



ST. MICHAEL'S
EPISCOPAL CHURCH

MARCH 8, 2026

10:15 AM SERVICE



Lent From The
Inside Out

LENT: *The Merton Prayer*

My Lord God,

I have no idea where I am going.

I do not see the road ahead of me.

I cannot know for certain where it will end.

nor do I really know myself,

and the fact that I think I am following your will

does not mean that I am actually doing so.

But I believe that the desire to please you

does in fact please you.

And I hope I have that desire in all that I am doing.

I hope that I will never do anything apart from that desire.

And I know that if I do this you will lead me by the right road,

though I may know nothing about it.

Therefore will I trust you always though

I may seem to be lost and in the shadow of death.

I will not fear, for you are ever with me,

and you will never leave me to face my perils alone.

(Thomas Merton)

PRELUDE

On "Lord, hear the voice of my complaint"

J. S. Bach

PROCESSIONAL HYMN

Rock of ages, cleft for me

HYMN 685

1 Rock of a - ges, cleft for me, let me hide my - self in thee;
 2 Should my tears for ev - er flow, should my zeal no lan - guor know,
 3 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,
 all for sin could not a - tone: thou must save, and thou a - lone;
 when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.
 in my hand no price I bring, sim - ply to thy cross I cling.
 Rock of a - ges, cleft for me, let me hide my - self in thee.

Words: Augustus Montague Toplady (1740-1778), alt. Music: *Toplady*, Thomas Hastings (1784-1872).

LITURGY OF THE WORD

All standing, the Celebrant says

Acclamation

Celebrant Bless the Lord who forgives all our sins;

People His mercy endures for ever.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

HYMN OF PRAISE Kyrie eleison (from Mass for a Servant Church)

Kyrie

Cantor/Presider, then all: Ky - ri - e, e - le - i - son. *Cantor/Presider, then all:* Chri - ste, e -

Cantor/Presider, then all: le - i - son. Ky - ri - e, e - le - i - son.

COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

FIRST READING

EXODUS 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me."

The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 95 *(to be read responsively by half-verse)*

- 1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
**"This people are wayward in their hearts;
they do not know my ways."**
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

SECOND READING

ROMANS 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.

People **Thanks be to God.**

(please stand)

GOSPEL HYMN

Bless the Lord

Dm G Dm B \flat C F A

Bless the Lord, my soul, and bless God's ho - ly name.

Dm G Dm B \flat C Dm

Bless the Lord, my soul, who leads me in - to life.

Words: Taizé Community

Music: Jacques Berthier, 1923–1994

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HOLY GOSPEL

Deacon The Holy Gospel of our Lord Jesus Christ according to John (4:5-42)

People



Glo - ry to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit

(continued on the following page)

and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him.

Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Deacon

The Gospel of the Lord

People



Praise to you, Lord Christ.

SERMON

NICENE CREED

All Stand

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Intercessor: Let us pray to the God who sees not as we see, but looks upon the heart , that this holy season may shape us from the inside out.

Lord, you call us not to appearances but to truth. You meet us beneath our defenses, beneath our roles, beneath our pretending. Quiet the voices within us that accuse and shame. Teach us to rest in your mercy.

Lord, search our hearts.

And renew us by your grace.

Form your Church into a community of honesty and healing, where repentance is not fear but freedom, where confession is met with compassion, and where every sinner discovers they are welcomed home.

Make us a people whose lives preach the gospel we proclaim.

Lord, search our hearts.

And renew us by your grace.

God of mercy, you see the hidden wounds of nations and peoples:

Where there is violence born of fear, soften hearts.

Where there is injustice hardened into systems, awaken conscience.

Where leaders grasp for power, plant wisdom and humility.

Teach us to hunger not only for our own comfort but for the healing of the world you love.

Lord, search our hearts.

And renew us by your grace.

You know the burdens carried in silence: anxieties we hide, grief we postpone, addictions we disguise, relationships strained but unspoken.

Bring light where people feel trapped within themselves.

Bring companionship where people feel alone within their pain.

Bring hope where people cannot imagine change.

We pray especially for those we now name before you... {LIST}

Lord, search our hearts.

And renew us by your grace.

Hold in your mercy those who have died {PAUSE}, who now see you face to face. Where all masks fall away and every heart is fully known and fully loved. Give us grace to live today in light of eternity.

Lord, search our hearts.

And renew us by your grace.

Priest: Merciful Father, you hate nothing you have made, nor reject the contrite heart. Create in us clean hearts, O God, and renew a right spirit within us, that, walking the way of the cross, we may find it to be the way of life; through Jesus Christ our Lord. **Amen.**

CONFESSION OF SIN

Remain kneeling.

The Deacon then says

Let us confess our sins against God and our neighbor.

Silence.

Minister and People

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. **Amen.**

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

PEACE

All stand.

Celebrant The peace of the Lord be always with you.
People **And also with you.**

(you may sit)

ANNOUNCEMENTS

BIRTHDAY/ANNIVERSARY BLESSINGS

CHILDREN'S SERMON

HOLY COMMUNION

The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.
Ephesians 5:2

OFFERTORY ANTHEM Come, thou fount of every blessing Jay Beard

TEXT: The text can be found in the blue hymnal in the pews - #686

COMPOSER INFO: Jay is one of our newest members of the choir. A talented musician, highly conversant in all matters of Music Theory, hosting his own YouTube channel, studied Music at UCF – including composition, and with several works to his name, he has turned his attention to Sacred Choral Music with this piece. We are so excited to premier his new piece to the glory of God, and in thanksgiving for God's work accomplished thru His servant Jay.

(you may stand)

GREAT THANKSGIVING (Prayer C)

The people remain standing.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS

Celebrant and People

Holy, Holy, Holy

The musical score is written on seven staves of music. Each staff begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a time signature of 4/4. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes. The melody is simple and hymn-like, with a mix of quarter, eighth, and half notes, and some rests. The overall mood is reverent and joyful.

Ho - ly, Ho - ly, Ho - ly Lord God of
hosts. Heav - en and earth are full, full of your
glo - ry. Ho - san - na, ho - san -
na, ho - san - na in the high - est.
Bless - ed is he who comes, comes in the name of the
Lord. Ho - san - na, ho - san -
na, ho - san - na in the high - est.

(you may kneel)

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,
as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

Amen.

The Celebrant then continues

And now, as our Savior
Christ has taught us,
we are bold to say,

Celebrant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

BREAKING OF THE BREAD

A period of silence is kept.

Lamb of God

Lamb of God, you take a-way the sins of the world, have
mer-cy on us. Lamb of God, you take a-way the
sins of the world, have mer-cy on us. Lamb of
God, you take a-way the sins of the world, grant us peace.

Music: *Mass for a Servant Church*, Michel Guimont, © 2010, GIA Publications, Inc.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION ANTHEM

O taste and see

R. Vaughan Williams

TEXT: O taste and see how gracious the Lord is: Blest is the man that trusteth in Him. (Psalm 34:8)

ANTHEM NOTE: O Taste and See is a choral anthem composed by Ralph Vaughan Williams in 1953 for the coronation of Queen Elizabeth II – and it was also sung at her funeral in 2022.

Refrain

There is a balm in Gil - e - ad, to make the wound - ed
whole, there is a balm in Gil - e - ad, to
heal the sin - sick soul. soul.

1 Some - times I feel dis - cour - aged, and
2 If you can - not preach like Pe - ter, if you

think my work's in vain, but then the Ho - ly
can - not pray like Paul, you can tell the love of

Repeat Refrain
Spi - rit re - vives my soul a - gain.
Je - sus, and say, "He died for all."

Words: African-American spiritual. Music: *Balm in Gilead*, Afro-American spiritual; acc. David Hurd (b. 1950).

LEV SENDING PRAYER

If Lay Eucharistic Visitors are to be sent out, the following words are said:

The Celebrant *In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood.*

People *We, who are many, are one body, because we all share one bread, one cup.*

POST COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

(you may kneel)

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. *Amen.***

BLESSING

The priest blesses the people.

Having been fed with the mercy of Christ,
go now into the week not hurried, not hardened, but awake.

Love God...
because God has first loved you;
with honesty instead of pretense,
with trust instead of control.

Love others...
as you have been loved: patiently, mercifully, without keeping score;
seeing in each person the dignity Christ gives them.

Serve the world ...
as Christ has served you:
not to fix everything,
but to offer yourself in one small act of grace,
one person, one moment at a time.

And may you fall in love with the God Jesus knew ...
the Father whose mercy meets you before you are ready,
and whose love is already waiting for you ahead.

And the blessing of God Almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. Amen.

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, shield, thee, feed me now and ev - er - more.
 be thou still my strength and shield.
 I will ev - er give to thee.

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: *Cwm Rhondda*, John Hughes (1873-1932).

DISMISSAL

Deacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

POSTLUDE

Voluntary in A minor

William Boyce

Love in Action After the Storm

In the wake of the recent hurricane in Jamaica, many families have been left with significant loss, including basic necessities like clothing.

St. Michael's is responding.

We are collecting new or gently used clothing of any size, for any age, and for any gender. Every shirt, every pair of shoes, every jacket is more than fabric, it is dignity, comfort, and hope for someone rebuilding their life.

This is one small but tangible way we can live out our mission:

Love God. Love Others. Serve the World.

Please bring donations to the collection boxes in the Narthex or Parish Office by June 30, 2026.

Thank you for making a difference.

Fr. Quill





Friday, March 20th

Supper Club

You are invited to
Supper Club at the home of
Courtney and Ken Hazouri



Time: 6:30

Locations: 1514 Lake Daniel Dr, Orlando, FL 32804

Bring food - Last Name:

A-F: Appetizer

G-M: Main Dish (protein or vegetable-based)

N-T: Side Dish (salad, pasta, vegetables, grains, etc.)

U-Z: Dessert

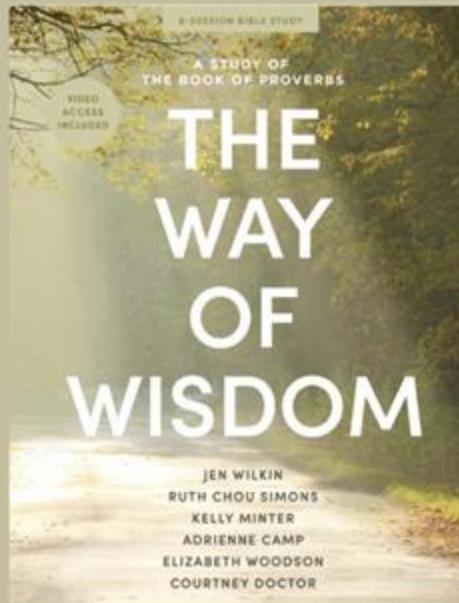
Please bring a dish that corresponds with the **first letter of your last name**. Plan for your dish to serve approximately 6-8 people. We will rotate the letters at each Supper Club gathering so everyone has a chance to contribute different courses throughout the year. If you have a specific beverage you enjoy, you are encouraged to bring it along. The host/hostess may offer a limited selection of beverages. Thank you! We so look forward to seeing you and sharing a delicious evening together.

If you have questions or to RSVP, please call, text, or email:
Courtney Hazouri - 407-721-2993 / email: courtneyhazouri@gmail.com

Support Our Teen Girls in the Month of April!

4 Opportunities to Serve
April 9th, 16th, 23rd, and 30th.

Make dinner
and join in
fellowship at
the home of
Kathy Cox
Where: 1506
Williams Dr.
Winter Park, FL
32789



Sometimes the biggest changes start with a simple “yes.” So, please contact Kathy Cox at 407-797-6903 or ckjgo1@gmail.com to express your interest.



Making Palm Crosses

As we wrap up Lent, everyone is cordially invited to join our awesome Youth for the annual palm cross-making extravaganza for Palm Sunday! Swing by the conference room on Saturday, 3/28, from 11am-2pm.

We'll have some tasty finger foods and snacks to munch on while we craft these leafy masterpieces!



Palm Cross





ST. MICHAEL'S
EPISCOPAL CHURCH

2026 Lenten Guide
and Reflections



Lent from the
INSIDE OUT

A GUIDE TO PRAYER AND REFLECTION IN THE SEASON OF LENT



Scan here to
access the
Lenten Guide
and Reflections



ST. MICHAEL'S
EPISCOPAL CHURCH



LENT *from the*
INSIDE OUT

SUNDAYS DURING LENT

February 22nd - March 29th

AT 9 AM IN THE PARLOR

During 'Faith Formation'

**BEGINNING ON
SUNDAY, FEBRUARY 22ND**

*Join us for a deeper exploration
in the Lenten season*

Lenten Bible Challenge

A 40-Day Journey through Matthew



You're invited to rediscover Christ anew by reading through the Gospel of Matthew in 40 days. You'll cover approximately 30 verses each day for six days a week and then take Sunday as a day of rest. This requires intentionality and may require fasting 10 minutes a day from Facebook, X, the news, or ESPN to reflect on God's "love letter" to you.

HERE ARE THE DAILY READINGS BEGINNING ON ASH WEDNESDAY

FEBRUARY 18-21

WED 1:1-25
THURS 2:1-23
FRI 3:1-17
SAT 4:1-25

FEBRUARY 22-28

SUN Rest
MON 5:1-19
TUES 5:20-48
WED 6:1-34
THURS 7:1-29
FRI 8:1-34
SAT 9:1-37

MARCH 1-7

SUN Rest
MON 10:1-25
TUES 10:26-42
WED 11:1-30
THURS 12:1-21
FRI 12:22-50
SAT 13:1-23

MARCH 8-14

SUN Rest
MON 13:24-58
TUES 14:1-36
WED 15:1-20
THURS 15:21-39
FRI 16:1-28
SAT 17:1-27

MARCH 15-21

SUN Rest
MON 18:1-35
TUES 19:1-30
WED 20:1-34
THURS 21:1-22
FRI 21:23-46
SAT 22:1-22

MARCH 22 - MARCH 28

SUN Rest
MON 22:23-46
TUES 23:1-39
WED 24:1-25
THURS 24:26-51
FRI 25:1-30
SAT 25:31-46

MARCH 29 - APRIL 4

HOLY WEEK MON 26:1-25 WED 26:47-75 FRI 27:39-66
SUN Rest TUES 26:26-46 THURS 27:1-38 SAT 28:1-20

APRIL 5

EASTER SUNDAY
CELEBRATE!

Listening with the Heart: A Lenten Journey of Emotion and Intuition

Format: 6-week Lenten series on Zoom

Practices: Lectio, Audio, & Visio Divina

Dates: Thursdays in Lent
(February 19 - March 26)

Time: 6:30-7:30 pm

Holding Hope: Reimagined

This series is for anyone searching for a gentler, deeper way to pray during Lent—one that listens not only for God's word, but for God's movement within.



Scan the QR code to
join the meeting or
click on the link in
the E-messenger.



Contact Heather at heather@stmichaelschurch.com with any questions.



LENT MORNING PRAYER

**MONDAYS - THURSDAYS @ 7 AM
FRIDAYS @ 8 AM**

IN THE CHAPEL DURING LENT

*Looking for ways to increase your
conscious contact with God
this Lent?*



Noonday Prayer & Compline

Join us Wednesdays at 12 pm & 8 pm
on Zoom. All are Welcome!

Scan the QR code or click the
link in the E-messenger.



Noonday Prayer



Compline

MAUNDY THURSDAY PRAYER WATCH



**In the Chapel or
through our
Online Garden**



Immediately following the Maundy Thursday service through to Good Friday at noon. You can participate by coming to the Chapel or from your home with the online garden via Youtube. Sign-up sheets are in the chapel or scan the QR code above.

Touching the Feet of Jesus

Foot Washing and Fellowship
with Orlando Rescue Mission



JOIN US FOR A DAY OF
LOVE, SERVICE & COMMUNITY
ON GOOD FRIDAY

APRIL 3
10am - 1pm

Last year, we felt the presence of Jesus at the Orlando Union Rescue Mission's Easter Banquet & Foot Washing. Jesus plans to show up again this year. Follow him for a beautiful opportunity to deepen your faith and connect with your St. Michael's family.

FOR ANY QUESTIONS, CONTACT
Freddy Clayton at 407-928-6375 or
fred.clayton@ourm.org.

SCAN THE QR CODE to sign up.



Holy Week 2026



**MAUNDY
THURSDAY**

**APRIL 2
@ 6:30 PM**



**MAUNDY THURSDAY
PRAYER WATCH**

**APRIL 2 & 3
8 PM THURSDAY -
12 pm GOOD FRIDAY**



GOOD FRIDAY

**APRIL 3
@ 12 PM**



EASTER DAY

**APRIL 5
7:45, 9, & 10:15 AM**



The flowers, which enhance our Easter celebration, are purchased with gifts from members of the parish, both as thank offerings and as memorials.

To have your Memorials and Thanksgivings placed in the Easter Bulletin, please turn them in to the church office

NO LATER THAN MONDAY, MARCH 30TH

Scan the QR Code to complete the form for Easter Flowers or stop by the church office to fill out a physical form. Physical forms will be available in the narthex and in Fordham Hall.

Checks are payable to **St. Michael's Church**, marked Easter Flowers, or you can make payments online at www.stmichaelschurch.com and click on GIVE.

(Due to the bulletin printing schedule, Memorials/Thanksgivings will need to be turned in by March 30th, in order to make it into the bulletin.)

FOREIGN EXCHANGE STUDENT

AFS MEETING



What is AFS? Come hear more!!

AFS IS A U.S.-BASED STUDENT EXCHANGE PROGRAM THAT PROVIDES OPPORTUNITIES FOR STUDENTS TO STUDY ABROAD OR HOST INTERNATIONAL STUDENTS. THIS INITIATIVE PROMOTES CULTURAL EXCHANGE AND PERSONAL GROWTH, ENRICHING THE EXPERIENCE FOR EVERYONE INVOLVED.

**JOIN US TO LEARN MORE,
SUNDAY APRIL 12, AFTER 10:15 SERVICE IN
THE CONFERENCE ROOM.**



For more info email
Dennis Tierney:
DT.INTERNATIONAL@YAHOO.COM
www.afsusa.org



SPRING BREAK 2026 YOUTH GETAWAY

FRIDAY, MARCH 13-SUNDAY, MARCH 15

Come hang out with students from all over the diocese for an **awesome weekend getaway!**

This is your chance to hit **refresh**, have **fun**, meet new **friends** and **worship** together. We'll laugh a lot, grow in our faith and discover how **life is better when we do it together.**

This weekend is built around our diocesan vision—**Gospel, Church, Mission.** This year we've been learning how the Gospel changes lives and renews us in Jesus. Now we're diving into what it means to be **part of the Church**—where **you belong, are known and are loved.** Guided by Psalm 23, we'll worship and learn together—plus enjoy plenty of games, food, and fun!

Who? Grades 7-12th

When? Friday, March 13 at 7:00PM - Sunday, March 15 at 12:00PM

Where? Camp Wingmann • 3404 Wingmann Rd. Avon Park, FL 33825

Cost: \$135 (includes lodging, meals and a t-shirt)

Questions? Contact: kbartle@cfdiocese.org



**YOU DON'T WANT TO MISS IT—THIS WEEKEND IS FOR YOU!
REGISTER NOW!**



AN ALTAR GUILD INVITATION

Would you like to feel the calming
presence of our Lord in the
busyness of your life?

**The four rotating teams of the Altar Guild have
the honor and privilege of this every month**

The loving and dedicated members prepare and
clean up for the various services at St. Michael's



Please contact the Church office at 407-843-8448, Beatriz Colon at bccintron@yahoo.com or Suzanne Thomas at 407-579-9113 for more information.

ST. MICHAEL'S PRAYER LIST

Those who have commended themselves to our prayers: Alan, Becca, Beth P., Ellen, Eloise, Emmanuel, Gary M., Jackie, Karen H., Linda D., Linda T., Lisa L., Kathy J., Melinda M., Muriel M., Patrick H., Perrin, Robby, Roger J., Ron N., Sharon, Steve C., Susan M., Tim, Wayne.

Long-Term Prayer List: Angela, Alex, Alexa C., Alyssa R., Andrew, Angie, Ashley T., Benny W., Betsy C., Beth, Brigid, Brittney R., Bryan Family, Cannon, Carla, Carolyn, Caryl, Charlie B., Chris M., Chris P., Claire B., Colton, Connor R., Curt. R., Cynthia L., Darrell, David B., Deirdre E., Ella, Elijah, Emma, Emily, Eugenia, Felicia, Gary B., Gary M., George T., Gylla, Henry R., Isabella, Jacob B., Jan, Janina G., Jason, Jeffrey, Jett B., Joyce B., Joann O., Joseph T., Jimmie, Joe, Joe H., Joey K., John M., Justin, Karen, Karen C., Karen M., Kathy G., Kristel, Kris R., Kyle, Lavelle B., Linda, Linda A., Lisa L., Lisa, Lola, Lucille, Macauly D., Marci A., Margie S., Marion S., Mary, Mary C., Mary P., Mary Lu, Matt P., Megan and son, Melissa, Martin, Nathan W., Oliver, Paul, Paul T., Paula, Pauline, Phil, Polly, Rebecca, Russ R., Ryan, Sally C., Sam, Sarah, Shaun B., Sonia, Stephanie G., Steve, Susana C., Susan A., Susie D., The Allen Family, Therese, Tim, Tracy, Tripp, Victor, Virginia C., Wendy, Will, William, Wilson F.

Those serving in the armed forces and in harm's way:

Aaron D., Bradley H., Carolyn H., Chad S., Christopher E., Gloria, Hank H., Hope H., Jonah H., Kenneth K., Ben V., Nick R., Will M., Stuart R.

Birthdays:

8: Hans Kairies, Todd Pittenger, Connor Higgins, Amanda Ross, 9: Meg Bjoring, Anne Stokes, 10: Glenda Hood, 11: Ann Luff, Pam Barnard, 12: Caron Farina, 13: Kirsten Telan, 15: Philbrook Sargent, Jackson Chrisman, David Harmon, Doug Garrett, Alex DaSilva

Anniversaries:

14: Eric and Jenn Chrisman

To place someone on the prayer list, please get in touch with Ashleigh in the parish office at ashleigh@stmichaelschurch.com

BIRTHDAY PRAYER

O God, our times are in your hand: Look with favor, we pray, on your servant(s) *N.* as *they* begin(s) another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* life (lives), through Jesus Christ our Lord. *Amen.*

ANNIVERSARY PRAYER

O God, we ask that you pour your grace and mercies on this (these) couple/s. Guide them with your wisdom, protect them with your love, fill their home with your presence, and may they grow in the grace and knowledge of our Lord and Savior Jesus Christ all the days of their life. *Amen.*

CLERGY AND MINISTERIAL STAFF

The Rev. Rick Luoni, Rector
The Rev. Greg Favazza, Assisting Priest
Andrew J. Walker, Director of Music
Ella Eagen, Assistant Director of Music
Mike Robertson, Director of Outreach
Tiffany Stieger, Director of Children's Ministry
Melanie Olivier, Director of Preschool
Mark T. Cole, Director of Youth Ministries

VESTRY

Senior Warden: Jordan Cook Evans
Junior Warden: Matt Vanture
Courtney Hazouri
Brian Rush
Ashley Bennett
Eleanor Ackermann
Basia Andraka-Christou
Kirsten Leger
Stephanie Dickinson
Anna McPherson
Sam Provencher
Jenn Mandelion Chrisman

Thank You for Worshiping with Us Today



YouTube.com/SaintMichaelsOrlando



Listen to the Saint Michael's Orlando Podcast:
<https://podcasters.spotify.com/pod/show/saintmichaelsorlando>

Welcome! 

WE ARE SO GLAD YOU ARE HERE

Scan the QR code to let us know you are here and to receive our newsletter.

