

First United Methodist Church of Hampton

110 E Queen St Hampton VA 23669

(757) 723-6577

February 16, 2020

10:00 a.m.



In the name of Christ WELCOME!

Although you may be a stranger to us, you are no stranger to God, who knows you and loves you, and whose heart is glad at your presence here. We sincerely hope this time of worship will bless your life.

As you are able, please stand for acts of worship indicated by an asterisk (*).
UMH indicates The United Methodist Hymnal (red book in pew rack)
TFWS indicates The Faith We Sing (thin black book in pew rack)

Our Mission: To Know and Share Jesus Christ

Help us sustain God's creation by placing used worship bulletins in the basket on the credenza in the back of the sanctuary for recycling.

LIGHTING OF THE CANDLES

WELCOME AND ANNOUNCEMENTS

PRELUDE

*INTROIT

We Have Gathered

Chancel Choir

*CALL TO WORSHIP** (Responsively)

Come together, everyone and bring your stories and sing your songs and share in the Spirit.

Let your feelings paint the sky like a rainbow of banners and balloons.

Let your thoughts fill the air and come to life in bodies of sound ringing out like a song to which the whole world will be dancing.

And let even the silence speak with a thousand voices in tribute to our loving, living God and in celebration of our lives -- the priceless gift God has given us.

*HYMN

Morning Has Broken

UMH 145

*OPENING PRAYER**

Invisible God, give us hearts to see the things our eyes overlook. Open our hearts to feel the things our hands can't touch. Open our hearts to hear the still, small voice which sounds like only silence to our listening ears. Teach us to know you for what you really are -- not flash or thunder, but love, softly spoken, flowing like a fountain, bathing the soul and the skin. Amen.

HEBREW SCRIPTURE

Jonah 1:1-17 (CEB)

Commissioning of a reluctant prophet

1 The LORD's word came to Jonah, Amittai's son: **2** "Get up and go to Nineveh, that great city, and cry out against it, for their evil has come to my attention."

3 So Jonah got up—to flee to Tarshish from the LORD! He went down to Joppa and found a ship headed for Tarshish. He paid the fare and went aboard to go with them to Tarshish, away from the LORD. **4** But the LORD hurled a great wind upon the sea, so that there was a great storm on the sea; the ship looked like it might be broken to pieces. **5** The

sailors were terrified, and each one cried out to his god. They hurled the cargo that was in the ship into the sea to make it lighter.

Now Jonah had gone down into the hold of the vessel to lie down and was deep in sleep. ⁶ The ship's officer came and said to him, "How can you possibly be sleeping so deeply? Get up! Call on your god! Perhaps the god will give some thought to us so that we won't perish."

⁷ Meanwhile, the sailors said to each other, "Come on, let's cast lots so that we might learn who is to blame for this evil that's happening to us." They cast lots, and the lot fell on Jonah. ⁸ So they said to him, "Tell us, since you're the cause of this evil happening to us: What do you do and where are you from? What's your country and of what people are you?"

⁹ He said to them, "I'm a Hebrew. I worship the LORD, the God of heaven—who made the sea and the dry land."

¹⁰ Then the men were terrified and said to him, "What have you done?" (The men knew that Jonah was fleeing from the LORD, because he had told them.)

¹¹ They said to him, "What will we do about you so that the sea will become calm around us?" (The sea was continuing to rage.)

¹² He said to them, "Pick me up and hurl me into the sea! Then the sea will become calm around you. I know it's my fault that this great storm has come upon you."

¹³ The men rowed to reach dry land, but they couldn't manage it because the sea continued to rage against them. ¹⁴ So they called on the LORD, saying, "Please, LORD, don't let us perish on account of this man's life, and don't blame us for innocent blood! You are the LORD: whatever you want, you can do." ¹⁵ Then they picked up Jonah and hurled him into the sea, and the sea ceased its raging. ¹⁶ The men worshipped the LORD with a profound reverence; they offered a sacrifice to the LORD and made solemn promises.

No escape for the prophet

¹⁷ Meanwhile, the LORD provided a great fish to swallow Jonah. Jonah was in the belly of the fish for three days and three nights.

The Word of God for the people of God.

Thanks be to God.

GIVING OF OUR TITHES AND OFFERINGS

OFFERTORY PRAYER**

O God, we thank you that Christ has entrusted us with the task of feeding your people. Make us faithful and courageous in our ministry of love and may we use these gifts to your glory. Amen.

OFFERTORY

***PRESENTATION OF GIFTS**

UMH 94

**Praise God from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!**

***HYMN**

Stand By Me

UMH 512

CHILDREN'S MESSAGE

Rev. Kerry Greenhill

PRAYERS OF THE PEOPLE

PASTORAL PRAYER**

Rev. Candee Martin

THE LORD'S PRAYER

SUNG in Unison

**Our Father, which art in heaven, hallowed be Thy name.
Thy kingdom come, Thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, forever. Amen.**

ANTHEM

All I Need

Chancel Choir

MESSAGE

How God Speaks to Us

Rev. Candee Martin

***HYMN**

Lord, Speak to Me

UMH 463

*COMMISSIONING AND BLESSING

Remember always, you are the beloved and adored child of God. Nothing in the universe can ever separate you from God's love and your belovedness. God's gifts of love and grace, mercy and compassion are within you to nurture you and to empower you to nurture others. On your best days, embrace your belovedness and on your worst days when you feel hopeless, find the courage to trust that you are not alone. When you are blocked from experiencing God's love in your waking hours, know that God will find a way for you and perhaps God's pathway will reach you in your dreams. Go now in God's peace trusting in your belovedness and God's faithfulness to you. **Amen.**

*POSTLUDE

**[*Touch Holiness--Resources for Worship* edited by Ruth C. Duck and Maren C. Tirabassi; United Church Press, Cleveland, Ohio 1990]

A special **THANK YOU** to
Rick Allison and **Nancy Basford**
for giving of yourselves to fill in with
our Music Ministries in Dean Shinn's absence.
We continue to hold Dean in our prayers as he recovers.

THANK YOU

A big **THANK YOU** from the United Methodist Men to everyone who was able to attend the *Have A HEART Banquet* to benefit Heart Haven. We had a wonderful turnout and was able to collect a little over \$1,000 to support developmental disabilities to live and thrive in their community. A special thank you to Christine Woods and Jerry Sowers for the awesome entertainment. Everyone's support is greatly appreciated!!

~Ron Rumsey

Reminders, Announcements, and Other News



SUNDAY, FEBRUARY 16

NIGHT'S WELCOME (Feb 15-22)

8:30 am Fellowship (FH)
9:00 am Sunday School
10:00 am Worship (S)

MONDAY, FEBRUARY 17

President's Day ~ OFFICE CLOSED

TUESDAY, FEBRUARY 18

6:00 pm **NO FITNESS YOGA**

WEDNESDAY, FEBRUARY 19

No Activities Scheduled

THURSDAY, FEBRUARY 20

UMW Circle 10 hosting Night's Welcome Dinner

10:00 am Gentle Yoga (FH)
5:00 pm Sine Nomine (CR)
6:15 pm Glory Ringers (CR)
7:15 pm Chancel Choir (S)

FRIDAY, FEBRUARY 21

No Activities Scheduled

SATURDAY, FEBRUARY 22

No Activities Scheduled

SUNDAY, FEBRUARY 23

8:30 am Fellowship (FH)
9:00 am Sunday School
10:00 am Worship (S)



2/16

Mary Lauren Smith

2/17

Buddy Marushi

2/19

Callah Allsbrook

2/20

Cary Allsbrook
Alan Crawford
Joe Godwin

2/21

Karen Bever
Marsha Rew

**The Pastor and staff
wish everyone a happy birthday
and pray God's blessings upon you.**

*If your birthday is not listed or listed
incorrectly, please accept our apologies
and let us know in the office so we can
correct our records. Thank you.*

FH-Fellowship Hall
CR-Choir Room

HP-Happy People's Class
S-Sanctuary

CFR-Craft Room
CP-Crouse Parlor

K-Kitchen

**WORSHIP ASSISTANTS
TODAY, SUNDAY, FEBRUARY 16**

LITURGIST: Tami Langford
FINANCE: Bill Diggs
COUNTERS: Brad Allsbrook
JoAnn Walberg

**WORSHIP ASSISTANTS
NEXT SUNDAY, FEBRUARY 22**

LITURGIST: Ann Gordon Evans
FINANCE: Carol Gardner
COUNTERS: Donna Robinson
Vince Mundie

Altar Flowers

The flowers on the altar this morning given by
JoAnn Walberg
In celebration of our 62nd Anniversary

Next Week: Bill Diggs

Attendance Last week

Worship: **81** Sunday School: **41**

2020 Altar Flower Chart

We would appreciate your help to adorn the chancel with fresh flowers. The price is still only \$50.00 for two arrangements. We have plenty of dates including the following that are available to choose from in memory of or to celebrate that special someone:

May 10, 24 and 31 June 7

August 2, 9, 23 and 30

If you would like to help adorn the chancel with fresh flowers, please reserve a Sunday on the chart across from the choir room or contact the church office.



Please remember in prayer those from our congregation:

Dean Shinn
Kathy Minkoff
Greg Wilson
Ann Gordon Evans
Winnie & Gale Barnes
Jackie Taylor
Adam Shlyk
Allen Langford
Lil' Bit Brown
Nell Writtenberry
Candee Martin and family
Lenny Yarrington
Robin Welch
Marianne Prentiss
Ray and Tricia Waldon

Members will be listed for four weeks unless church office is notified.

**Is there someone for whom you would like us to pray?
Please contact the church office.**

Our friends and family members in need of prayer:

The family of Suzann Messick
The family of Barbara Cabbage
The family of Tiffany Temple
The family of Donna Deans
Kay Outland (Bob Allsbrook's sister)
Michelle Allsbrook
Chastain Cannon (Pastor Candee's cousin)
Scarlett Lutz Kasperbauer



Persons will be listed for four weeks unless church office is notified.



Thank you to everyone that came together to help support Messy Church. Your assistance in getting this program going is greatly appreciated!

~Kerry Greenhill

NIGHT'S WELCOME...



...begins this week and there are still a few ways in which you can participate:

1. We will gather on **Saturday, February 15th** at **8:00 a.m.** in the Fellowship Hall to set-up for our week in mission to our homeless brothers and sisters.
2. Typically, our guests leave us at 7:00 am each morning. However, **Monday February 17th** is President's Day, so we will remain open all day. If you would like to come and be a part of this mission effort, drop by between 1:00 and 5:00 pm that day.
3. We still have several overnight opportunities. We are looking for a male to stay on **Monday, February 17th** or **Wednesday, February 19th**. We are also in need of a female staying on **Friday, February 21st**.

Please contact **Carol Gardner** at **262-6075** for more information or to sign-up for any of these opportunities.

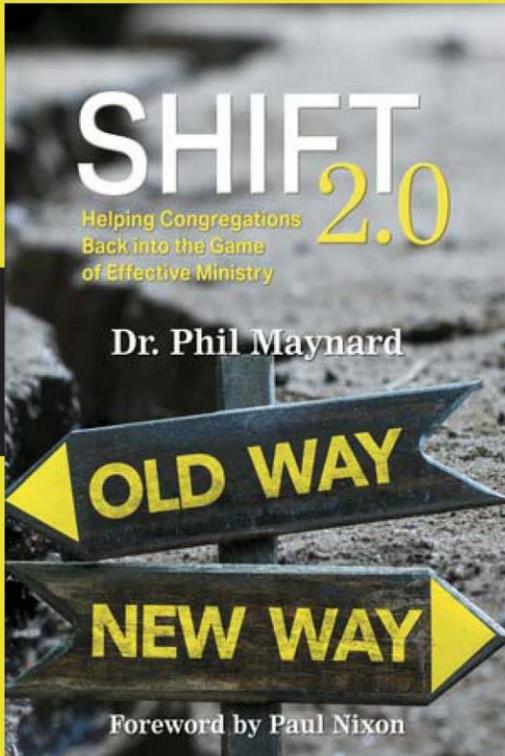
UMW

Tuesday, February 18, 2020

*Bring something good to share for our
11:30am covered dish luncheon.*

Our program will begin about noon. All are invited to be with us for our **General Membership Meeting**. Marilyn Blagg will be presenting her team to show us how to help make kits for *Days For Girls*.

Chestnut Memorial UMC - 1024 Harpersville Road, Newport News
Contact: Jo Rawls (757) 898-4484



Authentic Relationships

A Shift Leadership Training Event

WHEN

Saturday, April 18, 2020
 9:30 am-3:30 pm
 St. Luke's UMC, Yorktown, VA 23692

What if...

- your church was known for fostering deep relationships and caring for one another?
- participants in your congregation began to leverage their natural relational connections to express the love of Jesus?
- your congregation was encouraged to build relationships with their neighbors to be the presence of Christ in their lives?
- your congregation began to see involvement in the local community as an opportunity to influence and serve to make an impact on people's lives?

This engaging training is offered by Dr. Phil Maynard, Director of Excellence in Ministry Coaching (emc3coaching.com).



Dr. Phil Maynard

Author of several books, most with a focus on making growing disciples of Jesus Christ. Phil is a nationally recognized Coach (ICF), a trainer for Districts and Conferences in congregational development, and has served as UM elder for over 30 years in growing disciples and churches.



The Authentic Relationships workshop is designed to help the local congregation understand and apply basic relational principles to connecting people with the love of Jesus Christ. Learn how to foster relational connections in your church; how to encourage your congregation to engage their neighbors; how to help people leverage their relational networks, and how to impact the community through leadership and service.

To register for this event, go to:
<https://yorkriverdistrict.org/news/district-events.html>

SUGGESTED READING:
 Connect! Creating a Culture of Relationships that Matter

Available at emc3coaching.com, Cokesbury.com, and Amazon. Participants receive a PDF workbook, graphically designed and in full color.

**PANCAKE BREAKFAST
AT BETHANY UNITED
METHODIST CHURCH**

**1509 TODDS LANE
HAMPTON, VA 23666**

February 22, 2020 from 7:00 a.m.–11:00 a.m.

Menu

Pancakes

Biscuits & Gravy

Sausage

Donuts

Fruit cup

Orange juice, milk, coffee, tea and juice

\$8 for adults

\$3 for kids (5-12)

Free for under 5

Bethany United Methodist Church

1509 Todds Lane, Hampton, VA 23666



**Central United Methodist Men's
Brunswick Stew Sale
Saturday, February 22nd 1:00 - 4:00 pm
Central United Methodist Church
Church Street in Mathews Court House**

**Reserve yours in advance by purchasing tickets from any member of the
Central United Methodist Men or
purchase at the door while available.
Call 725-8673, 725-3751 or 794-4601 today!**

**There will be a Full Board of Missions Annual Meeting on
Sunday, February 23, 2020
from 3:00 – 5:30 pm
at Providence UMC
113 Old Dare Road, Yorktown, VA 23692**

Conflict Transformation Skills for Churches

(Developed by the Lombard Mennonite Peace Center)

Date: Saturday, February 29, 2020

Time: 9:00 AM - 5:00 PM

Place: Grace United Methodist Church
1209 Country Club Road, Newport News, VA 23606

Facilitator: Rev. Seonyoung Kim, District Superintendent



Workshop Outline

- 9:00 – 10:30 Introduction: The Nature and Role of Conflict
Conflict in the New Testament: Finding Renewal in Conflict
- 10:30 – 10:45 Break
- 10:45 – 12:00 Self-Assessment Exercise: Understanding and Improving Your Own Style of Response to Conflict
- 12:00 – 1:00 Lunch
- 1:00 – 2:30 Interpersonal Peacemaking Skills: How to be Effective When People are Angry
- 2:30 – 2:45 Break
- 2:45 – 5:00 Congregational Conflict: Understanding Conflict in Groups and How to Manage It

This workshop will offer 0.5 CEU (*pending*)

Registration: **Cost is \$25** (Participant's Workbook is \$15 and Lunch is \$10)

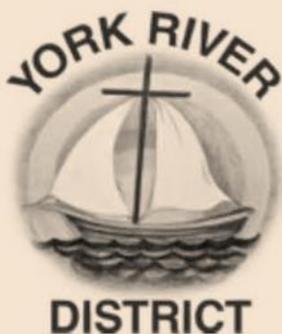
PLEASE NOTE: Registration is not complete until payment is received at the York River District Office.

Please make check payable to:

York River District (annotate Conflict Transformation in the memo line)

Mail to: 6515 George Washington Memorial Hwy, Suite 203, Yorktown, VA 23692.

The deadline to register is Monday, February 24, 2020.



All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation.

2 Corinthians 5:18

Town Hall on General Conference Proposals

February 29th
10 a.m.
Trinity UMC
1294 Poquoson Ave.
Poquoson, VA

For more info call (757)868-6174 ext. 10



Meeting designed to help both clergy and laity to hear from two different perspectives as we head toward General Conference. The Rev. David Hindman and the Rev. Gayle Thornbery will offer remarks about the Protocol of Reconciliation and Grace through Separation and will participate in a Q&A to help all those present to understand the current proposals for General Conference.

Staff/Pastor-Parish Relations Committee Training

Saturday, March 7, 2020

9:30 am - 12:00 pm

First UMC, 10246 Warwick Blvd., Newport News, VA 23601

Rev. Seonyoung Kim, Facilitator

All church Staff/Pastor-Parish Relations Committee members are encouraged to attend this training. All interested church members are welcome to attend as well.

Topics to be covered include:

Clergy Evaluations

Church Ministry Assessments

There will also be time for questions and answers!





Sixth Sunday after the Epiphany

The 4 “C’s” of impactful leadership

What sets a great leader apart from others? What are some of the qualities to look for to help us develop better and stronger leaders? Two historic African American leaders, Harriet Tubman and Frederick Douglass, exhibited four characteristics that set apart their leadership.

Courage ~ Tubman was one of the principal conductors of the Underground Railroad that transported individuals from enslavement in the South to freedom in the North. After she had escaped to freedom herself, she continued to put her own life on the line to free other African Americans. Courage requires the ability to define clearly what is at stake, even when others do not want to hear it, and the ability to organize people to do something about it. For congregational leaders, it takes courage to define clearly what is at stake in doing away with traditions that are no longer relevant. But it also takes courage to take the next step, organizing people around the necessary changes and move the congregation forward in a new way.

Conviction ~ Visionary leaders act with conviction in defense of truths not yet apparent to others. Douglass was convinced that the Declaration of Independence applied to African Americans. The ideals of life, liberty, and the pursuit of happiness were for all. Douglass used the Declaration of Independence as a way of talking about what it meant to be an American, even though African Americans were excluded. This required conviction. In today’s environment, effective congregational leaders must be convinced of the need to focus beyond those already in their churches. This means talking about ministry outside the congregation as if it were taking place already. This is not a delusion, but an action of conviction in a future that does not yet exist.

Collaboration ~ The importance of collaboration cannot be overstated. No matter how great the leader, going it alone is a recipe for disaster. Tubman could not have helped over 300 slaves escape without the help of others. Collaboration is also critical for congregational leaders. Getting others involved in the ministry keeps the workload from falling on the shoulders of just one or two people. It ensures the ongoing success of the ministry even when individual leaders come and go. While one person may be the “conductor” like Tubman, the sacrifice of many shapes the success or failure of a ministry.

Creativity ~ One of Douglass’ most famous speeches was “What to the Slave is the Fourth of July?” The creative genius of this speech was using the celebration of freedom by white Americans to shine a light on the bondage of other Americans. Congregational leaders, as well, must employ creativity to help others see things differently. For example, it is not enough simply to say, “We are struggling financially.” Parishioners can simply deny the truth or wallow in the

challenges unless a leader helps them see things from a different angle and points to a creative way forward. ~ **Lewis Center for Church Leadership**

Webinar offers results of communication survey

Join Madeline White, Virginia Conference Director of Communications, and Jill Gaynor, president of the conference Board of Communications, for a one-hour webinar on **Feb. 19** as they share insights and results from the communications survey that was released at Annual Conference 2019. Last summer 2,147 people from across the conference took the survey and shared their feedback on a variety of conference communications topics. The findings have been very useful in helping the board and the conference communications team prioritize efforts to continue to improve conference communications. You are invited to join the webinar on via Zoom from 2 to 3 p.m. Zoom information is as follows: Meeting ID code: 954 149 868; Dial-in phone number: (646) 876-9923 or (877) 369-0926; <https://zoom.us/j/954149868>.

Nominations open for Conference Lay Leader

Warren R. Harper will conclude service as Virginia Conference Lay Leader in June 2020. The search process for the next Conference Lay Leader is underway. The Book of Discipline of The United Methodist Church states that the Conference Lay Leader is “the elected leader of the conference laity” who has “responsibility for fostering awareness of the role of the laity both within the congregation and through their ministries in the home, workplace, community, and world in achieving the mission of the Church and enabling and supporting lay participation in the planning and decision-making processes of the annual conference, district, and local church in cooperation with the bishop, district superintendents, and pastors” (§607, 2016 Book of Discipline). The Conference Lay Leader shall be elected for a term of not less than four years by the annual conference as the annual conference may determine. The application for service as the Conference Lay Leader is available in this link

(<https://vaumc.org/pages/news/2020news/cllnominations>). Interested persons should contact John Meeuwissen, Search Committee chair, with any questions at 7900 Bressingham Dr, Fairfax Station, VA 22039-3156; john.meeuwissen@verizon.net. Nominations profiles must be submitted by **March 31**. The Search Committee seeks your prayers as they move through this process.

Apply for Youth Service Fund grants

Applications are now being accepted for the Youth Service Fund (YSF) Grants. The YSF exists to support and encourage initiatives that are created and/or led by youth (“by youth”) and aimed at engaging and/or serving youth (“for youth”). Visit this webpage for the application: <https://www.vaumc.org/YSF>. For questions, please contact Becky Tate in the Office of Next Generation Ministries at beckytate@vaumc.org or by calling 804-521-1139. Deadline for all applications is Monday, **Feb. 24**.

Visitor Center

TO REACH THE REST ROOMS OR THE NURSERY: Enter through the canopied entrance on the side of the building. Rest rooms are down the hall to the left. The Nursery is up the steps and down the hall to the right. Greeters and ushers are available to guide you.

REGISTRATION PADS are in each pew near the center aisle. Please use these to record your presence, and to pass along information for the pastor or the church office.

PRAYER REQUEST CARDS are available in the pews and in the foyer atop the Prayer Box. Deposit them in the box or drop them in the offering plates.

WE PRACTICE “OPEN” COMMUNION. We celebrate Holy Communion on the first Sunday of each month, and at other special times. All are welcome at the table of the Lord, regardless of church membership, age, or feelings of worthiness. If you wish to come into relationship with Christ, deepen or renew that relationship, there is a place for you here.

FOR INFORMATION ABOUT BECOMING A MEMBER OF FIRST UMC, please indicate so on the registration pad, or contact the pastor.

OUR SUNDAY MORNING SCHEDULE:

FELLOWSHIP 8:30 AM
SUNDAY SCHOOL: 9:00 AM
WORSHIP: 10:00 AM

There is a place for you and your family on Sunday mornings here at First UMC Hampton!

Website: <http://firstumchampton.org/>

How to Reach Us

Church Office

office@firstumchampton.org

757.723.6577

Pastor

Rev. Candee Martin

candeemartin@vaumc.org

Minister of Discipleship and Community Engagement

Rev. Kerry Greenhill

klgreenhill@gmail.com

Director of Music Ministries

Dean Shinn

deanshinn@aol.com

Business Manager

Bill Boyer

William.Boyer@cox.net

Administrative Assistant

Suzann Messick

office@firstumchampton.org

