



BAPTIST HEALTH  
PADUCAH

*House Bill 1  
Designation:  
pending*

*presents*

***13th Annual  
Addiction & Compulsive  
Behaviors Symposium***

November 9, 2019  
Registration 7:30 - 8:00 am  
Program 8:00 am - 1:30 pm

Baptist Health Paducah  
Barnes Auditorium located in the  
Carson-Myre Heart Center  
2501 Kentucky Avenue  
Paducah, Kentucky

*Faculty*

***Patrick Withrow, MD, FACC, FSCAI***

***Marta Miranda-Straub, MSW, LCSW***

***Judge Tim Kaltenbach and Melynda Benjamin,  
McCracken County Drug Court***

***Panelist: Mark Fenske, PhD, and Janie Criner, MBA***

## OBJECTIVES

*Upon completion of this activity, participants will be able to:*

### **Resilience: The Biology of Stress and The Science of Hope**

**Video and Panel Discussion: Janie Criner, MBA, Executive Director, Child Watch Counseling & Advocacy Center/CASA of McCracken County;**

**Marta M. Miranda-Straub, MSW, LCSW, founder of Catapult Now LLC;**

**Mark Fenske, PhD, Morgan Elementary Principal**

**Patrick Withrow, MD, FACC, FSCAI;**

*Ms. Criner, Ms. Miranda-Straub, Dr. Fenske and Dr. Withrow have no financial relationships to disclose.*

1. Define Adverse Childhood Experiences (ACEs).
2. Describe the effects of ACEs and the relationship with toxic stress vs resilience according to the ACE studies and subsequent research.
3. Recognize toxic stress as the largest public health issue of our generation.
4. Discuss how extremely stressful experiences in childhood alter brain development and can predict future health and behavior.
5. Recognize the concept of intergenerational transmission of toxic stress.
6. Identify field tested therapies that utilize a two generation approach to break the cycle of addiction, violence, and disease.
7. Discuss the role that healthcare providers, mental health professionals, and educators play in providing therapeutic outcomes.
8. Review available resources to build resilience and mitigate the effects of ACEs.

### **Kentucky Specialty Court Programs**

**Tim Kaltenbach, Chief Judge, Circuit Court of McCracken County**

**Melynda Benjamin, Drug Court Attorney**

*Judge Kaltenbach and Ms. Benjamin have no financial relationships to disclose.*

1. Address the national and statewide problem-solving court model and its implementation and use in the local Kentucky judicial system.
2. Explain the effectiveness of the whole person approach for sustained long-term recovery through behavioral change management practices.
3. Discuss the research and current evidence based best practice standards developed for treatment court professionals.

### **It's a Family Affair: The Dynamics of Addiction/Recovery within the Family System**

**Marta M. Miranda-Straub, MSW, LCSW**

*Ms. Miranda-Straub has no financial relationships to disclose.*

1. Identify the dynamics of addiction/recovery within a systems perspective.
2. Define family factors that increase the risks of addictions and promote long-term recovery.
3. Discuss strategies that facilitate systems change when working with families in recovery.
4. Review current research on addiction/recovery.

### **Vaping, Juuling, and Aerosolizing: The Good, The Bad, and The Ugly**

**Patrick Withrow, MD, FACC, FSCAI**

*Dr. Withrow has no financial relationships to disclose.*

1. Differentiate the effects of vaping on the adolescent brain versus adult brain.
2. Describe lung injuries caused by vaping.
3. List other potential dangers of vaping.

**2019 Charges:**  
**\$60.00 Fee - Paid in Advance**  
**\$30 Fee for Educators/School Counselors**  
**\$75.00 Fee - at the Door**  
**Continental Breakfast and Lunch Provided**

## **SPECIAL ACCOMMODATIONS**

All facilities are accessible to persons with disabilities. Please call the Education Department at Baptist Health Paducah at 270.575.2723 to describe your special needs. In order to assure accommodation, please call at least five days prior to the activity.

## **TARGET AUDIENCE**

Physicians, Physician Assistants, Nurse Practitioners, Nurses, Licensed Professional Counselors, Psychologists, Licensed Marriage and Family Therapists, Substance Abuse Counselors, Licensed Social Workers, Clergy, Educators, School Counselors and other interested professionals.

## **AGENDA**

- 7:30 am Registration & Continental Breakfast  
8:00 am Welcome & Introductions  
*Patrick Withrow, MD, FACC, FSCAI*  
8:10 am Resilience: The Biology of Stress and the Science of Hope  
*Janie Criner, MBA; Marta M. Miranda-Straub, LCSW; Mark Fenske, PhD; Patrick Withrow, MD, FACC, FSCAI*  
10:00 am Break  
10:15 am Kentucky Specialty Court Programs  
*Tim Kaltenbach, Chief Judge, Circuit Court of McCracken County*  
*Melynda Benjamin, Drug Court Attorney*  
11:00 am Lunch  
11:45 am It's a Family Affair: The Dynamics of Addiction/Recovery within the Family System  
*Marta M. Miranda-Straub, LCSW*  
12:45 pm Vaping, Juuling, and Aerosolizing: The Good, The Bad, and The Ugly  
*Patrick Withrow, MD, FACC, FSCAI*  
1:30 pm Evaluation and Wrap Up
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## **CONTINUING MEDICAL EDUCATION**

Baptist Health Paducah is accredited by the Kentucky Medical Association (KMA) to sponsor continuing medical education for physicians. Baptist Health Paducah designates this educational activity for a maximum of 4.5 AMA PRA *Category 1 Credit(s)*<sup>™</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity. The Kentucky Board of Medical Licensure HB1 credit hours is pending.

## **CONTINUING NURSING EDUCATION**

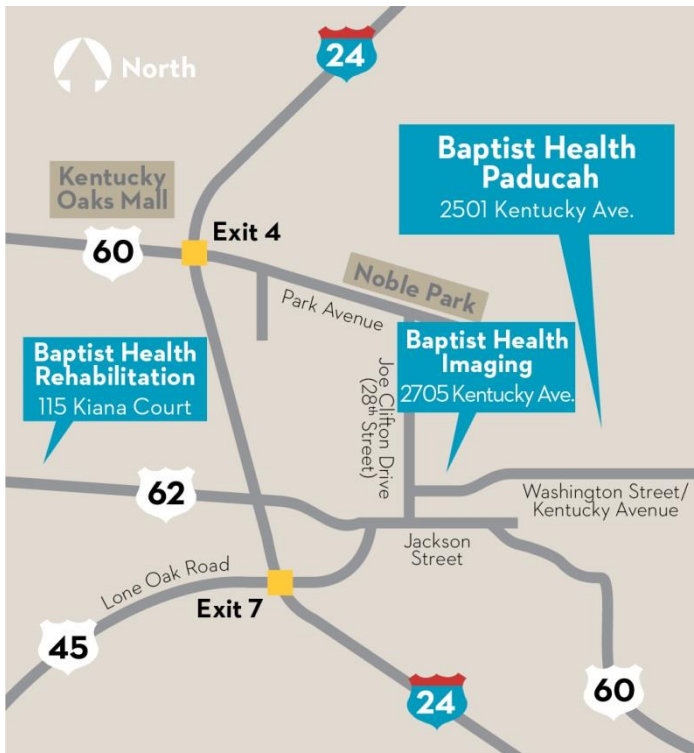
Approved for 5.2 contact hours. KBN provider number 4-0076-12-20; expiration date December 31, 2020. To receive Continuing Education credit, the participant must sign the roster and provide his/her license number. Anyone attending this program for credit must attend the entire workshop and complete an evaluation of the offering. Participants arriving after the program begins will not receive Continuing Education credit.

### **Approval pending by the following agencies:**

- Kentucky Board of Licensed Professional Counselors
- Kentucky Association of Licensed Marriage and Family Therapists (KY LMFT Board)
- Kentucky Board of Licensure for Occupational Therapy (KBLOT)
- Kentucky Board of Alcohol & Drug Counselors
- Kentucky Board of Examiners of Psychology
- Kentucky Board of Social Work
- Kentucky Physical Therapy Association

**BAPTIST HEALTH PADUCAH  
EDUCATION DEPARTMENT  
2501 KENTUCKY AVENUE  
PADUCAH KY 42003-3200**

Nonprofit Org  
U.S. Postage Paid  
Paducah, KY  
Permit No. 138



*Space is limited. To register, phone Sherry by  
November 7th at 270.575.2723 or email  
[sjones@bhsi.com](mailto:sjones@bhsi.com)*

**Mail payment to:  
Sherry Jones  
Baptist Health Paducah  
2501 Kentucky Ave.  
Paducah, Ky. 42003**

**Check payable to Baptist Health Paducah**

*In the event of provider cancellation, all fees will be refunded. Participants canceling registration within three business days will be forfeited unless there are exceptional circumstances. Cancellations made November 6th or before will receive a full refund.*