Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

Loss of Spouse

Tuesdays, March 15 – April 9, 1-2:30 pm in person with Laurie Petrasanta, MA

Tuesdays, March 8 – April 12, 7-8:30 pm via zoom with Sheila Russo, LCSW

Wednesdays, March 9 – April 13, 3-4:30 pm via zoom with Stephanie Shaughnessy, MSW

Wednesday, March 30 – May 4, 7-8:30 pm via zoom with Meghan Cioffi, MSW

Loss of Parent

Tuesdays, March 15 – April 19, 11:00am – 12:30 pm in person with Laurie Petrasanta, MA

Tuesdays, March 8- April 11, 3:00 – 4:30pm via zoom with Stephanie Shaughnessy, MSW

Loss of a Loved One

Wednesdays, March 2 – April 6, 2:00 – 3:30 pm via zoom and in person with Rabbi Daniel Sklar

Loss and Change

Wednesdays, February 16 – March 23, 7:15-8:45 pm in person with Betsy Perry, RN

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at **www.visitingnurse.net** or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom. In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Stephanie Shaughnessy at 203-834-6341, extension 316 or sshaughnessy@visitingnurse.net to pre-register for the support groups. You will receive an email with the Zoom link when applicable.

Waveny LIFECARE NETWORK

Visiting Nurse & Hospice of Fairfield County
a member of Waveny LifeCare Network