

# RESTORATION - for those serious about recovery! Tel 07501176234 DECEMBER Activities!



Mon	Tuesday	Wednesday	Thursday	Friday	Sat
NOTE: TIMES ARE DIFFERENT EVERY WEEK IN DECEMBER FOR TUESDAYS DUNFERMLINE GROUP DUE TO LENGTH / RANGE OF ACTIVITIES.	<b>FEMALE FESTIVE FITNESS</b> <b>10.30am – 12.30pm</b> Buckhaven Community Centre 01334 659343. <b>EVERY TUESDAY &amp; THURSDAY</b>  FIRST PEER SUPPORT GROUP EDISON HOUSE, GLENROTHES 6.30 – 8pm EVERY TUESDAY		<b>1</b> <b>FEMALE FESTIVE FITNESS</b> <b>10.30am – 12.30pm</b> Buckhaven Community Centre 01334 659343  FIRST PEER SUPPORT GROUP 6.30 – 8pm CUPAR	<b>2</b> <b>5-a-side FOOTBALL</b> Glenrothes 12-1pm  <b>COFFEE TIME</b> St Columba's Church, GLENROTHES 1.30 – 3pm <b>XMAS CRAFTS</b>	<b>3</b> <b>CYCLING</b> (BRING YOUR OWN BIKE) 12pm 14 Edison House G/Roth
<b>5</b> <b>POOL /SNOOKER</b> 6.30 – 8.30pm. £1 each Peoples Institute, KIRKCALDY	<b>6</b> <b>COFFEE TIME</b> St Margarets Parish Church. Abel Place, Touch, DUNFERMLINE KY11 4JJ. <b>12pm – 1.30pm</b> <b>XMAS CRAFTS</b>	<b>7</b> <b>ARBD XMAS</b> <b>COFFEE MORNING</b> NEWCRAIGS CHURCH, KDY <b>12.30 – 2.30pm</b>  <b>RAFFLE, CHOIR SINGING</b>	<b>8</b> <b>FEMALE FESTIVE FITNESS</b> <b>10.30am – 12.30pm</b> Buckhaven Community Centre 01334 659343  FIRST PEER SUPPORT GROUP 6.30 – 8pm CUPAR	<b>9</b> <b>XMAS LUNCH @ SERENITY CAFÉ &amp; XMAS MARKET DAY OUT EDINBURGH.</b> TRANSPORT FREE <b>10am – 4pm Lunch</b> <b>£8 each</b> (deposit of £3 required by 2 <sup>nd</sup> Dec)	<b>10</b>
<b>12</b> <b>POOL /SNOOKER</b> 6.30 – 8.30pm. £1 each Peoples Institute, KIRKCALDY	<b>13</b> <b>COFFEE TIME</b> St Margarets Parish Church. Abel Place, Touch, DUNFERMLINE KY11 4JJ. <b>12pm – 2.30pm</b> <b>Diane's Delicious Dishes: MAKING AND EATING XMAS DINNER</b>	<b>14</b> <b>WOODLAND WALK</b> Lochore Meadows <b>12.30 – 2pm</b>	<b>15</b> <b>FEMALE FESTIVE FITNESS</b> <b>10.30am – 12.30pm</b> Buckhaven Community Centre 01334 659343  FIRST PEER SUPPORT GROUP 6.30 – 8pm CUPAR	<b>16</b> <b>5-a-side FOOTBALL</b> Glenrothes 12-1pm  <b>COFFEE TIME</b> St Columba's Church, GLENROTHES 1.30 – 3pm <b>XMAS CRAFTS</b>	<b>17</b> <b>CYCLING</b> (BRING YOUR OWN BIKE) 12pm 14 Edison House Glenrothes
<b>19</b> <b>POOL /SNOOKER</b> 6.30 – 8.30pm. £1 each Peoples Institute, KIRKCALDY	<b>20</b> <b>COFFEE TIME</b> St Margarets Parish Church. Touch, DUNFERMLINE <b>XMAS CRAFTS / UPCYCLING</b> Turn your old junk into something new! <b>11am – 3pm</b> <b>KEEP WELL HEALTH CHECKS</b>	<b>21</b> <b>SPORTS</b> KIRKCALDY LEISURE CENTRE <b>12.30 – 1.30pm</b> All fitness levels welcome!	<b>22</b> <b>FEMALE FESTIVE FITNESS</b> <b>10.30am – 12.30pm</b> Buckhaven Community Centre 01334 659343  FIRST PEER SUPPORT GROUP 6.30 – 8pm CUPAR	<b>23</b> <b>5-a-side FOOTBALL</b> Glenrothes 12-1pm  <b>COFFEE TIME</b> St Columba's Church, GLENROTHES <b>1.30 – 3pm</b> <b>XMAS BUFFET &amp; QUIZ</b>	<b>24</b> XMAS SOUP KITCHEN: St Columba's Church (car park) GLENROTHES 7pm – midnight.
<b>26</b> <b>NO ACTIVITY</b>	<b>27</b> FIRST PEER SUPPORT GROUP EDISON HOUSE, GLENROTHES 6.30 – 8pm EVERY TUESDAY!	<b>28</b> <b>POOL /SNOOKER</b> 6.30 – 8.30pm. £1 each Peoples Institute, KIRKCALDY	<b>29</b> <b>EDINBURGH MUSEUM</b> 10.30am – 3.30pm TRANSPORT FREE	<b>30</b> <b>5-a-side FOOTBALL</b> Michael Woods Sports Centre, Glenrothes 12-1pm	<b>31</b>