



BECOMING A FATHER FOR THE FIRST TIME? WHAT'S IT LIKE?

**Research Study: AN EXPLORATION OF PERINATAL
STRESS AND ASSOCIATED MENTAL HEALTH OF
TRANSITIONING FIRST-TIME FATHERS**

**SHARE YOUR
STORY!**

CONFIDENTIAL

**\$25 AMAZON
GIFT CARD
TO EACH FULL
PARTICIPANT**

***FIRST TIME
BIOLOGICAL
FATHER**

***LIVING WITH
PREGNANT /
EXPECTANT
PARTNER**

***U.S. CITIZEN**

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