

BEREAVEMENT AND CAREGIVER SUPPORT GROUPS

LOSS OF SPOUSE

Tuesdays, 7:00-8:30pm via Zoom

Facilitator: Sheila Russo, LCSW, Certified Grief Counselor

Fridays, 2:00-3:30pm via Zoom

Facilitator: Stephanie Shaughnessy, MSW

Tuesdays, 2:00-3:30pm in person in Wilton

Facilitator: Meghan Cioffi, MSW

Tuesdays, 1:00-2:15pm in person in New Canaan

Facilitator: Marcella Rand, LMSW, GC-C

LOSS OF A PARENT

Mondays, 3:00 -4:30pm via Zoom

Facilitator: Maribeth Payne, M.Div.

LOSS OF A LOVED ONE

Wednesdays, 11:00-12:30pm in person in Wilton

Facilitator: Sheila Russo, LCSW, Certified Grief Counselor

LOSS OF A CHILD

Wednesdays, 1:30-3:00pm in person in Wilton

Facilitator: Daniel DeLoma, M.Th., MSPC, CT, PC, PT-CSp

LOSS AND CHANGE

Wednesdays, 7:30-9:00pm in person in Wilton

Facilitator: Betsy Perry, RN

CARING FOR THE CAREGIVER

Mondays, 1:00-2:30pm via Zoom

Facilitator: Maribeth Payne, M.Div.

Wednesdays, 9:30am-11:00am in person in Wilton

Facilitator: Carolyn Legg, BS, MBA, M.Div., Board Certified Chaplain

**COMING SOON (CALL FOR INFORMATION):
YOUNG ADULT BEREAVEMENT GROUP
EVENING "COFFEE &..." SUPPORT GROUP**

PREREGISTRATION IS REQUIRED PRIOR TO ATTENDING GROUPS

One-on-one and family bereavement support is also available.

Call Daniel DeLoma at 203-594-5491 to preregister or obtain more information

These support groups are offered free of charge by

Waveny
LIFECARE NETWORK

Visiting Nurse
& Hospice of Fairfield County
a member of Waveny LifeCare Network