

Bereavement Support Groups

SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and
Waveny LifeCare Network

LOSS OF SPOUSE

Mondays, January 9 to February 27, 7–8:30pm via zoom with Maribeth Payne, M Div

Tuesdays, January 24 to March 7 (no meeting 2/21), 7–8:30pm via zoom with Sheila Russo, LCSW, Certified Grief Counselor

Wednesdays, January 25 to March 1, 11:00am–12:30pm in person with Sheila Russo, LCSW, Certified Grief Counselor

Fridays, March 3 to April 7, 1:00–2:30pm via zoom with Stephanie Shaughnessy, MSW

Wednesdays, March 15 to April 19, 11:00am–12:30pm in person with Sheila Russo, LCSW, Certified Grief Counselor

Mondays, March 20 to May 8, 7–8:30pm via zoom with Maribeth Payne, M Div

Tuesdays, March 21 to April 25, 7–8:30pm via zoom with Sheila Russo, LCSW, Certified Grief Counselor

LOSS OF PARENT

Wednesdays, February 15 to March 29 (no meeting 3/15), 7:30–9pm via zoom with Meghan Cioffi, MSW

LOSS OF A LOVED ONE

Wednesdays, February 15 to March 29, 2:00–3:30pm in person with Rabbi Daniel Sklar

LOSS AND CHANGE

Wednesdays, February 15 to March 29, 2:00–3:30pm in person with Betsy Perry, RN

CARING FOR THE CAREGIVER

Mondays, January 16 to February 27, 1–2:30pm via zoom with Maribeth Payne, M Div

For more information about Bereavement Support or about Visiting Nurse & Hospice of Fairfield County, please visit us online at www.visitingnurse.net or follow us on Facebook.

These support groups are offered free of charge by Visiting Nurse & Hospice of Fairfield County and will be held in person and via Zoom. In person groups will be held at VNHFC, 22 Danbury Road, Wilton.

Please contact Stephanie Shaughnessy at 203-834-6341, extension 316 or sshaughnessy@visitingnurse.net to pre-register for the support groups. You will receive an email with the Zoom link when applicable.

