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Northern Berkshire Community Coalition

Coalition An update from news

September 2022, Volume XXXVII, Number 3

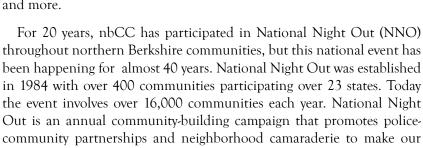
National Night Out (NNO) Returns with Three Events and Over 500 Participants in North Berkshire County

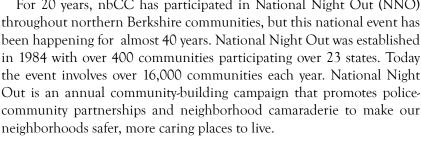


Over 500 residents participated in this year's NNO in the communities of Adams, North Adams, and Williamstown. The police departments of Adams, North Adams and Williamstown, along with representatives of other safety services, met monthly with the Coalition throughout the year to prepare for the event on August 2, 2022. Activities ranged from games and activities, face painting, Touch-a-Truck, petting zoos, dunk tanks, safety presentations, field games, and more. Dozens of additional local agencies helped to organize all of these activities including; DCF- Foster Care, HeadStart, Ecu-Health Care, NAPS, Child Care of the Berkshires, The Elizabeth Freeman Center, NB Adult Education, NB EMS, Free Masons, Goodwill Industries of the Berkshires, Berkshire Family YMCA, 18 Degrees, AYJ Fund, Kids Place, NB Community Action Council, Berkshire Food Project, Al Nelson Friendship Food Pantry, NB United Way and more.







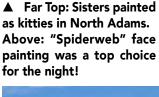


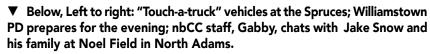


Above: Families and agencies enjoyed a beautiful evening of perfect summer weather and community.

We can't wait to build upon this local effort for next year's NNO on August 1, 2023. We hope to see you there!

~Suzy Helme, Communications Coordinator











Coalition News



Our Mission

"Empowering the Northern Berkshire region to enhance the quality of life through our efforts at connecting, convening, and supporting all facets of the community."

In pursuit of this mission, we place particular emphasis on the following:

- Strengthening neighborhoods and community life
- Preventing alcohol/substance abuse and supporting recovery
- Promoting health and wellness
- Helping families to be strong and resilient
- Supporting positive youth development
- Building bridges between residents and service agencies

Coalition Supporters

Public Sources

- MA Dept. of Children & Families/EOHHS
- MA Cultural Council
- MA Department of Public Health
- MA Department of Public Health, Bureau of Substance Addiction Services
- Mass Service Alliance

Local Support

• Contributions from our many individual supporters

The Coalition is a member agency of the Northern Berkshire United Way and the Williamstown Community Chest.



To submit announcements to the *Coalition E-zine*:

The *Coalition E-zine* is a weekly e-blast, published every Thursday, with news and announcements from Northern Berkshire agencies and organizations. Submissions must be received by 9:00 am Tuesday morning to be considered for inclusion in that week's issue. All submissions are subject to editing and should be 50 words or less. All events related to Northern Berkshire community public health will be considered for publication. Banner ads are available. For more information, please call 413-663-7588, or to submit an announcement, please email phzine@nbccoalition.org.

Recognize someone now!

THE NEIGHBORLIES

An Annual Community Recognition Ceremony

Celebrate someone who has made a positive impact in your life or community! Accepting submissions for 2022 Neighborlies.

Deadline Nov. 11, 2022

To recognize someone online, visit http://bit.ly/nbcc_2022_neighborlies

Every year we invite the community to come together to recognize and celebrate our many unsung community heroes that go above and beyond for their community.

You can recognize someone for any of the following categories:

Businesses & Groups Pulling Together - These agencies/ businesses and groups have contributed to help a neighborhood or the wider community, working together for the benefit of others.

Youth Taking the Lead - These young people are making a positive difference in their community.

Family Support - This category celebrates those that have advocated and/or supported family units in a variety of ways.

Community Health and Wellness - This category celebrates those who have helped to make their community a healthier place to live.

Neighborly Acts - These neighbors go above and beyond for their community; helping others out in lots of different ways

SUBMISSIONS CAN BE MADE BY:

Calling the office at 413-663-7588

or

Filling the online google form at http://bit.ly/nbcc 2022 neighborlies

or

Stopping by during office hours to fill out a form

We're Hiring! **Open Positions at nbCC**

Apply via mail to Amber Besaw at 61 Main Street, Suite 218, North Adams, MA 01247 or email jobs@nbccoalition.org. Please include a cover letter, resume, and contact information for 3 references. For more details about our open positions please visit our website at bit.ly/WorkAtNBCC for more information about these positions.

Family Support and Neighborhood Coordinator: Salary: \$46,000-\$49,000

The Family Support & Neighborhood Coordinator is the designated FRC Program Manager (0.75 FTE) and the designated Community Connections Coordinator (0.25 FTE) for nbCC. This position is responsible for overseeing the internal, connected work of the Family Resource Center and Community Connections programming of nbCC. The Family Support & Neighborhood Coordinator will provide administrative support, as well as work to engage parents and community members in the programs and services of nbCC, in the community, and in their homes, when applicable.

Family Resource Center (FRC) Clinician: Salary: \$52,000.

The Family Resource Center (FRC) Clinician will provide Comprehensive Mental Health Assessments, including the Family Strengths and Needs Assessment (FSNA) assessment; short term treatment; and Care Planning to Youth and Families of the FRC.

Family Support Worker: Salary: \$38,000 - 40,000

The Family Support Worker is responsible for providing support to families who have engaged with nbCC. They will provide services at The Family Resource Center site, in schools, in the community, and in the homes of families, when applicable. When you apply, please include a cover letter detailing your qualifications and why you're interested in this position, along with three references.

School Liaison: Salary: \$38,000-40,000

The School Liaison is responsible for providing support to schools and families who have engaged with nbCC. They will provide services at The Family Resource Center site, in schools, in the community, and in the homes of families, when applicable. When you apply, please include a cover letter detailing your qualifications and why you're interested in this position, along with three references.

WE'RE HIRING!



WORK WITH THE COMMUNITY TO IMPROVE PEOPLE'S LIVES! GREAT BENEFITS. AWESOME TEAM.

NBCCOALITION.ORG (413) 663.7588

Northern Berkshire **Community Coalition Board of Directors** Fiscal Year 2023

BEN LAMB, President 1Berkshire

IEN CIVELLO, Vice President Community Resident

BARBARA MALKAS, Treasurer North Adams Public Schools

MAUREEN BARAN, Clerk Adams Community Bank

CRAIG BARD, Executive Committee Community Resident

STEVE GREEN, Executive Committee Community Resident

ANNA FLYNN Greylock Federal Credit Union

> SARA LALUMIA Williams College

SPENCER MOSER Massachusetts College of Liberal Arts

> MICHAEL MURPHY Community Resident

MARISSA PARKER Massachusetts College of Liberal Arts

Coalition News September 2022

Scenes from Summer 2022

July - August | Summer Neighborhood Basketball League Games & End of Season Celebration















ABOVE: Dozens of local youth enjoyed a month of games, wrapping up with a pizza party, raffles & prizes, and peaches from the UNO garden

August 10 | Crafting with children at the Downtown Celebration's Kid Zone







ABOVE: FRC staff, Nancy, helps a little girl with her butterfly ring; Abby photo bombs the nbCC booth; Prevention Coordinator, Lindsey helps with crafts.

August 16 & 18 | Annual Back-Packed for Success event packed 275 backpacks!









ABOVE: Hundreds of students from grades K-12 showed up to pick out and pack their brand new backpack with school supplies and books.

Youth Development Prepares for a New Year of Programming.

Fall is the time when the youth development staff kicks into high gear, and prepares for the upcoming year of programming. We're once again offering 4 programs for young people this year. We are excited to get back into the schools and spread the word about our upcoming offerings! Keep an eye out for us in your lunchroom, advisory, or homeroom!

The first is Teen Writing Workshop (TWW), open to young people between the ages of 12-19. TWW is a very simple program, but it quickly becomes unique and impactful for those who attend. The group will gather weekly, on Wednesday evenings from 5:00-7:00 to create and share works of poetry, fiction, and whatever else the creative minds in the room choose to conjure! Participants can expect to share their work in two community showcases, as well as have an opportunity to publish pieces in this year's version of "Somewhere Between: A Journal of Teen Writing".

The other program returning to the fold this year is the Youth Leadership Program. This program brings together young people to explore various leadership skills. This program is for young people between the ages of 13-19. Participants will take the lead in discussions and activities designed to promote a wide range of skill building. The group will help plan a forum for the community, and engage in a variety of community service opportunities. This group will meet every Tuesday evening from 5:00-7:00.

Returning to the fold this year are two of our newer programs. The first is called the Youth Empowerment Program, and it is designed for young people in middle school (grades 6-8). The program is similar to the Youth Leadership Program, but tailored to a slightly younger audience. This program will meet on Monday evenings from 5:00-6:30.

Lastly, we are once again running the Youth Health Collaborative. This program is intended to engage young people between the ages of 14-19 in supporting the health of young people in the region. The aim of this program is to benefit the community by directly engaging young people in the act of bettering their environments. This program will meet every Thursday, from 5:00-7:00. This is the only program with a limit on attendance, as there are only ten spots available! Participants will receive a stipend for completing this program.

All of our programs are free of charge! They will all take place in person at nbCC, 61 Main Street in North Adams. Transportation is available to and from each program. For more information, contact Tim Shiebler at tshiebler@nbccoalition.org, or give him a call at 413-663-7588.

~Tim Shiebler, Youth Development Coordinator.







AGES 13-19



AGES 12-19







Goodbye and Good Luck, Stephanie!

As we wrapped up another busy summer of events and programming, we also said goodbye to our friend and colleague, Stephanie Puc. Stephanie leaves the team after serving as our Family Support and Neighborhood Coordinator for the past five years.

Stephanie is moving on to Berkshire Health Systems, accepting a position as a Practice Manager Apprentice. She's excited about this new role and we wish her the best!

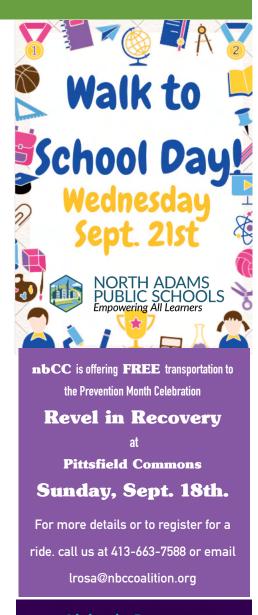














Coalition Events

Bike Rodeo at Greylock Elementary School

Wednesday, Sept. 7, 5-6:30 pm, Greylock Elementary School, 100 Phelps Ave., North Adams

ALL northern Berkshire K-8 students welcome! Learn bike & helmet fitting, skills to bike safely, basic bike maintenance and more! Students need to bring their bike and a helmet. Free bike helmets available to those who need a helmet. Please register your student ahead of time. This event is co-sponsored by the North Adams Public Schools and Safe Routes To School. To learn more call us: 413-663-7588 or register online: https://bit.ly/greylockbike

Monthly Forum: Annual Needs Assessment

Friday, Sept. 9, 10:00 am-12:00 pm, 85 Main Street, North Adams.

Join us for our monthly forum where we compile the list of community issues that YOU want to see be topics for discussion at the monthly forums this year. No registration required.

FRC Budgeting 101 Workshop

Saturday, Sept. 10, 10:00 - 11:30 am, nbCC Conf. Rm, 61 Main St., Suite 213, North Adams.

Join us for FREE workshop presented in coordination with Adams Community Bank. Be in control and reach your goals! Learn the importance of budgeting. Create a budget that best suits your family. Play "The Bean Game" and learn the priorities of budgeting. Childcare and transportation available with at least 24hrs notice. To Register, contact: (413) 663-7588 or nkennedy@nbccoalition.org

FRC Parenting Workshop Series: Magic 1,2,3 (3 Part Series)

Monday, Sept. 12,19, & 26. 10:00 am - 11:30 am, nbCC's Family Resource Center Living Room, 61 Main Street, Suite 212, North Adams

An easy-to-learn, evidence-based parenting program for 2-12 year olds. Learn how to discipline without arguing, yelling, or physical discipline. Manage troublesome behavior with reason, patience, and compassion. Encourage and respect children's growing independence. Learn strategies for growing self-esteem.

Snacks Provided! Transportation & child care available with at least 24hrs notice. Registration required. Space is limited. Contact us at 413-663-7588 or nkennedy@nbccoalition.org

Coffee with the Coalition in Adams!

Wednesday, Sept. 14, 8:00-9:30 am, at the Adams Visitors Center, 3 Hoosac Street, Adams.

Join us for free coffee, treats and nbCC swag! We can't wait to connect and talk about what great stuff is going on in Adams and what issues are important to you. No registration needed.

Learn Through Play: Little Blue & Little Yellow

Saturday, Sept. 24, 10:00 am - 11:00 am, UNO Community Center, 157 River Street, North Adams

In collaboration with Child Care of the Berkshires. Activities and circle time relate to the book *Little Blue and Little Yellow*. Blue & Yellow theme activites. Best for ages 0-5 years. Registration required. Space is limited. Contact us at 413-663-7588 or nkennedy@nbccoalition.org

Community Rail Trail Rides!

Days and times vary from week to week: THURS 9/8, 9-11AM; WED. 9/14, 8:30-10:30AM; TUES 9/20, 4-6PM; FRI. 9/30, 10AM-12PM

Are you looking to get more comfortable riding your bike? Want to ride the Rail Trail, but not sure where to start? Want to take advantage of a midweek adventure? Beginning July 7th to October 28th, Jessi Byrne will be leading weekly Rail Trail group rides. We will meet at the Adams Visitor Center and ride the trail together as a group. Bring your bike and safety gear. Don't have a bike? Stop by the Bike Collective on Mondays 3:30-5:30 to get fitted with the perfect bike for you and the whole family. For more info: 413-663-7588 or jbyrne@nbc-coalition.org

nbCC Bike Collective Open Hours

Mondays, 3:30-5:30pm, The Armory, 206 Ashland St., North Adams

Bring your own bike or work on a bike at the bike collective. You'll have the opportunity to learn from other community members on basic bike fixes, or team up with more experienced bike mechanics to rebuild a bike. Tools and stands are provided. All NB residents are welcome! For more info, call us at 413-663-7588.

Downtown Bike Around

Mondays, 5:30 pm- 6:00 pm, Meeting at the Armory, 206 Ashland Street, North Adams (check FB for weather cancelations)

Join us for the return of the Downtown Bike Around, a free, weekly, community group bike ride, suitable for all ages. Meeting at the Armory garage lot. Weather permitting. Bikes available if needed. Call us at 413-663-7588 or jbyrne@nbccoalition.org

Drop-in Art Club

Tuesdays, 3:30 pm-4:30 pm, UNO Community Center, 157 River Street, North Adams

This will be a weekly after school drop-in Art Club, for youth, ages 8-19. Supplies and snacks provided. No registration required. Caregivers do not need to attend, but the program facilitators are not responsible for child care. Call us at 413-663-7588 for more information.

Family Resource Center Peer Parenting Group:

Thursdays, 10:00 am -11:00 am, UNO Center, 157 River Street, North Adams.

A peer-driven/peer-supported group in a judgement-free, confidential space. Snacks provided. Children

welcome. 413-663-7588 or nkennedy@nbccoalition.org

Grandparents Raising Grandchildren

1st & 3rd Tuesdays, 4:00pm - 6:00pm. nbCC's Conf. Room, 61 Main St., Suite 213, North Adams

This is a group for grandparents who are actively parenting their grandchildren giving them a safe and confidential space to share similar experiences with other grandparents. Free pizza and childcare are provided, but you must register beforehand.663-7588 or email dsenecal@nbccoalition.org.

UNO Community Center Coffee Time

Fridays, 1:00pm - 4:00 pm,157 River St., North Adams

Come on over and join the UNO neighbors for coffee and conversation. All are welcome.

nbCC is offering **FREE** transportation to the Prevention Month Celebration

Revel in Recovery

at

Pittsfield Commons

Sunday, Sept. 18th.

For more details or to register for a ride. call us at 413-663-7588 or email

lrosa@nbccoalition.org

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Suzy Helme: shelme@nbccoalition.org

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Health & Wellness

Jessi Byrne: jbyrne@nbccoalition.org

Prevention

Lindsey Rosa lrosa@nbccoalition.org

Family Resource Center

Donna Senecal: dsenecal@nbccoalition.org Jennifer Parker: jparker@nbccoalition.org Nancy Kennedy: nkennedy@nbccoalition.org

nbCC is supported by:





Save the Date! Friday, Sept. 9th



COMMUNITY FORUM Friday, September 9

10:00am-12:00pm Terra Nova, 85 Main St., North Adams



Join us for our Annual Community Needs Assessment!

or Current Resident

Find this newsletter online at www.nbccoalition.org

Northern Berkshire Community Coalition 61 Main Street, Suite 218, North Adams, MA 01247



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