

Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

Loss of Spouse

Tuesday, August 31 – Tuesday, October 4 – 7–8:30 pm via Zoom with Sheila Russo, LCSW
Wednesday, September 1 – Wednesday, October 6 – 7-8:30 pm via Zoom with Meghan Cioffi, MSW
Monday, September 13– Monday, October 18 – 2:30-4pm via Zoom with Stephanie Shaughnessy, MSW
Tuesday, September 14 – Tuesday, October 19 – 1-2:30 pm in person with Laurie Petrasanta, MA
Tuesday, October 26 – Tuesday, November 30 – 7-8:30 pm via Zoom with Sheila Russo, LCSW

Loss of Parent

Tuesday, September 14 – Tuesday, October 19 – 11am -12:30pm in person with Laurie Petrasanta, MA
Monday, September 20 – Monday, October 25 – 7–8:30pm in person with Betsy Perry, RN, MA
Tuesday, September 21 – Tuesday, October 26 – 2:30-4pm via Zoom with Stephanie Shaughnessy, MSW

Loss of a Loved One

Wednesday, September 22 – Wednesday, October 27 – 2:00–3:30 pm via zoom with Rabbi Daniel Sklar

Caring for the Caregiver

Ongoing Wednesdays – 6-7pm via Zoom with Rabbi Daniel Sklar *There will be a break September 8-22.*

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at www.visitingnurse.net or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom.

* In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Stephanie Shaughnessy at 203-834-6341, extension 316 or sshaughnessy@visitingnurse.net to pre-register for the support groups. You will receive an email with the Zoom link when applicable.



3 Farm Road | New Canaan, CT 06840
www.waveny.org



22 Danbury Road | Wilton, CT 06897
www.visitingnurse.org