Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

BEREAVEMENT GROUP FOR MILLENNIALS

Wednesdays, June 22—July 27, 6:30-8 pm in person with Sheila Russo, LCSW, Certified Grief Counselor

LOSS OF SPOUSE

Tuesdays, June 14—July 19, 7-8:30 pm via zoom with Sheila Russo, LCSW, Certified Grief Counselor

Mondays, July 11—August 15 (ages 35-65), 7-8:30 pm via zoom with Maribeth Payne, M Div

Fridays, July 1—August 19 (no meeting 7/15 or 8/12), 1-2:30pm via zoom with Stephanie Shaughnessy, MSW

LOSS OF PARENT

Tuesdays, June 28—August 2, 7:30–9pm via zoom with Meghan Cioffi, MSW

LOSS AND CHANGE

Wednesdays, July 6—August 10, 7:15-8:45 pm in person with Betsy Perry, RN

CARE OF THE CAREGIVER

Thursdays, July 14 – August 18, 7:30– 9pm via zoom with Maribeth Payne, M div.

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at www.visitingnurse.net or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom. In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Stephanie Shaughnessy at 203-834-6341, extension 316 or sshaughnessy@visitingnurse.net to pre-register for the support groups. You will receive an email with the Zoom link when applicable.

Waveny LIFECARE NETWORK

Visiting Nurse & Hospice of Fairfield County
a member of Waveny LifeCare Network