

First United Methodist Church of Hampton

110 E Queen St Hampton VA 23669

(757) 723-6577

February 9, 2020 10:00 a.m.

5th Sunday after the Epiphany



In the name of Christ WELCOME!

Although you may be a stranger to us, you are no stranger to God,
who knows you and loves you, and whose heart is glad at your presence here.
We sincerely hope this time of worship will bless your life.

As you are able, please stand for acts of worship indicated by an asterisk (*).
UMH indicates The United Methodist Hymnal (red book in pew rack)
TFWS indicates The Faith We Sing (thin black book in pew rack)

Our Mission: To Know and Share Jesus Christ

Help us sustain God's creation by placing used worship bulletins
in the basket on the credenza in the back of the sanctuary for recycling.

LIGHTING OF THE CANDLES

WELCOME AND ANNOUNCEMENTS

PRELUDE

*INTROIT

We Have Gathered

Chancel Choir

*CALL TO WORSHIP (Responsively)

To disciples then and now, Jesus has said, "You are the light of the world...Let your light so shine before all, that they may see your good works and glorify God who is in heaven."

We have come together to be community, to receive light and to be light. To this end, we dedicate our lives.

We have come together to be windows through which, instructed and illuminated by God, we might see the world more clearly.

We have come to be windows through which the world might come to know the light and love of God. To this end, we will praise and magnify God.

*HYMN

Gather Us In

TFWS 2236

*OPENING PRAYER

Light of the World, shine upon us, that we may glimpse your wisdom this day. Love of all creation, flow through us, that we may be filled with your compassion and grace. Flavor and spice of life, salt us with your truth that we may spread your justice and love into all the corners of the earth. In the light of your life, we pray. Amen.

GOSPEL LESSON

Matthew 5:13-16 (CEB)

Salt and light

¹³ "You are the salt of the earth. But if salt loses its saltiness, how will it become salty again? It's good for nothing except to be thrown away and trampled under people's feet. ¹⁴ You are the light of the world. A city on top of a hill can't be hidden. ¹⁵ Neither do people light a lamp and put it under a basket. Instead, they put it on top of a lampstand, and it shines on all who are in the house. ¹⁶ In the same way, let your light shine before people, so they can see the good things you do and praise your Father who is in heaven.

The Word of God for the people of God.

Thanks be to God.

GIVING OF OUR TITHES AND OFFERINGS

OFFERTORY PRAYER

God of light and love, shine through these offerings that our love may radiate throughout the world. Make bright the hope of justice and mercy in places of darkness and fear. Guide our paths that we may always be lights of compassion for a world in need. In Jesus' name we pray. Amen.

OFFERTORY

***PRESENTATION OF GIFTS**

UMH 94

**Praise God from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!**

***HYMN**

This Little Light of Mine

UMH 585

CHILDREN'S MESSAGE

Rev. Kerry Greenhill

PRAYERS OF THE PEOPLE

PASTORAL PRAYER

Rev. Candee Martin

THE LORD'S PRAYER

SUNG in Unison

**Our Father, which art in heaven, hallowed be Thy name.
Thy kingdom come, Thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, forever. Amen.**

ANTHEM

We Will Glorify

Chancel Choir

MESSAGE

Lamp Light

Rev. Candee Martin

***HYMN**

As a Fire Is Meant for Burning

TFWS 2237

*COMMISSIONING AND BLESSING

Go! Let your light shine in the darkness! Be salty, and fulfill the law of love! Go forward with courage, purpose, and determination, secure in the knowledge that the thing we are about – living fully the words of Jesus – is both doable and worth doing, and has already been done by Jesus! God sends us forth, promising to strengthen us for the work we are called to do. The grace of God is given us; the peace of Christ goes with us, and the presence of the Holy Spirit strengthens us for our tasks. Go and be light in the world. **Amen.**

*POSTLUDE

A special **THANK YOU** to
Rick Allison and **Nancy Basford**
for giving of yourselves to fill in with
our Music Ministries in Dean Shinn's absence.
We continue to hold Dean in our prayers as he recovers.



*Prepare your heart for Lent
with beautiful music, meditation
and candlelight.*

CELTIC SERVICE
February 9, 2020 ~ 5:30 p.m.

First Presbyterian Church
514 S. Armistead Avenue, Hampton, VA 23669



A huge **THANK YOU** to everyone who was able to come celebrate Calvin "Winnie" Barnes' 96th birthday with him Saturday. It was such a wonderful surprise for him to see so many people take time to come share this special day with him.

A special thank you to Audrey Thurston and everyone else who worked so hard to put this fabulous celebration together for him. It is greatly appreciated!!

~Gale Barnes



Our next Messy Church will be
Wednesday,
February 12, 2020
at 5:30 p.m.

Come and experience God's love through hands-on crafts, games, science activities, interactive worship, and a full meal!

Join us as we connect with Jesus' teaching to
"Love one another as I have loved you"
(John 13:34-35)

Everyone is welcome - all ages, all backgrounds, any kind of faith or skepticism. Invite your friends and neighbors!

An RSVP is appreciated at <http://bit.ly/MessyCh2020>
so we can plan for the right number of people.

Hope to see you there!

Saturday, **FEBRUARY 29** from 9:00am – 5:00pm

CONFLICT TRANSFORMATION SKILLS FOR CHURCHES

Grace UMC, 1209 Country Club Rd, Newport News

This class is especially relevant during today's turbulent times!

Registration deadline is Monday, February 24, 2020

See flyer in foyer or click link below for more details.

<https://www.yorkriverdistrict.org/news/district-events/trainingevents/conflict-transformation-skills-for-churches-5.html>

UMW

Tuesday, February 18, 2020

Bring something good to share for our 11:30am covered dish luncheon.

Our program will begin about noon. All are invited to be with us for our **General Membership Meeting**. Marilyn Blagg will be presenting her team to show us how to help make kits for *Days For Girls*.

Chestnut Memorial UMC - 1024 Harpersville Road, Newport News

Contact: Jo Rawls (757) 898-4484

A Night's Welcome

Begins Saturday, February 15th

Our church will once again host the "A Night's Welcome (ANW)" program beginning Saturday, February 15th and going through the morning of February 22nd. ANW gives us an opportunity to minister to the needs of our homeless brothers and sisters by providing a safe, warm place for them to sleep and two hot meals (breakfast and dinner) daily.

Nightly volunteer opportunities include coordinating showers, preparing and serving meals, staying overnight, or washing bath towels and wash cloths. Sign-up sheets are located on the wall behind the Sanctuary.

In addition, I will need a few volunteers on Saturday, February 15th to help me prepare for the event. We have a little furniture to move, towels and wash cloths to bring over to the shower area, arrange the ladies sleeping areas by putting down carpet and their mats, as well as, bringing in all the mats and clean sheets and blankets to get them warmed up to room temperature. If we have families in the shelter, we will need to arrange sleeping areas for them as well.

If you have any questions, or would like more information, contact Carol Gardner in the evenings after 4:00 p.m. at 262-6075.

Reminders, Announcements, and Other News



SUNDAY, FEBRUARY 9

8:30 am Fellowship (FH)
9:00 am Sunday School
10:00 am Worship (S)

MONDAY, FEBRUARY 10

7:00 pm Worship Committee Meeting (CP)

TUESDAY, FEBRUARY 11

10:00 am Nifty Crafters (CFR)
10:00 pm Bible Study:
Making Sense Of The Bible (CP)
6:00 pm Fitness Yoga (FH)

WEDNESDAY, FEBRUARY 12

10:00 am UMW Circle 1 (FH)
11:30 am UMW Circle 4 (Vancosta's)
5:30 pm Messy Church (FH)

THURSDAY, FEBRUARY 13

10:00 am Gentle Yoga (FH)
5:00 pm Sine Nomine (CR)
6:15 pm Glory Ringers (CR)
7:15 pm Chancel Choir (S)

FRIDAY, FEBRUARY 14

Happy Valentine's Day!

SATURDAY, FEBRUARY 15

NIGHT'S WELCOME (Feb 15-22)

SUNDAY, FEBRUARY 16

NIGHT'S WELCOME (Feb 15-22)

8:30 am Fellowship (FH)
9:00 am Sunday School
10:00 am Worship (S)



2/9

Luke Greenhill-Raymond
Vesta Wallio

2/10

David Raymond

2/13

Marilyn Ogburn

2/15

Susan Lundgren
Lee Pollard
Eleanor Woodward

2/16

Mary Lauren Smith

**The Pastor and staff
wish everyone a happy birthday
and pray God's blessings upon you.**

If your birthday is not listed or listed incorrectly, please accept our apologies and let us know in the office so we can correct our records. Thank you.

FH-Fellowship Hall
CR-Choir Room

HP-Happy People's Class
S-Sanctuary

CFR-Craft Room
CP-Crouse Parlor

K-Kitchen

**WORSHIP ASSISTANTS
TODAY, SUNDAY, FEBRUARY 9**

LITURGIST: Cheryl Williams
FINANCE: Wayne Barfoot
COUNTERS: Bob Allsbrook
Ralph White

**WORSHIP ASSISTANTS
NEXT SUNDAY, FEBRUARY 16**

LITURGIST: Tami Langford
FINANCE: Bill Diggs
COUNTERS: Brad Allsbrook
JoAnn Walberg

Altar Flowers

The flowers on the altar this morning given by
Jeremy, Josh, and Manda Hooten
In celebration of Vesta Wallio's Birthday

Next Week: JoAnn Walberg

Attendance Last week

Worship: **83** Sunday School: **44**

The 2020 Altar Flower Chart

is up in the hallway across from the choir room. We would appreciate your help to adorn the chancel with fresh flowers. The price is still only \$50.00 for two arrangements. We have plenty of dates including the following that are available to choose from in memory of or to celebrate that special someone:

May 10, 24 and 31

June 7, 14, and 21

If you would like to help adorn the chancel with fresh flowers, please reserve a Sunday on the chart or contact the church office.



Please remember in prayer those from our congregation:

Dean Shinn
Kathy Minkoff
Greg Wilson
Ann Gordon Evans
Winnie & Gale Barnes
Jackie Taylor
Adam Shlyk
Allen Langford
Lil' Bit Brown
Nell Writtenberry
Candee Martin and family
Lenny Yarrington
Robin Welch
Marianne Prentiss
Ray and Tricia Waldon

Members will be listed for four weeks unless church office is notified.

Is there someone for whom you would like us to pray?
Please contact the church office.

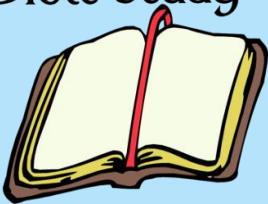
Our friends and family members in need of prayer:

The family of Barbara Cubbage
The family of Tiffany Temple
The family of Donna Deans
Kay Outland (Bob Allsbrook's sister)
Michelle Allsbrook
Chastain Cannon (Pastor Candee's cousin)
Scarlett Lutz Kasperbauer



Persons will be listed for four weeks unless church office is notified.

Bible Study



Making Sense Of The Bible

DATE: Tuesdays, Feb 11

TIME: 1:00pm

PLACE: Crouse Parlor

Hosted By: Brenda Wright

Sign-up sheet located on wall across from the office.



Fifth Sunday after Epiphany

Nurturing a dementia-friendly church

Church members with dementia are often relegated to the margins of the congregation's life and mission, and their gifts and needs are rarely acknowledged. Yet the church is strategically positioned to make a significant difference, and people affected by dementia potentially play a vital role in the life and mission of the church. When they really belong, the church is transformed, and their lives are enriched. Becoming a dementia-friendly church where people with cognitive impairments and their families belong is a theological and ecclesial opportunity and challenge.

Remembering those who are forgotten ~ Because of the stigma attached to forms of dementia and the accompanying denial, people with symptoms are often hidden from the congregation. They drop out of activities and withdraw from participation. The initial action in nurturing a dementia-friendly congregation is simply to know those within the community who are living with dementia. Entering the world of the cognitively impaired and their families and caregivers is like entering another culture with difference in language, worldview, habits, behavior, and needs.

Support groups ~ Caring for people with dementia is stressful, exhausting, and isolating. Studies over the last two decades of the effects of caregiving on family members have concluded that caregiving constitutes a national health problem in the United States. The detrimental effects on the physical, mental, emotional, and relational health of caregivers are well documented. Churches are well positioned to counter the deleterious consequences of caregiving by intentionally supporting family members. Support groups for people in the early state of dementia are also needed, and they are much less readily available.

Adult day care ~ A growing number of churches are offering adult day care programs that are designed to provide care and companionship for older adults who need assistance and supervision. Not all such centers are designated exclusively for people with dementia, but those with cognitive impairments are among the most frequent participants.

Respite care ~ Family members of people with dementia need respite from the persistent demands of caregiving. First United Methodist Church in Montgomery, Alabama, offers a creative combination of adult day and respite, with caregivers receiving special attention. A uniquely creative aspect of the program is that people in early-stage dementia serve as volunteers who work with people in a more advanced stage.

Simple acts of support ~ Recruit, train and supervise a cadre of visitors/friends of those with dementia and their families and maintain regular contact with those confined to home or a facility; provide a weekly meal for families caring for loved ones with dementia; volunteer to sit

with a person with the disease to give the caregiver a break. ~ **Lewis Center for Church Leadership**

Webinar offers results of communication survey

Join Madeline White, Virginia Conference Director of Communications, and Jill Gaynor, president of the conference Board of Communications, for a one-hour webinar on **Feb. 19** as they share insights and results from the communications survey that was released at Annual Conference 2019. Last summer 2,147 people from across the conference took the Board of Communications survey and shared their feedback on a variety of conference communications topics. The findings have been very useful in helping the board and the conference communications team prioritize efforts to continue to improve conference communications. Some of the findings could also be helpful for communications programs in district offices, local churches, and related organizations. You are invited to join the webinar on via Zoom from 2 to 3 p.m. Zoom information is as follows: Meeting ID code: 954 149 868; Dial-in phone number: (646) 876-9923 or (877) 369-0926; <https://zoom.us/j/954149868>.

Learn more about Calling 21 internships

These nine-week internships are for college-aged young people discerning a call into ministry. Interns will acquire knowledge on the ins and outs of the church life from the perspective of the staff and lead volunteers. This may include leading in worship, meeting with small groups, hospital visits, working with youth in mission, or many other ways the church is actively involved in the community and world. Calling 21 is also seeking host churches for the Calling 21 summer internship. Interns spend eight weeks with the host church, learning what it means to work in the church environment. For more information visit <https://vaumc.org/Calling21> or email The Rev. Meghan Roth Clayton, Chair of the Calling 21 Team, at meghanclayton@vaumc.org.

Seeking nominees for Denman, One Matters Awards

Is there someone in your congregation who goes above and beyond when it comes to discipleship? Perhaps they are involved in youth or family ministry and have helped many people to have a relationship with God or they are involved in a local mission that has influenced lives for Christ. They can be clergy, laity and/or youth. Each year the Board of Discipleship recognizes one person in each category who displays discipleship in their lives. Nominations for [Harry Denman Awards](#) are due no later than midnight on **March 2**.

Is your church one that has experienced a positive turnaround in professions of faith and/or baptisms? Has your church gone from zero Professions of Faith in the past to a positive number of Professions of Faith in 2019? If so, you may be eligible for the [One Matters Award](#). Applications are due no later than midnight on March 2. Nominations forms may be sent to BeckyTate@vaumc.org.

Visitor Center

TO REACH THE REST ROOMS OR THE NURSERY: Enter through the canopied entrance on the side of the building. Rest rooms are down the hall to the left. The Nursery is up the steps and down the hall to the right. Greeters and ushers are available to guide you.

REGISTRATION PADS are in each pew near the center aisle. Please use these to record your presence, and to pass along information for the pastor or the church office.

PRAYER REQUEST CARDS are available in the pews and in the foyer atop the Prayer Box. Deposit them in the box or drop them in the offering plates.

WE PRACTICE “OPEN” COMMUNION. We celebrate Holy Communion on the first Sunday of each month, and at other special times. All are welcome at the table of the Lord, regardless of church membership, age, or feelings of worthiness. If you wish to come into relationship with Christ, deepen or renew that relationship, there is a place for you here.

FOR INFORMATION ABOUT BECOMING A MEMBER OF FIRST UMC, please indicate so on the registration pad, or contact the pastor.

OUR SUNDAY MORNING SCHEDULE:

FELLOWSHIP 8:30 AM

SUNDAY SCHOOL: 9:00 AM

WORSHIP: 10:00 AM

There is a place for you and your family on Sunday mornings here at First UMC Hampton!

Website: <http://firstumchampton.org/>

How to Reach Us

Church Office

office@firstumchampton.org

757.723.6577

Pastor

Rev. Candee Martin

candeemartin@vaumc.org

Minister of Discipleship and Community Engagement

Rev. Kerry Greenhill

klgreenhill@gmail.com

Director of Music Ministries

Dean Shinn

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Business Manager

Bill Boyer

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