



Otipemisiwak Métis Government

Métis Nation within Alberta

780-455-2200 · 1-877-454-0684 · albertametis.com
Delia Gray Building · 11738 Kingsway Avenue · Edmonton, AB · T5G 0X5

Calgary Nose Hill Métis District 5 and Calgary Elbow Métis District 6

April was a busy month for all of us. We had meetings with the City of Calgary and other stakeholders to ensure that we are advocating for Métis interests within Calgary and the surrounding areas.

Nelson and Carmen went to the opening of the new welcome sign at the entrance to Banff National Park. Amber Boyd and her team have been working hard over the last few years with fellow leaders in the Blackfoot, Stony, and Tsuut'ina Nations to have all the local Indigenous Nations welcome people into the park in our languages. We can now look forward to seeing "miyoonakishkatoohk" ("welcome" in Michif) on the sign as you enter Banff.

Jason has been in meetings in Ontario for the Youth Climate Conference. He also went to the United Nations meeting in New York on Indigenous issues. Nelson had meetings looking at affordable housing projects for our Nation here in Calgary. Carmen was a keynote speaker for the swearing-in ceremony of the new CEO of Canada Energy Regulator.

We are currently planning with the city for Indigenous History Month (June) a Métis presentation in South Glenmore Park on June 14 and 15. We will be working with other stakeholders to increase their Métis awareness as well. Many companies do not know the history of our people and want to learn more about us and our culture.

At Local 87, we had Darcy McRae bring our Métis history and genealogy to the forefront during his talk on April 2. On April 16, Craig Ginn brought his music style to his Reframing Riel presentation. We hope to bring both great speakers back as the Citizens present loved their presentations and knowledge about our history and original leader.

Our Women's Gathering events continue to be a hit with everyone. We are gaining more ladies every time. We will continue our partnership with the New Dawn Métis Women's group with planning this fantastic opportunity for Métis women to gather and share.

The Men's Gathering had their first event on April 11 and it was a huge success. We are looking forward to this growing with interest, much like our Women's Gathering.

On April 18, the Fritz sisters taught a group of us how to line dance to Beyonce's Texas Hold'em song. I think next time we will start with an easier line dance. This one was a little tough for us all! The young ladies did try to make it much easier!

Our Seniors bingo and potluck on April 9, as always, was a great success. We followed up with a last-minute cribbage night on April 23.

From,

Your Elected Leadership Team



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Ladies Gathering

🔴 Breaking the Silence! 🔴

Join us as we illuminate the voices that have been quieted for far too long. The MMIWG movement seeks to shine a light on the shadowed. Feel the power of unity and the strength in advocacy. Your voice can be the beacon for change and hope.

🔥 On May 5 at 10 a.m., join us at Highfield Regenerative Farm at the Experience Métis Camp. Please bring your own tea and a folding chair, if you like, and wear something red. Let's create a tsunami of support. Share this with your circle & let's stand together. 🙌 This event is in Calgary. [Find out more.](#)



Did you know? Half of all women in Canada have experienced at least one incident of physical or sexual violence since the age of 16.

Spousal violence of Indigenous women is **three times higher** than non-Indigenous women.

Every 2.5 Days a woman or girl is murdered in Canada. Alberta has the second highest number of cases in Canada.

6X Higher: Indigenous women are killed at six times the rate of non-Indigenous women.

Over 90 per cent of people trafficked are women. Of those, over 50% are Indigenous women.

Wisdom of Métis

We had Darcy McRae come in last month and do a presentation on genealogy and the history of the Métis Nation. Many of us found out we are related to one another, and we found out that we have been here in Southern Alberta far longer than what we all have been told.



Wisdom of Metis





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Scholar Craig Ginn gave us a fantastic musical presentation on Reframing Riel: Faith-filled and Courageous Leader. We all had goosebumps and want to bring him back for another presentation for those who missed the first one.

This month we have Yvonne Poitras Pratt and her class bringing us Métis Roots and Relations stories of our people on **May 7 at Métis Local 87**. The doors will open at 5:30 p.m. This will be an interactive session that will teach us more about our traditions, stories, and people's proud history. Let's celebrate the vibrant legacy of the Métis. You can get your tickets [here](#).

Grant Britton will be doing a talk on May 21. Grant has worked in a variety of senior-level positions within the Department of Aboriginal Affairs and Northern Development Canada (AANDC) and is now retired. We will have more on Grant's presentation for the next newsletter.

Seniors Gathering



We had a great Seniors bingo and potluck dinner. We filled the Local, had great food and a great visit with everyone. We all cannot wait until the next one!

We also had a cribbage night. It may have been a small group, but we all had lots of laughs, fun, and pizza!

Just a reminder that the next Seniors Bingo with a potluck dinner is **May 14**. We look forward to seeing you there. You can get your tickets [here](#).

Did you know senior abuse is on the rise? And financial abuse is reportedly the fastest-growing form of elder abuse? On May 28, we have Calgary Police Service coming in to talk to us about senior

abuse. These talks will be open to anyone in the Nation interested in joining in and learning about the discussions (you don't have to be a senior). We want everyone to be aware of what is happening! You can get your free ticket [here](#).



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Métis Business and Professional Mixer

Our last business mixer had over 65 people in attendance. We all had a great time and visit at the Prairie Dog Brewery. We saw many new faces.

We will have each person give a two-minute elevator talk on their business and have a few guest speakers mixed in. We will then network with each other for the rest of the evening.

The next will be held downtown at Blue Monarch Management (1901 - 500 4 Ave SW, Calgary). We will have a special speaker coming in on **May 30** to talk to all of us. We will have an update on this mixer in the next newsletter. Please hold the date.

