Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

LOSS OF SPOUSE

Tuesdays, Jan 2 to Feb 27, 2-3:30pm in person with Meghan Cioffi, MSW

Tuesdays, Jan 2 to Feb 27, 7-8:30pm via zoom with Sheila Russo, LCSW, Certified Grief Counselor

Fridays, Jan 5 to Feb 23, 2-3:30pm via zoom with Stephanie Shaughnessy, MSW

Mondays, Jan 8 to Feb 26, 2:30-4pm via zoom with Maribeth Payne, M Div

LOSS OF A LOVED ONE

Wednesdays, Jan 3 to Feb 28, 11:00am-12:30pm in person with Sheila Russo, LCSW, Certified Grief Counselor

LOSS AND CHANGE

Wednesdays, Jan 3 to Feb 28, 7:30-9:00pm in person with Betsy Perry, RN

CARING FOR THE CAREGIVER

Mondays, Jan 8 to Feb 26, 1:00-2:30pm via zoom with Maribeth Payne, M Div

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at www.visitingnurse.net or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom. In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Johnny Pita, ThD., Volunteer and Bereavement Coordinator at 203-762-8958, extension 316 to pre-register for the support groups. You will receive an email with the Zoom link when applicable.

Waveny LIFECARE NETWORK

Visiting Nurse & Hospice of Fairfield County
a member of Waveny LifeCare Network