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# Northern Berkshire Community Coalition

# Coalition An update from News

April 2022, Volume XXXVI, Number 6

# March Forum Premiers Documentary on Local Youth

On Tuesday, March 8th, nbCC held its youth-led forum. For years, nbCC has set aside one of our annual forums to be planned and facilitated by youth from our youth development programs. In years past, this has fallen to the Youth Leadership Program group. This year's forum was facilitated by a newcomer to the youth programming slate, the Youth Health Collaborative.

This group is composed of nine young people from around Northern Berkshire County. For several weeks, the group has been exploring and analyzing the most recent round of Prevention Needs Assessment Survey data. They have worked as a group to pick out the most relevant and interesting pieces of information, and to paint a picture of their community and their experiences from the data. With this information, they created a presentation of their findings, which five group members presented to those in attendance at the forum.

The Prevention Needs Assessment Survey, which is administered to all 8th, 10th, and 12th graders in Berkshire County every other year, offers a sort of report card on the community from young people's perspectives. It measures certain "risk behavior", such as substance use and "antisocial behavior", as well as measuring the risk and protective factors that have been proven to contribute to, or reduce the likelihood of these behaviors occurring. The Health Collaborative group shared their unique perspectives as young people with a diverse group of community members, school staff, parents, and their peers.

In addition to the Prevention Needs Assessment Survey presentation, those in attendance were given the opportunity to see another youth-led project. Last year's Youth Health Collaborative group spent two months together, working to identify relevant issues and challenges that they felt impacted their lives, and the lives of their peers in meaningful ways. They identified Mental Health, Bigotry, and Substance use as some of the more impactful topics. From there, the group worked with local videographer Joe Aidonidis to create a short documentary style film, featuring interviews with community members with lived experience and expertise in those areas. March's Youth-Led Forum marked the premier of this film, and audience members were able to ask questions of two of the group's members who were in attendance.

Overall, the forum was an opportunity for the community members gathered to hear directly from youth about what is important and relevant to them. It is our belief that a community cannot truly thrive without seeking and valuing genuine input and contribution from all its members. This forum was part of an effort to create more formal structures for young people to engage with their communities, and to make an impact. The Youth Health Collaborative will continue to meet throughout the school year, identifying areas of need, and working to make their communities a more supportive and healthy place for their peers.

- Tim Shiebler, Youth Coordinator



▲ Above: Youth Health Collaborative members, Kenja Harley and Meghan Schrade, present to the forum attendees.

# **UPCOMING MONTHLY FORUMS**

APRIL 13 - 5-7PM - Housing & Homelessness Part 2 at Terra Nova, 85 Main Street, North Adams

MAY 11 - 5-7PM - Community Collaborations Assessment at Terra Nova, 85 Main Street, North Adams

JUNE 17 - 11:30AM-1:30PM - nbCC Annual Meeting @ GreylockWORKS

# SAVE THE DATE! JUNE 17, 2022

JOIN US FOR THE NBCC ANNUAL MEETING - 11:30AM - 1:30PM - AT GREYLOCK WORKS IN NORTH ADAMS -





Coalition News April 2022



# **Our Mission**

"Empowering the Northern Berkshire region to enhance the quality of life through our efforts at connecting, convening, and supporting all facets of the community."

In pursuit of this mission, we place particular emphasis on the following:

- Strengthening neighborhoods and community life
- Preventing alcohol/substance abuse and supporting recovery
- Promoting health and wellness
- Helping families to be strong and resilient
- Supporting positive youth development
- Building bridges between residents and service agencies

# **Coalition Supporters**

# Public Sources

- MA Dept. of Children & Families/EOHHS
- MA Cultural Council
- MA Department of Public Health
- MA Department of Public Health, Bureau of Substance Addiction Services
- Mass Service Alliance

#### Local Support

Contributions from our many individual supporters

The Coalition is a member agency of the Northern Berkshire United Way and the Williamstown Community Chest.



# To submit announcements to the *Coalition E-zine*:

The *Coalition E-zine* is a weekly e-blast, published every Thursday, with news and announcements from Northern Berkshire agencies and organizations. Submissions must be received by 9:00 am Tuesday morning to be considered for inclusion in that week's issue. All submissions are subject to editing and should be 50 words or less. All events related to Northern Berkshire community public health will be considered for publication. Banner ads are available. For more information, please call 413-663-7588, or to submit an announcement, please email phzine@nbccoalition.org.



Join us at 85 Main Street, in the Terra Nova space, for a continuation of our community discussion on Housing & Homelessness. This forum will be focused on housing in the northern Berkshire area. Join us for a group discussion with local real estate and housing experts about the current housing market, trends, and challenges affecting the nation, as well as, our region. In line with current CDC guidelines and regional masking recommendations, this event will be masking optional. Free masks will be available for those who are more comfortable wearing one.

Can't attend in person? Email your questions to info@nbccoalition.org or join us via Zoom at https://bit.ly/April Forum

Free and open to the public. We look to community members from all walks of life for this important Coalition meeting. The first half of the forum will be devoted to introductions and announcements and please bring your flyers for distribution.

For more information about this forum, contact the nbCC office, 413-663-7588

413-663-7588 | nbccoalition.org | 61 Main Street, Suite 213, North Adams, MA 01247

# Recognize someone now! THE NEIGHBORLIES

An Annual Community Recognition Ceremony

Celebrate someone who has made a positive impact in your life or community! Accepting submissions for 2022 Neighborlies.

Deadline Nov. 11, 2022

To recognize someone online, visit http://bit.ly/nbcc\_2022\_neighborlies

# **Update: Next Steps for Northern Berkshire SPIRIT Council**

In recent years, our nation has experienced more conscientious efforts, from the federal level down to grassroots community groups, to bring to light, discuss, and look for solutions to the systemic racism, discrimination, and marginalization that continues to plague our communities. Almost a year ago our Northern Berkshire community announced a working group to discuss our collective vision for creating communities that embodied equality and inclusivity. We aspired to hold an event that would result in a framework for envisioning a better community through collective action.

The groundwork for the Northern Berkshire SPIRIT Conference began in February 2019 through collaboration with the US Dept. of Justice (DOJ) Community Relations Service (CRS). Their City-SPIRIT program brings together diverse community stakeholders, city and county officials, law enforcement, ministerial leaders, and other community leadership to identify and analyze issues impacting the community, as well as, to develop solutions to address these issues. The program applies principles of collaborative problem solving, community empowerment, and engagement to help improve community relations.

Months of collaboration, interrupted by the COVID pandemic, resulted in the inaugural convening of the Northern Berkshire SPIRIT program which took place in North Adams on August 11 and 12, 2021. MASS MoCA hosted the event where a group of approximately 40 people representing North Adams, Adams, Williamstown, Cheshire, Clarksburg, and Lanesborough attended the two-day program. Just as other communities across the country are gathering to have difficult conversations with open and honest dialogue in hopes that those conversations will result in actionable solutions to improve the quality of life for the residents of our community, especially those marginalized by such discrimination, our Northern Berkshire region showed we are no exception.

The working groups spent the first day identifying both the strengths and issues of their communities, prioritizing concerns. Resistance to change, systemic racism, isolation and siloed thinking, transportation, and lack of affordable housing were among the most important issues identified by the group. At the second meeting, participants worked to create actionable solutions, specific to the twelve areas of concern identified by the group.

The event culminated in the presentation of a newly formed Northern Berkshire SPIRIT Council, composed of community members who agreed to carry the work done during the program and move it forward. SPIRIT Council members have been tasked with digesting the report created and sharing the information out to the community by amplifying the work that is currently underway in each of our communities and identifying where there are gaps that still need to be addressed. While the region continues to adjust and respond to the ongoing and ever-changing pandemic environment, the NB SPIRIT Council is preparing to take its first action steps tackling the most pressing local issues, identified by our convening in August 2021.

We appreciate the community's patience and continued interest in this work as we take the time to carefully and responsibly review the feedback from the community. The Council's next steps are to identify the key points and unanswered questions and ask thoughtful questions before we bring stakeholders back together to celebrate the work that has been done and agree, collectively, on how to make sure that our friends and neighbors in north Berkshire experience a community where they are welcomed, seen, valued and appreciated for the gifts and talents they bring to the area.

- Northern Berkshire SPIRIT Council

# Northern Berkshire Community Coalition Board of Directors Fiscal Year 2022

JEN CIVELLO, President Community Resident

BEN LAMB, Vice President 1Berkshire

BARBARA MALKAS, Treasurer North Adams Public Schools

MAUREEN BARAN, Clerk Adams Community Bank

CRAIG BARD, Executive
Committee
Community Resident

STEVE GREEN, Executive
Committee
Community Resident

RABBI RACHEL BERENBLAT Congregation Beth Israel

ANNA FLYNN Greylock Federal Credit Union

> JOSH FREDETTE Community Resident

SARA LALUMIA Williams College

SPENCER MOSER
Massachusetts College of Liberal
Arts

MICHAEL MURPHY Community Resident

MARISSA PARKER
Massachusetts College of Liberal
Arts

Coalition News April 2022

# Two New Weekly Groups Just in Time for Spring

# **Drop-in After School Art Club!**

Are your school age kids looking for something fun to do after school? Are they independent and enjoy being creative? Then your kids will love this new, drop-in, art club! It's free to attend, snacks and supplies are provided, and you couldn't ask for more welcoming and enthusiastic facilitators. For ages 8 years to 18 years.

Your kids are welcome to join us, every Tuesday, from 3:30 to 4:30 pm, at the UNO Community Center, at 157 River Street.

Parents do not have to attend, as there will be adult supervision in the space, but these facilitators will not be responsible for child care.

Please do not send children younger than 8, and only send your children unaccompanied if they are independent and have your permission to come and go from the space as they want.

If you have any questions or want more information, please reach out to us at 413-663-7588 or bhantman@nbccoalition.org.

# Parent to Parent: Peer Support Group

Are you a parent looking to interact with other parents? nbCC's Family Resource Center is hosting a peer parent support group at the UNO Community Center on River Street in North Adams.

The group will meet weekly, Thursday mornings, from 9:30 to 10:30am.

The group will be led by a parent within the community. This support group is designated to be peer led in a non-judgement space ensuring parents make social connections with other parents. It is also a space for parents to share their experience/stories of the challenges of child-rearing. Feel free to bring your children as there will be activities set up for them. Snacks will also be provided.

If you have any questions or want more information, please reach out to Stephanie Puc at 413-663-7588 or spuc@nbccoalition.org.

- Stephanie Puc, Family Support & Neighborhood Coordinator



and up

What: Drop-in Art Club!

Providing free after-school activities to youth once a week.

When: Starting March 22nd and running into October.

Caregivers are not required to be present, but program facilitators are not responsible for childcare.



3:30-4:30PM



**UNO Center** 157 River St. **North Adams** 

(413) 663-7588





ANNUAL SPRING COMMUNITY DAY OF SERVICE

SATURDAY, APRIL 23, 2022 contact: volunteercenter@mcla.edu

# **Peer Parent Support Group**



Laid back and low key environment

A peer-driven/peer-supported group in a judgement-free, confidential space.

Share interests, experiences, and challenges in child-rearing.



**Thursdays** 9:30 - 10:30am

**UNO Center** 157 River St. **North Adams** 

# More info.:

(413) 663-7588

spuc@nbccoalition.org



**REGISTER TODAY!** The Parenting Journey A FREE Family Resource Center Workshop Series 4/8 - 6/24 | Thursdays from 12:30-2:30 PM

The journey to being the parent you want to be starts with knowing who you are. Series is free, but space is limited. Please register. Chid care and transportation available. 413-663-7588

# Thanks Friends! You've Made a Positive Impact Right in Your Own Community!

Since it's inception, nbCC has been a crucial link between those in need and those who can help. With your assistance, we can continue to provide Northern Berkshire residents the tools needed to improve their lives and their neighborhoods. We understand that not everyone is able to make a financial contribution, but we also want you to know that no amount is too small to be helpful. **Thanks for all you do to support nbCC!** 

# The 2021-22 Friends of the Coalition (as of March 20, 2022)

# Champion

Ellen Bernstein Gene & Justyna Carlson Jack & Susy Wadsworth

#### Leader

Steve Green & Sue Walker

# Guardian

Robert & Carolyn Behr Daniel & Sally Connerton Sara LaLumia John & Kristine Maloney Kathleen Morris Douglas O'Neill Reija Rawle

# **Benefactor**

Beck's Printing
Amber & Gabe Besaw
Susan Bohl
Jennifer Civello
Juliet Flynt
Kevin & Lisa Lamb
The Mendel Family
Dorothy Ransford
Robert & Darlene Rodowicz
Anthony & Maggie Siracusa
Charles & Katherine
Swabey
John Thoman & Lee Venolia

# **Booster**

Susan Abrams
Jerome & Maureen Baran
Berkshires Tomorrow, Inc.
BFAIR
Daniel Bird & Christina
Kaczmarczyk
Lynette Bond
Daniel & Laura Bosley

Ronald & Cynthia Bosley Ralph Bradburd & Zelda Stern Mary Jo Carpenter Craig & Heather Clemow Robert Dean Frances Edwards David & Martha Elpern Shirley Finkelstein Anna Flynn & Scott Doerle H.A. George & Sons Fuel Corp. Carrie Greene Marion Grillon Robert Hertzig Kevin Kennefick & Susan Killam Roberta Lamb

Fred & Cyndi Langworthy
Brian Miksic & Suzy Helme
Robert & Stephanie Mister
Spencer Moser
Thomas & Fern Murtagh
Peter Murphy & Audrey Thier
Congressman & Mrs. Richard
Neal
Tom & Karen Poponak

Ann Scott
Bernice Shainman
Paul & Karen Shiebler
Samuel & Elizabeth Smith
Susan Smith
Stephen & Elizabeth St. Clair

Cardinal
Jane & Win Stuebner
Herb Wilkinson
Bill & Adrienne Wootters

James Stakenas & Paula

# **Associate**

Anthony & Maryann Abuisi Susan Birns Lisa Blackmer

Liz Boland Stanley & Maralyn Brown Dean Bullett George & Nancy Canales Laura Clune Anne Crider Andrew & Andrea Danyluk Richard Davis Holly Edwards Robert Fachini Nancy Fiorentino Martin Greenstein & Natalie Jacobson Myra Hirschhorn Russell & Chris Howard James & June Howe Howard Itzkowitz Sander & Marybeth Kelman Barbara Kittler James & Alison Kolesar Ben Lamb & Emily Schiavoni John & Kathleen Lanoue Paul & Sharon LeSage Barbara Mahony Linda Maloney Mark & Susan Merullo Nancy Nylen Bo & Katherine Peabody Bruce & Kathleen Randall Franklin Risatti Cindy Sault Donald & Anne Singleton **Judith Summers** Jonathan Swartz Richard Taskin Gary & Sandra Tatro

Judith Weber

**Bodil Wilson** 

Marcia Wright

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John & Jane Allen Jane Battersby Jane Bernard James & Sue Biros Steve Blazeiewski Fred & Margaret Bozek Ann Cain Mark & Karen Daigle Keith Davis Marilyn DeRosa Annette Duprat Sarah Henry Carl & Jane Jenkins Paul Jennings William & Marianne Judge Bryan & Wendy Lamberton Dan & Kathi Lampron **Doris Lewis Debbie Linton** Marilynn Martin Sandy McNay & Lucy Green Raymond & Jeanne Moulthrop Richard Netherwood Michael & Patricia Nuvallie Dianne Olsen Carolyn Ouimet Roberta Patten Joseph & Janet Rogge Veronica Silvia Kurt Tauber James Wolfe

Susan Zoltek

Thank You! Coalition News April 2022

# COVID -19 Updates & Resources REDUCTION IN STOP THE SPREAD SITES:

Due to a significant decline (80%) in demand at state sponsored Stop the Spread testing sites and the wide availability of rapid antigen tests, effective April 1, 2022, the Stop the Spread testing program will downsize to 11 sites, which will continue to offer PCR testing through May 15, 2022. PCR tests will remain free to any Massachusetts resident, with no insurance or ID necessary.

The 11 sites include: Everett, Framingham, Lawrence (2 locations), Lynn, New Bedford, Randolph, Revere, Springfield (2 locations), and Worcester

There are over 450 locations across the Commonwealth for residents to get tested for COVID-19, and residents can visit www. mass.gov/gettested to find a location near them.

The Administration recently announced the purchase of 26 million COVID-19 at-home Rapid Antigen tests. The tests will be distributed by March 31. Call your municipal town or city hall for availability.

#### **FREE COVID TESTS:**

The Biden Administration has made free at-home COVID-19 rapid tests available to all residents Each household is entitled to 4 testing kits through this program. These rapid antigen at-home tests can be ordered from USPS at: https://special.usps.com/testkits

# Digital Vaccination Records: MyVaxRecords.Mass.Gov

This new tool, called My Vax Records, allows people who received their vaccination in Massachusetts to access their own vaccination history and generate a COVID-19 digital vaccine card, which would contain similar vaccination information to a paper CDC card. The COVID-19 digital vaccine cards generate a QR code that can be used to verify vaccination.

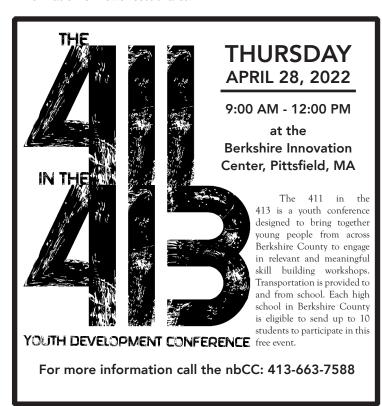
# **VOLUNTEERS NEEDED!** Berkshire Food Project

Berkshire Food Project is seeking volunteers that are willing to make a commitment to 1 to 5 days a week for 1 hour to 5 hours. We are really in need of volunteers that can commit to a regular schedule. For more information contact Mark at director@berkshirefoodproject.org

# Hoosac Harvest Subsidized CSA (Community Sustained Argriculture) Shares Available

High quality, fresh produce grown locally available now through a CSA. Shares are usually for 20 weeks (June-October). Lower Cost Shares Available based on income through Hoosac Harvest at local farms. Shares are available at Many Forks Farm in Clarksburg, contact Sharon at manyforksfarm@pobox.com or Full Well Farm in Adams, contact Meg or Laura at fullwellfarm@gmail.com or Wildstone Farm in Pownal, Vt. With deliveries to Williamstown or North Adams if enough people are interested, contact John or Joy at wildstonefarmvt@gmail.com.

Contact Hoosac Harvest via kathykeeser@gmail.com for more information on lower cost shares.



# We're Hiring! Open Positions at nbCC

Apply via mail to Amber Besaw at 61 Main Street, Suite 218, North Adams, MA 01247 or email jobs@nbccoalition.org. Please include a cover letter, resume, and contact information for 3 references. For more details about our open positions please visit our website at bit.ly/WorkAtNBCC for more information about these positions.

#### Family Resource Center Family Support Worker:

The Family Support Worker is responsible for providing support to individuals and families who have engaged with nbCC. They will provide services at The Family Resource Center site, in schools, in the community, and in the homes of families, when applicable

#### **Family Resource Center Clinician:**

The Family Resource Center (FRC) Clinician will provide Comprehensive Mental Health Assessments, including the Family Strengths and Needs Assessment (FSNA) assessment; short term treatment; and Care Planning to Youth and Families of the FRC.

# **HEALing Communities, Community Coordinator:**

A temporary 18 month, full time position. The Community Coordinator role focuses on collaborating with the HEALing Communities Study(HCS) Community Engagement Facilitator (CEF) on coalition building, coordination, and stakeholder engagement 2) Data and Monitoring 3) Communications and 4) Fiscal responsibilities.

# Coalition Calendar

# **April DIY Craft: Mama & Babies Bird Nest**

All month long

Open to kids of all ages and their families. Share your finished craft on our Facebook page for a chance to win a prize! Call our office to register for your FREE craft kit: 413-663-7588

# Learn Through Play: Little Blue & Little Yellow

Saturday, April 2, 10:00 am - 11:00 am, UNO Community Center, 157 River Street, North Adams

In collaboration with Child Care of the Berkshires. Activities and circle time relate to the book *Little Blue and Little Yellow*. Blue & Yellow theme activites. Best for ages 0-5 years. Registration required. Space is limited. Contact us at 413-663-7588 or spuc@nbccoalition.org

# Family Resource Center Parenting Workshop: All Babies Cry

Tuesday, April 12, 2:30 pm - 4:00 pm, nbCC Conf. Rm. 61 Main Street, Rm. 213, North Adams

For expectant parents, presented in partnership with Child Care of the Berkshires. Learn coping strategies, how to keep calm with a fussy baby, and more. Participants will receive a Berkshire Baby Box after attending. Registration required. Transportation and child care available. 413-663-7588.

# **April Forum: Housing & Homelessness Part 2**

Wednesday, April 13, from 5:00 pm-7:00 pm Terra Nova, 85 Main St., North Adams

Join us at 85 Main Street, in the Terra Nova space, for a continuation of our community discussion on Housing & Homelessness. This forum will be focused on housing in the northern Berkshire area. Join us for a group discussion with local real estate and housing experts about the current housing market, trends, and challenges affecting the nation, as well as, our region. Masking optional. Can't attend in person? Email your questions to info@nbccoalition.org or join us via Zoom at https://bit.ly/April\_Forum

# April Break Field Trip to Magic Wings Butterfly Conservancy

Wednesday, April 20, 12:00 pm- 5:00 pm, Leaving from nbCC Office, Transporation is available.

Join us for a field trip to Deerfield! For youth ages 13-19. This trip is free, but registration is required. Space is limited. Call us at 413-663-7588 or tshiebler@nbccoalition.org

# **Family Fun Day at Mohawk Forest**

Friday, April 22, 1:00 pm-3:00 pm, Mohawk Forest Apartment Complex

This event is for residents of the complex. Family Fun Day during April break! Games, activites, Bike Rodeo, Ice cream truck. Call us for more info. 413-663-7588

# **Adams Train & Story Ride**

Saturday, April 23, 10:00 am-11:30 am, Adams Train

Depot, 3 Hoosac St., Adams

Come out and enjoy a train ride and story. Free! Registration required. Call us to register: 413-663-7588 or spuc@nbccoalition.org

### W.o.W. Workshop: Spring Gardening

Saturday, April 30, from 1:00pm - 3:00pm UNO Center, 157 River Street, North Adams

Wondering how to start a garden? Are you looking to learn more about growing herbs, vegetables or flowers? Are you looking to get involved in the Community Gardens? Join Jenn Munoz at the UNO Community Center from 1-3 to learn more about starting a garden whether in a pot or garden bed. Bring your questions for the  $\Omega+A$ , and dress for the weather as we will be gardening come rain or shine! RSVP at 413-663-7588 or jbyrne@nbccoalition.org

# **NEW! Drop-in Art Club**

Tuesdays, 3:30 pm-4:30 pm, UNO Community Center, 157 River Street, North Adams

This will be a weekly after school drop-in Art Club, for youth, ages 8+. Supplies and snacks provided. No registration required. Caregivers do not need to attend, but the program facilitators are not responsible for child care. Call us at 413-663-7588 for more information.

# NEW! Family Resource Center Parenting Group: Peer Parent Support Group

Thursdays, 9:30 am -10:30 am, UNO Community Center, 157 River Street, North Adams.

A peer-driven/peer-supported group in a judgement-free, confidential space. Snacks provided. Children welcome. Contact our office, 413-663-7588 or spuc@nbccoalition. org

# **nbCC Bike Collective Open Hours**

Mondays, 3:30-5:30pm (check FB for weather closures) The Armory, 206 Ashland St., North Adams

Bring your own bike or work on a bike at the bike collective. You'll have the opportunity to learn from other community members on basic bike fixes, or team up with more experienced bike mechanics to rebuild a bike. Tools and stands are provided. All NB residents are welcome! For more info, call us at 413-663-7588.

#### **Beacon Recovery Resource Community Meetings:**

All-Recovery meetings are currently by phone-in/Zoom meetings on Mondays, 1:30pm-2:30pm.

ZOOM meeting link: bit.ly/BRCCmeet MEETING ID #: 859 1443 5166 or call in: 929 205 6099, One-tap mobile:

- +19292056099,,85914435166#
- +13017158592,,85914435166#

If you have any questions about this meeting or other recovery resources available during these challenging days, please contact us at 413-663-7588 or sbarrow@

nbccoalition.org.

#### **Grandparents Raising Grandchildren**

First & Third Tuesdays, 4:00pm - 6:00pm nbCC's Family Resource Center at 61 Main St., Suite 218, North Adams

This is a group for grandparents who are actively parenting their grandchildren giving them a safe and confidential space to share similar experiences with other grandparents. Free pizza and childcare are provided, but you must register beforehand. Unvaccinated children, and those under age 12, must wear masks. For more information or to register, call 413-663-7588 or email dsenecal@nbccoalition.org.

# **nbCC Youth Empowerment Program**

Mondays, 4:30-6:30 PM, 61 Main Street, Rm. 213, North Adams.

Free and open to youth, 6-8th grade, who live in or attend school in North Berkshire. A weekly group to talk about school, emotions, navigating teen years, making friends and more. Snacks provided; transportation available. Register online: bit.ly/nbCCyouth or call 413-663-7588

# Youth Leadership Program

Tuesdays, 5:00pm - 7:00pm, 61 Main Street, Rm. 213, North Adams.

Free and open to youth ages 14-19 who live in or attend school in North Berkshire. Young people are changing the world and you can too. Make a positive change in yourself and the world around you. Develop leadership skills, discuss what drives you, meet other young leaders and plan projects in your community. Snacks provided; transportation available

Register online: bit.ly/nbCCyouth or call 413-663-7588

# **Teen Writing Workshop**

Wednedays, 5:00pm - 7:00pm, held at either 61 Main St., Rm. 213, North Adams.

Free and open to youth ages 13-19 who live in or attend school in North Berkshire. Aspiring writers and poets! Join this incredibly supportive group and get 1-on-1 help from a professional with your writing and performance style. Opportunities to perform and be published. Snacks and supplies provided; transportation available. Register online: bit.ly/nbCCyouth or call 413-663-7588

# **UNO Community Center Coffee Time**

Fridays, 1:00pm - 4:00 pm,157 River St., North Adams

Come on over and join the UNO neighbors for coffee and conversation. All are welcome. Please wear a mask.

# **Coalition Staff**

# **Executive Director**

Amber Besaw: abesaw@nbccoalition.org

# **Business & Administrative Staff**

Liz Boland: lboland@nbccoalition.org Bri Hantman: bhantman@nbccoalition.org Lindsey Rosa: lrosa@nbccoalition.org

#### **Communications Coordinator**

Suzy Helme: shelme@nbccoalition.org

# Youth Development

Tim Shiebler: tshiebler@nbccoalition.org Carrisa Sacherski: csacherski@nbccoalition.org

# **Health & Wellness**

Jessi Byrne: jbyrne@nbccoalition.org

#### Prevention & Recovery

Stephen Barrow: sbarrow@nbccoalition.org

# **Family Resource Center**

Stephanie Puc: spuc@nbccoalition.org Donna Senecal: dsenecal@nbccoalition.org Tanya Guerin: tguerin@nbccoalition.org Jennifer Parker: jparker@nbccoalition.org

nbCC is supported by:





# Mark your calendars!



or Current Resident

Find this newsletter online at www.nbccoalition.org

Northern Berkshire Community Coalition 61 Main Street, Suite 218, North Adams, MA 01247



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