# **BEREAVEMENT AND GENERAL SUPPORT GROUPS**

Offered by Visiting Nurse & Hospice of Fairfield County and Waveny LifeCare Network

### LOSS OF SPOUSE

Tuesdays, 7:00-8:30pm via Zoom Facilitator: Sheila Russo, LCSW, Certified Grief Counselor

Fridays, 2:00-3:30pm via Zoom Facilitator: Stephanie Shaughnessy, MSW

Tuesdays, 2:00-3:30pm in person in Wilton Facilitator: Meghan Cioffi, MSW

Tuesdays, 1:00-2:15pm in person in New Canaan Facilitator: Marcella Rand, LMSW, GC-C

### LOSS OF A PARENT

Mondays, 3:00 -4:30pm via Zoom Facilitator: Maribeth Payne, M.Div.

#### LOSS OF A LOVED ONE

Wednesdays, 11:00-12:30pm in person in Wilton Facilitator: Sheila Russo, LCSW, Certified Grief Counselor

## LOSS OF A CHILD

Wednesdays, 1:30-3:00pm in person in Wilton Facilitator: Daniel DeLoma, M.Th., MSPC, CT, PC, PT-CSp

### LOSS AND CHANGE

Wednesdays, 7:30-9:00pm in person in Wilton Facilitator: Betsy Perry, RN

#### CARING FOR THE CAREGIVER

Mondays, 1:00-2:30pm via Zoom Facilitator: Maribeth Payne, M.Div.

Wednesdays, 9:30am-11:00am in person in Wilton Facilitator: Carolyn Legg, BS, MBA, M.Div., Board Certified Chaplain

# COMING SOON! YOUNG ADULT BEREAVEMENT GROUP- CALL FOR INFORMATION

PREREGISTRATION IS REQUIRED PRIOR TO ATTENDING GROUPS

Call Daniel DeLoma at 203-594-5491 to preregister or obtain more information



Visiting Nurse Weny & Hospice of Fairfield County a member of Waveny LifeCare Network