

ST. MICHAEL'S CHURCH

2023 LENTEN BIBLE CHALLENGE

40 DAYS OF THE SERMON ON THE MOUNT

The Sermon on the Mount (MT 5-7) includes some of Jesus' most beloved, familiar, and challenging teachings. Consider the Sermon Jesus' CORE VALUES for it paints a vision of what life in the Kingdom should look like, as well as revealing the values of the kingdom. Our Bible Challenge this Lent will explore deeper the Sermon on the Mount and what Jesus meant for his followers in the first century and in the twenty-first century. Our approach will invite the reader and participant to reflect and grow personally, including offering a formula and practices that invite you to go into the world to... NOTICE. PRAY. ACT.



HOW IT WORKS : DAILY READING PLAN

01 WEEK ONE: FEBRUARY 22 -25

- Matthew 5:1-6
- Matthew 5:7-12
- Matthew 5:13-16
- Matthew 5:17-20

02 WEEK TWO: FEBRUARY 27- MARCH 4

- Matthew 5:21-26
- Matthew 5:1-26
- Matthew 5:27-32
- Matthew 5:33-37
- Matthew 5:38-42
- Matthew 5:43-48

03 WEEK THREE: MARCH 6-11

- Matthew 6:1-4
- Matthew 6:5-15
- Matthew 6:16-18
- Matthew 6:19-24
- Matthew 6:25-34
- Matthew 7:1-6

04 WEEK FOUR: MARCH 13-18

- Matthew 7:7-11
- Matthew 7:12-14
- Matthew 7:15-20
- Matthew 7:21-23
- Matthew 7:24-29

05 WEEK FIVE: MARCH 20-25

- Matthew 5:1-26
- Matthew 5:27-6:4
- Matthew 6: 5-15
- Matthew 6: 16-34
- Matthew 7:1-29

06 WEEK SIX: MARCH 27-APRIL 1

MATTHEW CHAPTER 5-7 DAILY

This week try to read Matthew 5-7 daily. As you do, reflect on what God has been teaching you over the last five weeks. Ask God to help you become a more faithful disciple of Jesus Christ.

HELPFUL HINTS : TO ENHANCE YOUR READING

Begin with 1-2 minutes of silent prayer inviting God to speak to you through the scripture.

- **READ:** Read the words of the scripture, paying attention to words or phrases that stand out.
- **REFLECT:** Read the scripture a second time. Looking back at the words/phrases that captured your attention, reflect and observe what thoughts accompany the second reading.
- **RESPOND:** Read the scripture a third time. What is God speaking to you through this scripture? What personal action might he be calling you to? How does this scripture apply to your life?
- **REST:** Pray about it in response to God. Then sit quietly and rest. Wait for the Holy Spirit to speak. Enjoy the presence of God and the beauty of a deeper look at His Word.