

Trinity

The Fourth Sunday After Epiphany

February 1, 2026

Welcome to Trinity!

We are glad you are worshipping with us today. Please consider filling out a “Walk With Us” card in the pew and put it in the offering plate so we can get in touch with you. It is a joy to welcome children to worship with us here at Trinity. There is an activity table in the front of the church with Bible based coloring pages and other activities. Children’s Programming takes place every Sunday at 9:45 am in the Ogden Room. Again, welcome!

Welcome

The Rev. Jonathan Radtke

Prelude “Nearer My God to Thee”

Gilbert Martin

Opening Hymn “O For a Thousand Tongues” (vs. 1, 3, 4, & 5)



1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,
2 My gra - cious Mas - ter and my God, as - sist me to pro - claim
3 Je - sus! the Name that charms our fears and bids our sor - rows cease;
4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,
5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;



1 the glo - ries of my God and King, the tri - umphs of his grace!
2 and spread through all the earth a - broad the hon - ors of thy Name.
3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.
4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.
5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

Opening Acclamation

Priest: Blessed be God, Creator, Christ, and Holy Spirit;

People: And blessed be God's reign, now and forever. Amen.

The Collect for Purity

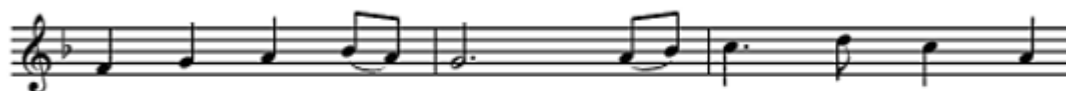
Priest & People:

All-loving God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Gloria "All Are Welcome" (vs. 1 & 5)



1. Let us build a house where love can dwell And
2. Let us build a house where proph - ets speak, And
3. Let us build a house where love is found In
4. Let us build a house where hands will reach Be -
5. Let us build a house where all are named, Their



all can safe - ly live, A place where saints and
words are strong and true, Where all God's chil - dren
wa - ter, wine and wheat: A ban - quet hall on
yond the wood and stone To heal and strength - en,
songs and vi - sions heard And loved and treas - ured,



chil - dren tell How hearts learn to for -
dare to seek To dream God's reign a -
ho - ly ground, Where peace and jus - tice
serve and teach, And live the Word they've
taught and claimed As words with - in the



give. Built of hopes and dreams and vi - sions, Rock of
new. Here the cross shall stand as wit - ness And as
meet. Here the love of God, through Je - sus, Is re -
known. Here the out - cast and the stran - ger Bear the
Word. Built of tears and cries and laugh - ter, Prayers of



Priest: God be with you.

***People:* And also with you.**

Priest: Let us pray.

The Collect of the Day

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

Micah 6:1-8

Read by Michael Morin

Hear what the LORD says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,
and you enduring foundations of the earth;
for the LORD has a controversy with his people,
and he will contend with Israel.

“O my people, what have I done to you?

In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;

and I sent before you Moses,
Aaron, and Miriam.
O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,
and bow myself before God on high?
Shall I come before him with burnt-offerings,
with calves a year old?
Will the LORD be pleased with thousands of rams,
with tens of thousands of rivers of oil?
Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?”
He has told you, O mortal, what is good;
and what does the LORD require of you
but to do justice, and to love kindness,
and to walk humbly with your God?
Reader: Hear What the Spirit is saying to the people.

***People:* Thanks be to God.**

Psalm 15

Led by Michael Morin

- 1 LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.
- 3 There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.
- 4 In his sight the wicked is rejected, *
but he honors those who fear the LORD.
- 5 He has sworn to do no wrong *
and does not take back his word.
- 6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.
- 7 Whoever does these things *
shall never be overthrown.

Sequence “’Tis The Gift to Be Simple”



The musical score is written on seven staves in G major (one sharp) and 2/4 time. The melody is simple and repetitive, with lyrics written below each staff. The lyrics are: 'Tis the gift to be sim-ple, 'tis the gift to be free, 'Tis the gift to come down where we ought to be; And when we find our-selves in the place just right, 'Twill be in the val - ley of love and de - light. When true sim - plic - i - ty is gained, To bow and to bend we shan't be a-shamed; to turn, turn, will be our de-light, Till by turn - ing, turn - ing we come round right.

The Gospel: Matthew 5:1-12

Priest: The Holy Gospel of our Lord Jesus Christ according to Matthew

People: Glory to you, O Christ

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

Priest: The Gospel of the Lord.

People: Praise to you, O Christ.

Sermon

The Rev. Peter Swarr

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.**

Through him all things were made.

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit**

**he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

Led by Tim Dunn

The Leader and People pray responsively

People's responses in bold

As God's beloved children united in Christ, let us pray for the church, the whole human community, and the well-being of the earth, our home.

Silence

God our wisdom, renew the church in the power of the Spirit, that it may do justice, love kindness, live humbly, and boldly proclaim Christ crucified. We pray for social justice and humanitarian aid ministries. In our Diocesan Cycle of Prayer we pray for Trinity, Castine, and the Evangelical Lutheran Church in America. God of love and mercy, **hear our prayer.**

God our Source, we honor you by caring wisely for your creation. We pray for the health of old growth forests, ice caps, and ocean currents. Preserve the diversity of life on earth. God of love and mercy, **hear our prayer.**

God our righteousness, raise up visionary leaders who serve with integrity and respect human rights. Increase freedom in every nation. Protect educators, journalists, artists, and religious activists who are reviled for speaking truth. God of love and mercy, **hear our prayer.**

God our advocate, you give hope to all who suffer because of persecution, poverty, or war. Reunite separated families and bring orphaned children to safety. Comfort any who grieve or suffer in any way, especially Ralph Parady, Rose Chukwu, Maizie Argondizza, Angelika Schechter, Lee, Beth Johns, Edna Flaherty, Jennifer Larkin, Nancy, Dickie and his family, Christina Siravo, Elizabeth, Deborah Galaneau, Kent Thurston, Cathy C., Brian & Nancy Plourde, Anne Rolle, Annie Garman, Toby, Luna, Maddie White, Mike Mercier, Lee Lowell, Susan, Phyllis Greene, George Clarence Frost, Lucia Leone, all who shelter in their homes because of fear, and all the children and staff at the Glenburnie Primary School. God of love and mercy, **hear our prayer.**

God our blessing, we pray for the children and youth of this congregation, and for parents, grandparents, guardians, mentors, teachers, and youth ministers who model love for their neighbor and care for others. God of love and mercy, **hear our prayer.**

God our joy, we give thanks for the lives of those before us who journeyed humbly with you. God of love and mercy, **hear our prayer.**

Please say the names of those who would benefit from our prayers. *Please add your own petitions at this time.* God of love and mercy, **hear our prayer.**

Confident that the Holy Spirit receives our prayers and answers us, we commend all for whom we pray to God's loving-kindness made known to us in Christ Jesus our Savior. **Amen.**

Priest says a concluding prayer.

General Confession

Priest: Let us confess our sins against God and our neighbor.

Silence to reflect on the ways we have turned away from God in our actions and places of inaction.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Absolution

Priest: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Priest: The peace of Christ be always with you.

***People:* And also with you**

Announcements

Offertory Anthem

“The Gift of Love”

Sung by the Trinity Choir

Hal Hopson

THE HOLY COMMUNION

(BOOK OF COMMON PRAYER—361)

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER A

The People remain standing. The Priest faces them and says:

The Lord be with you.

People **And also with you.**

Priest Lift up your hearts.

People **We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

The Priest Continues:

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord,

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

People and Priest sing the Sanctus

Sanctus



Ho - ly, ho - ly, ho - ly Lord. God of pow-er and might, _



heav'n and earth_ are full of Your glo- ry, Ho - san - na in_ the high - est.



Bless - ed is_ the One who comes in the name of the Lord._ Ho-



san - na in_ the high - est, Ho - san - na in_ the high - est.

People May Remain Standing or Kneel

The Priest continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of Faith:

All say together:

**Christ has died † Christ is risen.
Christ will come again.**

The Priest Continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Priest: And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer - *Please pray in whatever language is your native language.*

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil.
For thine is the kingdom,
and power, and the glory, for ever and ever. Amen**

THE BREAKING OF THE BREAD

The Priest breaks the consecrated Bread and says:

Priest: We break this bread to share in the Body of Christ.

***People:* We who are many are one body, for we all share in the one bread.**

A Period of silence is kept.

Fraction Anthem “Come To The Feast” *(sing twice)*

Refrain / Estribillo

The musical score is written on four staves in 2/4 time. The lyrics are: "Come, come to the banquet. Come, come to the feast. Here the hungry find plenty, here the thirsty shall drink, here at the supper of Jesus, come to the feast." The score includes various musical notations such as eighth notes, quarter notes, and rests, with some notes beamed together. The final staff ends with a double bar line and the word "Verses" written vertically.

Come, come to the ban - quet. Come,
come to the feast. Here the hun - gry find plen -
ty, here the thirst - y shall drink, here at the
sup - per of Je - sus, come to the feast.

The Invitation to the Table

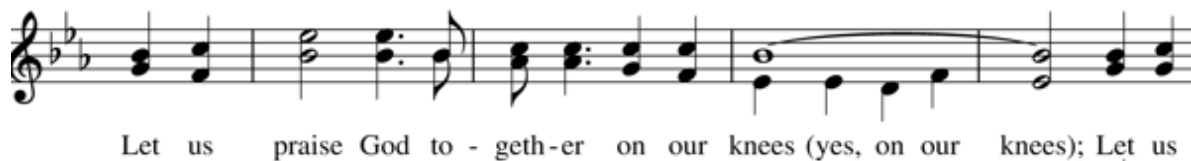
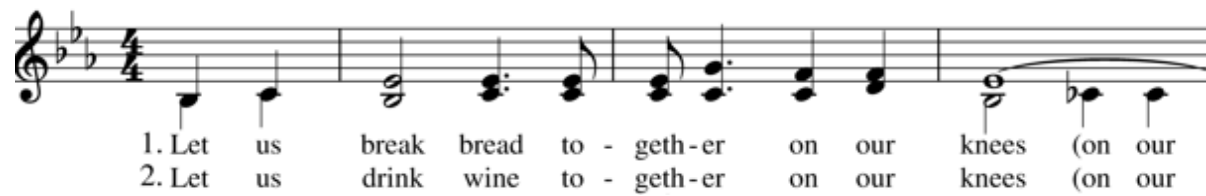
Priest: The Gifts of God for the People of God.

All are welcome to receive Holy Communion. The priest will place the host in your hands. If you would like to receive the consecrated wine, approach the Eucharistic minister who will share the chalice with you. There are two ways to receive the wine. You may sip from the silver chalice or dip in the pottery chalice. If you would rather not receive the wine, simply return to your seat. The Choir receives communion first, then all others are invited to receive as directed by the ushers beginning at the front of the church. If you would prefer to remain at your seat and receive there, the priest will come to you at the end of Communion. Please be sure to tell an usher that you would like communion brought to you.

Gluten free host is available for any who would like it. Simply tell the Priest when you come forward for communion. All are welcome and all are wanted at Trinity.

THE COMMUNION

Communion Hymn “Let Us Break Bread Together”



POST COMMUNION PRAYER

Priest: Let us pray

People: Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ’s Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

The Blessing

The priest blesses the people.

Celebrant Life is short,
And we do not have much time
to gladden the hearts of those who make the journey with us.
So...be swift to love, and make haste to be kind.
And the blessing of God, who made us, who loves us,
and who travels with us be with you now and forever.

People Amen.

Closing Hymn "All People That on Earth Do Dwell"

Unison or harmony



1 All peo - ple that on earth do dwell, sing to the Lord with
2 Know that the Lord is God in - deed; with - out our aid he
3 O en - ter then his gates with praise, ap - proach with joy his
4 For why? the Lord our God is good, his mer - cy is for
*5 To Fa - ther, Son, and Ho - ly Ghost, the God whom heaven and

1 cheer - ful voice: him serve with mirth, his praise forth
2 did us make: we are his folk, he doth us
3 courts un - to; praise, laud, and bless his Name al -
4 ev - er sure; his truth at all times firm - ly
5 earth a - dore, from men and from the an - gel

1 tell, come ye be - fore him and re - - joice.
2 feed, and for his sheep he doth us take.
3 ways, for it is seem - ly so to do.
4 stood, and shall from age to age en - - dure.
5 host be praise and glo - ry ev - er - - more.

Dismissal

Priest: Go in peace to love and serve the Lord. Alleluia! Alleluia!

People: Thanks be to God. Alleluia! Alleluia!

Postlude "O God, Our Help in Ages Past"

Gordon Young

Today's Ministers
The People of Trinity Church

Pastor	The Rev. Peter Swarr
Associate Priest	The Rev. Jonathan Radtke
Minister of Music	Dr. Mary Frances Fest
Children & Youth Musician	Eileen Rose Giadone
Sunday School Crafts	Rory Nickerson
Lectors & Layreaders	Michael Morin Tim Dunn
Ushers	Ida Connolly Cathy Jackson
Livestream Ministers	Steve Young Pam Cleghorn Bill Green David Ferland
Flower Guild	Ida Connolly
Altar Guild	Linda Gordan

Trinity Choir

Kathleen Albert
Lynne Gammon
Pam Green
Marty Resotko
Bryan Lewis
Cindy McLellan
Michael Morin
Terry Quinn Tisdale
Stuart Tisdale

This Week at Trinity

Sunday, Feb. 1	8 & 10 AM Services 9:45 am Children's Programming in Ogden Rm. 11:20 am Bell Ringers Practice 5 – 7:30 pm Renaissance Voices in Sanctuary
Mon, Feb. 2	9 am – noon Monday Morning Crew 10:30 -11:30 am Lectio Divina by Zoom 3 – 8 pm AK Music in Church Transept 6 pm "Being With" in Ogden Rm. 7 – 8 pm AA in Lincoln Hall
Tues., Feb. 3	2 – 8 pm AK Music in Ogden Rm. 5 – 8 pm PCO in Sanctuary
Wed., Feb. 4	3 – 6:30 pm AK Music in Ogden Rm. 6 pm Family Promise in Lincoln Hall
Thurs., Feb. 5	5:30 – 7:30 pm AA in Lincoln Hall 6 – 7:30 pm Choir Rehearsal
Fri., Feb. 6	1 – 5:30 pm AK Music in Ogden Rm. 7 – 8 pm AA in Ogden Rm.
Sat., Feb. 7	9 am – 4 pm Mary Frances in Sanctuary

✚ Our next Youth Service Corps takes place on Sunday, February 8th from 12:30 to 2:30 pm at First Congregational Church in South Portland, at 301 Cottage Road. We will gather together for our pizza lunch, and then assemble cleaning kits which we'll donate to Maine Needs.

✚ Don't forget Jazz & Jambalaya - Fat Tuesday/Mardi Gras!! February 17 at 6:00 pm. There are sign up sheets on the bulletin board for attending the celebration, for helping in the kitchen, for making Jambalaya, and playing music.

✚ Ash Wednesday is February 18th. There will be a noon Eucharist.

