

Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

LOSS OF SPOUSE

Mondays, January 2 to February 8, 7–8:30pm via zoom with Maribeth Payne, M Div

Fridays, January 6 to February 10, 1–2:30pm via zoom with Stephanie Shaughnessy, MSW

Tuesdays, January 24 to February 28, 7–8:30pm via zoom with Sheila Russo, LCSW, Certified Grief Counselor

Wednesdays, January 25 to March 31, 11:00am–12:30pm in person with Sheila Russo, LCSW, Certified Grief Counselor

LOSS OF PARENT

Wednesdays, January 4 to February 8, 7:30–9pm via zoom with Meghan Cioffi, MSW

LOSS OF A LOVED ONE

Wednesdays, January 4 to February 8, 2:00–3:30pm in person with Rabbi Daniel Sklar

LOSS AND CHANGE

Wednesdays, January 4 to February 8, 7:15–8:45pm in person with Betsy Perry, RN

CARING FOR THE CAREGIVER

Please call for schedule

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at www.visitingnurse.net or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom. In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Stephanie Shaughnessy at 203-834-6341, extension 316 or sshaughnessy@visitingnurse.net to pre-register for the support groups. You will receive an email with the Zoom link when applicable.

