

Study of the Educational Impact of KiDs Beach Club® on Elementary Schools

The KiDs Beach Club® (KBC) after-school program plays an important role in the academic life of public elementary schools by meeting student social-emotional needs, improving student behaviors, and developing leadership among students, according to a study conducted by the University of Arizona.

The study found that, "KBC serves a valuable role as the supplemental support system that can act as an extension of school efforts to support their students and...fill the gap in the school's ability to support their students and meet their needs."

University of Arizona researchers studied elementary schools that have a KiDs Beach Club® program. Principals at these schools noted several challenges that their schools faced and how KBC assisted in meeting those challenges. Student social, emotional, and behavioral issues were all concerns. The COVID-19 pandemic was seen as causing deterioration in student interpersonal skills and reducing their ability to empathize and demonstrate kindness toward others. Principals noted the lack of time and resources available within the school day to address the needs for emotional and behavioral maturity, making the KBC after-school program especially important. Schools, especially those designated as Title I, also faced a lack of parental support at home.

Principals noted that an integral part of the supplemental support KBC provides schools are KBC's adult volunteers and the "benefit of having adults other than their school's faculty contribute toward instilling positive behavior in students." One principal was quoted as saying "KBC taught students how to be a friend, what it is like to stand up for someone, and how to become leaders." The study found that KBC's use of Biblical stories, parables, and lessons were uniquely valuable in instilling values in ways the school could not because of their religious basis. Students responded with excitement about religion.

The study found a correlation between KiDs Beach Club® attendance and student behavior improvement. One principal noted that there are not behavior concerns for students who attend KiDs Beach Club®. This principal stated that if more students were involved with KBC, the school would see a greater increase in positive behavior. Another principal noted an increase in students participating in school-wide community projects because of KiDs Beach Club®.

All principals who participated in the research rated the program highly. "KBC was able to support the schools in their goals to help students with improving soft skills and character development," the study concluded. The program provided additional opportunity for students to "learn, grow, and be supported beyond the classroom." KiDs Beach Club® helps "students develop their behavioral and emotional maturity by teaching students good values and how to be better people."

The study found that the primary educational benefit of KiDs Beach Club® was the development of student soft skills and character, which contributed to overall learning.

Methodology

Researchers used qualitative methodology to conduct four case studies of public elementary schools. Schools were randomly selected from a pool of 44 schools that had the KiDs Beach Club® program for at least three years and that had the same principal during that period. Researchers conducted phone interviews with principals during fall of 2022. The principal's responses were recorded and turned into data for analysis.

About KiDs Beach Club®

Founded in 2006, KiDs Beach Club® is a not-for-profit ministry that develops character in pre-teens using Bible stories and biblical principles. The organization conducts after-school clubs in elementary schools across the U.S. and produces a weekly children's TV show that airs globally across broadcast, cable, satellite, and streaming outlets. For more information, visit kidsbeachclub.org or call (817) 510-5885.