



ST. MICHAEL'S  
EPISCOPAL CHURCH

FEBRUARY 22, 2026

10:15 AM SERVICE



# Lent From The **Inside** Out

# LENT 1: *Prayer of Abandonment*

Father, I abandon myself into your hands, do with me what you will.

Whatever you may do, I thank you: I am ready for all, I accept all.

Let only your will be done in me and in all your creatures.

I wish no more than this, O Lord.

Into your hands, I commend my soul;

I offer it to you with all the love of my heart;

For I love you, Lord, and so need to give myself:

To surrender myself into your hands without reserve and with boundless

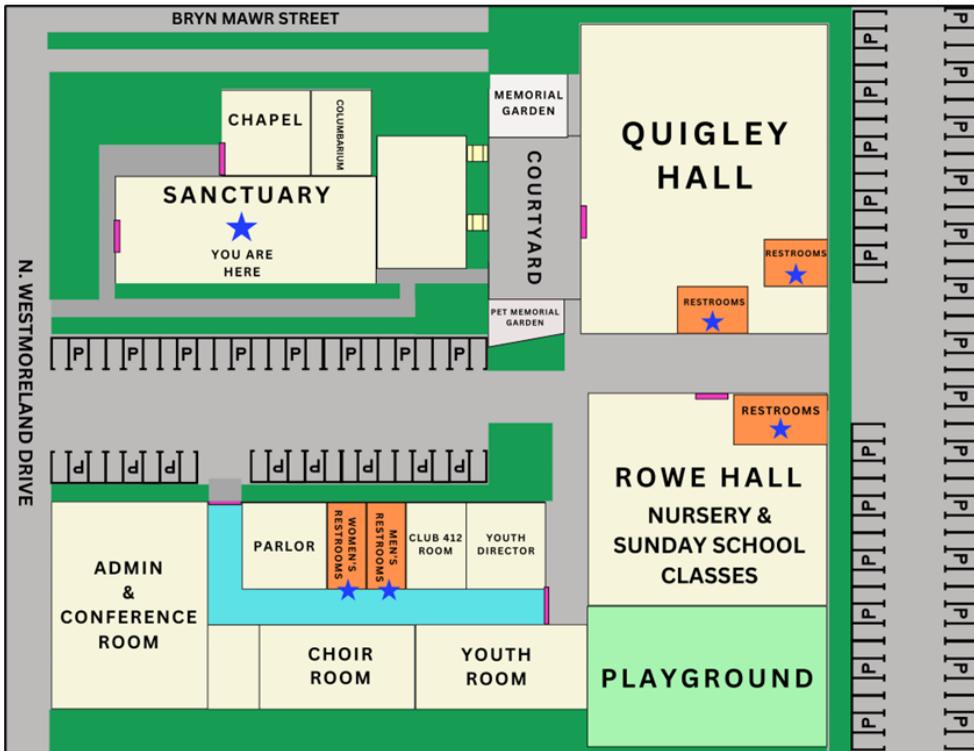
confidence. For you are my Father.

**(Charles de Foucauld)**

# WELCOME TO ST. MICHAEL'S CHURCH

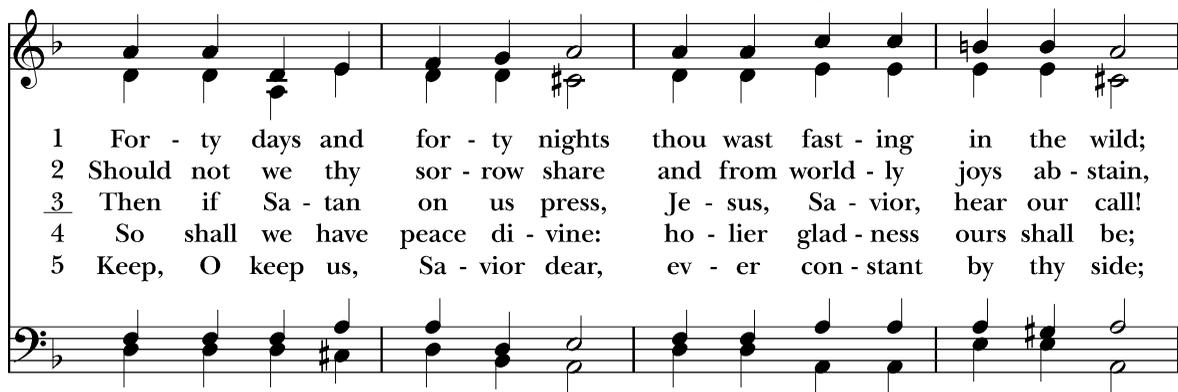
Wherever you are on your spiritual journey, we welcome and accept you, and we trust God to take you where God wants you in God's timing. We want to be a safe place for you to experience God's grace, love, and presence with us.

Welcome home.

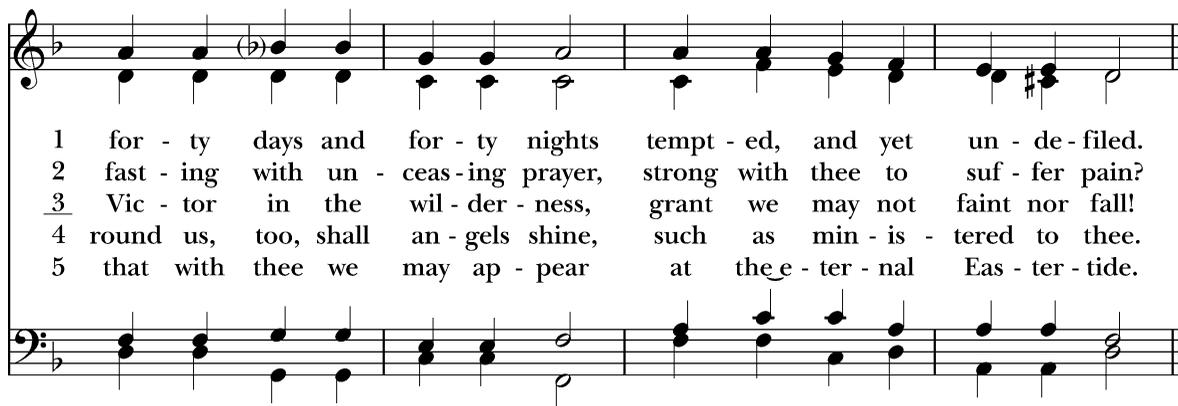


## PROCESSIONAL HYMN

## Forty days and forty nights



1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
 2 Should not we thy sor - row share and from world - ly joys ab - stain,  
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;



1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smytman (1822-1870), alt. Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889).

## LITURGY OF THE WORD

All standing, the Celebrant says

### Acclamation

**Celebrant** Bless the Lord who forgives all our sins;

**People** His mercy endures for ever.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

## HYMN OF PRAISE Kyrie eleison (from Mass for a Servant Church)

Kyrie

*Cantor/Presider, then all:* Ky - ri - e, e - le - i - son. *Cantor/Presider, then all:* Chri - ste, e -

*Cantor/Presider, then all:* le - i - son. Ky - ri - e, e - le - i - son.

## COLLECT OF THE DAY

*Celebrant*        The Lord be with you.

*People*            **And also with you.**

*Celebrant*        Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

## FIRST READING

**Genesis 2:15-17; 3:1-7**

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Reader*            The Word of the Lord.

*People*            **Thanks be to God.**

**Psalm 32** *(to be read responsively by half-verse)*

- 1 Happy are they whose transgressions are forgiven, \*  
**and whose sin is put away!**
- 2 Happy are they to whom the LORD imputes no guilt, \*  
**and in whose spirit there is no guile!**
- 3 While I held my tongue, my bones withered away, \*  
**because of my groaning all day long.**
- 4 For your hand was heavy upon me day and night; \*  
**my moisture was dried up as in the heat of summer.**
- 5 Then I acknowledged my sin to you, \*  
**and did not conceal my guilt.**
- 6 I said, "I will confess my transgressions to the LORD." \*  
**Then you forgave me the guilt of my sin.**
- 7 Therefore all the faithful will make their prayers to you in time of trouble; \*  
**when the great waters overflow, they shall not reach them.**
- 8 You are my hiding-place;  
you preserve me from trouble; \*  
**you surround me with shouts of deliverance.**
- 9 "I will instruct you and teach you in the way that you should go; \*  
**I will guide you with my eye.**
- 10 Do not be like horse or mule, which have no understanding; \*  
**who must be fitted with bit and bridle,  
or else they will not stay near you."**
- 11 Great are the tribulations of the wicked; \*  
**but mercy embraces those who trust in the LORD.**
- 12 Be glad, you righteous, and rejoice in the LORD; \*  
**shout for joy, all who are true of heart.**

## SECOND READING

## ROMANS 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Reader*            The Word of the Lord.

*People*            **Thanks be to God.**

(please stand)

## GOSPEL HYMN

# Bless the Lord

Dm G Dm B $\flat$  C F A

Bless the Lord, my soul, and bless God's ho - ly name.

Dm G Dm B $\flat$  C Dm

Bless the Lord, my soul, who leads me in - to life.

*Words:* Taizé Community

*Music:* Jacques Berthier, 1923–1994

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## HOLY GOSPEL

*Deacon*            The Holy Gospel of our Lord Jesus Christ according to Matthew 4:1-11

*People*



Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him,

“If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written,

‘One does not live by bread alone,

but by every word that comes from the mouth of God.’”

Then the devil took him to the holy city and placed him on the pinnacle of the temple,

saying to him, “If you are the Son of God, throw yourself down; for it is written,

‘He will command his angels concerning you,’

and ‘On their hands they will bear you up,

so that you will not dash your foot against a stone.’”

Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written,

‘Worship the Lord your God,

and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

*Deacon*            The Gospel of the Lord

*People*



## SERMON

## NICENE CREED

*All Stand*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE

Intercessor: Let us pray to the God who sees not as we see, but looks upon the heart , that this holy season may shape us from the inside out.

Lord, you call us not to appearances but to truth. You meet us beneath our defenses, beneath our roles, beneath our pretending. Quiet the voices within us that accuse and shame. Teach us to rest in your mercy.

Lord, search our hearts.

**And renew us by your grace.**

Form your Church into a community of honesty and healing, where repentance is not fear but freedom, where confession is met with compassion, and where every sinner discovers they are welcomed home.

Make us a people whose lives preach the gospel we proclaim.

Lord, search our hearts.

**And renew us by your grace.**

God of mercy, you see the hidden wounds of nations and peoples:

Where there is violence born of fear, soften hearts.

Where there is injustice hardened into systems, awaken conscience.

Where leaders grasp for power, plant wisdom and humility.

Teach us to hunger not only for our own comfort but for the healing of the world you love.

Lord, search our hearts.

**And renew us by your grace.**

You know the burdens carried in silence: anxieties we hide, grief we postpone, addictions we disguise, relationships strained but unspoken.

Bring light where people feel trapped within themselves.

Bring companionship where people feel alone within their pain.

Bring hope where people cannot imagine change.

We pray especially for those we now name before you... {LIST}

Lord, search our hearts.

**And renew us by your grace.**

Hold in your mercy those who have died {PAUSE}, who now see you face to face. Where all masks fall away and every heart is fully known and fully loved. Give us grace to live today in light of eternity.

Lord, search our hearts.

**And renew us by your grace.**

Priest: Merciful Father, you hate nothing you have made, nor reject the contrite heart. Create in us clean hearts, O God, and renew a right spirit within us, that, walking the way of the cross, we may find it to be the way of life; through Jesus Christ our Lord. **Amen.**

## CONFESSION OF SIN

*Remain kneeling.*

*The Deacon then says*

Let us confess our sins against God and our neighbor.

*Silence.*

*Minister and People*

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. **Amen.**

*The Priest stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

*Amen.*

## **PEACE**

*All stand.*

*Celebrant*      The peace of the Lord be always with you.  
*People*            **And also with you.**

*(you may sit)*

## **ANNOUNCEMENTS**

## **BIRTHDAY/ANNIVERSARY BLESSINGS**

## **CHILDREN'S SERMON**

## **HOLY COMMUNION**

*The Celebrant says*

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.  
Ephesians 5:2

## **OFFERTORY ANTHEM**

Kyrie Eleison    L. Vierne (1870-1937)

*TEXT: the English translation and the original Greek can be found in the red Book of Common Prayer in the pew, p.324.*

*(you may stand)*

## **GREAT THANKSGIVING (Prayer C)**

*The people remain standing.*

*Celebrant*      The Lord be with you.

*People*          **And also with you.**

*Celebrant*      Lift up your hearts.

*People*          **We lift them to the Lord.**

*Celebrant*      Let us give thanks to the Lord our God.

*People*          **It is right to give him thanks and praise.**

*The Celebrant proceeds*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

# SANCTUS

Celebrant and People

## Holy, Holy, Holy

Ho - ly, Ho - ly, Ho - ly Lord God of  
hosts. Heav - en and earth are full, full of your  
glo - ry. Ho - san - na, ho - san -  
na, ho - san - na in the high - est.  
Bless - ed is he who comes, comes in the name of the  
Lord. Ho - san - na, ho - san -  
na, ho - san - na in the high - est.

**(you may kneel)**

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,  
as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

*Amen.*

*The Celebrant then continues*

And now, as our Savior  
Christ has taught us,  
we are bold to say,

*Celebrant and People*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## BREAKING OF THE BREAD

*A period of silence is kept.*

### Lamb of God

Lamb of God, you take a-way the sins of the world, have  
mer-cy on us. Lamb of God, you take a-way the  
sins of the world, have mer-cy on us. Lamb of  
God, you take a-way the sins of the world, grant us peace.

Music: *Mass for a Servant Church*, Michel Guimont, © 2010, GIA Publications, Inc.

*The Celebrant says*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**COMMUNION ANTHEM****Who is at my window****W. Russell**

*TEXT: Who is at my window, who? Go from my window, go. Who calls there so like a stranger? Go from my window, go. Lord, I am here, a wretched mortal, that for thy mercy does cry and call unto thee; my Lord celestial see, who is at thy window, who? Remember thy sin and all thy smart, and all for thee what was my part. Remember the spear that thirlit my heart, and in at my door thou shall go. I ask no thing of thee, therefore, but love for love to lay in store. Give me thy heart, I ask no more. And in at my door thou shall go. Who is at my window, who? Go from my window, go. Cry no more there like a stranger but in at my door thou go.*

*HYMN NOTE: With this hymn comes one of the most heartrending stories in the annals of hymnody. The author, Horatio G. Spafford (1828-1888), was a Presbyterian layman from Chicago. Spafford's fortune evaporated in the wake of the great Chicago Fire of 1871. Having invested heavily in real estate along Lake Michigan's shoreline, he lost everything overnight. In a saga reminiscent of Job, his son died a short time before his financial disaster. But the worst was yet to come. Desiring a rest for his wife and four daughters, he planned a European trip for his family in 1873. A last-minute business development prevented him from leaving with them, and sent his wife and four daughters on ahead as scheduled on the S.S. Ville du Havre. He expected to follow in a few days. On November 22 the ship was struck by the Lochearn, an English vessel, and sank in twelve minutes. Several days later the survivors were finally landed at Cardiff, Wales, and Mrs. Spafford cabled her husband, "Saved alone." Spafford left immediately to join his wife. This hymn is said to have been penned as he approached the area of the ocean thought to be where the ship carrying his daughters had sunk.*

# COMMUNION HYMN

## It is Well

1. When peace, like a riv - er, at - tend - eth my  
 2. Though sa - tan should buf - fet, though tri - als should  
 3. My sin— oh, the bliss of this glo - ri - ous  
 4. And, Lord, haste the day when the faith shall be

1. way, When sor - rows like sea - bil - lows roll;  
 2. come, Let this blest as - sur - ance con - trol,  
 3. thought— My sin— not in part, but the whole—  
 4. sight, The clouds be rolled back as a scroll,

1. What - ev - er my lot, thou hast taught me to  
 2. That Christ has re - gard - ed my help - less es -  
 3. Is nailed to the cross and I bear it no  
 4. The trump shall re - sound and the Lord shall de -

1. say, It is well, it is well with my soul.  
 2. tate, And has shed His own blood for my soul.  
 3. more, Praise the Lord, praise the Lord, O my soul!  
 4. scend, "E - ven so"— it is well with my soul.

It is well with my soul, — It is well with my soul, — It is well, it is well with my soul.

Words: Horatio Spafford (1828-1888). Music: Philip P. Bliss (1838-1876).

## LEV SENDING PRAYER

*If Lay Eucharistic Visitors are to be sent out, the following words are said:*

*The Celebrant*    *In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood.*

*People*            *We, who are many, are one body, because we all share one bread, one cup.*

## POST COMMUNION PRAYER

*After Communion, the Celebrant says*

Let us pray.

*(you may kneel)*

*Celebrant and People*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. *Amen.***

## **BLESSING**

*The priest blesses the people.*

Having been fed with the mercy of Christ,  
go now into the week not hurried, not hardened, but awake.

Love God...  
because God has first loved you;  
with honesty instead of pretense,  
with trust instead of control.

Love others...  
as you have been loved: patiently, mercifully, without keeping score;  
seeing in each person the dignity Christ gives them.

Serve the world ...  
as Christ has served you:  
not to fix everything,  
but to offer yourself in one small act of grace,  
one person, one moment at a time.

And may you fall in love with the God Jesus knew ...  
the Father whose mercy meets you before you are ready,  
and whose love is already waiting for you ahead.

And the blessing of God Almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. Amen.

RECESSIONAL HYMN

Come Thou Fount of Every Blessing



1 Come, thou fount of ev - ery bless - ing, tune my  
 2 Here I find my great - est trea - sure; hith - er,  
 3 Oh, to grace how great a debt - or dai - ly



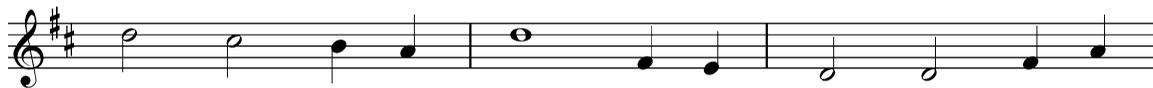
heart to sing thy grace! Streams of mer - cy nev - er  
 by thy help, I've come; and I hope, by thy good  
 I'm con - strained to be! Let thy good - ness, like a



ceas - ing, call for songs of loud - est praise.  
 plea - sure, safe - ly to ar - rive at home.  
 fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by  
 Je - sus sought me when a stran - ger wan - dering  
 prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me  
 from the fold of God; he, to res - cue me from  
 leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.  
 dan - ger, in - ter - posed his pre - cious blood.  
 seal it, seal it for thy courts a - bove.

## **DISMISSAL**

*Deacon*     Go in peace to love and serve the Lord.

*People*     **Thanks be to God.**

## **POSTLUDE**

Toccata and Fugue in D Minor

J. S. Bach

### **Baptism Sunday, Today at the 9 am Gospel Family Service**

We celebrate with joy and thanksgiving the newly baptized members  
of the St. Michael's Family:

*Amara Imogene Boyd*

*Caleb Barrington Boyd*

*Jacob Alexander Brown*

*Zachary Alan Brown*

St. Michael's Preschool  
& Children's Ministry  
present

# Mother & Son Game Night

We welcome moms, grandmas, big sisters,  
aunts, and other mother figures to join us for  
an evening of fun and games with their boys!!

**RSVP HERE**



**FRIDAY  
3/6  
5:30PM -  
7PM**

**MINI PIZZAS, COOKIE DECORATING AND  
VARIOUS GAMES FOR PRESCHOOLER TO HIGH  
SCHOOLERS**



# Monday Morning Bible Study

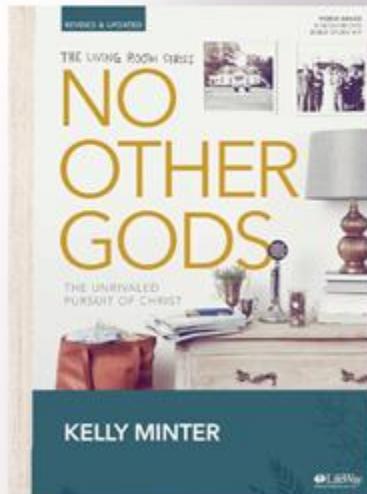
## ***No Other Gods: The Unrivaled Pursuit of Christ*** ***by Kelly Minter***

February 23 – April 13  
9:30 AM Conference Room

While we think of idols as ancient graven images and golden calves, God's people – WE – still battle idolatry every day. We all bow to other gods, and oftentimes without realizing it. Our idols look more familiar – money, fame, power, position, social media, cellphones, people, and even ministry.

Join us as we explore Kelly Minter's 7-week study *No Other Gods: The Unrivaled Pursuit of Christ* as we learn to identify the gods we may be unknowingly serving, and be set free for the more abundant life Jesus gives. Books can be found on the Amazon and Lifeway websites for \$22 each, plus tax & shipping. Be prepared to discuss the Introduction and Session Two, pages 6-37, at our first meeting; we won't be utilizing the video. We will meet each Monday, except April 6.

*For any questions, contact Patty Tew at (407) 341-3218 or [pltew711@gmail.com](mailto:pltew711@gmail.com).*





ST. MICHAEL'S  
EPISCOPAL CHURCH

2026 Lenten Guide  
and Reflections



Lent from the  
**INSIDE** OUT

A GUIDE TO PRAYER AND REFLECTION IN THE SEASON OF LENT



Scan here to  
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Lenten Guide  
and Reflections



ST. MICHAEL'S  
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**LENT** *from the*  
**INSIDE OUT**

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**SUNDAYS DURING LENT**  
*February 22nd - March 29th*

**AT 9 AM IN THE PARLOR**  
*During 'Faith Formation'*

**BEGINNING ON**  
**SUNDAY, FEBRUARY 22ND**  
*Join us for a deeper exploration  
in the Lenten season*

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# Lenten Bible Challenge

## A 40-Day Journey through Matthew



You're invited to rediscover Christ anew by reading through the Gospel of Matthew in 40 days. You'll cover approximately 30 verses each day for six days a week and then take Sunday as a day of rest. This requires intentionality and may require fasting 10 minutes a day from Facebook, X, the news, or ESPN to reflect on God's "love letter" to you.

### HERE ARE THE DAILY READINGS BEGINNING ON ASH WEDNESDAY

#### FEBRUARY 18-21

WED 1:1-25  
THURS 2:1-23  
FRI 3:1-17  
SAT 4:1-25

#### FEBRUARY 22-28

SUN Rest  
MON 5:1-19  
TUES 5:20-48  
WED 6:1-34  
THURS 7:1-29  
FRI 8:1-34  
SAT 9:1-37

#### MARCH 1-7

SUN Rest  
MON 10:1-25  
TUES 10:26-42  
WED 11:1-30  
THURS 12:1-21  
FRI 12:22-50  
SAT 13:1-23

#### MARCH 8-14

SUN Rest  
MON 13:24-58  
TUES 14:1-36  
WED 15:1-20  
THURS 15:21-39  
FRI 16:1-28  
SAT 17:1-27

#### MARCH 15-21

SUN Rest  
MON 18:1-35  
TUES 19:1-30  
WED 20:1-34  
THURS 21:1-22  
FRI 21:23-46  
SAT 22:1-22

#### MARCH 22 - MARCH 28

SUN Rest  
MON 22:23-46  
TUES 23:1-39  
WED 24:1-25  
THURS 24:26-51  
FRI 25:1-30  
SAT 25:31-46

#### MARCH 29 - APRIL 4

HOLY WEEK MON 26:1-25 WED 26:47-75 FRI 27:39-66  
SUN Rest TUES 26:26-46 THURS 27:1-38 SAT 28:1-20

#### APRIL 5

EASTER SUNDAY  
CELEBRATE!

# Listening with the Heart: A Lenten Journey of Emotion and Intuition

**Format:** 6-week Lenten series on Zoom

**Practices:** Lectio, Audio, & Visio Divina

**Dates:** Thursdays in Lent  
(February 19 - March 26)

**Time:** 6:30-7:30 pm

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## Holding Hope: Reimagined

This series is for anyone searching for a gentler, deeper way to pray during Lent—one that listens not only for God's word, but for God's movement within.



Scan the QR code to  
join the meeting or  
click on the link in  
the E-messenger.



Contact Heather at [heather@stmichaelschurch.com](mailto:heather@stmichaelschurch.com) with any questions.

A vibrant sunrise scene with a bright sun low on the horizon, casting long, golden rays upwards through a sky filled with soft, white and grey clouds. The colors transition from deep orange and red near the sun to a clear blue at the top.

# **LENT MORNING PRAYER**

**MONDAYS - THURSDAYS @ 7 AM  
FRIDAYS @ 8 AM**

**IN THE CHAPEL DURING LENT**

*Looking for ways to increase your  
conscious contact with God  
this Lent?*



## Noonday Prayer & Compline

Join us Wednesdays at 12 pm & 8 pm  
on Zoom. All are Welcome!

Scan the QR code or click the  
link in the E-messenger.



Noonday Prayer



Compline

# Touching the Feet of Jesus

Foot Washing and Fellowship  
with Orlando Rescue Mission



JOIN US FOR A DAY OF  
LOVE, SERVICE & COMMUNITY  
ON GOOD FRIDAY

**APRIL 3**  
10am - 1pm

Last year, we felt the presence of Jesus at the Orlando Union Rescue Mission's Easter Banquet & Foot Washing. Jesus plans to show up again this year. Follow him for a beautiful opportunity to deepen your faith and connect with your St. Michael's family.

**FOR ANY QUESTIONS, CONTACT**  
Freddy Clayton at 407-928-6375 or  
fred.clayton@ourm.org.

**SCAN THE QR CODE** to sign up.



# Holy Week 2026



**MAUNDY  
THURSDAY**

**APRIL 2  
@ 6:30 PM**



**MAUNDY THURSDAY  
PRAYER WATCH**

**APRIL 2 & 3  
8 PM THURSDAY -  
12 pm GOOD FRIDAY**



**GOOD FRIDAY**

**APRIL 3  
@ 12 PM**



**EASTER DAY**

**APRIL 5  
7:45, 9, & 10:15 AM**

# CAR WASH

**Support Elizabeth Olson's  
Eagle Scout project at the  
Orlando Union Rescue Mission**



**venmo**



**finished project**

## **Donations Welcome!**

**cash, check, venmo, or zelle**

**Venmo: Erik-Olson-149**

**Zelle: troop200scouts@gmail.com**

**date: Sunday, March 1st**

**times: during the 9am and 10:15am  
services**

**@St. Michaels Episcopal Church**

# Feed My Lambs



**“BAG-TREE” SUNDAY, PART II! The “tree” with bags upon it, plus directions, will continue in the Narthex this Sunday. This is to make sure all donated food will have been collected in time, so that:**

**Sunday, March 1 – “Families Sort Food from Bags to Bins” time during Coffee Hour**

**....can happen, and food be delivered before Spring Break.**

PLEASE NOTE: in regards to this ministry, for those not presently attending church, and maybe watching online, if you'd like to participate when we are not actively in the week of “bag filling and collecting”, it is possible to arrange for AMAZON and/or PUBLIX to deliver food to the church.



# SPRING BREAK 2026 YOUTH GETAWAY

**FRIDAY, MARCH 13-SUNDAY, MARCH 15**

Come hang out with students from all over the diocese for an **awesome weekend getaway!**

This is your chance to hit **refresh**, have **fun**, meet new **friends** and **worship** together. We'll laugh a lot, grow in our faith and discover how **life is better when we do it together.**

This weekend is built around our diocesan vision—**Gospel, Church, Mission.** This year we've been learning how the Gospel changes lives and renews us in Jesus. Now we're diving into what it means to be **part of the Church**—where **you belong, are known and are loved.** Guided by Psalm 23, we'll worship and learn together—plus enjoy plenty of games, food, and fun!

**Who?** Grades 7-12th

**When?** Friday, March 13 at 7:00PM - Sunday, March 15 at 12:00PM

**Where?** Camp Wingmann • 3404 Wingmann Rd. Avon Park, FL 33825

**Cost:** \$135 (includes lodging, meals and a t-shirt)

**Questions?** Contact: [kbartle@cfdiocese.org](mailto:kbartle@cfdiocese.org)



**YOU DON'T WANT TO MISS IT—THIS WEEKEND IS FOR YOU!  
REGISTER NOW!**



# AN ALTAR GUILD INVITATION

Would you like to feel the calming  
presence of our Lord in the  
busyness of your life?

**The four rotating teams of the Altar Guild have  
the honor and privilege of this every month**

The loving and dedicated members prepare and  
clean up for the various services at St. Michael's



Please contact the Church office at 407-843-8448, Beatriz Colon at [bccintron@yahoo.com](mailto:bccintron@yahoo.com) or Suzanne Thomas at 407-579-9113 for more information.

# Every gift changes lives

When you give to St. Michael's, you're not just supporting a church — you're joining God in the work of transformation.

Children learn to pray, youth find purpose, and adults rediscover hope because your giving helps Christ's love take shape in their lives.

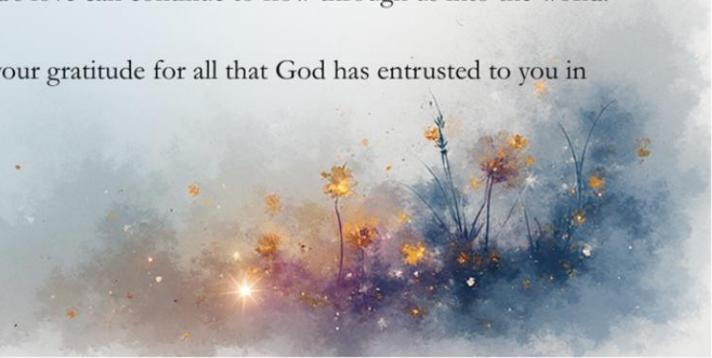
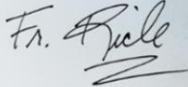
We give because we are grateful — grateful for grace, for forgiveness, for the unshakeable truth that God first loved us.

Generosity becomes our way of turning back to Jesus and saying, "Thank you for trusting me to be part of your work."

As members of Christ's body, we offer what we have — our time, talents, and treasure — so that God's love can continue to flow through us into the world.

How will you express your gratitude for all that God has entrusted to you in 2026?

In Christ's love,



**2026**

**PLEDGE  
COMMITMENT**

Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**During 2026, I/we pledge \$ \_\_\_\_\_ towards God's work through St. Michael's Church.**

Weekly installments of \$ \_\_\_\_\_. Monthly installments of \$ \_\_\_\_\_.

One-time gift of \$ \_\_\_\_\_.

I/we prefer to use \_\_\_ Check \_\_\_ On-line Giving

\_\_\_ Shares of Stock (please call the church office for information)

**Gracious God,**  
All I have comes from you. Deepen my faith, strengthen my trust, and fill my heart with gratitude. Show me how to be part of your mission through St. Michael's.  
**Amen.**

## ST. MICHAEL'S PRAYER LIST

### **Those who have commended themselves to our prayers:**

Alan, Bill, Ellen, Eloise, Emmanuel, Jackie, Janina G., Karen H., Linda D., Linda T., Lisa L., Kathy J., Muriel M., Patrick H., Perrin, Robby, Roger J., Ron N., Sharon, Steve C., Susan M., Tim, Wayne, Wendy.

### **Long-Term Prayer List:**

Angela, Alex, Alexa C., Alyssa R., Andrew, Angie, Ashley T., Benny W., Betsy C., Beth, Brigid, Brittney R., Bryan Family, Cannon, Carla, Carolyn, Caryl, Charlie B., Chris M., Chris P., Claire B., Colton, Conklin/ Hiller Family, Connor R., Curt. R., Cynthia L., Darrell, David B., Deirdre E., Ella, Elijah, Emma, Emily, Eugenia, Felicia, Gary B., Gary M., George T., Gladys M., Gylla, Henry R., Isabella, Jacob B., Jan, Jason, Jeffrey, Jett B., Joyce B., Joanne O., Joseph T., Jimmie, Joe, Joe H., Joey K., John M., Justin, Karen, Karen C., Karen M., Kathy G., Kristel, Kris R., Kyle, Lavelle B., Linda, Linda A., Lisa L., Lisa, Lola, Lucille, Macauly D., Marci A., Margie S., Marion S., Mary, Mary C., Mary Lu, Matt P., Megan and son, Melissa, Martin, Nathan W., Oliver, Paul, Paul T., Paula, Pauline, Phil, Polly, Rebecca, Russ R., Ryan, Sally C., Sam, Sarah, Shaun B., Sonia, Stephanie G., Steve, Susana C., Susan A., Susie D., The Allen Family, Tim, Tracy, Tripp, Vaughn, Virginia C., Will, William

### **Those serving in the armed forces and in harm's way:**

Aaron D., Bradley H., Carolyn H., Chad S., Christopher E., Gloria, Hank H., Hope H., Jonah H., Kenneth K., Ben V., Nick R., Will M., Stuart R.

### **Birthdays:**

22: Dan Tracy, Andrew McPherson, Michael Mosher, 23: Wayne Mosher, Roston Shuman, Vantrese Harris-Blair, Maddie Borrelli, Lauren Colley, 24: Will Daniel, Kelly Gillen, Charlotte Adams, 25: Katie Jennings, 26: Stephanie Cox, Nikolaos Christou, 27: Jeff Jennings, Arel Bosko, Christine Smith, Mac McFadden, Henry Loff, Fletcher Priep, 28: Carol Steinfurth, Christopher Priep, Lydia Starnes, 29: Marcia Cruise

### **Anniversaries:**

26: Ted and Sara Seater

*To place someone on the prayer list, please get in touch with Ashleigh in the parish office at [ashleigh@stmichaelschurch.com](mailto:ashleigh@stmichaelschurch.com)*

## **BIRTHDAY PRAYER**

O God, our times are in your hand: Look with favor, we pray, on your servant(s) *N.* as *they* begin(s) another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* life (lives), through Jesus Christ our Lord. *Amen.*

## **ANNIVERSARY PRAYER**

O God, we ask that you pour your grace and mercies on this (these) couple/s. Guide them with your wisdom, protect them with your love, fill their home with your presence, and may they grow in the grace and knowledge of our Lord and Savior Jesus Christ all the days of their life. *Amen.*

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## **CLERGY AND MINISTERIAL STAFF**

The Rev. Rick Luoni, Rector  
The Rev. Greg Favazza, Assisting Priest  
Andrew J. Walker, Director of Music  
Ella Eagen, Assistant Director of Music  
Mike Robertson, Director of Outreach  
Tiffany Stieger, Director of Children's Ministry  
Melanie Olivier, Director of Preschool  
Mark T. Cole, Director of Youth Ministries

## **VESTRY**

Senior Warden: Jordan Cook Evans  
Junior Warden: Matt Vanture  
Courtney Hazouri  
Brian Rush  
Ashley Bennett  
Eleanor Ackermann  
Basia Andraka-Christou  
Kirsten Leger  
Stephanie Dickinson  
Anna McPherson  
Sam Provencher  
Jenn Mandelion Chrisman

Thank You for Worshiping with Us Today



YouTube.com/SaintMichaelsOrlando



podcast

Listen to the Saint Michael's Orlando Podcast:

<https://podcasters.spotify.com/pod/show/saintmichaelsorlando>

A vibrant graphic with a colorful mosaic background in shades of blue, yellow, and orange. On the left, a blue speech bubble contains the word "Welcome!" in a white, cursive font, accompanied by a small icon of a church with a cross. Below this, a white oval with a dashed orange border contains the text "WE ARE SO GLAD YOU ARE HERE" in bold, black, uppercase letters. At the bottom left, a white rounded rectangle contains the text "Scan the QR code to let us know you are here and to receive our newsletter." On the right side, a large QR code is enclosed in a white border with orange corners.