

ALLIANCE LUNCHEON PROGRAM

Cedar Lane Unitarian Universalist Congregation

(In the Chalice House)

THURSDAY NOVEMBER 9, 2023

Bring Your Own Lunch at noon - Presentation at 1:00 p.m.

Everyone Welcome



MANAGING PAIN AND AGING WELL

Dr. Stephanie Van is a rehabilitation physician specializing in interventional pain and musculoskeletal medicine. She will discuss pain management throughout the aging process as well as the basics of aging gracefully. Dr. Van is an assistant professor in the Department of Physical Medicine and Rehabilitation at the Johns Hopkins University School of Medicine. She earned her medical degree from the Georgetown University School of Medicine, and she completed a residency in physical medicine and rehabilitation at Johns Hopkins, where she was a chief resident. She then trained as a pain medicine fellow at the University of Southern California Keck School of Medicine.