Bureau of Workers' Compensation

Safety Services

e-Courses and Webinars Schedule

The Ohio Bureau of Workers' Compensation offers self-directed e-courses to Ohio employers and employees with active workers' compensation coverage. No additional costs for tuition!

Online eCourses:

Accident analysis fundamentals (Online)

You will learn:

- How to describe the basic elements of a written accident analysis program
- How to name the five primary causal factors of accidents
- How to explain the action steps to take in analyzing accidents

Approximately 1 hour

Bloodborne pathogens (BBP) (Online)

You will learn:

- What are BBP
- How BBPs spread
- How to help prevent exposure incidents by following work practice controls
- Information on BBP topics to include: engineering controls; personal protective equipment; personal hygiene; cleaning/disinfecting equipment and supplies; and recognizing, reporting and following up on employee exposures to infectious materials

Approximately 90 minutes

BWC Explained—Policies and Premiums (Online)

You will learn:

- Your responsibilities as an employer to stay compliant with BWC and state law
- Different business entity types to determine which applies to your business. The role of authorized representatives including Managed Care Organizations and Third Party Administrators
- How your premiums are determined

Approximately 90 minutes

BWC explained—Building a balanced safety and health program (Online)

You will learn:

- The essential elements of well managed health & safety programs
- The benefits of a well-structured safety program
- To identify and prioritize the requirements and needs at your workplace
- To prepare, evaluate and improve upon your safety programs

Approximately 1 hour

BWC explained—Employee claims (Online)

You will learn:

- Your role as the employer in the BWC claims process
- The different types of compensation available to injured workers
- Strategies to help your injured employee transition back to work and about return-to-work programs BWC offers

COMING SOON

Communicating professionally & effectively with diverse audiences (Online)

You will learn:

- To identify how thinking on your feet is vital to effective communication
- To apply active listening skills to be an effective communicator
- Methods to develop your communication skills to deliver memorable content

Approximately 45 minutes

NOTE: BWC e-courses work best with Google Chrome and are no longer supported in Internet Explorer.

More Online eCourses:

Cuts, lacerations, and gashes. Oh my! (Online)

You will learn:

- Four different types of controls to prevent cuts and lacerations
- Engineering Controls
- Administrative Controls
- Work Practice Controls
- How to select Personal Protective Equipment (PPE)

Approximately 1 hour

Dealing with difficult people in the workplace (Online)

You will learn:

- How to recognize when to address a difficult person's behavior
- Methods you can utilize in working with difficult people in a constructive manner
- To apply communication skills conducive to having successful but difficult conversations

Approximately 30 minutes

Developing a safety culture (Online)

You will learn:

- The case for safety as a core value
- How to recognize an organization with a poor safety culture
- Causes of unsafe behaviors by employees
- Strategies to change the culture of your workplace
- How to identify and address the challenges in implementing a safety and health management system
- The importance of having accountability for all employees built into your company's safety and health management system

Approximately 2 hours

Employee health and wellness (Online)

You will learn:

- The importance of participating in a wellness program
- How to improve your physical, emotional, social and occupational wellness
- About stress and other wellness factors

Approximately 1 hour

Food service safety (Online)

You will learn:

- The benefits of an effective safety and health program
- Kitchen equipment safety, including but not limited to, knives and cutting equipment, as well as cooking and heating equipment
- Chemical safety including storage, handling and labeling
- Ergonomic risk factors and control measures dealing with manual lift

Approximately 2 hours

Hazard communication basics (Online)

You will learn:

- Your rights under OSHA's Hazard Communication Standard (Haz-Com)
- 5 key elements of the Haz-Com Standard
- The purpose of a written Haz-Com program
- How to recognize and interpret Globally Harmonized System (GHS) hazard labels and pictograms
- Key elements of Safety Data Sheets (SDS) that communicate critical hazard information
- Information and training requirements of the Haz-Com Standard

Approximately 90 minutes

PLANNING AHEAD

While it may be possible to exit an eCourse and return later to pick up where you left off, BWC cannot guarantee that individual device and browser settings will accomodate this function and therefore strongly recommend that you plan to complete your eCourse learning in a single session.

More Online eCourses:

Introduction to OSHA (Online)

You will learn:

- The basic history of OSHA
- OSHA's primary mission
- Employers that are covered by OSHA
- Rights OSHA protects for both workers and employers
- Activities OSHA conducts to accomplish its mission

Approximately 2 hours

OSHA recordkeeping 101 (Online)

You will learn:

- OSHA recordkeeping requirements for workplace injuries and illnesses
- The correct use of the required OSHA recordkeeping forms
- How to properly fill out OSHA forms

Approximately 2 hours

OSHA Updated Rule for Industry: Walking/ working surfaces & fall protection (Online)

You will learn:

- Changes to OSHA general industry Walking Working Surfaces and Fall Protection standards that include:
  - Guardrail systems
  - Safety net systems
  - Personal fall arrest systems
  - Positioning systems
  - Travel restraint systems
  - Ladder safety systems
- What you need to know to comply with changes

Approximately 1 hour

PIT and other mobile equipment (Online)

You will learn:

- Hazards specific to use of powered industrial trucks in day-to-day operations and specific situations
- The similarities and differences between operating different powered mobile equipment
- The precautionary measures needed to be taken when operating powered mobile equipment including how to conduct pre-operational and operational inspections
- Best practices when operating or working around Powered Industrial Trucks & other Mobile Equipment

Approximately 75 minutes

Preventing work-related musculoskeletal disorders (WMSDs) in the workplace (Online)

You will learn:

- To list the various benefits of preventing WMSDs
- To recognize common risk factors for WMSDs
- To identify work activities that increase the potential for WMSDs for certain parts of the body
- To apply a simple process to prevent WMSD hazards in your workplace

Approximately 90 minutes

For more information or to register for an eCourse visit the **BWC LEARNING CENTER**

To obtain a certificate when you take any online e-course, make sure to mark *"Take for Credit"* and be sure to exit the course using the **exit button** provided within the course — rather than just closing the browser upon completion.

Additionally, we strongly recommend that you print out (or screenshot) the final screen at the end of the course in case there are data blockages caused by anti-phishing or anti-virus software that may prevent your completion information from being transferred back to our system. If this occurs, you can email the screenshot of the final screen to **dshcc@bwc.ohio.gov** to verify the completion.

More Online eCourses:

Safety and health management programs (Online)

You will learn:

- What is a Safety and Health Management System (SHMS)
- How a SHMS can promote better safety and health processes in the workplace
- The importance OSHA places on SHMS development
- How to develop an action plan to implement improvements to your workplace

Approximately 90 minutes

Summer hazards (Online)

You will learn:

- Hazards specific to summer months due to temperature, insects and plants
- What are the similarities and differences between heat-related illness
- How to treat and prevent heat-related illness
- Best practices when working or engaging in recreation during the summer months
- Resources available to provide more guidance

Approximately 90 minutes

Young workers' safety (Online)

You will learn:

- The rights and responsibilities you have to keep yourself and others safe
- How to identify and navigate different types of hazards.
- Proper use and care for different types of Personal Protective Equipment (PPE)
- Tips to avoid injuries in the workplace

Approximately 90 minutes

Zapped!—Basic electrical safety (Online)

You will learn:

- Elements of an electrical safe work practice
- Basic electrical safety principles
- How to select Personal Protective Equipment (PPE)
- How to properly communicate electrical hazards found in the workplace

Approximately 1 hour

NEED HELP?

Email **DSHCC@bwc.ohio.gov** for assistance.

Webinars: Webinars provide equivalent BWC online training credit. Follow links provided to register.

Webinar	Date
So you had a claim, what do you need to know?	7/17/2025
The safety dance: Navigating ethical considerations in safety practices	9/10/2025
PERRP recordkeeping*	12/7-9/2025

*Details and registration link coming soon.