/96779246379?pwd=Y1dqWkZUTzg4L3B5cXBmMUtBWStLUT09>

**Meeting ID: 967 7924 6379**

**Passcode: 11023669**

Call in for audio (mobile or landline):

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 929 205 6099 US (New York)

## **Reach Out with Questions**

I hope you will find nourishment for your faith journey in one of these suggestions or groups. If you have questions or want to talk about these or other matters of faith, please feel free to **contact me at [klgreenhill@gmail.com](mailto:klgreenhill@gmail.com) or 757-751-9783** (my original cell number, 303-641-2442, still works too).

Grace and peace in Christ,

Rev. Kerry Greenhill

Minister of Discipleship and Community Engagement

# Planning for Lent

Lent is a time where we are called to refocus and live more simply while striving to be closer to God, and to live more like Jesus taught us to live our lives. Lent includes a focus on prayer, fasting, and almsgiving/service.

Make a plan for one thing you will do during Lent this year for each focus area of the Lenten season.

Prayer:

Fasting:

Almsgiving / Service:

*Please don't hesitate to send in your prayer requests. Also, please let me know when a prayer request may be removed. Thank you. Blessings to All!*



Please send continuous prayers for all of our teachers and staff along with students and parents as they work through this unconventional school year whether the classes be virtual or in-person.

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**UPDATE:** Please pray for the Crocker family. Kenny is in Sentara Norfolk General Hospital ICU. The bypass surgery went as expected. Julie is able to see him for 30 minutes every couple of hours. At this time, they don't want a lot of people around due to COVID, so beyond keeping Kenny and Julie in your prayers and sending cards, there's not much else we can do. Wendy thanked us for all the prayers that have been uplifted for them. Please continue praying for the Crocker family as they travel on this difficult journey. 2/21

~Carol Gardner

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It is with a sad heart that we share the news that long time member and doctor to many of our church members, Dr. Jess P. Miller passed on January 29th, 2021. Please keep his family in your thoughts and prayers during their time of sorrow. A celebration of Dr. Miller's life will be held at a later date when conditions allow. 2/7

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Kristen Milholen asks for prayers for her friend Tim, who had a kidney transplant on January 21. He has been in serious condition but was showing signs of improvement as of Tuesday morning. He still requires dialysis but the hope is that the new kidney will kick in soon and begin working as it should.

1/31

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Dave Raymond's brother-in-law Jody has stopped radiation treatment for prostate cancer due to some difficult side effects, but he is continuing with monthly chemotherapy, and the doctors believe this treatment will be sufficient. Your continued prayers are appreciated. 1/31

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Please keep Bobby Allsbrook and family in prayer. 12/13

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Please pray for healing for Hannah Kourtiche Kurt. 12/13

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Please keep Michele Benson's husband, Harry "Herc" Howell in your prayers. They've been told that his cancer has returned. Please pray for healing and strength through treatment. 10/25

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Please keep Meg Moore's daughter, Tori in your prayers as she navigates her current health issues. Praying for health and strength for Tori. 10/25

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Please pray for my father, Jim McLees and my cousin Shari. Both have bladder cancer. Thanks so much. 10/18

~ Kristen Milholen

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Lewis Thurston is home and doing better. Thank you for your prayers. We ask that you now please pray for Audrey's 63-year-old daughter, Vicky Murphy, who lives in Orlando, FL. Vicky is in kidney failure. Praying for Audrey and her family. 5/27

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Please continue to pray for all of the families with frontline medical professionals that put their lives at risk daily to help others during the COVID-19 pandemic.

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Please continue to keep our veterans in your thoughts and prayers during these uncertain times.

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## Visitor Center

### **TO REACH THE REST ROOMS OR THE NURSERY:**

Enter through the canopied entrance on the side of the building. Rest rooms are down the hall to the left. The Nursery is up the steps and down the hall to the right. Greeters and ushers are available to guide you.

**REGISTRATION PADS** are in each pew near the center aisle. Please use these to record your presence, and to pass along information for the pastor or the church office.

**PRAYER REQUEST CARDS** are available in the pews and in the foyer atop the Prayer Box. Deposit them in the box or drop them in the offering plates.

**WE PRACTICE "OPEN" COMMUNION.** We celebrate Holy Communion on the first Sunday of each month, and at other special times. All are welcome at the table of the Lord, regardless of church membership, age, or feelings of worthiness. If you wish to come into relationship with Christ, deepen or renew that relationship, there is a place for you here.

**FOR INFORMATION ABOUT BECOMING A MEMBER OF FIRST UMC,** please indicate so on the registration pad, or contact the pastor.

### **OUR SUNDAY MORNING SCHEDULE:**

FELLOWSHIP 8:30 AM  
SUNDAY SCHOOL: 9:00 AM  
WORSHIP: 10:00 AM

There is a place for you and your family on Sunday mornings here at First UMC Hampton!

## How to Reach Us

### **Church Office**

office@firstumchampton.org  
**757.723.6577**

### **Pastor**

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