

# BEREAVEMENT SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

## Offered by Visiting Nurse & Hospice of Fairfield County and Waveny LifeCare Network

### LOSS OF SPOUSE

Tuesdays, 7:00-8:30pm via Zoom  
Facilitator: Sheila Russo, LCSW, Certified Grief Counselor

Fridays, 2:00-3:30pm via Zoom  
Facilitator: Stephanie Shaughnessy, MSW

Mondays, 2:30-4:00pm via Zoom  
Facilitator: Maribeth Payne, M.Div.

Tuesdays, 2:00-3:30pm in person at 22 Danbury Rd., Wilton  
Facilitator: Meghan Cioffi, MSW

Tuesdays, 1:00-2:15pm in person at 3 Farm Rd., New Canaan  
Facilitator: Bethany Zaro, MPH, RN, GP-C & Marcella Rand, LMSW, GC-C

### LOSS OF A PARENT

Mondays, 3:00-4:30pm via Zoom  
Facilitator: Maribeth Payne, M.Div.

### LOSS OF A LOVED ONE

Wednesdays, 11:00-12:30pm **in person at 22 Danbury Rd., Wilton**  
Facilitator: Sheila Russo, LCSW, Certified Grief Counselor

### LOSS OF A CHILD

Wednesdays, 1:30-3:00pm **in person at 22 Danbury Rd., Wilton**  
Facilitator: Daniel DeLoma, M.Th., CT, PC

### LOSS AND CHANGE

Wednesdays, 7:30-9:00pm **in person at 22 Danbury Rd., Wilton**  
Facilitator: Betsy Perry, RN

### CARING FOR THE CAREGIVER

Mondays, 1:00-2:30pm **via Zoom**  
Facilitator: Maribeth Payne, M.Div.

Wednesdays, 9:30am-11:00am **in person at 22 Danbury Rd., Wilton**  
Facilitator: Daniel DeLoma, M.Th., CT, PC

### LGBTQ+ GRIEF SUPPORT

Wednesdays, 6:00-7:30pm **in person at Circle Care Center, 618 West Ave., Norwalk**  
Facilitator: Daniel DeLoma, M.Th., CT, PC

**For more information about bereavement support or to pre-register for a group, please call Daniel DeLoma, Spiritual Care, Volunteer and Bereavement Coordinator at 203-762-8958 x. 316**

**These support groups are offered free of charge by**

